

Prominent Elder Will be Missed



One will never realize how precious our elders really are not until they are no longer with us, especially when you need advice. One day, you will find yourself searching or wondering how to do things in our Hidatsa ways of life, only then will you wonder why you didn't listen to your parents, your grandparents and our elders. As a people, we become too busy with our own way of living that we forget we have a grandmother, a grandfather, or relative who can teach us and tell us about our Hidatsa ways of life. Only if we are willing to listen and learn. History, culture, language and a teacher of our Hidatsa ways are gone with this well known elder from our community. She made her journey to the Spirit world on December 28, 2021 and was buried on January 1, 2022. Her given Indian names are; "Plenty Sage" (Ida-ii xuuga Dagii Ahuush) and "Plain Design" (Maaraa gii ihtaash). Her given English name is Wanda Fox Sheppard. She was that mother, grandmother and great grandmother who talked to her children and grandchildren about our Hidatsa ways of life. She consistently repeated herself to them and instilled in them our protocols, our clanships of our Hidatsa ways, our food makings such as; cornballs and pemican. In hopes that her children and grandchildren will carry on these very teachings in their everyday lives. Wanda was always available to help anyone in need especially those who needed help when they were participating in a war bonnet dance. She would help them select their clan children. She was often approach by our relatives for a naming ceremony for themselves or for their children or grandchildren. Some would ask her advice in naming a senior pallbearer and ask her what they needed to do as far as our protocols on the way we do things in our Hidatsa ways of life. Before her ill health Wanda was very active in our community. She has been on the Mandaree Celebration committee numerous times. If she wasn't on the committee, it was someone in her family or one of her grandchildren. Wanda was instrumental in the first covered arbor so our dancers would be sheltered from the sun. She worked with our chairman at that time and it was a huge success due to her leadership. She also contributed to the published book "Our Story of Eagle Woman Sacagawea". She left many legacy's for her children, grandchildren and great grandchildren. She is one grandmother who was always proud of her family. She was one of my favorite aunts. My beautiful aunt who loved me and shared a lot with me, cried with me, laughed with me, and sometimes got after me. She was always right there supporting me when I needed it. She shared a lot of family history with me. When I had questions about our ways of life, she didn't hesitate to answer me. She will be greatly missed not only by her family, relatives, and myself but by everyone in our community. So, with this New Year upon us let us remember how precious our elders really are.

Her obituary is on page 22.

Quotes For The Heart & Mind:

- * "Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible". ~Francis of Assisi~
- * "Try to be a rainbow in someone's cloud". ~Maya Angelou~
- * "Don't let the fear of losing be greater than the excitement of winning". ~Robert Kiyosaki~

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Councilwoman Turner-Lone Fight Update



Before I begin, I would like to extend my deepest sympathies to the family and relatives of Wanda Sheppard and to those in our other segments who have lost loved ones as well.

2021 was a very hard year for many of us who have lost loved ones to Covid-19 and other sicknesses. Now we are in the beginning of a New Year 2022. I am looking forward to a prosperous and productive year here in our West Segment community.

December was a very busy month for everyone, especially the West Segment employees who worked very hard in preparing Christmas gifts for the kids and the elders. We also gave away food baskets with all the trimmings for a Christmas meal. Our employees helped with all that as well. I am very grateful to have the staff that we have they go above and beyond to help get things done for our people. I want each of them to know that I appreciate every one of them. I would also like to congratulate those who won the home decorating contest for in-town and out in the country. Great to know our Christmas Spirit was strong this for the last month of the year. You can see a lot of the Christmas celebration pictures on pages 4 and 5. We also have pictures from the Bismarck Satellite office as well you can see those on pages 6 and 7. We had a Christmas parade as well those pictures are on page 8. It was awesome that we were able to come together and celebrate Christmas in this way even though it was driving up and receiving your baskets and gifts. We are very grateful we were able to do this for each of our community members. We are very thankful that were able to offer prize monies for the parade of lights, country house decorating contest and for the in town decorating contest. Which made our Christmas spirit strong. Also thankful for Enerplus for their family game night packages

that were given to each household. Most of all to each of you who came to pick up your baskets and to those who participated.

If you received a letter from Tribal Health Services, they are informing you that they will not be your insurance carrier as of 1/1/2022. The Tribal Health Insurance Dept is transitioning members who had Boon Group to the Sanford Health Plan or Medical, Dental & Vision will transition to Blue Link. Members will receive new insurance cards & documentation in regards to the new plan by 1/1/2022. We appreciate your understanding and are committed to supporting you through this transition in providing health coverage. Any questions contact MHA's Tribal Health Insurance Dept. at (701) 627-6602 or 6604.

I have a message that concerns all the West Segment employees.

According to CDC for today's (1/ COVID-19 issue for Mandaree only.

- 1.) If you are vaccinated you can return to work pick up a mask at security.
 - 2.) Follow COVID-19 Guidelines; wash/sanitize hands often, keep distance for recommended 14 days. Masks are mandatory in the building.
 - 3.)- If you are not vaccinated you need to quarantine. Robin will inform me, when the water chief hall building is sanitary.
 - 4.) Please get a COVID-19 test by Sunday Jan.16th
 - 5.) If you are feeling symptomatic stay home. Please put in leave and stay home. No shopping casino etc. and call me. 421-9820
- Thank you, be safe all!

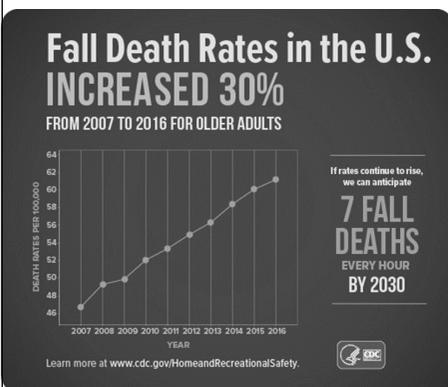
Before I bring this update to an end, I would like to say congratulations to my daughter Tedsena Lone Fight and her companion Nathan Gravos who are new parents to their daughter Lillian Zandz Lone Fight, she was born on January 13, 2022. So I have a new granddaughter to welcome into our family.

Information For Elders

Important Facts about Falls

Each year, millions of older people—those 65 and older—fall. In fact, more than one out of four older people falls each year,¹ but less than half tell their doctor.² Falling once doubles your chances of falling again.³

Falls Are Serious and Costly:



- One out of five falls causes a serious injury such as broken bones or a head injury.^{4,5}
- Each year, 3 million older people are treated in emergency departments for fall injuries.⁶
- Over 800,000 patients a year are hospitalized because of a fall injury, most often because of a head injury or hip fracture.⁶

Each year at least 300,000 older people are hospitalized for hip fractures.⁷

- More than 95% of hip fractures are caused by falling,⁸ usually by falling sideways.⁹
- Falls are the most common cause of traumatic brain injuries (TBI).¹⁰

In 2015, the total medical costs for falls totaled more than \$50 billion.¹¹ Medicare and Medicaid shouldered 75% of these costs.

What Can Happen After A Fall?

Many falls do not cause injuries. But one out of five falls does cause a serious injury such as a broken bone or a head injury.^{4,5} These injuries can make it hard for a person to get around, do everyday activities, or live on their own.

- Falls can cause broken bones, like wrist, arm, ankle, and hip fractures.
- Falls can cause head injuries. These can be very serious, especially if the person is taking certain medicines (like blood thinners). An older person who falls and hits their head should see their doctor right away to make sure they don't have a brain injury.

Many people who fall, even if they're not injured, become afraid of falling. This fear may cause a person to cut down on their everyday activities. When a person is less active, they become weaker and this increases their chances of falling.¹²



What Conditions Make You More Likely to Fall?

Research has identified many conditions that contribute to falling. These are called risk factors. Many risk factors can be changed or modified to help prevent falls. They include:

- Lower body weakness
- Vitamin D deficiency (that is, not enough vitamin D in your system)
- Difficulties with walking and balance
- Use of medicines, such as tranquilizers, sedatives, or antidepressants. Even some over-the-counter medicines can affect balance and how steady you are on your feet.
- Vision problems
- Foot pain or poor footwear
- Home hazards or dangers such as broken or uneven steps, and
- throw rugs or clutter that can be tripped over.

Most falls are caused by a combination of risk factors. The more risk factors a person has, the greater their chances of falling. Healthcare providers can help cut down a person's risk by reducing the fall risk factors listed above.

What You Can Do to Prevent Falls:

Falls can be prevented. These are some simple things you can do to keep yourself from falling:

Talk to Your Doctor:

- Ask your doctor or healthcare provider to evaluate your risk for falling and talk with them about specific things you can do.
- Ask your doctor or pharmacist to review our medicines to see if any might make you dizzy or sleepy. This should include prescription medicines and over-the-counter medicines.
- Ask your doctor or healthcare provider about taking vitamin D supplements.

Do strength and Balance Exercises:

Do exercises that make your legs stronger and improve your balance. Tai Chi is a good example of this kind of exercise.

Have Your Eyes Checked:

Have your eyes checked by an eye doctor at least once a year, and be sure to update your eyeglasses if needed. If you have bifocal or progressive lenses, you may want to get a pair of glasses with only your distance prescription for outdoor activities, such as walking. Sometimes these types of lenses can make things seem closer or farther away than they really are.

- Get rid of things you could trip over.
- Add grab bars inside and outside your tub or shower and next to the toilet.
- Put railings on both sides of stairs
- Make sure your home has lots of light by adding more or brighter light bulbs.

West Segment Hands Out Christmas Baskets

Photos by LeeAnna Nation



Acorn Holds the Enemy stops by to pick up his basket from Robin Hall.



West Segment employees Rayne Brown and Roger Standish get baskets prepared for pick up.



Delaine Clairmont stops by for her Christmas basket and her gifts for her family.



Michaela Lincoln, was an elf for the day, as she helps Joan Church and Mary Gachupin stop by to pick up their gift baskets and presents.

Winners for Country House Decorating & In-Town Decorating:

Country House Decorating Contest Winners:

- 1st- Skye Hall
- 2nd- Sharon Fredericks
- 3rd-Ona Lee Johnson

In-Town House Decorating Contest Winners:

- 1st- Mike DeVille
- 2nd- Kenneth White Lightning
- 3rd- Marcia White Eagle

West Segment Christmas!

Photos by LeeAnna Nation



First place winners in the Parade of Lights was the DeVille Family. Here they are all together at the Water Chief Hall.



Pictured above is Bernadine Fredericks Mendez Keeping the Holiday spirit going with hot cocoa or apple cider and even hot coffee. For everyone.



2nd place winners in the Parade of Lights were Andrea & Jeremy Wounded Face Family. Here they are pictured with Councilwoman Turner-Lone Fight and their children. 3rd place was Mandaree VFD tie with Lana Conklin family.



Councilwoman Gladly Sherry Turner-Lone Fight would like to thank all West Segment employees that helped make this event successful for the community of Mandaree. Pictured above are some of the employees who loaded up the food baskets for our community members.

Christmas At Bismarck Office

Photos courtesy of Bismarck office



Elder Donna Standish and Marie Spottedhorse & Leah Black Hawk.



Tamsen O'Berry got her gifts at the Bismarck office.



Crystal White Owl & her boys, Devon & Dane, Robin Severance with her boys Nolan and Phoenix are all on hand to pick up their gifts.



Leah standing with Tammi Hale as she picks up her gifts for her family.



Bismarck Satellite Office relocated up North. This is the Building we are now in it is called Veritas Business Complex. The address to our Bismarck office is:

600 South 2nd Street Suite 101

Leah Black Hawk: 701-651-0683

Sharron Lone Fight: 701-202-9912

Office: 701-751-1481

Thank you Leah Black Hawk for all the photos.



Leah stands with Ismelda Vasquez as she picks up her gifts for her children.

Christmas At Bismarck Office

Photos courtesy of Bismarck office



Kiefer Krammer son of Tia Hurkes



Lisa & Phoebe Casarez with Leah.



Leah and Betty Young Bird.



Leah stands with Louise (Weezy) Finley holding her Christmas gifts for her family.



Leah is pictured here with Sweet Medicine Finley as she picks up her gifts for her family.



Leah and Mataya Sheppard smile happily as she picks up her gifts.

West Segment Parade



West Segment Aging Services.



West Segment CARE Program.



West Segment Transportation had their vehicle in the parade.



West Segment Events & Public Relations.

2021 has been a tough year for many of us here on the Fort Berthold Reservation. Each of our segments have experienced loss of loved ones some due to COVID-19 and others to drugs. Non the less we try hard to make things good for our children and grandchildren. We do the best we can in each of our segments to help and be there for our families and relatives. So having Christmas this year was something nice that we were able to come together as a community and put smiles on the faces, of our children, grandchildren and our elders. Let us pray 2022 will be better for us all.

More Christmas Pictures



Mandaree Fire Dept and Smokey the Bear take a picture with Councilwoman Gladys Sherry Turner-Lone Fight.



In charge of West Segment Events is Lindsey Fox Sepeta who is standing with Councilwoman Gladys Sherry Turner-Lone Fight and her husband Ted Lone Fight III all stopped for a picture.



A big thank you to Enerplus for their gift of a family game, night package, that included three board games, popcorn and candy for each household.



Here is the West Segment staff members who took a minute to stand in front of the tree in the hall. These are the workers who were on hand at the Water Chief Hall in helping with the food baskets, and the gift giving. Councilwoman Turner-Lone Fight is very grateful for the staff and their help they are greatly appreciated.

Mandaree School News

Submitted by Mrs. Bluestone, Supt. Mandaree School



January 28, 2022 will be a regular school day to make-up early release days.

Winter Break Attendance Recovery Event:

Congratulations to the students who worked very hard to recover absences! Students decreased the number non-credited classes almost 25%!

Spring Semester Attendance Goals:

Spring Semester brings the number of days absent allowed before a non-credit is applied to 9. When a student has 9 days absent in a class he/she non-credits that class. That means a student has an "F" in the class until it is recovered.

Attending attendance recovery opportunities like Saturday Academy can reduce the number and the student regains the credit.

Re-Vamped High School Schedule:

Mandaree High School welcomes 3 new teachers to the schedule for classes. Mr. Benjamin Bradley is an Information Technology teacher. Ms. Cara Transtrom is an English teacher who has an interest in pursuing Library Science and/or Family Consumer Science certification. Dr. David Lukaszek is a Social Studies teacher. The High School Schedule was revised adding courses and students were given new schedules.

Spring Testing:

Spring is a very busy season for academic testing. Please try to schedule days out of school around the test days whenever possible.

The following are the identified test windows. Specific test dates will be sent home once we have them scheduled.

North Dakota State Assessment

March 14 – May 6

North Dakota State Science for grades 4, 8, and 10

North Dakota State English Language Arts and Math for grades 3-8 and 11

Bureau of Indian Education

March 21 – April 29

English Language Arts grades 3-8 and 11

Math grades 3-8

Algebra I, Algebra II, Geometry, and Integrated Math I, II, and III for grade 11

For Your Information

Johnson is on Hand to Help Our West Segment Elders



According to Rosie Johnson some of our elders are still confused on who to go see for help. Rosie Johnson is the person all elders need to contact regarding any health needs, their appointments or for monies needed for medical needs. Rosie is the person you need to

see, let her know what your needs are and she will take care of it for you. Here is a list of what the Elders Program will help with costs. Rosie will assist you with the following:

Dentures: \$4,000

Hearing Aids: \$4,000

Glasses: \$600.00

Dr. Appointments: \$200.00

Elder Ramps: \$500.00

(Elders who get ramps need to find their own contractor to build for them).

To qualify for these benefits , you must be of age 60 and be enrolled with the tribe.

Please get all documents to me at least 7-12 days prior for scheduling. You may also call if you need to weatherize your home.

Please take note all checks will be mailed out to the provider, and I will pick up the appointment travel checks.

Stop in and have coffee with me.

Again elders, please contact Rosie Johnson, Elders Advocate for our West Segment community.

Sincerely,

Rosie Johnson~ Cell: (701)421-8519

Office Number: 759-3077

West Segment Progressive Education Update:

Main Objectives for the Program:

Progressive Education is a program created to help the Enrolled members of the MHA Nation West Segment make progress in many forms of education and personal growth. The program will help the West Segment members achieve many types of degrees, diplomas and certification through online course or face-to-face instruction.

Current programs are:

PENN FOSTER online, year-round open enrollment.

High School Diploma

Medical Billing

HVAC Tech

VET Tech (4 semesters)

Pharmacy Tech

CPR/First Aid- Annual training. (Signup available)

Food Handler- Quarterly training. (Signup available)

Contact information.:

Progressive Education Department

Bernadine T. Fredericks-Mendez or Adrianna Young Bird

Phone: 701-759-3377

Cell: 701-421-5687

Fax: 701-759-3236

Email: bmendez@mhanation.com

For Your Information

Beautification Program is A Great Service!

This is a new program that I just heard of and I was very impressed by this program and the workers that I had to write something. As an elder in our community, I did call the number that was listed and spoke to Hope Baker. She was very helpful and sent people out to my home the very next day to cover the windows with plastic. With these cold windchill temperatures the plastic was very much needed.

These workers were very efficient. Usually, one would think you would have to wait or be put on a long waiting list. Not this time, these workers were on the go and ready!

It is so nice to have a program like this to benefit so many. I was very surprised when they told me they would come to my home and remove the plastic when winter was over. All I would have to do is call them.

Another plus for this Beautification Program is they also service single parent homes. I thought that was awesome. I have been a single parent for many years and this is the first program that I have seen on our reservation that will do something like this for single parents. It's tough to find help or much less someone who is willing to help you out. So, this program is excellent!

Kudos to the people who thought of this program. I know I am very grateful and thankful for their services. Services that you offer not to just one segment or to certain ones but to everyone!

I wished every program from our tribe was like this instead of only serving their segments. We should all share and help each other as a people and a tribe.

Beautification Program has excellent priorities!

They offer so much more as you can see a list to your right. If we are thankful and grateful for a program, we should let them know that we are thankful. I know they would appreciate it. It's good to hear something positive instead of being a negative Nancy. We have too many of those.

Thank you for being a good reader.

Lovina Fox, West Segment News Editor

Beautification Program

Snow Removal Services to schedule an appointment, please call Hope Baker at 701.421.5474 or the office at 701-751-1783

Service hours: 8:00am-4:00pm

Priorities will go to elders 55+ handicapped and single parent homes:

- **Please allow up to 24 hours for snow removal services**
- **Snow removal will begin after snow/wind has stopped (unless emergency circumstances arise)**
- **No snow removal when there is no travel advised for the safety of the crew.**
- **Let us know if plows have been through and created wind rows**
- **Limited activities that result in packed snow.**



Beautification Project Winter Services

- * **Weatherization: plastic over windows & Weather stripping. (OUTSIDE SERVICES ONLY)**
- * **Raking/bagging leaves (weather permitted)**
- * **Smoke Alarm/Carbon monoxide installation & maintenance**
- * **Gutter Services**
- * **Snow Removal**
- * **Melting Salt-Where would you like the salt? Sidewalk, porch etc.**

For Your Information

Attention West Segment Elders

The Elder program will assist with your medical needs:

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Hearing Aids: \$4,000

Glasses: \$600.00

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Rosie Johnson~ Cell: (701)421-8519

Office Number: 759-3077

Attention Bingo Players!!



The Mandaree Celebration Committee will have their bingo fundraisers every Sunday. Bingo will start at 2pm on the given date at the Water Chief Hall. Please keep in mind our bingo fundraiser will automatically be cancelled due to wakes and funerals. Here is the

schedule for this month and February:

Sunday, January 23rd

Sunday, January 30th

Sunday, February 6th,

Sunday February 13th

Sunday February 20th

Sunday February 27th

Come and Support the 2021 Mandaree Celebration!

St. Anthony's Catholic Church Schedule:

Saturday: 7:30 pm New Town

Sunday: 8:30am New Town

Sunday: 11:00am Mandaree

Updated Mandaree Post Office Hours:

Monday~ Friday: 12:00~4:00pm

Saturday: 11:00~1:00pm

Mandaree Post Office: 759~3370

Mandaree One Stop Requires Face Mask



**FACE MASK
REQUIRED**



New Store Hours for Mandaree One Stop were in effect on July 11, 2021. Here are the new hours: Saturday & Sunday:

11:00AM-6:00PM

Monday-Friday:

7:00Am-9:00PM. Everyone must

wear a mask when entering the One Stop Store Until further notice. Thank you! Let us all be Safe and keep others Safe!



Just remember when we get a lot of snow your vehicle or anything that blocks the roadways needs to be moved so plows can open up the road ways on our streets.

For Your Information

Baptism



I used to be a State Brand Inspector for the North Dakota Stockman's Association. The brand inspector's job was to make sure the person selling an animal owned the animal, cow, calf, horse, bull, steer, heifer, etc...

They trained me to read the brands on all types of bovines and horses in our training and during inspection. Sometimes, I would have to wrangle, or hog tie the Bovine to the fence and clip the hair to be able to read the brand correctly.

The Stockman's Association keeps track of all the ownership of every registered brand in North Dakota. How does this relate to Baptism? Baptism is an ownership mark. Though invisible to the human eye, it is there (from the Catechism of the Catholic Church #1272) incorporated into Christ by Baptism. The person baptized is configured to Christ. Baptism seals the Christian with the indelible mark, even if sin prevents Baptism from bearing fruits of salvation.

Given once for all, Baptism cannot be repeated. Not like cattle or horses which can be branded and rebranded. I remember one cow with six different brands on her. One mark is given once!

The Holy Spirit has marked us with the seal of the Lord. Christ has claimed you through baptism, we become his adopted Brothers and Sisters.

It is a mark on the person that all of creation knows, both good and evil. Baptism grace is the forgiveness of original sin (Adam & Eve) the promise of Eternal Salvation.

Baptism not only purifies us but makes us a new creature. An adopted son of God. The Most Holy Trinity gives the Baptized sanctifying grace, the grace of justification. Enabling them to believe in God, to hope in him and to love him. It also gives us the power to live and act under the prompting of the Holy Spirit. Not at all like the hot iron brand. This mark cannot be sold or removed. This mark allows us to grow in Goodness. The whole organism of the Christian's Supernatural life has its roots in Baptism. Through Baptism God Claims you as his. Jesus who becomes our brother through baptism, wishes for us to receive the blessings from the Father.

From Luke Chapter 3:16 After Jesus's baptism, God speaks directly to his son, "You are my beloved son whom I am well pleased". In the Gospels, Matthew, Mark, Luke, and John, this is the only time that God speaks directly to his son. If Jesus is God, why did he need to be baptized? Because Jesus our brother shows us that the way to salvation is through Baptism. Through your baptism grace you too can hear God speaking to you!

May God Bless you Always

Have a great day with Jesus Christ

May your New Year be filled Spiritually and be Fruitful.

Love & Prayers

Deacon James Baker

St. Anthony's Catholic Church

New Town and Mandaree, North Dakota



NORTH Dakota | Transportation

Be Legendary.

Winter Driving:

Safe Winter Driving Practices:

“Know Before You Go” by checking road conditions BEFORE you travel. Check the [Travel Information Map](#) or call 511. Let someone know when you depart, your route, and expected arrival time. Do not leave without a full fuel tank.

- Turn on your lights. This will increase your visibility to other motorists and snowplow operators. Brush snow from your vehicle that could cover your tail lights.
- Never use cruise control on wet or ice roadways.



- Get the feel of the roadway. Try your brakes while driving slowly and adjust your speed to how much traction you have. Slow down. Snow tires or tire chains are helpful, but you should still double your distance for following other vehicles. Studded snow tires may be used from October 15 to April 15.
- Passing trucks may create snow fog. This greatly reduces your visibility. Look ahead for curves in the road, look behind for vehicles following, and slow down. Remember that on bridges and shaded spots, frost and ice form quicker and are retained longer than on the rest of the roadway.
- To stop on ice, you should pump the brakes when driving vehicles equipped with drum-type brakes on all four wheels. Vehicles equipped with disc brakes require a slow, intermittent braking action - fully on and then fully off - long enough to let the disc brakes release so that all wheels are rolling again. If you slam on your brakes, your wheels will lock and your tires will skid.
- Keep firm and continuous pressure on anti-lock brakes (ABS). Manually pumping anti-lock brakes, or letting up on them, decreases their effectiveness because it turns the system off and on. Carry a winter survival kit in your vehicle: warm clothing, footwear, shovel, energy food, etc.

If your vehicle becomes stuck in a snowstorm, stay with the vehicle! Most deaths occur when people leave their vehicles and get lost. Open your windows slightly and run the vehicle and heater for only short periods of time to avoid carbon monoxide poisoning. Stay active and do not panic.

Snow and Ice Control Information

The North Dakota Department of Transportation's (NDDOT) snow and ice control operations are an important function for the Department with over 8,600 roadway miles of highway to maintain. Winter in North Dakota presents many challenges and the NDDOT does its best to maintain and keep North Dakota's highways safe for the traveling public.

The NDDOT works hard to keep travelers informed of road conditions. However, the road conditions are not reported 24-hours a day but are updated every day from 5 a.m. to 10 p.m. (CT). It's important to remember that the conditions may vary from what is being reported. The road report is based upon the information available to the NDDOT at the time of preparation and is provided solely as a public service. Find the information you need here to plan ahead and *Know Before you GO* so you can arrive at your destination safely.

ND 511 Information

One easy-to-remember number



Travel Info Welcome to the North Dakota 511 Web page. The information on this page is intended to give you a better understanding of what the North Dakota 511 Travel Information Service is and how it works. 511 is a national telephone service for travelers to get the information they need to safely travel across North Dakota and the nation by calling 511 from any type of phone. Motorists can access weather and road information, road construction reports, and seasonal load restriction information through this one telephone number. *When calling from out of state dial 1-866-696-3511.*



Submitted by Dr. Constance E. King Gottschall, Vice President of Student Services
And Francis "Buffy" White-NHSC Liaison Mandaree

1. Summer 2022 and Fall 2022 applications are now being accepted! Summer Applications will be accepted until April 30th with documents due no later than May 10th. Fall applications will be accepted until July 30th with documents due no later than August 10th.
2. The NHSC Campus will be closed on January 17th in observance of MLK Jr. Day.
3. NHSC will be on Facebook live for College Talk on January 11th at 11am-12pm. Check out our Facebook page to watch our next session.
4. Are you a former NHSC or FBCC student and want to join our Alumni group? Reach out to Carla Villamil, our SSAVE Coordinator for additional information. She can be reached at alumni@nhsc.edu
5. Want to join the NHSC team? We have a number of jobs currently open and would love for you to join our team. Check out our www.nhsc.edu/jobs to apply.
 - a. Native American Studies Instructor
 - b. Computer Science Instructor
 - c. Engineering Instructor
 - d. Men's Assistant Basketball Coach
 - e. Women's Assistant Basketball Coach
 - f. Information Technology Assistant
 - g. Library Assistant
 - h. Cafeteria Helper
6. We have openings for our NAS and NACTEP cohorts for our upcoming semester. Both cohorts are available for students that are registered for the Spring semester. For additional information on each cohort, go to www.nhsc.edu/students/student-cohorts
7. Interested in playing for the Storm Athletics program? Contact our Athletic Director Kyle DeCoteau @ kdecoteau@nhsc.edu We do offer athletic waivers and still have some available for our upcoming Spring 2022 season.
 - a. Men's Basketball
 - b. Women's Basketball
 - c. Golf
 - d. Cross Country

Nueta Hidatsa Sahnish(NHSC)Kerry Hartman

February 6, 2022

"The Spectacular Cell All Sites"

March 6, 2022

"Counting Equilibrium"

Campus Events:

- o **Week of January 10th**
- o January 10th – Spring semester 2022 class start
- o January 11th – NHSC College Talk – Facebook Live
- o January 17th – No Classes – campus closed for MLK Jr day

Community Events:

- o **Month of January 2022**
- o Vaccination Events - COVID/Booster and Flu (ages 5 and up) – Pre-register at NDVAX.org
 - ✦ January 12th, 19th and 26th – Northern Lights – 11:30am-2:30pm
 - ✦ January 13th – Mandaree EMS Garage – 1:00pm-3:30pm
 - ✦ January 18th – Parshall American Legion – 1:00pm-3:30pm
 - o January 25th – White Shield – 1:00pm-3:30pm

Testing Events

- ✦ January 10th, 17th, 24th and 31st at MHA EOC – 11:00am-3:00pm
- ✦ January 11th at White Shield Bus Barn – 11:00am-2:00pm
- ✦ January 12th, 19th and 26th at MHA EOC – 11:00am-2:00pm
- o January 25th at Parshall Red Hall – 11:00am-2:00pm

- o **The Door** – Virtual Support Services daily at Noon via Zoom meeting ID: 542 637 8537

- ✦ Monday, Friday and Saturday – AA Support
- ✦ Tuesday and Thursday – NA Support
- ✦ Wednesday – Wellbriety Talking Circle

AA/NA Meetings

- ✦ New Town – 8pm Daily
- Monday – Bethel Lutheran Women's Group AA
- Tuesday – Healthy Skins AA
- Wednesday – 4 Bears Veterans Center
- Thursday – Bethel Lutheran AA
- Friday – Healthy Skins AA
- Parshall Resource Center
- Wednesday – Crystal Meth – 8pm
- Saturday – Speaker Meeting – 8pm
- White Shield Sahnish Lodge
- Thursday, Friday and Saturday – 8pm
- Mandaree C.A.R.E Center
- Monday – ALANON – 12pm and NA – 6pm
- Tuesday – Relapse Prevention – 12pm and Adult Children of Alcoholics – 6:15pm

Continue on page 17.



- Wednesday – Men’s Talking Circle – 12pm and Women’s AA – 3pm
- Thursday – Relapse Prevention – 12pm, Big Book – 6pm and Alateen – 7pm
- Friday – NA – 12pm, Men’s AA – 3pm and Native Connections – 1-3pm
- Saturday – Women of the Willows – 6pm
- Sunday – Big Book – 5pm and AA – 6pm

Thank you,
Frances “Buffy” White – NHSC Liaison Mandaree
1(701)759-3545 Office
fwhite@nhsc.edu

Honor Roll Luncheon

Please join us Tuesday, January 25, 2022 in our College Cafeteria to celebrate our Fall 2021 Honor Roll Students!

2021 Fall Honor’s List Full-time Student’s (12+ Credits) Maintaining a 3.00 to 3.49 G.P.A.

- | | |
|------------------|-------------------------|
| Melissa Acosta | Laurice Morningstar |
| Jonna Brady | Kiana OwnsPipe |
| Madison Chesarek | Geri Pearson |
| Tuesday Church | Kalee Robertson-Thomas |
| Kenneth Conklin | Jeremiah Schweigman |
| Amanda Deville | Whispering Willow Smith |
| Marie Driver | Shooter Stewart |
| Angeline Eastman | Averyl Taft |
| Josephine Espino | Carla Teran |
| Jordan Manning | Marvin Two Crow |
| Michael Medeiros | Hailey Yellow Wolf |



2021 Fall Dean’s List Full-time Student’s (12+Credits) Maintaining a 3.50 to 3.79 G.P.A.

- | | |
|------------------|--------------------|
| Patricia Dubois | Levi Schmidt |
| Michelle Fischer | Francis Short Bull |
| Emmanuel Fondono | Sasha Sillitti |
| Naomi Fox | Shayla Gayton |
| Shodiah Lavallie | Chelsey Quick Bear |
| Francesca Ross | Tannah Houle |
| Violet Jones | |

2021 Fall President’s List Full-time Student’s (12+ Credits) Maintaining a 3.80 to 4.0

- | | |
|--------------------|--------------------|
| Shelbe Bearstail | Andrea Yellow Bird |
| Manday Davis | Cassandra Hopkins |
| Marissa Foote | Jimmy Petit |
| Joseph Forson | Joshua Jones |
| Irene Hale | Michelle Baker |
| Daniel LeBeau | Shadlynn Severance |
| Shaundeen Smith | Duan Dixon |
| Tiana DuBois | Christine Fondono |
| Champion Stevenson | |



Approved 2021~2022 Mandaree School Calendar

Mandaree Public School | 2021-2022 CALENDAR | (4-Day St 8/16, S1 12/21, S2 5/19)

School Days = 0
 5 Observed Day Off
 Black Fridays are regular, required school days with all students expected to attend.
 Gray Fridays are WARRIOR enrichment/tutoring days with school open for activities.

JULY '21						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JANUARY '22						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27		29
30	31					

School Days = 17
 7 PD #5 all staff no school
 17 M.L. King Day
 14 Enrichment/Tutoring
 21 Regular School(4-Day week)
 28 Snow Day make-up

School Days = 6
 6&9 New Staff PD no school
 10-12 PD #1-3 all staff no school
 13 Teacher Prep Day 6 hrs.
 16 First Day of School
 8/17 No School
 20 PD #4 all staff no school
 8/23, 8/24, 8/25 No School
 8/26 Paper based Virtual Learning Day.
 27 Enrichment/Tutoring

AUGUST '21						
S	M	T	W	Th	F	S
1	2	3	4	5		7
8		10	11	12	13	14
15	16		18	19	20	21
22			26	27	28	
29	30	31				

FEBRUARY '22						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10		12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

School Days = 16
 3 Parent Teacher Conf.
 11 Snow Day make-up
 4,11,18 Enrichment/Tutoring
 21 All Chiefs' Day
 25 Regular School (4-Day week)

School Days = 18
 6 No School- Labor Day
 10 Regular School(4-Day week)
9/13 No School
 16 Parent Teacher Conf.
 3, 17, Enrichment/Tutoring
9/24 Make-up Day (8/23)

SEPTEMBER '21						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12		14	15	16	17	18
19	20	21	22	23		25
26	27	28	29	30		

MARCH '22						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24		26
27	28	29	30	31		

School Days = 19
 4,18,25-Enrichment/Tutoring
 10 End of Q3 (40)
 11 PD #6 all staff no school
 25 Snow Day make-up

School Days = 16
 1,8,15 Enrichment/Tutoring
 14 End Q1 (36)
 21-22 No School – Fall Break
 29 Snow Day make-up or
10/29 Make-up Day (8/24)

OCTOBER '21						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		30
31						

APRIL '22						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		30

School Days = 12
 14&18 PTC Comp(No School)
 15 All staff day off
 11-13 Spring Break (cont.)
 22 Regular School (4-Day week)
 7 Parent Teacher Conf.
 1,8 Enrichment/Tutoring
 29 Snow Day make-up

School Days = 18
11/5 Make-up Day (8/25)
 11 Veterans' Day
 12 Regular School(4-Day week)
 18 Parent Teacher Conf.
11/19 Make-up Day (9/13)
 24-26 Family Break
 26 Family Day

NOVEMBER '21						
S	M	T	W	Th	F	S
	1	2	3	4		6
7	8	9	10	11	12	13
14	15	16	17	18		20
21	22	23	24	25	26	27
28	29	30				

MAY '22						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12		14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

School Days = 12
 6,13 Enrichment/Tutoring
 13 Snow Day make-up
 19 Last Day of School/Sr. Grad
 19 End of Q4 (36)
 19 End of Sem. 2 (76)
 19 End of Year (147)
 20 Teacher Close Day 6 hrs.
 21 Senior Graduation
 30 Memorial's Day

School Days = 13
 10, 17 Enrichment/Tutoring
 21 End of Q2 (35)
 21 End of Sem. 1 (71)
 22-31 Winter Break

DECEMBER '22						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE '22						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

School is Monday – Thursday in addition to these Fridays on holiday weeks to make 4-days:
 Sept. 10
 Nov. 12
 Jan. 21
 Feb. 25
 Apr. 22

Approved: 10-20-2021

West Segment Maintenance On Call Schedule

1/2/2022-1/8/2022	Christopher Montclair: Call Supervisor: 701-421-8093 Ervin Halvorson Jr.: 701-421-2948
1/9/2022-1/15/2022	Arden Halvorson: 701-421-5866 Calvin Good Bird: 701-421-2239
1/16/2022-1/22/2022	Merrill Howling Wolf: 701-421-9078 Jeremy Wounded Face: 701-421-3979
1/23/2022-1/29/2022	Christopher Montclair: Call Supervisor: 701-421-8093 Ervin Halvorson Jr.: 701-421-2948
1/30/2022-2/5/2022	Arden Halvorson: 701-421-5866 Calvin Good Bird: 701-421-2239
2/6/2022-2/12/2022	Merrill Howling Wolf: 701-421-9078 Jeremy Wounded Face: 701-421-3979
2/13/2022-2/19/2022	Christopher Montclair: (call supervisor 701-421-8093 he has no work phone) Ervin Halvorson Jr.:701-421-2948
2/20/2022-2/26/2022	Arden Halvorson Jr.: 701-421-5866 Calvin Good Bird: 701-421-2239
2/27/2022-3/5/2022	Merrill Howling Wolf: 701-421-9078 Jeremy Wounded Face: 701-421-3979
3/6/2022-3/12/2022	Christopher Montclair: (Call Supervisor 701-421-8093 as he has no work phone) Ervin Halvorson Jr.:701-421-2948
3/13/2022-3/19/2022	Arden Halvorson: 701-421-5866 Calvin Good Bird: 701-421-2239
3/20/2022-3/26/2022	Merrill Howling Wolf: 701-421-9078 Jeremy Wounded Face: 701-421-3979
3/27/2022-4/2/2022	Christopher Montclair: (call supervisor 701-421-8093 he has no work phone) Ervin Halvorson Jr.:701-421-2948
4/3/2022-4/9/2022	Arden Halvorson Jr.: 701-421-5866 Calvin Good Bird: 701-421-2239
4/10/2022-4/16/2022	Merrill Howling Wolf: 701-421-9078 Jeremy Wounded Face: 701-421-3979
4/17/2022-4/23/2022	Christopher Montclair: (call supervisor 701-421-8093 he has no work phone) Ervin Halvorson Jr.:701-421-2948
5/1/2022-5/7/2022	Merrill Howling Wolf: 701-421-9078 Jeremy Wounded Face: 701-421-3979
If you cannot get ahold of any on-call employee please call: Director: Sam White Owl: 701-421-9172 or Supervisor: Julius Halvorson: 701-421-8093	

Local & Surrounding Area Directory

Mandaree Boys & Girls Club Branch Manager: Olivia: 759-3049

Mandaree Catholic Church Father Roger Synek: 759-3412 or 627-4423

Mandaree Clinic: 759-3422 Fax: 759-3209

Mandaree Clinic Pharmacy: 759-3151 or Fax: 759-3181

Mandaree Elder's Meal Site: 759-3092

Head Cook: Pamela Fox

Assistant Cook: Teresa Fox

Delivery/Helper: Brad Howe

Monica Nagel Henry: Helper/transporter

Mandaree Elders Program: 759-3092

Elder's Care: Nina Finley Newman

Aging Services: Director: Polly Chase: 421-0905

Aging Services Main Office New Town: 627-4913

NHSC Mentor's Office: 759-3545 or Fax: 759-3528

Native Printing LLC: Jody Brieck: 421-1027 Email: nativeprinting_nf@yahoo.com

Mandaree Fire Chief: Marle Baker: 759-3124 or cell: 421-1423

Little Plume Head Teacher 1: 759-3369

Mandaree Post Office: 759-3370

Mandaree Roads Dept: 759-3420

Director Mandaree Roads Dan Hall: 421-7958

Donald Young Bird: 421-7534

Mandaree One Stop: 759-3609

Mandaree School Numbers:

Bus Garage: 759-3395

Business Office: 759-3120

Main School Office: 759-3311

Mandaree MHA DOT Dispatch Operations: 759-3576

Motor Carriers:

Matthew Yellow Wolf: 421-8676

Michael Blacksmith: 421-5651

Ricardo Villagrana: 421-9121

Denver Spotted Bear: 421-3124

Thomas Fredericks: 421-3064

Jocko Frank: (701) 550-6797

Rylan Howling Wolf: (701) 805-5628

Dane Fox: 421-1695

Mandaree Water Hauler: 759-3377 or 421-0458

NHSC Mandaree Community Liaison: Frances Buff White: 759-3545

Mandaree Water Treatment Plant: 759-3160 or Fax: 759-3199

Mandaree Non-Emergency: Antoinette Kitagawa: 421-1361 or 421-1357

Emergency or Ambulance: 911

Mandaree TAT Solid Waste Transfer Station: 759-3641

Contact Kansas Johnson: 421-7674 Hours: M-F 7am-6pm

Saturday: 8am-4:30 pm

Sunday: Closed.

New Town Solid Waste Office: 627-2034

New Town Tribal Office: 627-4781

New Town Elbowoods Health Center: 627-4701

New Town Diabetes Program: 627-7969

New Town Tribal Enrollment office: 627-4238

New Town Tribal Security: 627-0686

New Town Animal Control: 627-2654

Delia Baker: 421-5214

Travis McCabe: 421-3095

New Town Circle of Life Director: Nellie Boyd: 627-4700 Fax: 421-4105

TAT Fitness Recreational Specialist: Tia Mandan: 421-0239 or tiamandan@mhanation.com

New Town Boys & Girls Club: 627-4415

Poison Control: 1-800-222-1222

TAT CHR Main Office in New Town: 627-4240

TAT Utilities: 627-5291

TAT Mortgage Program: 627-2560

Game Warden: Bradfield Sage: 421-6977

Beuford Joe: 421-1233

TAT Police Dept: 627-3617 or 1-800-952-7923

Interim Chief Of Police: Marty Foote: 627-3605

New Town Tribal Court: 627-4803 Fax: 627-4602

Tex Fox Justice Center: 627-3500

McKenzie County Sheriff: 444-3654

* North Dakota Travel Information service dial 511. When dialing out of North Dakota for weather /road conditions you can dial: 1-866-696-3511.

* Please read: Some numbers have changed some removed. Some of the names changed. Please post this so you can find what numbers you need. Thank you for being a good reader.

West Segment Employee Directory

Councilwoman Turner-Lone Fight: 421-9820

Chief of Staff: Kevin Finley: 421-6399

Executive Admin.Assistant: Jodi Finley: 421-2011

New Town Office Admin: Florene Halvorson/Colleen Halvorson: 627-8202

CEO West Segment: Regina Yeahquo: 421-4611

West Segment Fire Chief: Marle Baker: 421-1423

Water Chief Hall Receptionist: 759-3377 ext. 206

Loretta Lone Bear Cell: 421-5510

West Segment Program Analysts': Ted Lone Fight III: 421-2481

West Segment Security Director: James Johnson: 421-9732

Security Receptionist: Rhonda Hall: 421-0547

Security Officers:

Robin Hall: 421-4599

Benner White Owl: 421-3122

Steven Good Bird: 421-4573

Frank Bear Claw: 421-0700

Hidatsa Housing Director: Shanna Fox: 421-6205

Hidatsa Housing Secretary: Losa lu: 759-3399

Time Keeper Supervisor: Hailey Abbey: 421-7819

Sunshine Halvorson: 421-9127

Colleen Halvorson: 627-8202

West Segment Maintenance Specialist: Sam White Owl: 421-9170

Main Number: 759-3377 Ext. 209 & 219

Receptionist: Michaela Bacon: 421-6715

West Segment Maintenance Workers:

Ervin Halvorson Sr. 421-3257

Ervin Halvorson Jr. 421-5738

Julius Halvorson: 421-8093

Tyrell Halvorson: 421-4518

Jeremy Wounded Face: 421-3979

West Segment CARE Recovery Center Director: Vivian Lone Fight cell: 421-4631

West Segment Health Dept: 759-3377 ext. 203

West Segment Health Director: Cathy Lone Fight: 421-5525

Kyle Mandan: 421-0643

West Segment Health Driver: Rayne Brown: 421-4641

West Segment Custodian Supervisor: Rosie White Owl: 421-9450

Mandaree Elders Building Custodian: Ken White Lightening: ext.213

West Segment Elders Advocate: Rosie Johnson: 759-3077 or her cell: 421-8519

West Segment Education Director: Bernadine (Fredericks) Mendez: 421.5687

IT Specialist: Aaron Abbey: 421-5076

West Segment Transportation Specialist: Curtis Hall Sr.: 421-7907

West Segment Transportation Receptionist: Michaela Bacon: Office: 759-3766 or her cell: 421-6715

West Segment Fitness Center Supervisor: Santos Casarez: 759.3780

West Segment Events Department: Lindsey Fox Sepeta: 421-6347

Cultural Coordinator: Aaron Abbey: 421-5076

Language Specialist: Lila Gwin 421.6605

Carol Newman

Martha Bird Bear

Mary Yellow Wolf—Gachupin

Land & Livestock Supervisor: Megan Danks

Land & Livestock receptionist: 759-3978

Minot Outreach Specialist: Dusty (Brugh Jackson): {701} 421-4266 Fax: 701-839-0835

Bismarck Outreach Specialist: Leah Black Hawk: Office: 701.751.1481. Fax: 701.751.1489

Assistant : Sharron Lone Fight: 751.0456

Fargo Outreach Specialist Jolene Gonzales: 421-6200

Fargo Outreach: 701-478-6811 Fax: 701-478-6818

TERO Information person: Carson Hood

West Segment Facebook page: LeeAnna Nation: 421-1868 or Jordan Mann: 421-9214

West Segment News Editor: Lovina Fox: lovinafox@mhanation.com

West Segment News Assistant: LeeAnna Nation: 421-1868

***Keep in mind some cell numbers are not listed because they are personal cell and not tribal cell phones. Some workers have been changed so please keep this information handy when you need numbers for West Segment. Thank you for being a good reader.**

Obituary

Wanda Fox Sheppard, 88, Mandaree, North Dakota passed on December 28, 2021 at Sanford Hospital, Bismarck, ND. Wanda was born on April 19, 1933, the second of fifteen children, to Anthony Guy Fox and Grace Parshall Fox in the area of the Fort Berthold Indian Reservation referred to Shell Creek. She was a member of the Prairie Chicken Clan and a child of the Knife Clan. Her Indian names were "Plenty Sage" (Ida-ii xuuga dagii ahuush) and "Plain Design" (Maaraa gii ihtaash). After the development of the Garrison Dam and forced removal due to the rising waters, her family relocated from Shell Creek to the "Big Lease" area east of Mandaree where they maintained cattle and horses. As the eldest daughter, from a young age she cared for her siblings and was always kept busy around the family ranch. Her responsibilities ranged from cooking, sewing, driving cattle, milking the cows to making cheese and other products, along with helping to care for her siblings. Wanda graduated from Elbowoods High School, which now rest beneath Lake Sacagawea. She was always known for her spunk, quick wit, generosity and tenacity. She like to say, "where there's a will, there's a way" and lived by this philosophy. As a teenager her strongest influencers were her father and grandmother Ruby White Bear, but she absorbed many lessons from other family members as well. Her father, Guy Fox, taught her how to cook, the importance of honesty, hard work and respect. She recalled standing on a chair and her father showing her how to bake raised bread. She had a special relationship with her grandmother Ruby, who was loving, nurturing and kind in many respects, she was her mother. It was also from her grandmother where she learned to make her much sought after traditional cornballs. Wanda has found memories of her grandmother wearing moccasins playing the pump organ while the kids sang along. She shared that her grandma Ruby kept a strict schedule, starting with working in the garden in the morning. She was fluent in Arikara, Mandan, Hidatsa and English. Wanda learned our Indian ways from her father and grandmother, which she valued and balanced with her love for our Lord. She believed Creator/Lone Man/Jesus is one and the same and she had respect and love for all beliefs and manner of prayer. Wanda was the Director of the CHR program for ten years. She was the medical records clerk at the Mandaree clinic for nine years and then worked at the Mandaree School as a home liaison and managed various title programs. Wanda was always a strong contributor to her community. She served on the Mandaree Celebration committee numerous times. Her efforts were always a combination of fun and hard work. Daily camping rations to every single camp were always a necessary provision. Today, few celebrations provide rations (basic foods; bread, meat, eggs, coffee, sweets). One of her cherished accomplishments was the construction of the first all-covered arbor. She felt it was important that dancers and attendees had shelter from the sun and elements. Her effort resulted in a beautiful arbor just in time for celebration; complete with a warm "DOSHA" welcome in bright yellow letters visible on the roof. Wanda was a talented seamstress, Wanda's aunt; Rose Crow Flies High, taught her how to bead. She enjoyed making items from everyday clothing, a wedding gown for her granddaughter Stephanie, traditional clothing and regalia, men's and women's beaded moccasins, beaded medallions, to cotton and satin star quilts. One of her satin star quilts was displayed at the Smithsonian in Washington, DC. She also enjoyed sharing her knowledge on the art of preparing traditional Mandan/Hidatsa foods, clanship, and relations, as well as the history regarding her ancestor Sacagawea's story. In fact, she was one of the contributors to the recently published book. "Our story of Eagle Woman Sacagawea" They Got it Wrong" to correct the misinterpretation that she was in fact a member of the Hidatsa tribe and was not Shoshone. Wanda also had the honor of giving Indian names to many people over the years. Wanda was a life long resident of Mandaree, North Dakota. She loved spending time with her children, grandchildren, great-grandchildren and great-great-grandchildren, until her mobility was limited. During the summer, you'd often find her pulling her camper or driving her RV to meetup with friends and family to enjoy our celebration. She always beamed with pride and rattled her tongue when watching her grandchildren dance. She instilled in them a sense of pride in their culture and where they came from. In addition to her own children, she also raised her grandson Manny Sheppard and from time to time cared for others. Wanda had five children, Cheryle J. Fox, Sheila (Sheppard) Jenner, Angus Jerome (AJ) Sheppard, Shane Sheppard and Norma (Sheppard) Miller. Full of life & laughter, true to her values, instilled in family and faith, adventurous, guided by grace & grit, generous and loving, she will be deeply missed. She is survived by her Brother Dennis (Sandra); Sisters; Belinda Beston, C.A. Wolf Eyes, Arla Muzzy (Don), Theola Fox, Daughters; Sheila Jenner and Norma Miller; Grandchildren; Stephanie (David)Fox-Alcocer, Delmar Sheppard, Tamara Torres (Jorge), Shyla Sheppard (Missy), Shanna Fox, Raylene Miller, Lavon Miller. Twenty great-grandchildren Pierce (Destiny), Dakota, Shaylyn, Rainee, Ayla, David, Mataya, Dione, Stephan, Mateyo, Dominic, Madloynn, Bonnie, Thorton, Summer, Jackson, Duwayne and twelve great-great grandchildren; Ryleigh, Kylee, Aaliyah, Jocelyn, Jayden, Shylin, Coulee, Anevai, Raquel, Cannon, Dameric, Draven. Wanda was preceded in death by her parents Guy & Grace Fox, son; Angus Jerome Sheppard, Shane Guy Sheppard, daughter; Cheryle J. Fox, Grandparents Ruby White Bear, George Parshall, Hannah Levings Fox, Martin Fox, sister; Theresa Ann Fox, brothers; Esley Thorton, Maynard Fox, Rex Fox, Tex Fox, Dean P. Fox, Thorton Fox and Angus Fox.

Obituary

Forever in Our Hearts

Wanda Lavon (Fox) Sheppard

“Ida-ii xuuga Dagii Ahuush” (Plenty Sage)

April 9, 1933~December 28, 2021



Wake Services:

Friday, December 31, 2021 at 5pm

Water Chief Hall, Mandaree, ND

Funeral Services:

Saturday, January 1, 2022 at 11am

Water Chief Hall, Mandaree, ND

Services Rendered by:

Deacon Dan Tuby

Active Pallbearers:

Pierre Fox-Deane

Bernie Fox

Scott Wilson

Steve Kelly

Jude Fox

Dakota Fox-Deane

Enrique Aleoer

David Aleoer

Senior Pallbearer:

Walter DeVille

Honorary Pallbearers:

Cleo Charging, Lyda Bearstail, Georgiana Danks, Jeanette Richardson,

Marcia White Eagle, Donita Hale, Alice Benson, Sally White, Claude

O'Berry, Marilyn Young Bird, Mike Driver, Margie White Owl, Jeanette

Reimer, Betty Young Bird, Marilyn Young Bird

Interment:

St. Anthony Catholic Church Cemetery

THANK YOU ALL FOR YOUR SUPPORT DURING THIS DIFFICULT TIME.



Our sincere sympathy and prayers to the family and relatives of Wanda Sheppard on the loss of your beloved one.

Prayers for comfort for each and every one of you. Also sympathy goes to other segments family and relatives who have lost loved ones from their segments.

From Councilwoman Gladys Sherry Turner-Long Fight and Personnel.

Welcome New Babies to West Segment!

Babygirl Emerald Saoirse Johnsrud

Born: December 22, 2021 at 12:39pm

9lbs 21.5 inches long

Parents: CJ Johnsrud & Tabitha Johnsrud.

Welcome: Maisley Keoti Brugh

Born: January 1, 2022 at 8:10am

7lbs 10 oz 21 inches long

Parents: Koty and Kristy

Grandpa-Ron Brugh

Grandma-Linda Baker

Browning, Montana



Happy Birthday Wishes to Our Elders!!



Fritz Bird Bear
 Connie Twins
 Leland Dubois
 Randolph Long Fight
 Arline Muzzy
 Paul White Owl Sr.
 Morgan Fetting
 Norzen Young Bird

* Please forgive us if we forgot to mention your name, it was not done intentionally.

2021 Mandaree Celebration

Committee Members are as follows:

President: Maranda Johnson

Vice-President: Terry Beston

Secretary: Colleen Halvorson

Treasurer: LeeAnna Nation

Flag Bearer: Aaron Abbey

Drum Keeper: Yates White Buffalo Jr.

Head Man: Tanner Abbey

Head Woman: Jerrilane Lincoln

Announcer: Charlie Moran

Arena Director: Donovan Abbey

Princess: Terran Poitra

Jr. Princess: Ezla Baker