



Liability Waiver & Entry Form

LIABILITY WAIVER FOR

**“LEAPIN’ FOR A REASON”
MHA NATION POLAR BEAR PLUNGE
FEBRUARY 26, 2018**

NAME: _____

ADDRESS: _____

PHONE NUMBER: _____

DATE OF BIRTH: _____

WARNING: COLD WEATHER SWIMMING CAN PRODUCE INJURY AND/OR DEATH

I, _____, have voluntarily elected to participate in the MHA Nation Polar Bear Plunge. I fully understand that this involves jumping or running into cold water of Lake Sakakawea under February winter weather conditions and that there are health and safety risks associated with this type of activity. I, therefore, assume all risk of injury and/or death associated with this event and I will not hold the Mha Nation Polar Bear Plunge Committee or any sponsors liable of any circumstance related to this event.

I hereby confirm that I am in good physical condition and do not suffer from any disabilities or physical conditions that places me at risk or otherwise should prohibit my participation in the MHA Nation Polar Bear Plunge.

Furthermore, in consideration of my participation in this program, I myself, my heirs and assigns, release the MHA Nation Polar Bear Plunge Committee, their sponsors and any volunteers, from any and all claims, actions, demands, expenses, liabilities (Including reasonable attorney’s fee) and negligence made or brought by myself or said minor or by anyone on my behalf of said minor, as a result of participation in the Event.

I, for myself or on my behalf of said minor, further agree not to sue the any of the officers, agents, affiliates, employees, contractors, or volunteers, as a result of any injury, paralysis or death that might be suffered in connection with participation in the Event.

I hereby affirm that I fully understand the preceding paragraph’s and volunteers to participate at my own risk.

Participate (Print Name) _____

Witness (Print Name) _____

Participate Signature: _____

Witness Signature _____