

**Dear Elbowoods Memorial Health Center and Field Clinic Associates,**

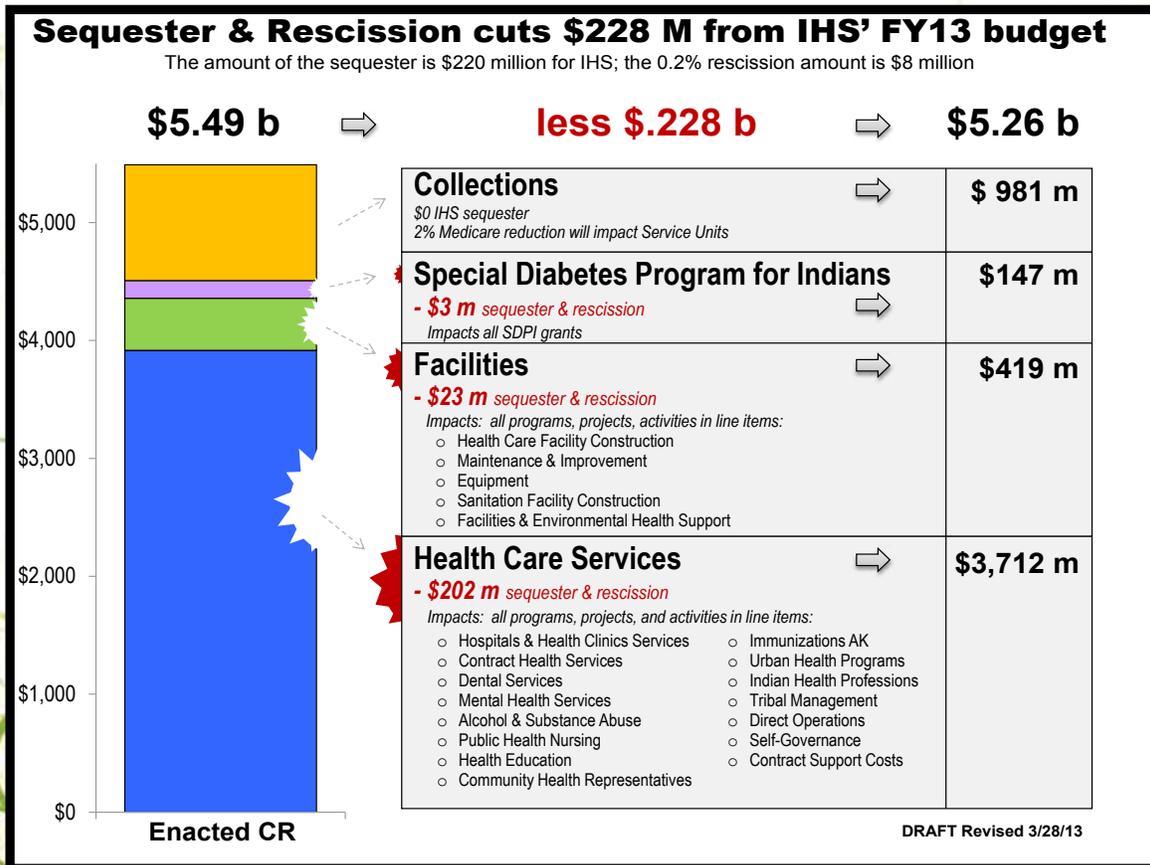


Greetings! I would like to take this opportunity to thank each of you for the extra effort that went into preparing for the IHS Compliance Visit. Overall the survey went well. We were aware of our weaknesses going

into the survey so we will continue to work on those items and strive for excellence. The most critical item is the Vitera - Intergy practice management and electronic health record system. Although Elbowoods Memorial Health Center has been correcting the inherited system issues and diligently working to generate meaningful government reporting data the focus must ALWAYS be on patient safety and delivering exceptional patient care. The Health Authority Board is taking the system issues seriously and has approved to explore converting

back to the Resource and Patient Management System (RPMS). We have requested a webinar from Aberdeen Indian Health Service to demonstrate the functionalities of RPMS. You can anticipate more information on this item in the near future. Again, thank you and I am proud of each of you for doing such a fine job on the IHS Compliance Visit.

Recently it was announced that in accordance with the Budget Control Act of 2011, a series of budget cuts will immediately impact our contract funding. These sequester and rescission cuts will reduce the Indian Health Services Fiscal Year 2013 budget by \$228 million. Currently we are re-budgeting for the sequester which is a 5% reduction to our program budgets for Fiscal Year 2013 and an anticipated 12% reduction for Fiscal Year 2014. See illustration below.



On a positive note, I am excited to share that Elbowoods Memorial Health Center and Field Clinics are working with several individuals to fill essential patient care positions; including, providers, dentist, registered dietitian, nutritionist, and behavioral health professionals. We are optimistic that these recruitments will be successful so we can provide better access to essential patient care services.

*Thank you for your dedication in serving the people of MHA Nation. Keep up the good work and think spring!*

*Dawn Berg*  
 CEO  
 Elbowoods Memorial Health Center

Elbowoods Memorial Health Update

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
			●			
7	8	9	10	11 Be The Match 4-7pm	12	13
			●			
14	15	16 Twin Buttes WIC	17 New Town WIC	18 White Shield WIC	19	20
				●		
21	22 Earth Day World Health Day	23	24 Administrative Professionals	25	26 Arbor Day	27
				○		
28	29	30	APRIL IS <b>ALCOHOL AWARENESS MONTH</b> <b>National Immunization Week</b> April 20th - 27th			

**IMPORTANT DATES TO REMEMBER**

day	event	time
11	Be The Match at Northern Lights	4pm-7pm
13	Mandaree War Bonnet Dance	
14	Four Bears War Bonnet Dance	
18	FBCC College/Career Fair (grades 7-12)	
20	Twin Buttes War Bonnet Dance	
27	White Shield War Bonnet Dance	

**HEAD START IMMUNIZATION DAY!**  
Monday, April 22nd, 2013  
Public Health Nursing will be at the New Town Head Start Center.

**WELL CHILD CLINIC**  
Every Monday at the Elbowoods Memorial Health Center and once a month in the field clinics.

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
			RESERVATION-WIDE CLEAN UP			
				Mandaree WIC		
				●		
5	6	7	8	9	10	11
				●		
12 Mother's Day	13	14	15 Diabetes Team Meeting 11am-1pm	16	17	18 Armed Forces Day
						●
19	20	21 Twin Buttes WIC	22 New Town WIC	23 White Shield WIC	24	25
						○
26	27 Memorial Day	28	29 Hidatsa Health Fair	30	31	

**ON-GOING CHAIR EXERCISE ACTIVITY FOR ELDER:**

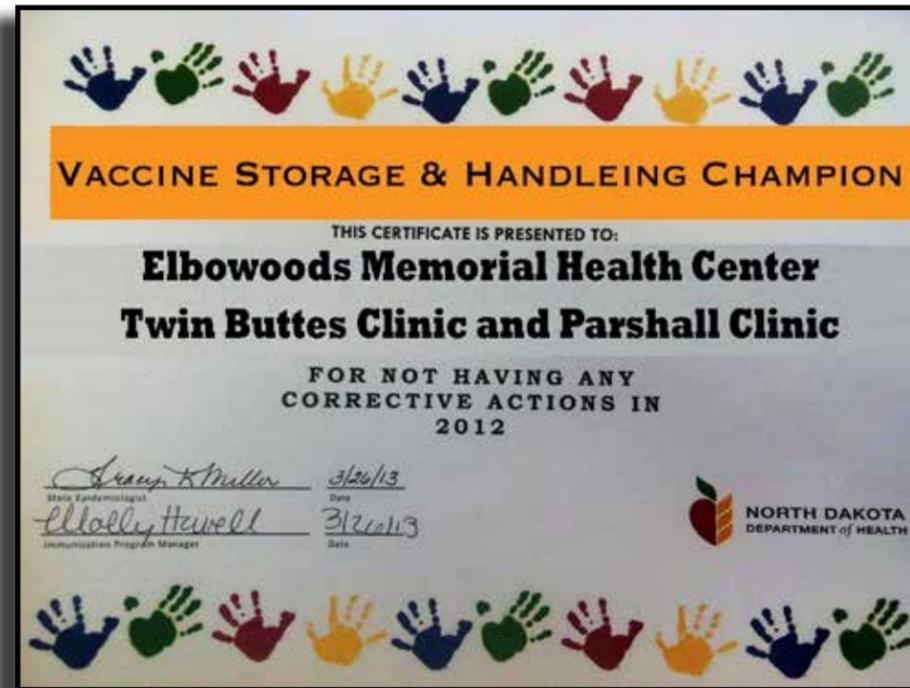
Mandaree - Mondays @ 10:30 AM  
Twin Buttes - Mondays @ 12:30 PM  
Four Bears elder center - Tuesday @ 10 AM  
White Shield elder center - Wednesday @ 11:30 AM  
Northern Lights elder site - Thursday @ 10:30 AM  
*\*Blood sugar screenings and walk for good health will be held at various summer powwows.*

**AWATII FITNESS CENTER HOURS:**

Mon-Thurs, 8:00 am - 8:00 pm;  
Fri 8:00 am - 5:00 pm; Sat 9:00 - 12:00 noon.

**IMPORTANT DATES TO REMEMBER**

day	event	time
1-3	Reservation wide clean-up	
7-8	MHA Nation's Annual Bakken Oil and Gas Expo	
15	Diabetes Team Meeting	11am-1pm
23-26	2013 Four Bears Powwow	



*“Congratulations to the Twin Buttes and Parshall Field Clinics! Your clinics have proven themselves to be a Vaccine Storage and Handling Champion for the state of North Dakota! Your commitment to the health and well-being of our state’s children is evidenced by your clinic’s vaccine storage and handling practices.”*

Molly Howell, MPH  
Immunization Program Manager  
North Dakota Department of Health

Tracy Miller  
State Epidemiologist  
North Dakota Department of Health

The National Council on Aging, Inc. Senior Community Service Employment Program. The Senior Community Services Employment Program is conducting outreach with the MHA Nation elders and would like to share some of the benefits of the program. The Purpose of the program is to provide paid job training and placement for people with limited financial resources who are age 55 or older, provide employers with trained, motivated workers, and assist participants to find employment (full or part-time). For more information please call Erica J. Hawpetoss at 715-701-2484 or Polly Chase, MHA Nation Aging Director at 701-627-4547.



**WELCOME TO OUR NEW EMPLOYEES!**

Kelianna Loose	Registered Nurse
Kevin Bearstail	Transferring to Security
Wyatt Smith	Housekeeper
Kara Martell	CHS Specialist
Darrel "Dean" Brady	Security
Michelle Marshall	Housekeeper
Victoria Windy Boy	Optometric Assistant
Marilynn Yellow Bird	promoted as the "Public Health Manager"
Terry Beston	Managed Care Coordinator
Kathy Janssen	Coding Specialist

# BEHAVIORAL HEALTH DEPARTMENT

1058 COLLEGE DRIVE | NEW TOWN, ND 58763  
PHONE: (701) 627-4750 | FAX: (701) 627-2810

*“Our mission is to empower individuals, families and communities of the Three Affiliated Tribes, through culturally competent services promoting, mental, emotional, physical, spiritual, and relational growth and healing.”*

## OVERVIEW

The Elbowoods Memorial Health Center, Behavioral Health Department provides out-patient psychological and counseling services between the hours of 8 AM – 5 PM, Monday through Friday.

The Behavioral Health Department includes: routine counseling and crisis intervention for individuals (children, adolescents, and adults) and couples.

Services are available to enrolled members of the Three Affiliated Tribes (Mandan, Hidatsa, Arikara Nation) and other enrolled members of a Federally recognized tribal nations.

Provide counseling services to outreach field clinics, tribal schools, and all six segments of the Three Affiliated Tribes.

## SERVICES

- Counseling
- Individual one-on-one therapy
- Children, Adolescent, and Adult Therapy
- Couples Therapy
- Weight Loss Surgery Assessments
- Evaluation and Testing
- Crisis Intervention
- Referrals to outside agencies
- Therapy and assessments to patients which involves the application of psychological principles, theories, methods, and techniques to the process of resolving symptoms and underlying causes.

## SERVICES CURRENTLY NOT AVAILABLE

- Medication Prescription
- Patient transportation to appointments or Emergency Room facilities
- 24/7 days a week coverage

## STAFF

**Dr. McDonald**  
Licensed Clinical Psychologist  
(701) 627-7782

**Loren Whitehorn, MSW**  
Behavioral Health Counselor  
(701) 627-7780

**Ben D. Poitra, LAPC**  
Licensed Associate Professional Counselor  
(701) 627-7778

**Donna M. Coffey, BA**  
Behavioral Health Case Manager  
(701) 627-7781

**Maria Felix**  
Behavioral Health Receptionist  
(701) 627-7777



# PATIENT REGISTRATION

## PATIENT REGISTRATION/FLOW OF TRAFFIC

It is important for all clients to stop in at the Patient

Registration Office located near the patient entrance at the Elbowoods Memorial Health Center (EMHC) to confirm if your information is current. In order to receive services, patients must be registered with the Business Office/Patient Registration Office.

It is the patient's responsibility to register and up-date mailing addresses, phone numbers, residence, etc. at Patient Registration. Through the registration process, eligibility for direct care and Contract Health Service (CHS) care is determined for patients.

It is required to update your information and will be done at each visit. This allows EMHC to get a hold of you for appointment, referrals etc.

## SCHEDULED APPOINTMENTS

Appointments should be made for all conditions not considered Emergencies (See below). The patients with appointments will be seen at the scheduled time or as close to it as possible. Scheduled appointments may be made by calling or stopping by the front desk. Scheduled appointments are required for physical exams, PAP smears, breast exams, and medication refills. Some procedures take longer than the standard appointment time (e.g. PAPs, Skin Tag Removal, physicals). Please let the front desk know if you will need more time for your appointment so they can schedule you accordingly.

## TO REGISTER, YOU WILL NEED TO BRING:

- PROOF OF NATIVE AMERICAN DESCENT (Certificate of Indian Blood or enrollment card).
- COPY OF YOUR BIRTH CERTIFICATE
- SOCIAL SECURITY NUMBER
- INSURANCE INFORMATION—i.e. Medicaid, Medicare, Blue Cross & Blue Shield, Mail Handlers, etc.
- If a child or minor and unable to be enrolled with their tribe, a copy of the child's state birth certificate and either parent's enrollment card. (Child can receive direct care services without a CIB/Tribal Enrollment Care until they are 18 years of age).
- If over 18 and unable to be enrolled patient must have a certificate on letter-

## EMERGENCIES AND SUPPRESSED PATIENTS:

Emergencies and immuno-suppressed patients (patients on chemotherapy or patients that have a transplant) will be seen before patients with appointments.

## EXAMPLES OF EMERGENCIES INCLUDE:

- Severe abdominal pain
- Chest pain
- Fractured bones
- Acute Lacerations
- Acute Burns
- Heavy bleeding in the urine or stool
- Infant or child with fever of greater than 102
- Acute respiratory difficulties (such as an Asthma attack).

head from their tribe of descendency.

- If a newborn and enrollment is pending, a letter from their tribe stating their enrollment is pending will be accepted until enrollment process completed.
- If awaiting documents—1 courtesy visit is given but documentation must be received from that point on.
- It is not the policy of EMHC to deny patient's services we are only requesting the documentation of Native American Descent this policy is for all patients who have services with Elbowoods. EMHC is a Native American Clinic. It is our policy to protect and ensure that our services are only for federally enrolled Native American patients.

## HOURS OF OPERATION:

8:00 AM to 5:00 PM  
Monday, Tuesday, Wednesday, Thursday, and Friday.

The last patient will be seen at 4:15 PM in order to complete necessary x-ray, laboratory, or pharmacy services.

## WALK-INS

Walk-Ins are triaged (sicker patients are seen first) and are seen as time allows. **You will not be seen as a walk-in for a med refill, a physical exam, a PAP, or any other issue that is not urgent or emergent.**

*\*Notice: It is the responsibility of the patient to keep their appointments. Not doing so, is recorded in the patients' file in compliance with EMHC procedure.*



# CONTRACT HEALTH SERVICES

These are the basic CHS requirements; see 42 C.F.R. (Code of Federal Regulation) Part 136 to view the entire CHS eligibility requirements.

For more information visit the IHS website at

<http://www.ihs.gov/NonMedicalPrograms/chs/>

or contact your local CHS Program at: 701-627-4701

1058 COLLEGE DRIVE | NEW TOWN, ND 58763

PHONE: (701) 627-4701 | FAX: (701) 627-4016



Since 1998, through safe sleep education and the donation of thousands of cribs, Crib for Kids has been making an impact on the rates of babies dying of sleep-related deaths due to unsafe sleeping environments.

As a proud partner program, Elbowoods Memorial Health Center just recently had their first Crib for Kids Event on March 27, 13.

We had a great turn out providing educational material on safe sleeping and a new Graco Pack 'n Play portable crib was given to each new and expecting mother.

We plan to continue to hold this event at Elbowoods Memorial on a monthly basis so if you or someone you know is in need of a crib contact us today at (701) 938-4540 Anna Mae Batke, RN.

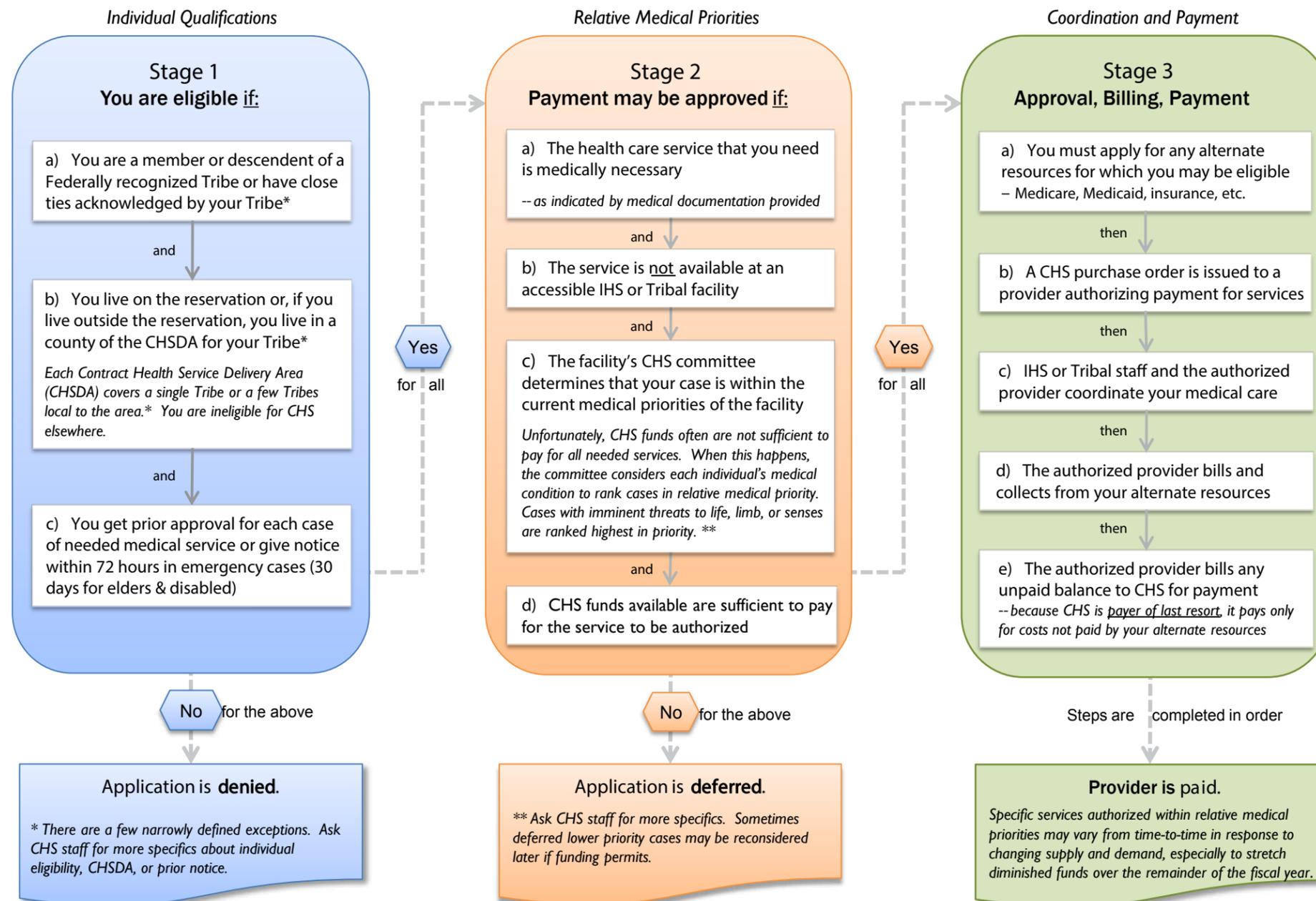


## Basic CHS Eligibility Requirements:

- Provide proof of enrollment in a federally recognized tribe, OR, proof that you descend from an enrolled member of a federally recognized tribe, and;
- Permanently reside on a reservation; OR, may reside outside of a reservation but within the CHS Delivery Area (CHSDA) of your tribe, and;
- Obtain prior approval; OR for self-referred care, notify your CHS program within 72 hours of receiving care (30 days for elderly & disabled), and;
- Services must be medically necessary. (CHS is limited to services that are within your IHS or Tribal Health facility's established CHS Medical Priorities and/or funds available) CHS funds may not be expended for services that are reasonably accessible and available at an IHS or Tribal Health facility, and;
- CHS will not be responsible for, or authorize payment of, services if the patient is eligible for Alternate Resources (e.g., Medicaid). As "Payer of Last Resort" CHS will only pay for authorized/approved care after all other Alternate Resources (e.g., Medicare, Private Insurance) have paid.

American Indian & Alaska Natives requesting an Indian Health Service (IHS) or Tribe\* Contract Health Service (CHS) program to pay for their referred or self-referred care must meet the requirements in 42 C.F.R. 136.\*Tribes that contract with the federal government for the IHS's Contract Health Service function.

## Can CHS pay for your referral medical care? Find out in 3 stages.



Generally applicable Contract Health Services (CHS) rules and procedures are shown. Some nuances and exceptions are omitted. Talk to CHS staff if you have questions.

# CHILD PROGRAM

The Child Program provides basic early intervention and preventative services to all tribal children between the ages of birth to five living on the Fort Berthold Indian Reservation. The ultimate goal of the program is to support families in ensuring the appropriate progress in the growth and development of their children. The love and concern for your child is our key motivation.

Children are screened starting at 3 months of age and continuously to five years of age to track developmental growth. Children with special needs receive the services necessary to make appropriate growth and developmental progress. If you would like your child enrolled and or screened please call a technician in your community.

## TECHNICIANS:

NEW TOWN	PARSHALL AND WHITE SHIELD	MANDAREE AND TWIN BUTTES
<ul style="list-style-type: none"> <li>• Barb Desauntel, 421-8202</li> <li>• Stephanie Alcocer, 421-7334</li> </ul>	<ul style="list-style-type: none"> <li>• Ardene Perkins, 421-8911</li> </ul>	<ul style="list-style-type: none"> <li>• Crystal Hallam, 421-7869</li> </ul>
Main Office: 627-4781 ext: 8299		



Dr. Rising Sun  
Chief Medical Officer



Dr. Gaido  
Pediatrician

### Our Mission

The Elbowoods Memorial Health Center and Field Clinic Team is a dedicated group of medical and administrative professionals committed to providing safe and appropriate health care, with a respectful and caring attitude, to each individual we serve.



Dr. Zerr  
Endodontist

### Our Vision

"To strengthen the circle, our staff and the individuals we serve. We will walk the path of wellness together."



Dr. Melland  
Dentist



Dr. Jeske  
Optometry

Not Pictured:  
Tammie Braaflat  
FNP-C



Dr. McDonald  
Clinical Psychologist



Dr. Arcelay  
Internal Medicine



Lori Jepson  
FNP-C

## FIELD HEALTH CLINIC UPDATES

The Tribe has field health clinics which provide limited services in 4 communities throughout the Ft. Berthold Reservation.

These are located at White Shield, Mandaree, Twin Buttes, and Parshall. Hours and days of service may be obtained by calling the clinics:

**Mandaree:**  
(701) 759-3422

**White Shield:**  
(701) 743-4380

**Twin Buttes:**  
(701) 938-4540

**Parshall:**  
(701) 862-8933



## PATIENT REGISTRATION

Continued from page 5

In an emergency, call 911 or go to the nearest Emergency Department so that prompt attention can be provided. An emergency is a critical or life-threatening situation. It is any medical condition which needs immediate attention to prevent death or serious impairment of an individual. Here are some examples:

- Heavy blood loss
- Suspected heart attack, chest pain lasting more than 2 minutes
- Suspected broken bones
- Unconsciousness
- Difficulty breathing
- Severe burns
- Severe allergic reactions
- Suicidal or homicidal feelings

\*If the registered patient refuses to be seen or transported by the ambulance services, that individual will deny payment for non-emergency services as determined by the CHS committee.

If treatment has been received from an-other facility, you or the facility must notify the Elbowoods Memorial Health Center Contract Health Service Office within 72 hours (3 days) of receiving treatment to be eligible for payment.

For a Mental Health emergency occurring after hours or on the weekend, call the Fort Berthold Police Department at 627-3617.

For CHS purposes, you may also need to verify your place of residence with documentation such as rent receipts, or utility bills. Patients are requested to sign the HIPAA Notice of Privacy Practices and each year sign an Assignment of Benefits for claim processing, and other necessary forms in Patient Registration.

### DIRECT-DIAL TELEPHONE NUMBERS:

<b>Switchboard</b> 627-4750	<b>Pharmacy</b> 627-7621
<b>Dental Clinic</b> 627-7925	<b>Contract Health</b> 627-7639
<b>Appointment Desk</b> 627-7601	<b>Diabetes Program</b> 627-7931
<b>Optometry</b> 627-7770	<b>Business Office</b> 627-7751

# BE THE MATCH



**Ethel Reeves** donated marrow to her brother years ago. "I never thought twice about donating marrow to my brother during his battle with lymphoma (blood-related cancer). It was the right thing to do."



Thousands of patients, like 8 year old **Zoe Pesch**, depend on Be The Match to find a donor who can give them the chance for a cure.

*Life is Sacred...Give the Gift of Life  
Join us. You have the power to Save Lives.*

American Indian families need people in your community who know the sacredness of life and who are willing to give a small part of themselves so another can live.

American Indian donors are needed! Patients are more likely to match someone who shares their heritage.

**Thursday, April 11th**  
**4:00PM - 7:00PM**  
**Northern Lights Building**  
**710 9th Ave N**  
**New Town, ND**

Free dinner meal and prizes available for attendees. There will also be educational booths provided by the Tribal Health Programs (Community Health Representatives, Diabetes, Head Start, Boys & Girls Club, Four Bears Casino, Health Education).

[BeTheMatch.org](http://BeTheMatch.org)

To join at the drive, you only need to be **between the ages of 18 and 44**, be willing to donate to any patient in need and meet the health guidelines.

Questions? Please contact your local **BE THE MATCH** representative:

*Kristine Reed | [kreed2@nmdp.org](mailto:kreed2@nmdp.org)  
1-800-526-7809 x8389 | 612-616-6534 (text)*

## DANGER



**RADIOACTIVE FRACKING FILTER**  
**DO NOT TOUCH!**  
REPORT IMMEDIATELY!

REPORT TO:  
**EDMUND BAKER**  
*Interim Director*  
*TAT Environmental Division*  
701-627-4569 (w) or  
701-421-6873 (m)

# MEANINGFUL USE TID-BITS

Kudos to the Medstaff and Nursing Department as we have improved in the area of creating a problems list for our patients as well in the area of Smoking Status and Smoking Cessation brief intervention. Providers please document in the problem list, "No Problems" if the patient does not have any ongoing chronic illness or disease processes this will improve our Core Criteria MU-3 as opposed to leaving the section blank. We are still working on the Electronic Health Information On Request as we have yet to receive such a request. In order to meet the Core Criteria for Clinical Summaries, we must be able to print a clinical summary that would be utilized in a transfer of a patient to another facility or provider and I will be working with IT to make sure the process is identified so we can instruct providers and nursing

how to create and print a clinical summary. Patient reminders can range from patient appointment reminders to annual exams/physical reminders as a Health Center we must identify the types of reminders we would like to send, create the reminders, automate Intertery to send such reminds (work in progress). In regard to Medication Reconciliation the specifics include when a patient is referred or transferred back to our care after a referral consult for evaluation or evaluation and treatment. This process is being identified and defined when a process is created it will be shared with providers. In the meantime continue to update your patient active medication lists.

CORE	SET	SET	SET	SET
Core	MU-1	Computer Physician Order Entry (CPOE)	0.3	99%
Core	MU-3	Problem List	0.8	58%
Core	MU-4	Prescriptions Sent Electronically	0.4	95%
Core	MU-5	Active Medication List	0.8	92%
Core	MU-6	Active Medication Allergy List	0.8	95%
Core	MU-7	Demographics Recorded	0.5	100%
Core	MU-8	Vitals Recorded	0.5	95%
Core	MU-9	Smoking Status Recorded	0.5	47%
Core	MU-17	Electronic Health Information On Request	0.5	0%
Core	MU-19	Clinical Summaries Provided	0.5	0%
Core	MU-10	Electronic Lab Results	0.4	100%
Core	MU-13	Patient Reminders	0.2	0%
Core	MU-18	Electronic Health Information Access	0.1	0%
Core	MU-20	Access to Patient Education Resources	0.1	35%
Core	MU-21	Medication Reconciliation Performed	0.5	50%

For more information about our Quality Care Department, including information about program goals and a report on our progress in meeting those goals, Please contact the Quality Care Director:

**KATHRYN R. EAGLE, MD**  
701.627.7791 | [kathy.eagle@mhhealth.com](mailto:kathy.eagle@mhhealth.com)

## FORT BERTHOLD DIABETES PROGRAM

# CO-ED SOFTBALL LEAGUES

Every Wednesday  
at 6:00pm

May 1- May 29

8-10 player co-ed  
teams

Please sign up by  
Friday, April 26

To register please call the  
Diabetes Program at 627-7931





# SIGNS OF SPRING ON FORT BERTHOLD

Check out [www.mhanation.com](http://www.mhanation.com) (under the Spotlight Section)  
for an electronic version of the EMHC Update Newsletter

For more information about the  
Elbowoods Memorial Health Update please contact:

Sierra Abe  
[sierra.abe@mhahealth.com](mailto:sierra.abe@mhahealth.com) | 701.938.4540  
[www.elbowoodshealth.com](http://www.elbowoodshealth.com)

**May 1st**  
Deadline for  
May/June 2013  
Newsletter