



## West Segment Community Member Caspie Abbey Receives National Recognition at Nueta Hidatsa Sahnish College



For those of us who travel to celebrations throughout Indian country know this young lady. She is a well known Crow style traditional dancer who has traveled extensively through out Indian country, and made a name for herself. Caspie (Holds The Enemy) Abbey is a proud member of the Crow, Hidatsa and Dakota Sioux from Fort Kipp, Montana. Her given Indian name is "Makes Good Camp" Her mother is Roberta Baker and her father is Aloysius Holds The Enemy. She is the granddaughter of Norman Baker and Beverly Walking Eagle Baker. She belongs to the Prairie Chicken Clan and is a child of the Flint Knife Clan. She wanted to make sure that everyone knew that her dad wasn't from here so she goes through her grandpa Norman Baker's side so she is a child of the Flint Knife Clan. Her grandmother Beverly Walking Eagle was adopted by Cora Blackbear. As Caspie states; "Cora Blackbear took my grandmother Beverly as a daughter so that's how we are members of the Prairie Chicken Clan. We all have someone who has a great influence on us and for Caspie, it was her mother Roberta who taught her a lot and is the reason she

is the young woman she is today. She graduated from Mandaree High School in 2002, I asked Caspie what her favorite classes were in high school and she replied; your class when you taught journalism and I enjoyed Mrs. Lone Fight class (Sherry's ) she taught Native prints and business". Being a Crow style traditional dancer most of her life, it's no wonder she chose Native American studies for her major.

We visited about why she picked Native American studies as Caspie goes on to explain; " I selected it because I was interested in it and I wanted to learn about us our own people. We are very fortunate to have a tribal college here that offers a degree in Native American studies." I asked Caspie if she was going to teach. According to Caspie she states, "KX News said I was planning on teaching in New Town I didn't even say that, she laughs. I'm not sure what I'm going to do with this degree. My plan in life was to be a mom, I was set and I was good. It was COVID-19 that started me thinking of going back to school, all my classes are online, right now I am carrying thirteen credits." I asked Caspie to clarify what she meant by fears of COVID, as she replied; "I and my husband Donavon were talking about Covid, just recently, he had two uncles who passed away due to Covid. I an my husband were driving down the road and we started talking about how scary this virus is and what could happen because you never know. We actually started to plan how we how we wanted

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### Quotes For The Heart & Mind

- \* "Art is a reflection of poetry and beauty of the heart & mind without the use of any words~ Dēbasish Mridha~
- \* "Be yourself; everyone else is already taken." ~Oscar Wilde~
- \* "No one can make you feel inferior without your consent." ~Eleanor Roosevelt~

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## Councilwoman Turner-Lone Fight Update



Before I begin this month's update I wish to extend my deepest sympathies to the families and relatives of Robert Lincoln Sr and Patsey Ann Seaboy on the loss of their beloved ones, my heartfelt prayers goes out to the families and relatives that are in mourning.

My first priority and concern for this month is taking care of our people in our community. With these dangerously cold wind chill temperatures, many of our community members have been affected. Right now the maintenance crew from West Segment is continuously on call helping unthaw frozen pipes in homes, not only in Mandaree area but those who live out in the country as well. I would like to inform everyone in our West Segment community please know if you need anything such as a boost, or help please call the West Segment Office at 759-3377 and they will make sure someone will help you. The employees are very much aware this is a priority, that I have set to help our community members first the best way we can. My main concern right now is for our people here in our community, I understand the impact this dangerous cold weather has taken on all of us.

Another crucial item I need to inform everyone about is our **Elders Program**. I am aware that our Elders have been calling our offices for assistance and financial help. I have been honest with our members here in our community and I will continue to be right now our West Segment Elders Program has no money what's so ever, we have nothing to work with. All these costs were spent with the previous administration that I had nothing to do with. So with that in mind, I am asking all our elders to call **Rosie Johnson at 421-8519 or 759-3377**. Elders you are asked to bring all your documents to Rosie Johnson it is very crucial that you do this ahead of time **at least 2 to 5 days ahead of your doctor's appointments**, which will give her enough time to take care of everything for you. Rosie will be available everyday at the Water Chief Hall, she has listed her cell number and prefers elders to call her at that number so she can take care of whatever you need done. Again, elders make sure to deliver all your documents to **Rosie Johnson ahead of time 2 to 5 days before your scheduled doctor's appointment** she will diligently take care of your documents and get you the help you need. We are so thankful for the elders program in New Town who offered to help our elders here in West Segment because of our dire situation.

Our biggest problem right now is with Black Eagle Estates. I will first of all explain some of the problems we are having with these homes. First of all these homes were not done right, all these homes they brought into our community are homes that were designed for Florida and California weather. These homes were not built to handle North Dakota weather. The pipes that go underneath these homes is where the cold air is coming in from so the maintenance guys have to fix those and they cost \$900.00 dollars a piece for those to be repaired. So the guys are taking plyboard and cutting it out in order to condense the cold from entering the home so their pipes don't get ruined. Then there's the air vents on the roof of these homes which were made for Florida and California weather so the white pipes on the roof of these homes are sewer pipes that freeze and get plugged up. Then all the sewage smell goes back into the home which will get people sick so that has to be fixed too. The seams that hold these homes together are coming apart on the ceiling so those needs to be fixed. These are all summer projects that will be coming up, so the majority of our money will be spent on fixing these houses. The electricity wasn't hooked up right so parts of the home aren't getting the heat they should. So we have to get a electrician to come in and repair that and that's another cost to get fixed. There is no drainage there at Black Eagle whatsoever, these homes were placed on wetlands, they did not go through any engineers to go and check soil samples of the land where they placed these homes. All these items here all need to be fixed. Right now I have an elder staying at the casino because her home is way too cold and she's an elder, and this elder asked them to get her home fixed years ago and nothing was ever done. So when this extreme cold windchills came her home was way too cold for her to stay in.

The maintenance crew had to go into the crawl spaces of these homes that were filled with water and pump the water out that was inside. This is why we need a drain fill. The water was seeping up from the ground because the home was placed on wetlands. So there was no engineering done on the soil where these homes were placed. I hope I'm not forgetting anything but there is so many serious items that need to be fixed on these homes.

White Oak was placed on wetlands too and this situation is not good either but different because these trailer homes can be moved out of there. Their water line where the water comes out is sticking out of the ground those are unthawed but the rest of the pipes are under the ground about 2 feet and are frozen solid.

## Councilwoman Turner~Lone Fight Update

So the guys have been working 24/7 to get things working. I told the guys, there really isn't anything we can do until spring or summer time. This is such a big mess, our tribe was never involved, rural water wasn't involved in putting water lines in for these homes. It was the company that was hired in the previous administration that came in and did these homes. They never dealt with our tribe, they were told where to put these homes so this company put the homes where they were allowed too. Now today this is the result of these homes being put wherever and causing our segment a lot of money.

On another note, everyone keeps asking me about the two homes by the Post office those homes are tribal and private property so I have to get these homes moved. Which will be moved to the owners private property.

I would also like to mention that West Segment does not have anything to do with Fort Berthold Housing Authority, people keep on asking me about it. Those issues all belong to The Fort Berthold Housing Authority, not us here at West Segment.

I would like everyone to know that our Security is out there protecting our community that is why I have security. They are out there protecting us from drugs and Covid and what not. I am asking our people and young people within our community to be more respectful to them because these guys in security will be there and they're not going away. There are some who spit at them and get angry all because they're getting stopped and this is for the protection of our community. Security is there for a reason and that reason is mainly to protect our community to watch out for us and we have our own young people being very rude and ignorant to them just because they get stopped. So please, we need to remember these security workers are sacrificing their lives to make sure we are safe. I am asking those young people or anyone whose been disrespectful, please be respectful and grateful that we have security here in our own community. Don't be a bully to our security they work for you and they work for all of us.

The Tribal Business Council is working with us a lot better they have agreed to help us out with the things we need because they know what kind of shape we are in. We have drastically cut back because we simply do not have the monies, we had to cut back on giving assistance, but we are still assisting for medical, motel and gas and something to eat on but we are not giving out cash. We are also giving assistance I will give you an example; say a furnace went out we will pay for it but the people who get the furnace have to pay West Segment back. So far this has been working out because the majority of them are paying us back. Some of them are employees so we are able to do a wage deduction of what they can afford to pay us back. So we are not giving away money and yet we are helping but at the same time we are getting paid back. They pay what they can as long as they pay the segment back what they owe so that's how we are helping out.

We are still trying to get our food pantry going for our community. Right now we can't use the jump house because the Covid task force has their stuff in there. Our fitness center is open and our gym will soon be open not for big groups but they will be open.

On another note, just a short update on the Mandaree School, which will open up to students on March 15th. Some of the students who need assistance and extra help will go to school in the morning and afternoons. There are some students who will continue distant learning at home and there are those who want to send their kids to school so they will be able to do that too

And our CARE program is open now for services. Everyone who works for West Segment was drug tested for those who didn't have clean drug results were given thirty days to get clean if not than we have no choice but to dismiss them. I can't employ anyone anymore I am maxed out.

We are now in our second month of 2021 I would like to apologize for not having the West Segment Newspaper out to each of you the paper was done but neglected to be delivered to you community members. The January newspaper found it way to your home, we apologize for not having this paper out to you in a timely manner. The February West Segment Newspaper will be mailed directly to your home the editor has completed the process of getting our permit done so you can look forward to receiving the future newspapers in the mail.



We have a new logo for West Segment that was designed by enrolled tribal member Rusty Gillette owner of his graphic design business in Bismarck, North Dakota so we will be using this logo for our West Segment events. Also a letterhead for our offices in New Town and Mandaree. With that in mind, stay warm and continue to be safe and always wear your mask.

# Around West Segment

Photos by LeAnna Nation & Lovina Fox



At the C.A.R.E. building there are many repairs that need to be taken care. In the photo to your left the roof is damaged and leaking inside of this building.

As you read in last month's issue of the West Segment News, Councilwoman Turner-Lone Fight mentions this roof being attended to.

Most of the buildings in our community are being repaired or looked at since our segment has limited funds all repairs will take some time to get too. Councilwoman Turner-Lone Fight is doing the best she can with what we have.



At White Oak Trailer Court there were many yards with trash around. Each tenant was told to have their yards cleaned up or they would be fined for not picking up their trash and fixing up their yards so our community can look nice and clean.



This is one of Councilwoman Turner-Lone Fight's items on her list to get done, in keeping our community clean.

From the site of these photos Oak Park trailer court looks nice, although there are some trailer homes with tenants who did not pick up their yards or even clean their surroundings.



Councilwoman Turner-Lone Fight's goal was to clean up our community, she can't do that alone she needs the help of the tenants who live in White Oak Park to do their part and help keep their space and yard clean.

Also the tenants who live in the Black Eagle Estates should be keeping up their yards as well. It looks nice and very welcoming when we have travelers or visitors come into our West Segment community. They will see how clean our community is.

# Around West Segment



Here is the front entrance to the equipment one has to enter this front fence in order to get to the back of the hall.



Here is the back entrance to the hall as you can see everything is put away with the area fenced off.



Trucks are parked on the side of the community center and out of the way so the area looks clean and organized.



Equipment is all put in place so it looks organized and in order outside and inside the fence by the Water Chief Hall.



The back of the hall is all fenced up so one has to go through the fence in order to get in the back of the hall.



A better view of how all the equipment is put away and the back of the center looks really nice now and not so much junk around. Everything is organized and out of the way.

## Mandaree Fire Dept. & EMS Both Have Come A Long Way!

Article by Marle Baker, Mandaree Fire Chief



The Mandaree Volunteer Fire Department was established in September of 2013 with the adoption of the Three Affiliated Tribes Fire Code and the Tribal Resolution authorizing the establishment of our Fire Department. In accordance with the TAT Fire Code, a Fire Protection District Board was established which is a volunteer organization that provides oversight and authorizes any purchases needed by the Fire Department. The Fire Protection Board is composed of community members and elections are held every four years. Current Board members include; Lisa DeVille-President, Kelly Bradfield-Vice President, Mary Fredericks-Secretary/Treasurer, Brad Sage and Walter DeVille- are both at Large Members. The Fire Protection Board also assists in fund raising and community projects. Fire Department personnel are also members of the North Dakota Firefighters Association.

The Fire Department is organized by and follows Bylaws voted for and adopted unanimously by the Firefighters. These Bylaws set forth the rules and guidelines that provide a framework to provide for the safe and ethical conduct of the Firefighters in their duties to provide safe, effective

emergency operations for any emergency occurring in the Mandaree community. The current Officers for the Fire Department are Marle Baker-Fire Chief, Brad Sage-First Assistant Chief, Jacob Dyer Mills-Training Officer, Brian Brugh-Safety Officer, Walter Deville and Keith White Owl-Chief Engineers.

There are currently 15 active Firefighters on the Department Roster, all of whom are community members of Mandaree. All of the active Members have attended State Fire School held annually by the North Dakota Firefighters Association and received training in Fire Operations, Motor Vehicle Extrication, Emergency Vehicle Operations and First Aid among many other trainings. These training have provided important knowledge and expertise in responding to the many types of incidents and accidents that the Fire Department continually responds.

Equipment and vehicles utilized by the Fire Department include; a Pumper Engine with a water capacity of 1200 gallons. This apparatus is the primary vehicle used in a fire emergency and carries other equipment needed by personnel such as; Self Contained Breathing Apparatus (SCBA), tools, hoses, ladders, first aid kits and other equipment needed. The Rescue Truck is another apparatus used primarily during a Motor Vehicle accident and carries the Jaws of Life, Spreader, and Ram. Other equipment on the Rescue Truck includes; back boards, Medical Kit, generator, emergency blankets, and hard boards.

The Fire Department went active in March of 2013 and has been active in responding to many different kinds of incidents throughout all of West Segment. Mandaree Fire has provided mutual aid to New Town Fire in one large structure fire while also providing essential support to Three Affiliated Tribes-Fire Management in fighting many wildland fires. Working with Mandaree Emergency Medical Services the Fire Department provides lift assists, first-aid, and drivers when necessary.

The Fire Department responds approximately 5-10 times per month at all times of the day or night and is dispatched by State Radio (911) and the Three Affiliated Tribes Police Department via pager and cell phone. The Fire Department is currently housed in two garage spaces of the Mandaree School and has grown as much as space will allow. This will be changing mid-March with a move to the new

building on Ridge Road that will house both the Volunteer Fire Department and the Mandaree Emergency Medical Services Ambulance Service.

The move to the new Emergency Services building will allow both the Fire Department and the Ambulance Service to grow and provide more and improved services for the community. The new building will provide heated storage for five Fire Department apparatus and four Ambulance vehicles. In addition, to the Pumper Engine and Rescue Truck the Fire Department will begin raising funds for; Water Tender, Wildland Fire Engine, Side by Side, Snow Machines and other equipment that up until the new building did not have secure, heated storage for. The Ambulance Service will have sleeping quarters available for personnel as they operate on 24 hour shifts which will improve response times. Training and office space will also be available where none was before.

The Mandaree Volunteer Fire Department is deeply grateful for the support from the Three Affiliated Tribes Tribal Business Council, the Mandaree community and numerous area business'. The Department is looking forward to improving our training, capacity and expertise in providing emergency services for the Mandaree community. In the photo above is the Volunteer Crew and a photo of the new fire department. As a community let us help them when they start their fundraising efforts and support them so they are able to help us more.



# Mandaree EMS Will Move in With Mandaree Fire Department

Article by Director Antoinette Kitagawa



Pictured above is the new building for the Mandaree EMS this part of the building is on the south side. On the north side of this building or behind it is the Mandaree Volunteer Fire Department. As mentioned in both of these articles the EMS and Volunteer Fire Dept. will share the same building. Both the Fire Dept and EMS are very crucial to our community here in Mandaree. We are so proud of the people who are responsible in writing this grant so we can have much needed building in our community.

Colorado. Our plan was to educate local members of the community to care for the community they live in. We have been giving healthcare services in Mandaree for six years. Josie Bingen, RN/EMT is the Squad Leader. She works hard for our community, Josie is a CPR Basic Life Support Certified Trainer. She also volunteers many hours to help with Covid related care. Josie has also been working for the State at testing sites and Long-Term Care Facilities when the State needs help. Jessica Spotted Horse EMT has been working at Mandaree EMS since the beginning and is the longest working local person to be with the service. Jessica is very community oriented and you will see her at most school basketball games willing to help if an injury occurs. Abel Feltes has also been serving the community since the beginning. He came from Denver, Colorado to help his parents start the ambulance service. He was an EMT and went back to Denver to school at the Denver Health Paramedic Program. He has been working as a Paramedic for two years now. He is also certified to teach EMT classes and is currently teaching a class in White Shield. He plans to offer a class in Mandaree sometime soon. Janine Perkins joined the crew at the end of 2017. She originally trained as an EMT in Minnesota but retook the EMT class through the Killdeer Area Ambulance, she is also regularly active in the Mandaree community and attends community events. Janine also works for the State Health Dept on Covid related care when called. Jonathan Roy started working with our service in May 2020, he is currently in the EMT class in White Shield and will be testing for national certification soon. He lives in White Shield where his father is a TAT Officer. Cassidy Johansen is our newest staff member, she has been working with us since August. She finished her EMT training in Minot and is set up to take her National Registry Certification within the month.

Our services has come a long way in the last six years. We have two ambulances that were purchased new. Most of the new equipment was purchased with grant funds. Our newest and nicest ambulance was purchased by the tribe. As we move forward, we would like to expand the services to meet the needs of the community as much as possible.

We are always looking for new opportunities to serve the Mandaree community.

We are excited to announce that Mandaree EMS will be moving to a brand new building. We are thankful to move in and share space with the Mandaree Volunteer Fire Department. We have partnered with the Fire Department on many occasions to care for the community in Mandaree. Our experiences and trust in each other have grown over the years as we work together.

Our new building will have plenty of space. We have outgrown the garage we are currently housed at. Another thing we look forward to is running water. We have been carting water from the WCH for the last six years to clean the ambulances, equipment and garage. The new space will have room for the fire and EMS meetings and classes.

Mandaree EMS started serving the community of Mandaree on November 7th, 2014. We are extremely fortunate to have the space next to the maintenance garage behind Water Chief Hall.

The service was started with two used ambulances, some used equipment and some donated equipment from Colorado. Staffing consisted of EMT's and Paramedics who came from

## Charging Acknowledges the people who helped with Fundraising for Holidays

Article by Doreen Charging



St. Anthony's Catholic Church of Mandaree is a group of men and women who come together to serve our community. E a s t e r , Thanksgiving and C h r i s t m a s activities are a few of the

traditions that have been passed down from generations. I remember one such occasion when I went to Dickinson to shop for Christmas gifts with Mrs. Margaret Chase, Woolworth was the place to go. All of the fundraising at that time was done in the basement of our old church after mass on Sundays. They held bingos and sold food plates, everyone would bring a food item and a bingo prize. I clearly remember Bonnie and Nacho Fimbres including the families of; Yellow Wolf's, Chase's, Finley's, Fox's, Young Bears, Bakers, Bird Bear's, Hall's, Lone Fight's, Jackson's, Johnson's, Reimer's, Hale's and Young Bird's. It was a time of gladness and happy times. After that time, our gatherings were held in the Quonset building and the same happy memories were carried over. Even though space was tight, everyone who came got a delicious meal and a gift and of course, Santa made his appearance. Now we have a new Church and fellowship hall, which provides us with the space and facilities. Just like always, we do our fundraising for our Christmas party. We do Indian taco sales, breakfast and bingo, basket sales and rummage sales. This past year, we got together and did a drive thru Christamas party, due to the Covid-19 virus. We gave out a food basket, Christmas gifts and gift cards along with a bag of candy. A lot of people came and helped make this event a success. These activities the church does won't happen without the time and efforts that these people give. I mentioned earlier families that started this tradition of giving and helping others. They are still being carried on by their families today. Martha Bird Bear, Mary Gachupin, Jolletta and Theodora Bird Bear, Ted and Sherry Lone Fight, Wendall and Arvella White, Bonnie and Bobbi Blake, Paige and Jean Baker, Brenda Hale, Gabriel and Bea Fettig, Delphine Baker, Veronica Serdahl, Donna White Owl, Al and Carol Newman, Wendy White, Toni Smith, Staci Fettig, RoseAnn Johnson, Marcella Hall, Sister Lucille Heidt and Father Roger Synek.

Just wanted to thank all these wonderful kind hearted people for helping all through the years.

God Bless you!

### St. Anthony's Catholic Church



Another view of as you approach the St. Anthony's Catholic Church in Mandaree.



A piece of history was saved from the old Catholic Church that was torn down.



Another view of St. Anthony's Catholic Church in Mandaree.

## Conducted Energy Weapons (CEWS) Training at Mandaree Water Chief Hall



Conducted Energy Weapons (CEWS) training took place at the Water Chief Hall here in Mandaree. Pictured to your left is one of the instructors who is presenting to the participants at the training.

The training was with the McLean County Sheriff's department. Deputy Alexander Torrez, who is a Tactics and PPCT Instructor with the McLean County Sheriff's Office. Deputy Torrez assisted in this training held at the Mandaree community center. The West Segment Security Division to include its current security officers and curfew enforcement officers completed Initial security proficiency training that took place On January 21-22nd 2021. This two day training had 16 hour block of training which included the following listed.

Understanding Use of Force Continuum (Officer VS. Subject), 1 Plus 1 Theory, Reactionary Gap, De-escalation Techniques. Understanding Use of Force (UoF) from its lowest level to its highest is the core concept of any for encounter. The UoF model empowers the officers use reasonable force to de-escalate most situations for a safer outcome for all those involved.

**Handcuffing:** Nomenclature, Cover/Contact, Handcuffing Techniques, Hands on Scenarios.

Proper handcuffing techniques will allow the officers to safely detain subjects until law enforcement arrives on scene. There will be situations where safely detaining a subject (s) is necessary to ensure scene safety for all those present.

**Baton**– Nomenclature, Cover/Contact, Striking Techniques, Defensive Techniques, Hands on Scenarios.

Proper baton techniques are imperative to deploy the defensive & offensive tool to ensure the safe outcome when utilizing the tool in certain situations.

**OC Spray**– Nomenclature, Personnel/Environmental Risks, Engagement Techniques, Hands on Exposure (Exposure to OC Spray, Hazard Identification/Handcuffing Under OC Spray Exposure)

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## Conducted Energy Weapons (CEWS) Training at Mandaree Water Chief Hall



Photos by LeeAnna Nation



Pictured here is Steven GoodBird being tasered while Deputy Torres & Michael Mandan assist in the process.

In the photo above West Segment Security officer Chris Knows His Gun, demonstrates how they use the taser gun, while other participants await their turn. Each participant is guided a long with the instructors on hand to make sure the participants are utilizing the taser correctly.

Knowledge and exposure are important when deploying pepper spray. Understanding its effects and being able to safely handle the situation when pepper spray is deployed enhances the officers awareness. In certain situations, then officer can be effected by pepper spray, experiencing a controlled exposure gives the officer credibility and confidence when faced with deployment and exposure in the field.

**Axon Conductive Energy Weapon (X26 Taser)**- History, Nomenclature, Personnel Environmental Risks, Engagement Techniques, Hands on Exposure (Controlled Exposure to CEW), Written Test.

Knowledge and exposure are important when deploying the taser (conductive energy weapon). Understanding its effects and being able to safely deploy the taser enhances the officers ability to control most situations. The taser is a valuable tool and experiencing the effects of NMI (Neuro Muscular Incapacitation) gives the officer credibility and confidence when faced with deployment and exposure in the field.

The core purpose of this two day training was to provide the West Segment Security Division and it's people with these valuable tools to assist in de-escalation where security is needed.

The West Segment Security Division proved to be a valuable asset to the West Segment community. If you have any further questions, please feel free to contact at anytime.

Instructors:

Lieutenant Justin Krohmer

Deputy Alexander Torrez (PPCT/Tactics Instructor)

Correctional Officer Sam Mitchum (Taser/CEW Instructor)

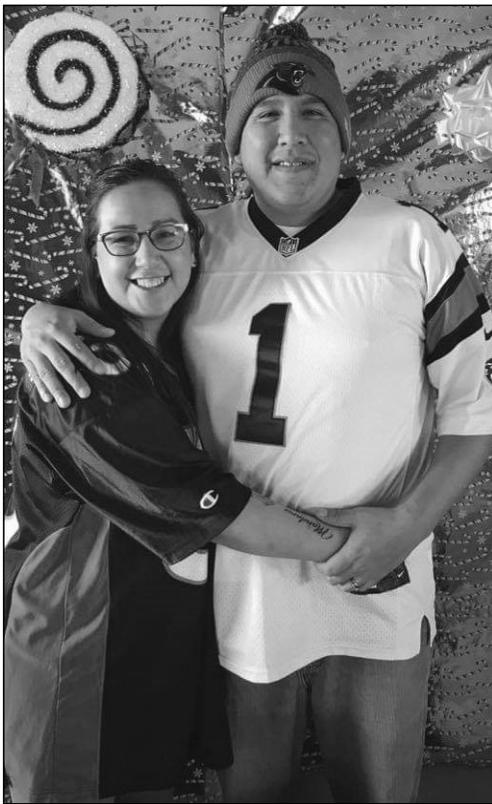
Submitted by: Deputy Torrez (PPCT/Tactic Instructor).



West Segment Security honors the McLean Co Sherriff's office with Star quilts as a way of saying "Thank You", as they completed the two day training. Pictured above are all the participants.

(L-R) Director James Johnson, Chris Knows His Gun, Deputy Sherriff Torres, Steven good Bird, C.O Mitchum, Robin Hall, Detective Krohmer, Micheal Mandan, Ashly Crows Heart & Benner White Owl. (Front row) Tiffany and Rhonda Hall.

## Continue from Front page West Segment Community Member Caspie Abbey



Caspie and her husband Donavon Abbey. Have been happily married for the past eight years.

our wakes and where we wanted our kids to go where we wanted to be buried. And being 36 years old and being this young for me to be doing this it was really scary. All this got me to think. With me I'm a stay at home mom, a foster mom, what would I do if my husband passed away. I knew I needed to get this education just incase." I commended Caspie for being a young mother and wife, for being brave

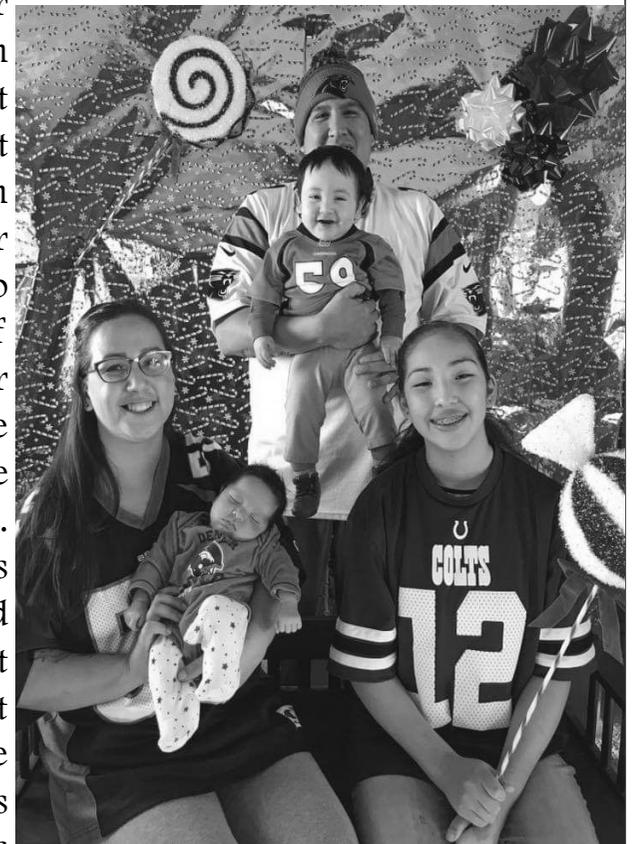
enough to talk about funeral arrangements, it isn't easy for anyone to talk about especially when they're young. As

she goes onto say; "yeah we went as far as picking our senior pallbearer and how we wanted things done just so it would be done the way we were taught. So it wouldn't be a burden on my kids and with the guidelines for Covid. Because every where you look there's someone who passed away. Death was on our street literally right next door to us. I was telling my sixteen year old this is how your going to do it, you have to do this and your going to have to watch your siblings. We even had a plan if one of us ended up in the hospital, so yes COVID was a big eye opener for us and really scary. My mom always preached education, education, education, I never really thought I fell in that category. I graduated from high school and I said I was done, I'm good. I have always just worked and took care of my kids. So once Covid happened and because we're foster parents its' very limited of how many parents are available we wanted to have that door open, we wanted to be able to help in our community. So when Covid hit, I started thinking about college again then all of a sudden everything's on line. Everyone was going to school online so I seen this as a blessing of going back to school. I don't have to go to New Town we live here in Mandaree and everything is thirty minutes away. Right now I have a sixteen year old who is being home schooled and I have a four and three year old who do online head start, we also have a six month old foster baby and the

daycares are full. There is no daycare in Mandaree, I'm the daycare for my sister and my brother so on top of that having my four kids, I had my sisters two and my brother one. So when I heard the classes were online I jumped on it I just took it as a sign I needed to get going on it. Caspie was awarded a T3 award I asked her to explain that. " It's through the AISES foundation (American Indian Science Engineering Society) This was aimed for students affected with COVID. I didn't even know about it at all to be honest, I didn't know anything about it. I downloaded Tix tok because I was bored from COVID and everyone's on Tix tok I an my sister would send tix tok stuff to each other. My sister sent me a tik tok where this lady was talking about this scholarship my sister told me to apply for it so I did I had to write a paragraph on how COVID-19 affected me so I did. I told them the same thing I told you. My husband was laid off of work in late June and he was the only one working. Almost two weeks later I got an email telling me I was awarded the scholarship. So this scholarship was a one time shot but it helped me with expenses". I asked Caspie to share her advice with anyone wanting to go to college. As she says; " You can do it, when your ready to. I went right out of high school to Dickinson State and it wasn't right for

me. I went back again wasn't right for me, went back again it wasn't right for me. I'm 36 now an I'm back in school so whenever you feel its right for you do it. There's no age group. If you can get done earlier great but if you're like me and you do it later make sure you get it done. Because I am hopeful this time I will get it done and graduate. I would say start off with a tribal college, get your generals out of the way first. One of the things I feel is very important is that you learn about your own people, an what better college to do that learning

at than your own tribal college right here at home. I and my husband Donavon have eight children and we are doing the best we can in raising our children together. We have been together for the past twelve years. Stay safe and always abide by the COVID-19 guidelines.



Caspie and her husband Donavon with some of their children.

## MHA Isolation Care Center Available For Those Recovering From Covid-19 Virus



Pictured above is a nice living room area with a television for clients who are staying at the MHA Isolation Care Center.

This facility is inside the old nursing home in New Town if in any case you don't know where that is the address will be at the end of this article. People who need a place to recover from the COVID-19 Virus can call Jerri Kerzman at (701) 527-5868 or Alicia Standish at (701) 421-6194 or call the Isolation Care Center at (701) 627-7300 as long as there are rooms available. Our main goal is to provide our clients with the support and care they need. The only requirement is to be COVID positive and not be able to quarantine at home or have no where else to go. You do not need to be a member of the MHA Nation, and we take care of all costs while you are quarantining with us. This facility is staffed 24 hours a day 7 days a week, and while the facility holds 18 beds in the North, West and East wing. The rooms are fully furnished with a kitchenette, full bathroom/showers with all amenities and toiletries included. I visited with Jerri Kerzman, current Human Service Branch Director. I asked her how she serviced families. As she replied, "We have housed a few families, depending on the size of the family in the past, we have been able to give them two rooms. As I mentioned each room is set up with a living room, tv, bedroom with a full bed and bathroom with a small kitchenette and we have extra roll a way beds if a family has more than two people. I would say each room could hold 3-4 people comfortably but if you would have more people, we would put them in another room. Children need to have at least one parent or guardian with them staying in the room". According to Jerri she goes on to talk about the meals they provide at the Isolation Care Center. "Yes, three hot meals are provided everyday through Better B's and Jimmy's Pizza they deliver it on the table outside of each

wing we have set up with their room number on it. Everything is confidential at our facility so when they call to order they just tell them their room number and let them know they are staying at the Isolation Care Center. Another option we have is they can order anything from Jason's Grocery Store through us if they would like fresh produce or soups, tea ect., we have a hot plate, airfyer, skilletts ect. So clients can check out from us at the ICC if they feel up to making their own food. We also provide games, playing cards, books, magazines and iPads they can check in and out from security, as well as clothing if needed. Kerzman also informs us of the rules they have in place at ICC. "Yes, we have two scheduled check ins that clients must do so we can monitor their symptoms, take temps, pulse and oxygen levels with our staff one in the morning and one in the evening. Clients are free to come and go as long as they are not going in businesses or in any homes, they must wear a mask. We do lock the outside doors at 7pm to 7am for their safety. Security does hourly checks in around the building we also do not allow drugs and alcohol in our facility, if our clients do not comply to these rules, they will be asked to leave. ICC works with the State and abides by the policy and procedures of the Dept. of Health Recommendations upon departure of the resident. As Kerzman explains how this works. "So their stay with us is entirely voluntary on their part, so they have the option to leave at anytime before their quarantine is up, by the State but the State notifies them and gives them the ok to be off of quarantine and go back into the community and work safely. So that's a big part of how we abide by the State, we go by what they recommend which has normally been 10-14 days. The state calls them and will give them the ok and to be safe and to be off quarantine, just like they do if you were at home quarantining.

In closing Kerzman stated; "I really feel this is a wonderful option for people in need of a safe, comfortable place to quarantine. Also, if anybody just has questions or needs someone to talk to through this pandemic we are definitely here for that as well. I also want to mention we have not had any clients since Christmas which a good thing that our numbers are decreasing and now working on getting vaccinated. We are here through the duration of this pandemic to help in any way we can. Stay healthy and warm.

**Jerri Lynn Kerzman, Director of Human Service (701) 527-5868.**

**Alicia Standish: Deputy Director of Human Services: (701) 421-6194.**

**603 1st St. North New Town, ND 58763.**

# For Your Information

## Dangerous Wind Chills Cause Pipes to Freeze



The West Segment Maintenance Crew has been on call day and night helping our community members whose pipes froze. Pictured to your left is a photo from a home in Black Eagle estates, it shows a water line sticking out of the ground the heating rods are not far enough in the ground to thaw out. This is what froze and is an issue, we will have problems with heaters and hoses. These were made for Florida weather and put inside the homes at Black Eagle. Now maintenance has to take them all out and put plywood behind them so the pipes won't freeze. The maintenance crew has worked on White Oak and community members living in the country, whose pipes froze. This crew has gone far and beyond the call of duty to help get pipes unthawed. West Segment would like the Maintenance Crew to know they are very much appreciated in our community. Keep your facets running low at night this will help your pipes not freeze when we have dangerous wind chill temperatures.

## MHA COVID-19 Task Force

Although the vaccine is being rolled out in MHA, Covid testing still plays an important role in our efforts to contain and mitigate the pandemic to prevent further person-to-person transmission. Elbowoods Clinic is doing COVID rapid testing everyday from 9AM-10AM and 2PM-3PM by appointment. If you would like to schedule an appointment, please call Elbowoods testing hotline at (701) 627-7641. Its free and open to the public. The Four Bears Segment is also offering a Drive up COVID-19 rapid BinaxNow antigen screening and/or COVID-19 PCR test by appointment at the North Johnny Bird Veterans Memorial Building. Please call (701) 627-8306 or (701)627-8317 to schedule appointment. It's also free and open to the public. If you are looking for public testing locations outside of New Town, the NDDoH website provides a list of locations throughout North Dakota. Check out the website on how to get tested at these locations. <https://www.health.nd.gov/.../tes.../where-get-covic-19-test> Here are free Covid Testing locations for College students. <http://ndus.edu/gettested>

Thank you,

MHA COVID-19 Task Force, Emergency Operations Center

## West Segment Health Care And Related Services Provided but not limited to:

- \* Wound care– dressings changes
- \* Vital Signs; blood pressure, pulse checks
- \* Setting up your med planner
- \* Activities of daily living, bathing, showering, dressing, oral care
- \* Assisting in filling our forms for medical insurance, Medicaid, Medicare and personal forms
- \* Advocate for your care if you are not understanding what the doctor is saying and telling you.

If it is not listed here please call us to see if we can help assist you or find the resources you need.

**Cathy Lone Fight, RN: 701-421-2427**

**Myra Red Stone, Health Aide: 701-421-4616**

## Medicare General Enrollment

Greetings,

Medicare General Enrollment is approaching from January 1 To March 31. If they are any elders who have not signed up for Medicare Part A and/or Part B. I can help you in enrolling.

See the attached flyer on page 12 of the West Segment News for more information.

Due to COVID-19, the Social Security Administration is preferring to applying online.

- Even if the elder is older than the 65 years, they should still apply.
- If the elder is 65 and older and still working, they could still be eligible for Medicare Part A.

**See the attached poster on page 19 of the West Segment News for more information.**

## Message From Elbowoods Health Center

Any phone calls from elders/compromised patients 55 and older requesting to make an appointment for the COVID-19 Vaccine can transfer the call to:

Diabetes: 627-7931 (ext. 7931)

Or they will also call:

Sunny Hall: 627-8318

Brianna Foote: 421-2004

## Updated Mandaree Post Office Hours: 759-3370:

**Monday-Friday: 12:00-4:00pm**

**Saturday: 11:00-1:00p**



## St. Anthony's Catholic Church Schedule:

**Saturday: 7:30pm New Town**

**Sunday: 8:30am New Town**

**Sunday: 11:00am Mandaree.**

# Nueta Hidatsa Sahnish College Storm offers Support (SOS)

Our new initiative, "Storm Offers Support (SOS): College Knowledge", started Sunday, 2/7, and runs through May. "Storm" is a nod to the name of our college's basketball team. The SOS initiative incorporates 4 main areas of college knowledge for prospective students (middle, high school, dual credit and GED students) and their families (parents, grandparents, aunts, uncles, etc.):

- College Prep & the Application Process– March Affording College & Financial Aid-February
- Programs & Registration-April
- Resources for Student Success-May

The same video will run every Sunday (3pm) and every Wednesday (noon) on our Facebook and will be posted on our website for the whole month of (February through May). A Question and Answer session will take place via Zoom every Wednesday (12:30-1pm), The Zoom link is: <https://zoom.us/j/97639728260>-or you can use your phone to dial in, by calling: +1 312-626-6799 give the Meeting ID # 976 3972 8260.

In addition, SOS: College Knowledge Care Packages with essential information on how prospective students can apply, register and be successful were distributed to middle and high schools in each of the segments on Fort Berthold, during the first week in February.

We want our MHA Nation to know that NHS College is their college! Please visit our website at [www.ndsc.edu](http://www.ndsc.edu) and visit our Facebook page at <https://www.facebook.com/NHSC1973>. For more information, please contact Vice President of Student Service, Connie King Gottschall, Ed.D at [cfrank@nhsc.edu](mailto:cfrank@nhsc.edu) or 443-534-5769.



## Nueta Hidatsa Sahnish College Storm Support

**Students, Parents, Guardians, Community member!** Do you have questions about college? Do you need help understanding the FAFSA? Are you unsure about a degree program?

Please join us in February, March, April, and May for information sessions and Q &A sessions, about college. All sessions will be LIVE through Facebook and Zoom sessions.

**Zoom Login Information:** <https://zoom.us/j/97639728260>      **NHSC Facebook Page:** Nueta Hidatsa Sahnish College

For more information or questions please contact: Dr. Constance King Gottschall @ [cfrank@nhsc.edu](mailto:cfrank@nhsc.edu)

February Financial Aid Month	March College Prep/Admissions Month	April Degree Programs/ Registration Month	May NHSC Resource Month
<p><b>Topic: Paying for College and Financial Aid</b></p> <p>Sessions: 2/7/2021 @ 3:00 PM 2/14/2021 @ 3:00 PM 2/21/2021 @ 3:00 PM 2/28/2021 @ 3:00 PM</p> <p><b>Live Q &amp;A Sessions:</b></p> <p>2/10/2021 Times: 2/17/2021 Facebook 2/24/2021 12:-00PM-12:30PM 3/3/2021 Zoom 12:30PM-1:00PM</p>	<p><b>Topic: College Preparation and Application Assistance</b></p> <p>Sessions: 3/7/2021 @ 3:00 PM 3/14/2021 @ 3:00 PM 3/21/2021 @ 3:00 PM 3/28/2021 @ 3:00 PM</p> <p><b>Live Q &amp;A Sessions:</b></p> <p>3/10/2021 Times: 3/17/2021 Facebook 3/24/2021 12:00PM-12:30PM 3/31/2021 Zoom 12:30PM-1:00PM</p>	<p><b>Topic: Degree Programs and Registering for Classes</b></p> <p>Sessions: 4/4/2021 @ 3:00 PM 4/11/2021 @ 3:00 PM 4/18/2021 @ 3:00 PM 4/25/2021 @ 3:00 PM</p> <p><b>Live Q &amp;A Sessions:</b></p> <p>4/7/2021 Times: 4/14/2021 Facebook 4/21/2021 12:00PM-12:30PM 4/28/2021 Zoom 12:30PM-1:00PM</p>	<p><b>Topic: College Resources and Options</b></p> <p>Sessions: 5/2/2021 @ 3:00 PM 5/9/2021 @ 3:00 PM 5/16/2021 @ 3:00 PM 5/23/2021 @ 3:00 PM</p> <p><b>Live Q &amp;A Sessions:</b></p> <p>5/5/2021 Times: 5/12/2021 Facebook 5/19/2021 12:00PM-12:30PM 5/26/2021 Zoom 12:30PM-1:00PM</p>

# February Is Heart Month

## Warning Signs of a Heart Attack

### Catch the signs early

Don't wait to get help if you experience any of these heart attack warning signs. Some heart attacks are sudden and intense. But most start slowly, with mild pain or discomfort. Pay attention to your body and call 911 if you experience:

**Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes – or it may go away and then return. It can feel like uncomfortable pressure, squeezing, fullness or pain.

**Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.

**Shortness of breath.** This can occur with or without chest discomfort.

**Other signs.** Other possible signs include breaking out in a cold sweat, nausea or lightheadedness.



### Common Heart Attack Warning Signs

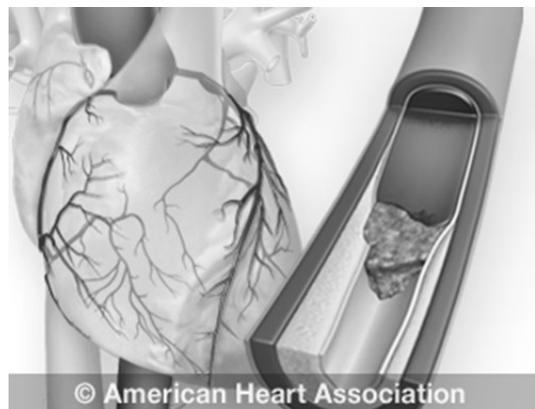


Learn more at [Heart.org/HeartAttack](https://www.heart.org/HeartAttack).

### Symptoms vary between men and women

As with men, women's most common heart attack symptom is chest pain (angina) or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.

### Don't hesitate to call 911



© American Heart Association

**Learn the signs for heart attack, and remember:** Even if you're not sure it's a heart attack, have it checked out.

Minutes matter. Fast action can save lives - maybe your own.

**Call 911** if you experience heart attack warning signs. Calling **911** is almost always the fastest way to get lifesaving treatment.

An emergency medical services (EMS) team can begin treatment when they arrive – up to an hour sooner than if someone gets to the hospital by car. EMS staff are also trained to revive someone whose heart has stopped. Patients with chest pain who arrive by ambulance usually receive faster treatment at the hospital, too.

For many reasons, it's best to call **911** so that an experienced EMS team can begin treatment and arrange rapid transport to the emergency room.

### What should I do if I suspect a heart attack:

Even if you're not sure it's a heart attack, **immediately call 9-1-1 or your local emergency medical services (EMS)** such as the fire department or ambulance. EMS staff can begin treatment when they arrive– up to an hour sooner than if someone gets to the hospital by car. Patients with chest pain who arrive by ambulance usually receive faster treatment at the hospital, too.

### What else can I do?

Before there's an emergency, it's a good idea to find out which hospitals in your area have 24 hour emergency cardiac care. Also keep a list of emergency phone numbers next to your phone and with you at all times, just in case. It would be wise to take these steps NOW.

### Why don't people act fast enough?

Many people having a heart attack wait more than two hours before getting help. Some people feel it would be embarrassing to have a "false alarm". Others are so afraid of having a heart attack that they tell themselves they aren't having one. These feelings are easy to understand, but they're also very dangerous.

### How can I help to avoid a heart attack:

- Don't smoke, and avoid second hand smoke
- Treat high blood pressure if you have it
- Eat foods that are low in saturated fat, trans fat, sodium (salt) and added sugars.
- Be physically active
- Reach and maintain a healthy weight
- Control your blood sugar if you have diabetes
- Get regular medical check ups
- Take medicine as prescribed,



**American  
Heart  
Association®**

# MHA Drug Enforcement

## Recognizing & Responding to Illegal Drug Activity

Illegal drug activity can include drug use, sales, and/or manufacturing. These activities, alone or in combination, can cause serious safety and livability problems in our communities on Fort Berthold.

This information sheet covers how to recognize drug sales and manufacturing, and how to respond if you witness these problems on your streets and in your community.

### What illegal drugs do people use on Fort Berthold? How can I learn more about them?

Illegal drugs commonly used on Fort Berthold include; methamphetamine, cocaine and crack cocaine, heroin, marijuana and hallucinogens. The partnerships for a Drug Free American has extensive information on their website ([www.drugfree.org](http://www.drugfree.org)) about these and other drugs and what they look like, how they are used, their effects, and slang terms for them.

### Illegal drug activity affects us all:

Drug activity has a major negative impact on everyone in our society, not just on drug abusers themselves and their families and friends:

- Death, injury, and illness from overdoses and the short and long term effects of drugs.
- Increased crime and fear of crime, causing people to withdraw from community life.
- Abuse and neglect of children and seniors, aggravation of domestic violence, drug related homicides and assaults.
- Damage to property from neglect, contamination, fires, and explosions.
- Increased burdens on the law enforcement and corrections systems.
- Increased burdens on social services and treatment providers.
- Increased burdens on schools and the foster care system from drug affected children.
- Burdens on employers from increased workplace accidents and loss of worker productivity.
- Contamination of natural areas. If you are a parent, a student, a homeowner or renter, a taxpayer, an employer or employee, a user of the healthcare system, a driver, a landlord, or just about any other role you have in life, you ARE affected by illegal drug activity.

### How to recognize sales:

Some of the activities listed, especially happening alone, may have a reasonable explanation. For example, frequent visits to a

house might simply mean that a large and sociable family lives there. However, in combination, the activities below could mean that you are seeing illegal drug activity. Sometimes sales and manufacturing happen in the same location and sometimes not.

### Am I seeing drug sales?

Drug sales may happen at home or in a public place, such as a street or a park.

### Possible signs of drug sales:

- \* Numerous short visits to the location by people in vehicles, on bicycles, and/or on foot.
- \* Money or small packages being exchanged, cars frequently drive by slowly at the location.
- \* Visitors often bring personal property and leave without it. People who appear to be acting as lookouts.
- \* Activity at the location happens at odd hours such as in the middle of the night or early in the morning.
- \* Occupants seem paranoid, unfriendly, or secretive, shades or blinds constantly being drawn, even though the house is occupied.
- \* Unusually extensive security measures around the house.
- \* Drug paraphernalia at or near the location, such as; very small zip lock plastic baggies; small bundled or twisted pieces of cellophane; small pieces of balloon; hypodermic needles and needle caps; broken automobile antennae, small glass vials or pipes or small pieces of brillo.
- \* Elevated levels of theft in the surrounding areas.

### Responding to illegal drug activity:

If you think that you are seeing drug sales on your street, here are some suggestions for how to work on the problem. This information is based on experience gained from successful efforts solving drug house problems in our city.

Report the problem and ask for help TAT Police: Call Three Affiliated **Tribes Police Department at (701) 627-3617**, to report incidents of danger or illegal activity.

**MHA Drug Enforcement: (701) 627-2622** to report suspected drug activity.

MHA Division of Drug Enforcement (MHA-DDE) will get involved and conduct an investigation. The Drug Enforcement Office will also take complaints about suspected drug houses. Be patient, suspicious activity alone does not mean the drug enforcement can shut down a suspected drug house. Only after the drug enforcement have gathered enough reliable information about a problem location will they be able to get a search warrant to go in and look for evidence that could lead to

## MHA Drug Enforcement

prosecution. This process can take months or even longer. When reporting, it helps to provide your name and phone number..

While an anonymous tip is better than none, a tip from an identifiable resident is more creditable and may receive priority. Drug enforcement has done a good job of keeping complainant names confidential in the past-there is little chance that providing your name to drug enforcement can respond to your complaint.

### Work with your neighbors:

Your chances of eliminating a drug house are best if you work with other neighbors who are seeing the problem activity too. Credible, valid reporting by groups of neighbors gets the best and fastest results, and reduces chances of retaliation. Contact the neighbors you feel comfortable with and set up a meeting to discuss the problem and make a plan.

### Document everything:

**Document the problem and your problem-solving efforts immediately.**

- \* Report every significant incident to the police and ask that a report be written even if they cannot establish that a crime was committed. The creation of these reports helps track and legitimize the problem. Ask police for advice about what kinds of things should be reported immediately, and what kinds of things should simply be recorded in a log and turned in periodically.
- \* Keep a log of the suspected drug activity that you observe. You can create your own. Regularly turn in your logs of observed drug activity, keeping copies for yourself. These logs help establish patterns of activity and who is involved and under certain circumstances, these logs can be used to get search warrants. The logs should be turned into your police department, officer or criminal investigator. Be sure to discuss with them whether the way you filling our the log is giving the information they most need for the particular situation.
- \* Keep a detailed record of every contact you make to get help every phone call, every letter, every email and every meeting. Once you have established a communication link with the police department. Note the person's name and try to call the same person every time you make a complaint.

### Look at the big picture:

What are the social conditions that exist in your community as a whole that contributed to the problem in the first place? It may give you a sense of well being and greater effectiveness to tackle those issues after your immediate problem is solved. Meet with your Tribal Chairman, Tribal Council Representatives and testifying before the Tribal Council, which will help get more dollars for enforcement, treatment and prevention.

**Describing people:** take note of sex, race, age, height, weight, hair, complexion, scars, tattoos, glasses, facial hair, clothing, and anything else that would help police find the person. If you don't have time to note all of these, pay the most attention to things the person cannot change. They can quickly change out of their clothing, but they can't quickly remove a tattoo or scar, or change their weight. If you know the person's name use it.

**Describing vehicles:** the license plate is the most important piece of information. Take not of the license plate and the directions in which the vehicle was traveling. Then, note color, make, year, body style and any other identifying characteristics such as dents or bumper stickers.

**Describing activities:** give as much detail as you possibly can. For example; "I saw a person take a small orange colored object our of their mouth and hand it to another person. The second person handed the first person money, which the first person put in their pants pocket." is much more useful than; "I saw a person dealing drugs."

If you see anything that is clearly dangerous or life threatening, or you have strong suspicious of either call **911 immediately**.



***\*\*\*Always do what is right, be firm but humble, you will never forget it.***

***Never forget you are here to serve the people.\*\****

***Gerald Tex Fox***

# For Your Information

## Uncommon Sense



Wester's Dictionary lists the definition of "common sense" as "sound practical judgement that is independent of specialized knowledge of training; normal human intelligence." Hm-m-m sound practical judgement...normal human intelligence. Okay, I will buy into that statement. How about yourself? After all, there ought to be an explanation as to why we respond the way we do and act the way we do, in a specific situation that we have not been specially trained for; shouldn't there be?? (Wow, that was a mouthful). I bring this to your attention because of an experience I had quite a few years ago. Allow me to explain...Several years ago, I attended a class on Humanities. The presenter of the class asked if anyone could explain why we do, and react to certain situations the way we do. Well, I answered and said it is because of the common sense we have. (I thought that was a fairly good answer). Not so. Not at all. "Actually, the presenter said, "there is no such thing as common sense". Whoa...that was like a slap in the face. No such thing as common sense? I could not believe what I just heard. The presenter went on to explain; "we act and react to a specific situation because we have been trained on how to act and/or react." I honestly cannot remember ever being trained to not jump in front of a moving bus or trained to not walk up to a mountain lion saying "here kitty-kitty." I just have "that feeling" that if I were to do either of those things, I was going to get hurt..really bac! To me, that feeling was and is common sense that we as human beings, all possess (to various degrees). That feeling prevents us from doing things that otherwise might be harmful to our wellbeing. I suppose that if common sense did not exist, (as per the presenter of that class) we could refer to this 'feeling' as "uncommon sense" (just a thought). Regardless, the word "common sense" is in the dictionary and there is a specific definition for the word; therefore, by definition, 'common sense' exists. Now that we have clarified that common sense exists, (I hope we have), I have a question for you. Could this common sense challenge our belief that God exists? Maybe maybe not. Situations have and continue to challenge my common sense. Case in point, I have seen, and I have pictured of a tree growing in a crack in a large boulder. Common sense tells me that this is not possible. A tree needs to be in soil to grow. And yet, here the tree is growing and thriving in this crack in this boulder. How can it? It just is not possible, Then why is it? Bible scripture tells us that nothing is impossible for God. Maybe the example of the tree is God's way of reminding us that He does exist. His challenge to our common sense.

Dan Barone/St. Anthony Catholic Church



## PRESS RELEASE

February 15, 2021

On December 22, 2020, MHA Nation received its first shipment of the Moderna Covid-19 Vaccine at Elbowoods Memorial Health Center. On December 23, 2020, the first doses were administered to Healthcare Providers.

Since then, the Modern Vaccine has been administered efficiently in accordance with the MHA Nation Covid-19 Vaccination Plan and Prioritization Guidelines, overseen by MHA Nation's Public Health Authorities: Elbowoods Memorial Health Center and the MHA Emergency Operations Center, in partnership with the North Dakota Department of Health, and with direct support of MHA Nation's Tribal Chairman Mark Fox and the Tribal Business Council.

As of today, February 15, 2021, 56 Days from the beginning of the Recovery Phase of the MHA Nation's Pandemic Response, MHA Nation is now in Phase II, Tier VII of its Mass Covid-19 Vaccination Plan,

**The Moderna Covid-19 Vaccine is now available to the General Population of Ft. Berthold Reservation. "General Population" is defined as;**

**All Individuals 18 Years of Age and Older Who:**

- 1. Currently reside within the exterior boundaries of the Ft. Berthold Reservation, regardless of race or tribal affiliation (enrolled or non-enrolled), or**
- 2. MHA Nation Enrolled Members who live and/or work off the reservation but still reside within the state of North Dakota, or**
- 3. Any Remaining Phase I Population Groups.**

Individuals who are interested in registering for an appointment to receive the vaccine, may call the MHA Vaccine Call Center at 701-627-7300 or Toll Free at 1-833-877-0150. Hours of Operation are Monday to Friday 8:00 am to 5:00 pm CST. Thank you for your continued support.

In Service,

**Elbowoods Memorial Health Center**

**MHA Emergency Operations Center**

**MHA Covid-19 Task Force**

For Media Inquiries, contact EOC/Covid-19 Task Force Public Information Officer Nyamka Reese, Nyamkhorol.reese@ihs.gov

# For Your Information



## MHA Nation Medicare General Enrollment Jan. 1 - March 31 2021



- Medicare provides a General Enrollment Period every year if you missed signing up during your Initial Enrollment. When you were first eligible when you turned 65 years old.
- If you missed signing up during your Special Enrollment.
- You can enroll into Medicare Part A and/or Part B during General Enrollment.
- Will be using the Social Security website [ssa.gov](http://ssa.gov) to apply.
- If you are approaching or are 65 and still working. You could still be eligible for Medicare Part A.
- Coverage begins on July 1 of that year.
- Have free material. Can mail if requested.

**Due to Covid-19. Applying online is preferred.**

Call to schedule an appointment  
or if you have any questions.

Contact: Shaundel Schweigman  
Tribal Health Insurance Dept.  
Cell# 701-421-1854  
[sschweigman@mhanation.com](mailto:sschweigman@mhanation.com)



## Local & Surrounding Area Directory

**Boys & Girls Club Branch Manager:** Olivia 759-3049 or 627-4415

**Catholic Church Father Roger Synek:** 759-3412 or 627-4423

**Mandaree Clinic:** 759-3422 or Fax: 759-3209

**Circle of Life Director: Nellie Boyd:** 627-4700 Fax: 627-4105

**Elders Meal Site:** 759-3092

Head Cook: Pamela Fox

Assistant Cook: Teresa Fox

**Elders Program:** 759-3092

Elder's Worker: Nina Finley Newman

**Aging Services:** Director Polly Chase: 421-0905

Main Office In New Town: 627-4913

**NHSC Mentor's Office:** 759-3545 or Fax: 759-3528

**Fire Management Marle Baker:** 759-3124 or cell: 421-1423

Little Plume Teacher 1: 759-3369

**Native Printing LLC:** Jody Brieck: 421-8654

**Pharmacy:** 759-3151 or Fax: 759-3181

**Post Office:** 759-3370 M-F 8am-4:30pm, Sat. 10am-12pm

**Road Department:** 759-3420

**Director: Dan Hall** cell: 701-421-7958

Donald Young Bird: 701-421-7534

**Mandaree One Stop: 759-3609**

**Mandaree School Numbers:**

Bus Garage: 759-3395

Business Office: 759-3120

Main Office: 759-3311

**New Town Tribal Office:** 627-4781

**Elbowoods Health Center:** 627-4701

**TERO Compliance Office:** 759-3255

Cornell Poitra: 421-6166

Tribal Ranch & Lodge: 759-3176

Water Hauler: 759-3377 or cell: 421-0458

**Water Treatment Plant:** 759-3160 or Fax: 759-3199

**Animal Control:** 627-2654

Delia Baker: 421-5214

Travis McCabe: 421-3095

**Emergency or Ambulance: 911**

**For Mandaree Non-Emergency:** Antoinette Kitagawa: 421-1361

or 421-1357

**McKenzie County Sheriff:** 444-3654

**Poison Control:** 1-800-222-1222

**TAT CHR Main Office:** 627-4240

**Tribal Court:** 627-4803 or Fax: 627-4602

**Tex Fox Justice Center:** 627-3500

**TAT Utilities:** 627-5291

**TAT Utilities Supervisor:** Ron Mann

**TAT Solid Waste Mandaree Transfer Station:** 759-3614

**Contact: Patrick Dubois:** 421-0143. Hours: M-F-7am-6pm

Saturday: 8am-4:30pm

Sunday: Closed

**MHA Department Of Transportation: MHADOT.COM**

Office: 627-2838

Dispatch: 627-2468

**Motor Carrier Inspectors:**

Matthew Yellow Wolf: 421-8676

Michael Blacksmith: 421-5651

Ricardo Villagrana: 421-9121

Denver Spotted Bear: 421-3124

Thomas Fredericks: 421-3064

Jocko Frank: 701-550-6797

**Nueta Hidatsa Sahnish College:** 627-4738

**Tribal Enrollment:** 627-4238

**New Town Tribal Security:** 421-0686

**TAT Mortgage Program:** 627-2560

**Game Warden Bradfield Sage:** 421-6977

Beuford Joe: 421-1233

**TAT Police Department:** 627-3617 or 1 800-952-7923

**Local Police Cell Phone Numbers:**

**Chief Of Police Nelson Heart:** 627-3617 ext. 3

- North Dakota Travel Information service dial 511. When dialing out of North Dakota for weather and road conditions you can dial: 1-866-696-3511.

\* Please read: Some numbers were removed and some were added and corrected. Some of the names changed of the workers in some of the programs. Please post this so you can find what numbers you are looking for when you need them. Thank you for being a good reader.

## West Segment Employee Directory

**Councillwoman Turner-Lone Fight: 421-9820**

**Chief Of Staff Kevin Finley: 421-6399**

**Executive Admin. Assistant: Jodi Finley: 421-2011**

**Community Outreach Director: Regina Yeahquo: 627-8186**

**West Segment Fire Chief: Marle Baker**

**Water Chief Hall Receptionist: 701-759-3377 ext. 206**

**Loretta Lone Bear: 421-5510**

**West Segment Security Director: James Johnson: 421-9732**

**Security Receptionist: Rhonda Hall: 421-1811**

**Security Officers:**

Robin Hall: 421-4599

Benner White Owl: 421-3122

Steven Good Bird: 421-4573

Tiffany Hall: 421-4548

Rhonda Hall: 421-0547

**Hidatsa Housing Program Director: Shanna Fox**

759-3399 Office hours by appt only.

**Time & Attendance Clerks: 759-3377 ext. 208**

**Director: Hailey Abbey: 421-7819**

Sunshine Halvorson: 421-9127

**West Segment Maintenance Director: Samuel White Owl: 421-9170**

**Main Number: 759-3377 ext. 209 & 219**

**Receptionist: Amanda Mckenzie: 421-2288**

Ervin Halvorson Sr: 421-4518

Ervin Halvorson Jr.: 421-5783

Julius Halvorson: 421-8093

Tyrell Halvorson: 421-4518

**West Segment C.A.R.E. Recovery Center (Compassion, Acceptance, Respect, Empowerment)**

**Director: Vivian Lone Fight: 421-0552**

Intake Specialist/Receptionist: Lynn Marvel: 701-460-9259

Program Manager: Kyle Mandan: 421-9498

Program Coordinator: Sidney Hunts Along: 421-4580

**West Segment Health Dept. 759-3377 ext. 203**

**Director: Kathy Lone Fight: 421-5525**

Myra RedStone: 421-4616

**West Segment Custodians: 759-3377 ext. 213**

**Director: Rosie White Owl: 421-9450**

Frank White Owl: ext. 213

Azin Antonio: ext. 213

Stacy Bear: 421-8287

**Elders Building Custodian: Kenneth White Lightening ext. 213**

**West Segment Education Specialist: Sandy Young Bird**

**IT Director: Aaron Abbey**

**West Segment Transportation Dept Director: Curtis Hall Sr: 421-7907 Or 759-3766**

**Receptionist: Michaela Bacon: 421-6715**

Jacey James: 421-9246

Keith Mckenzie: 759-3766

**West Segment Curfew Workers:**

Christopher Knows His Gun: 421-3223

Ashley Crows Heart: 421-3247

Michael Mandan: 421-4605

Layne Durpris: 421-3634

**West Segment Fitness Center Director: Angela Stiffarm: 421-1091**

Fitness Coordinator: Santos Casarez: 759-3780

**Fitness Center: Hours: 9am-5pm**

**West Segment Events Department Director/Administrator Assistant:**

**Lindsey Fox-Sepeta: 421-6347**

**Youth Coordinator Director Merrill Howling Wolf: 421-9078**

**West Segment Cultural Dept. Director: Maybella Lone Fight: 421-1557**

Roni Stiffarm: 421-2255

Aaron Abbey: 421-5076

**Land & Livestock Director: Ted Lone Fight: 421-9088**

**Receptionist: Alyssa Baker**

**West Segment Fargo Outreach: 701-478-6811**

**Director: For Fargo Outreach: 701-478-6811/Fax: 701-478-6818**

**Director For Fargo Outreach: Jolene Gonzales: 421-6200**

**Minot Outreach Director Dusty Jackson: 701-839-3645 Fax: 701-839-0835**

**Oil & Gas:**

**Director: Carson Hood**

**Oil & Gas Admin. Assistant: Rosie Johnson**

**Natural Resource Officer: Lloyd Vigen**

**West Segment Facebook Page:**

Social Media Specialist: Jordan Rose Mann: 421-9214

Social Media Specialist: LeAnna Nation: 421-1868

**West Segment News Editor Lovina Fox: lovinafox@mhanation.com**

**West Segment News Assistant: LeAnna Nation: 421.1868**

**\* Keep in mind some cell phones numbers are not listed because they are personal cell numbers not Tribal cell phones. Thank you for being a good reader.**

# For Your Information

## Mandaree Fitness Center Update

Submitted by Angela Stiffarm

Greetings from the Mandaree Fitness Center just an update on some of the services our gym provides for community members:

The gym is open from 9:00am to 7:00pm Monday through Friday. We have two friendly staff members to help monitor and upkeep the facility.

Santos Casarez can be reached at 759-3780 Monday through Friday 9:00am~7:00pm and myself Angela Stiffarm at 421-1091 Monday through Friday 9:00am~7:00pm.

We offer an array of fitness equipment to satisfy your workout needs:

### 1.) Cardio Equipment:

Treadmills

Elliptical

Bikes

AMT machines

Punching bag

Jump box

### 2.) Strength Training Weights

Free weights

Pulldown machine

Smith machine

Room for body weight excercies

Assisted pullup machine

Dry sauna

We here at the Mandaree Fitness Center encourage everyone to utilize our community facilities to help in the aid of your Health. We are holding a February competition for the grand prize of a Scheels gift card. The winner will be announced the first week in March for having the most signed in visits to the Mandaree Fitness Center within the month of February.

Thank you

The Fitness Center Director & Staff.

## Fox Sepeta Hired as West Segment Events Director



Pictured to your left is Lindsey Fox Sepeta, the new Events Director for our West Segment community. She is also a Administrative Assistant for Councilwoman Turner-Lone Fight. Lindsey is the daughter of Bruce Fox Sr., and Kathy Mann. She belongs to the Prairie Chicken Clan and is a child of the Flint Knife Clan. Her grandparents are the Late Clark Fox on her dad's side and Christine Burr on her mother's side.

She is married to Sario Sepeta, they are the parents of four babies, her family resides in Watford City. According to Lindsey she spends most of her time in Mandaree with her dad. She loves to garden, cook big meals and be outdoors. She states: "I always look forward to learning something new".

Lindsey went to Elementary and Middle school here in Mandaree. Later on she went into Job Corp in Clearfield, Utah where she obtained her degree in culinary arts in 2002.

Lindsey has lived away from Mandaree for the past twenty years, she is glad to be home and thankful for the opportunity to work for West Segment. Lindsey states; "I look forward to meeting and getting to know my community again. I would like everyone to know I am always here to help. I am all about our community, so please if your at the Water Chief Hall, stop by and say hello my door is always open.

## Abandoned Vehicles

*"If you have abandoned vehicles in your yard and want them gone, give Solid Waste a call!"*

### TAT SOLID WASTE

- IF IT'S BEEN SITTING IN YOUR YARD FOR OVER A YEAR, DON'T PLAN TO PART OUT OR SEND TO A MECHANIC, LET US GET RID OF IT FOR YOU!
- TITLE NOT NEEDED
- ABANDONED VEHICLES DRAW VECTORS (RODENTS AND SNAKES)



Call - (701)627-2034

# For Your Information



## CHIROPRACTIC CARE

FOR MHA ENROLLED MEMBERS

*Dr. Amanda Hurley*

Rising Family Chiropractic in Fargo, ND



**About Dr. Amanda Hurley**

Dr. Amanda Hurley (Satermo) is an enrolled member of the Mandan, Hidatsa & Arikara Nation and Chiropractor. Dr. Hurley provides specialized chiropractic care for the whole family to the Fargo-Moorhead Area and is excited to be bringing care to Fort Berthold. Dr. Hurley will be providing Chiropractic Care to enrolled MHA Members at Northern Lights Wellness Center.

***Dr. Amanda Hurley will be in North Segment at the following dates:***

**10:00AM-6:00PM at Northern Lights Wellness Center. (Tribal IDs and Masks are required.)**

<b>Saturday, February 6, 2021</b>	<b> </b>	<b>Saturday, February 20, 2021</b>
<b>Sunday, February 7, 2021</b>	<b> </b>	<b>Sunday, February 21, 2021</b>

**Walk-ins are welcome! Appointments can be scheduled below.**

***<https://rfchiro.janeapp.com/>***

**You will be promoted to create an account and can schedule your appointment!**

# Obituary



Remembering the Life of..... Patsey Ann Seaboy "Mia Howish" (Corn Silk Woman) 63 left this world on Friday, January 29, 2021, surrounded by her family at Sanford Hospital in Fargo, North Dakota.

Patsey was born on March 17, 1957 to Arthur Clyde and Isabelle Florence (Good Iron) Smith in Keene, North Dakota. She was a member of the Axaxe Dripping Dirt Clan and a child of the Mecinooga Knife Clan. She was raised in Mandaree and during her grade school years she attended St. Mary School in New England, North Dakota and graduated from the Good Counsel Academy in Mankato, MN. She would spend her summers riding horses and spending time in Oakdale Coulee with her friends, sister and brothers.

In 1974 she met Francis Driver Jr., and from this union her first son Lorne Luke Walking Hawk was born. She continued her education at the University of Mary in Bismarck, North Dakota. In 1979, she met the love of her life Nicodemus "Danny" Seaboy. They were joined in marriage on July 3, 1980, from this union they had four children; Cody, Alfred, Jared (JT) and Cedar. Patsey made her home in Sisseton, Wahpeton Oyate. Her greatest accomplishments while working for the SWO were starting Toys for Tots and the SWO Fitness Center.

She enjoyed traveling to pow-wows made many friends and family throughout the pow-wow trail.

In 1990 Danny and Patsey and few close friends started the Long Hollow Sundance (Wiwang Waci). This Sundance continued until 2019, then it was moved to the Standing Rock Reservation with the grandchildren of Charlie Wise Spirit. During this time Patsey gained many many Hunka "adopted" children, brothers, sisters, nieces and nephews.

Patsey had a personality that drew people to her she was the best frybread maker and good cook. Her laugh was contagious and distinct. She was a caring, loving and a very generous woman.

She is preceded in death; Grandparents; Samuel and Gertrude (Burr) Smith, Parents; Arthur and Isabelle Smith, Husband; Nicodemus "Danny" Seaboy, Son; Twin to her son Cody, Brothers; Ron Smith Sr., Tracy Smith, Lyle Walking Hawk and Kenny Smith Sr., Sisters; Janice Smith, Doris Smith Fox, Valerie Smith. Nephews; Jesse Storm, Wyatt Smith, Niece; Jade Marie Paul and Adopted mom; Doreen Johnson

# Obituary

In Loving Memory

Patsey Ann Seaboy

“Mia Howish”

Corn Silk Woman

March 17, 1957~January 29, 2021

**Wake:**

Sunday, January 31, 2021  
Water Chief Hall at 5:00pm  
Mandaree, ND

**Funeral:**

Monday, February 1, 2021  
Water Chief Hall at 10:00am  
Mandaree, ND

**Officiant:**

Kevin Finley:

**Speakers:**

Ian Halsey & Eric Jens

**Senior Pallbearer:**

Cedar Dancing Bull

**Farewell Singers:**

Scott Satermo and friends  
and family of Patsey

**Active Pallbearers:**

Eric Smith Jr.	DJ Smith
Luther Taken Alive	Cody Tougest
Didymus Morsette	Eric Grey Cloud
Kalib Bruer	Joe McNeil

**Honorary Pallbearers:**

Elias Mendoza	Clayton Dog Skin	Suzie Tall Bear
Sherri McNeil	Lois Owen	

Patsey’s Sundance Family & Pow wow family & Friends

**Patsey’s Family:**

Children: Sons; Lorne Walking Hawk (Kim), Nicodemus Cody Seaboy (Sonya), Alfred Seaboy (Laura) Jared Seaboy (Kelcey) daughter; Cedar Jacome (Jason). Grandchildren; Sam, Dakota, Kyleigh, Peyton, Arthur Cash, & Pony Boy Walking Hawk, Briza, Neko, Emilia, Wihe, Mahto, North Star, Makoa Seaboy, Jayana Jacome, Mary, Lonica, Waba, Cindy, Sophia, Marice, Brother Bear, Jessel and many more. Brother: Mike (Dana) Smith, Sisters; Brenda, Barbara, Sandy Smith. Adopted Brothers;Tote Gray Hawk, Leon Old Elk, Rod & Marcel Isnana, Tex Hall, Tony IU, Chaske Hill. Adopted Sisters; Linda Obago, Ladonna Allard, Val Hogan, Claudia McGrady, Caroline Johnson, Leann Tall Bear, Teresa Henry, Cindy Weston, Maureen Akre, Mary Goette, Barb Jens, Alvina Chaske. Adopted Children; Tood Goodsell, Winona & Monique Shopbell, Clifford & Simon Dumarce, Landon Haug, Caspie Abbey, Kyle Thompson, Kenny Morsette, Felicity Nicolar. Nephews; Dillion, Shaun, Kenny Jr., Aaron, Kolby, Tanner, Shayne, Coy & Tracee. Nieces; Willow, Valerie, Shii, Issy, Mahrye & Andrienne.

**Final Resting Place:**

Smith Family Cemetery

# Obituary



In Loving Memory of Robert Lincoln Sr. (Walking Bald Eagle) (Cool Bob) was a member of the Dripping Dirt Clan and a child of the Chicken Clan. Born on March 23, 1967 in Hazen, ND to Victoria (Morsette) Lincoln and Michael Lincoln Sr. As a seventh born child, he was known by many as “Cool Bob”.

Robert spent a majority of his younger years in Twin Buttes, ND and would come accustomed to moving throughout his years but would find home to be in Mandaree, ND. Robert came from a big family and was adopted by Frances Swift Eagle. Born into a family of nine they would grow up extremely close. As his parents would insist that they would take care of one another throughout any and all obstacles in life and that is exactly what they did, even if that meant they would do it in sibling sets.

Robert would often consider himself a “jack of all trades” and was quite the handy man which led him to attend Job Corp., at Kicking Horse, where he would gain his

knowledge of forestry. Robert wore many hats during his time, many of which consisted after he gained his CDL; a truck driver, a bus driver, a firefighter, as well as fencing with the Mandaree Buffalo Project.

“Cool Bob” was a man’s man who liked to hunt on occasion as well as fish by the lake surrounding himself with many stories, laughter, while enjoying an ice cold beverage. You could find Robert anywhere from working on different vehicles in the yard to cooking in the kitchen there was nothing that he could not do. If there was a band playing within earshot there was a strong chance that he would be dancing up front and center with a smile on his face.

What brought him great pride and joy was watching his children participate in sports so much that he would accept coaching jobs for the Twin Buttes basketball and cross country teams. Along with taking in the occasional pow wows he would find comfort in sitting in front of a campfire on any summer night. His children were his greatest love as he was actively involved in his grandchildren’s lives. Cool Bob loved to tease as many would come to know. He would eventually meet and marry his wife, Julie who would take part in his joy for camping, gambling and being around friends and family. Always helping where he could, it was rare that you would see Robert by himself.

He will be missed by many and all that knew him.

Robert Lana Lincoln Sr., departed this life on January 23, 2021 at Sanford Hospital surrounded by his family. He is survived by his wife, Julie Lincoln of Bismarck, ND, Children; Brittany Lincoln of Mandaree, ND, Michael Lincoln of Bismarck, ND, Hunter and Samuel Lincoln both of Mandaree, ND. Siblings; Phyllis Lincoln-Steen (Jay), Michaela Bacon (Allen), Corrine Lincoln, Janis Davis (Dayrl), Deigh Lincoln, Monte Lincoln (Denise), Coty Lincoln. Adopted sister; Sherry Turner-Lone Fight, Adopted Brothers; Todd McKenzie, Alan (Tubby) Chase. As well as thirteen grandchildren.

Robert Lana Lincoln Sr., is preceded in death by his parents; Michael Lincoln Sr., and Victoria (Fox-Morsette), Brothers; Michael Lincoln Jr., Daughters; Michelle and Victoria Lincoln, Son; Robert Lana Lincoln Jr., and infant granddaughter Kendrick Lincoln.

# Obituary

Robert Lana Lincoln Sr.  
"Walking Bald Eagle"  
March 23, 1967~January 29, 2021

**Wake:**

Monday, February 1, 2021  
Water Chief Hall at 5:00 pm

**Funeral:**

Tuesday, February 2, 2021  
Water Chief Hall at 10:00am

**Officiating:**

Rev. Duane Fox

**Senior Pallbearer:**

Thornton Jude Fox

**Active Pallbearers:**

Bryce Clairmont	Van Troy Hale	Patrick Bacon
Terrence Morgan Sr.	Oscar Gray	Cody Spider
Nolan Davis	Levi Grinnell	Tommy Hall
Junior White	Storm Hale	

**Honorary Pallbearers:**

Kelly Spotted Bear	Charles Hale
Donald Young Bird	Jarret Lone Bear
Clancey Bears Ghost	Vaughn Hoffman
Donald Hill	

**Final Resting Place:**

Lincoln Family Cemetery  
Twin Buttes, ND



Our deepest heartfelt Sympathies and prayers to the families and relatives of Patsey Ann Smith Seaboy and Robert Lincoln Sr., family and relatives on the loss of their beloved ones. Our heartfelt prayers of comfort are with each and every one of your family and relatives. From our West Segment Councilwoman Turner-Lone Fight and Personnel.



On behalf of Councilwoman Turner-Lone Fight she would like to wish each and every one of you a Happy Valentines Day!  
From Councilwoman Turner-Lone Fight and personnel.



WATER CHIEF HALL  
MANDAREE, ND 58757  
OFFICE: (701) 759-3377  
FAX: (701) 759-3232

**Mandaree West Segment's Mission, Vision, and Value statement.**

**Mission-**  
The entire staff of the Mandan, Hidatsa, and Arikara Nation's Mandaree West Segment will strive on a consistent basis to provide the utmost quality service to our community members.

**Vision-**  
Our Vision to serve our people from the youngest to the eldest with integrity, compassion, and respect through our community resources in helping to improve the lives of our most precious resource, You-the people.

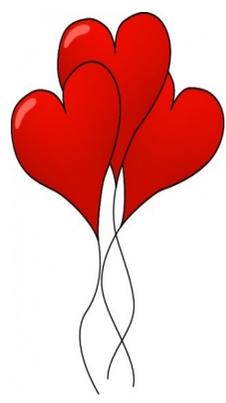
**Value-**  
Our value is meeting the needs of our people by developing a community which will withstand the test of time to ensure that the next generation will have a strong sense of pride and ownership in our community as we continue to honor our elder's sacrifices with the hopes of a brighter future.



FOLLOW US  WEST SEGMENT COMMUNITY UPDATES




**Happy Birthday Wishes to Our Elders**



Brenda Hale  
Belinda Beston  
Keith Mandan  
Arnie Guimont  
Fayette Young Bear  
Rose Ann Johnson  
Ted Lone Fight III  
Terry Gottschall  
Jon McGrady



\* Please forgive us if we forgot to mention your name, it was not done intentionally.