

Country Road Chronicles Of West Segment

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Senator Heidi Heitkamp Visits Mandaree



Quotes for the Heart & Mind

- "No one can make you feel inferior without your consent" ~Eleanor Roosevelt~
- "Progress is the activity of today and the assurance of tomorrow." ~Ralph Waldo Emerson~
- "Education means inspiring someone's mind, not just filling their head." ~Katie Lusk~
- "The only thing you can never change is your values." ~Michael Johnson~

Gold Star Mother Harriet Goodiron and West Segment Tribal Council Representative Randy Phelan both greet North Dakota Senator Heidi Heitkamp who was transported from New Town Via helicopter.

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Post 271 members were on hand as Heidi was escorted by Harriet and Randy who walked her between the Post 271. It was a very busy and honorable day for those in attendance. We are sorry for not putting more information and pictures in this month's paper because I ran out of room. Councilman Phelan mentions this in his update. Thank you for your understanding.



West Segment Tribal Representative Update



Hello Community members and relatives. We have had some cold days in March and now that Spring is upon us we can only hope that we will see the sun shine more.

Before I begin I would like to extend

my condolences and sympathy to the Lone Fight family on the loss of their beloved one.

We have made a lot of productive positive changes in our building, for one thing the kitchen was remodeled and extended so there is more room. You can see pictures on page 5 in our newspaper. Presently, we are having workers hired to change the carpets on the staircase and paint the upstairs offices and hallways in the building photos are on page 8. I believe this carpet hasn't been changed in the past 12 years or more.

Firstly, I will be giving an update on our community here in West Segment. One of the changes here at the Water Chief Hall is we are expanding the hall on the east end of the building with some offices. We have a contractor that is already hired and they will be building three more offices with a waiting room. These offices will be used for tribal departments, they went after the materials so construction should start very soon, I wanted to have these offices available by May 1 but now we may be looking at mid May when they are done. Native Printing is obligated an office since we are having her move so they day care can be renovated. The Department of Transportation (DOT) is also looking for a place, and our Environmental Protection Office (EPA) is looking for a place.

I would like to give all community members an update on our Hidatsa Housing. We now have a new housing office located here in the Water Chief Hall. We have been busy taking applications from our community members, right now Delvin Reeves, who is our Projects Manager he's been the one handling things until we hire a director. We are now putting a budget together we do have to hire a staff. Currently we have Leanna as a secretary for Delvin so she helps get things done with applications. We paid the company their portion so the financing of the housing has already begun. They will come in and start building the streets, the foundations where the houses are going to be and running the water and sewer. I have been really pushing this because we have our people right now who are in need of housing. Again these applicants will have to meet our criteria, because these homes can be their future homes. As soon as this Phase I is completed than we can begin on Phase II of the scattered type homes and start taking applications. I am hopeful that phase II can start by mid July or as soon as we complete phase 1.

I would like the applicants to do a housing class to educate themselves so they will understand how things will go. The Hidatsa Housing Board will do the selection of these homes. Right now the Hidatsa Housing Board members are; James Johnson, Dan Hunts Along, James (Tony) Phelan, Tony Johnson and Maynard Young Bear. The criteria is based on points if you have a job or direct deposit or a wage assignment with these three items your points will be high and most of all a community member. But you could be a community member whose living off the reservation and you want to move home so we will not turn you away either.

The next update I would like to talk about would be our day care center, if you drive by there you can see a sign that we had put up that states the day care will be up soon. I have some contractors an they did an assessment and I just told them to go ahead and replace what needs to be replaced. I would like to see the day care opened by May 1st but it would all depend on how fast the construction takes place. I do have some employee applicants already and we are taking applications now we will have five job openings for the day care staff. The deadline for the job applications will be on Friday, April 26th. The positions that need to be filled are a Director, and two childcare providers a cook and a custodian. With the construction and everything It was a dream for me to have it open up by May 1st but it might be mid may before anything happens and we will have to do background checks on the applicants too.

Now with an update on our tribe. As tribal leaders we are currently working on a tax agreement. First of all, I would like our community members to know it's a bad bad tax agreement in the first place and I say that because we got cheated out because the state is three hundred and some million dollars ahead of the tribe on that tax agreement. And that's allotee's tribal tax tribal money that there taking away and giving to the state, that's tribal tax, tribal oil tax that they're giving to the state. The state has 61% and we had 39% of taxes so there's a big difference in those margins and this was signed by the past chairman in 2008 to 2013 now. This is so unfair, it's huge so what we're trying to do is balance it so that so the state gets less than us and to make it fair to even it out. The state right now said the best we can do is 50/50 or if we go 50/50 the state will still be three hundred million ahead of us. So what we're saying is if we can go 60/40 with the tribe being 60% and the state being 40% so we can gain some of that 3 million back in the next two biennials (which is two years) but they won't budge they still want us to go with 50/50 or stay the same so that's the state's take on it. In our council meeting yesterday we came to a deadlock it was three to three with one council member not voting, so there was three against the 50/50. I was against this because it's a bad, bad deal and the thing I don't like about it is under the old agreement some of our sovereignty was eroded, I read into that document and I caught it. It takes about all tribal wells will be subject to state laws and regulations, which means if they wanted too to tax our Indian people and that's where they're going with it that they could. I said no I'm not going to agree with this because I was put in a position to protect our sovereignty. We as Indian people on our reservation are a sovereign nation so we should be able to protect, regulate and rule our own sovereign nation and we shouldn't be ruled by the state because the state doesn't have jurisdiction here. Right now this can be changed with the legislation session which ends May 1 so if we don't make laws or changes

Continue on page 4.

Mandaree Elders

Mandaree Elders Program:

Annual Services:

Glasses: Dentures/Dental Work: Hearing Aids:

Emergency Services:

In-state hospitalization: Out-of-state hospitalization

- **Based on availability of funds and provided no other agency is providing assistance. (up to \$500 per fiscal year):**

*Same day appointments from the reservation to Bismarck, Dickinson or Williston:

- Overnight stay recommended by physician with whom appointment is made:
- Medical appointments that occur in other areas such as Fargo, Grand Forks, etc:
- Elders having out-of-state referrals such as Mayo Clinic, Sturgis VA clinic, etc:
- Meal allowance for elder if other agency provides transport such as CHR, VA, etc:

*The Hidatsa Elders Board provides additional assistance if you have reached your \$500 through the Elder Program then your request will be forwarded to them for processing.

Home Health Care:

Attempt to coordinate various agency program services.

Light housekeeping upon a physician recommendation, and if the elder is living alone.

As time permits running errands: medication, groceries, getting mail.

Non-ambulatory elders, financial assistance will be provided to build a ramp up to \$550.00

The above describes the programs and services that are available. Please contact the office for further information and criteria or documentation requirements. **Office: 759-3099, Hours: 8am-4:40pm Monday through Friday. Please allow 3 or more days for processing of financial requests, financial reviews are done on Mondays and Wednesdays. Reimbursements are not being accepted. Thank you and if you have any further questions, please feel free to contact the office at 759-3099 during working hours from 8am-4:30pm Monday-Friday.**

In addition to the community garden we are offering to plow the elders a home garden. Please contact us to put you on the list, estimated date will be April 22nd depending on the ground frost.

Councilman Randy Phelan is offering a wonderful weekend getaway for all you elders out there. June 7-9 we will be leaving for Deadwood, SD and we will be touring Crazy Horse monument, Mt Rushmore and Bear country on Saturday and spending each evening in historic Deadwood, SD. If you are interested in attending please contact the office. Please feel free to call with any suggestions on how we can serve you better.

Thank you and have a wonderful spring!

Mandaree Elders Program

Reminder: Please bring in your Doctors Appointment slip for gas money to get to your appointment. Or you can have your appointment slip faxed to our office at 759-3093.

If you have any questions, please feel free to call 759-3099

If you need light housekeeping do call us ahead of time so we can schedule you in.

Mandaree Elders Program Office:759-3099

Mandaree Elders Fax: 759-3093

Mandaree Meal site: 759-3092

If any elder needs a ride to any community function please call us at the Mandaree Elders Program a day in advance for a ride.

All requests will be submitted to the Hidatsa Elders Board:

Katherine Young Bear: President

Hope Fragoza: Vice President

Mable Fredericks: Treasurer

Mary Gouchapin: Secretary

Other Board members: Martha Bird Bear and Helen Baker



Deadwood Weekend Getaway!

On June 7-9, 2013

The West Segment Representative Randy Phelan, is chartering a bus to take the Mandaree Elders to Deadwood for a fun and exciting weekend getaway. Bus will leave Friday, June 7th and return on Sunday, June 9th. Meals, Hotel and Spending Cash will be taken care of by the West Segment Representative, Randy Phelan. Site seeing will take place on Saturday to all interested participants such as: Crazy Horse Monument, Reptile Gardens and Mount Rushmore.

Please call Bernadine Fredericks at 759-3099 to reserve your seat today. Last day to sign up is May 10th.

Continue West Segment Tribal Representative Update

now then it will be law again for the next four years. In our meeting we came to a tied vote three for and three against. So we told our advisors to go back because they wanted something right away because this was added to an amended bill which is bill 12-34. The majority said they will go along with the 50/50. There's another part to this that I didn't like is that they wanted the tribe to obligate 40% of all our monies, of all our royalties and the state wants to tell us how to spend our money. Let me explain this. There's a law that passed its called Cotton Petroleum and this happened with the Southern Ute Tribe. Where the Southern Ute's lost this case in losing this case it makes it so the state of North Dakota can actually come into Fort Berthold and impose their own laws on our federal lands. Because of this Cotton Petroleum bill that the Ute tribe lost. So this is a big bill right now and its dictating how states are regulating tribes with the oil and gas industry. So the state is bottle necking us right now and they're saying well if you don't agree with this 50/50. With this agreement we will get 50% of all fee lands too but if we pull out and tell the state we don't agree or we can't come to an agreement. Then we could impose our own tax but what's going to happen if we do that these companies will get double taxed. The state can come in and say we will tax this company 11 1/2 % and that is what the state is taxing right now, which is five and three quarters for them and five and three quarters to the tribe. If we pull out then the state can come in and say they will tax this 11 1/2% to the oil company and tell the oil company that they don't care what the tribe taxes them, so this is where these oil companies will be doubled taxed. If this happened these oil companies will be taxed 23%. So this is the part that the state is holding us in a bottle neck. At the same time, I feel that we as tribal leaders can come to a better agreement. There was three parts to this final agreement with the state that I recommended be pulled out that we could go with two biennials not one biennial which would give us two years that's when the legislation session will meet again in two years. So it would give us two years to negotiate and put our ducks in line because if we don't do anything right now by May 1 we are either going to have to stay with the way we are or pull out if we are going to agree to this 50/50. We were getting ready to adjourn our council meeting and I was sitting there and it kept on bugging me so I spoke up and said you know I was elected by our people to represent the people, our allottee's got a lot more interest than the tribe does in this, they have a lot more at stake here than the tribe does. It is a two to one ratio of how much allottees own more than the tribe. So I told them in doing so if we don't do something about this and if we stay the same then the allottee's are the ones who will lose out and if we pull out and these oil companies say no to being taxed 23% is too high they will pull out of our reservation. Guess whose going to get the blame we are (the tribal council). So what I said was let's try to come to an agreement here, there again I took the role, you can look at the record and I said' I make a motion that subject to these three items that the state lower us to 10% of our expenditures such as infrastructure, roads, that sort of thing and that is what they wanted us to spend, they wanted 40% and I

moved it to 10% because this is what we do for our gaming compact, we show them 10% of what we spend a month of our money. So I told them 10% infrastructure not just roads but infrastructure, streets, education or whatever we have to spend it on which is fine we can show 10% of our expenditures. That's one. The other one which is the second item there was a clause in it and it didn't mention all wells in there it just talked about fee lands and trust lands. In this new agreement the governor said yes I agree to all wells but he didn't put it on paper. In this new agreement it separates the fees and the trust so I said well if you change the language and put in all wells 50/50 across all wells. The third item is the language. I told them we need to protect our sovereignty so the language has to be taken out of there because we are not subject too state jurisdiction. It has to stay with the tribe so we don't have a REPA, state EPA or whoever else dictating these oil companies. So we protect our sovereignty and if they agree to it saying state only applies to state jurisdiction and tribe applies to tribal jurisdiction and we protect our sovereignty. I told them these three issues if they agree to it then I told them my motion is to pass for the two years, this 50/50. An so, it passed unanimous it went 6 to 1 vote chairman voted against it because he doesn't like the whole thing. But the way we're going we have too look out for the allottees too. If we don't look for improvement right now we will stay the same if we don't pull out. Because in four years the state will be six hundred million ahead of us if we don't make that change. So we will find out if the state and the governor will agree to those three changes so I will update you in our next month's paper. Sometimes I feel like the majority leader there because others just sat back and didn't say anything but I knew this needed to be done. The state mentality right now is they could care less right now if the tribe pulls out. They don't care. On the tribal level everything will stay the same, but on fee land is where the tribe will gain on them. In reality of what I told the council the fine print that you guys aren't reading is that the tribal land is going to be 90% in production fee land is going to be 10% in production and that's in the fine print that your not reading. Of all the production that's on Fort Berthold is 90% allottee or tribal then 10% fee so you can see the difference so the state is willing to give up their little 10% to gain our 50%, which the state gave a little bit because they were at 61%. So hopefully the state will agree with us. I just don't like the idea of giving up our sovereignty and I will always stand up for it and speak up. I got a lot of good comments after our council meeting people were glad I spoke up for our sovereignty because it is very important. That is what we as tribal leaders are elected for. I won't just sit there an abstain I will either vote for or against something the only time I will abstain is for my family, other than that I am very vocal. Another concern I have is this waste disposal site which is at the end of route 10 by Dank's. This happened before I came into office so this is a big concern of mine because they're dumping and bringing waste materials from the Keene area and dumping on route 10. So I am going to do a resolution which will prohibit any waste off the reservation coming here and dumping their waste. Because we are not a dumping ground. I am asking the community for their support because we need to shut this down they want another one. There was no EPA standards, no community involvement, no environmental done nothing they just went ahead got a tribal license and built it. So by law we should be able to shut this down. So these are very huge important concerns we as tribal leaders need to deal with for our people. **Continue on page 5.**

West Segment Update Continue

I would also like to acknowledge the West Segment staff that furnished all the food for the community Easter dinner we had here at the community center. Our dinner turned out really good. I would also like to thank the Four Feather's Transport and Construction for giving money to the kids for their Easter eggs. We had excellent teamwork in pulling this together, I was really happy how our Easter dinner turned out for our people in our community. While I was at the Easter dinner I made an announcement; I am very supportive when it comes to our youth so at the end of this school year if a student has perfect attendance these students will be given a bike so our office will be working with the school on this so we know who will get the bikes. Which is a little incentive for them in having perfect attendance.

We are also planning an event that we will call The Heartbeat of the Bakken Days which will be on July 3rd and 4th we will give you an update on that as the time draws near and as we go along.

We had hosted our Senator Heidi Heitkamp D-ND just the other day. We honored her with our Post 271 pictured on the front page. Then we also gifted her with a Pendleton and a pair of beaded earrings that I and my wife presented to her. She was also given a shawl by Arvella White from the Language Preservation Department and a shirt was presented to her by Buffy White on behalf of the Fort Berthold Community College. The Language Preservation department also furnished a traditional meal. After everything was done then I took Heidi and her PR person Todd and my PR person Lovina Fox and we drove out east on route 12, onto route 14 onto route 17. I wanted to show our Senator the needs we have on these roads which is one of the main things I wanted to stress to her. So we took the TAT Tahoe and drove her out on these routes so she can see first hand the bad conditions that these roads are in and how much funding we need for our roads. She was on a very tight schedule so I had only an hour to stress our needs to her, which were; ambulance and staff, structural fire engine, housing and our wind generators all these are top priorities for me to meet the immediate needs of our community.

So this just about covers everything and lastly I would like to mention about the Mandaree Celebration grounds. There's been talk that I was trying to condemn or move the celebration grounds, which is untrue. What I would like to do is build a better facility in the future, there's a lot of talk of having an open arbor like we used too or a real nice one like New Town has where it's maintained and has green grass in it so it isn't so dusty. I just wanted to set the record straight that I'm not moving it or condemning it or demolishing our celebration grounds. So I just want to clarify this so people will know that whatever they heard is untrue.

I want to thank you for always thinking of me and putting this in the paper for me and allowing me to get the word out to the people. Because this newspaper is the best communication that we have to get to our people.

A reminder of our next quarterly meeting I am looking June because May is always a busy month for everyone with graduations, and other events going on so our next meeting will be most likely take place in June.

Hidatsa Language Preservation Update



John Fevold brings in his expertise in recording skills for the Hidatsa Preservation Language. John is on hand in Mandaree two days of week for recordings. Days of recording signs are posted to let people know recording sessions are taking place.

"Why is the culture of the Hidatsa people important? Culture is the link between people and their value systems. These values form the founding principles of one's life and influence philosophies of life. A community gains a character and a personality of it's own, because of the culture of its people. It is learned and passed from the older generations to the new ones". Which leads us to one of the main purposes and goals for our Hidatsa Language Preservation.

Arvella White, LouAnn Phelan and Carol Newman have been working extensively on recording sentences in our Hidatsa language. Our Hidatsa Language is the vein of our culture and our traditions in our Hidatsa ways of life. It is fascinating and rare to hear our Hidatsa Language on a daily basis because everyone speaks English. These women Arvella, LouAnn and Carol are the Doctors of Education when it comes to our Hidatsa language. As our elders we are depending on them to help restore our Hidatsa language on these CD's.

This is definitely a new time for many of our elders who have witnessed the many changes that our Hidatsa language has gone through. Keeping our language is very crucial to many of our elders who fear that our language isn't being spoken enough simply because many of us speak English. These ladies are gold mines because they are taking the time to record sentences for our people in our language. It will be a moment in history for us because these ladies will soon be recording our Clanships and relationships amongst the Hidatsa people. This all in itself will be treasured by many, especially those who want to learn about our clanships and our relationships. It can be difficult for one to understand simply because our clanships are so complex. Recording these on a CD will be very educational for those who are willing to learn about our Hidatsa ways of life.

Water Chief Hall Kitchen Walls Remodeled



Remodeling took place in the kitchen of the Water Chief hall by Four Winds. Four Winds consists of Jeff and Charlie Roszelle, Jay Knight and Gary Herrington. They expanded the kitchen as you can see in these photos. The cabinet were taken out and will be replaced on the outside of the kitchen. So there is more room for storing items.

The door to the kitchen was removed and changed to make more room. Four Winds worked on the construction consistently so the kitchen would be completed for immediate use by community members.



West Segment Representative Hosts Quarterly Community Meeting



Pictured above is our Tribal Representative Randy Phelan introducing the first speaker Edmund Baker, looking on is Delvin Reeves, West Segment Projects Manager.



Guest speakers who spoke at the meeting were Delvin Reeves, Marle Baker and Edmund Baker. Pictured above is Edmund Baker talking.

A great turn out for the first quarterly meeting held at the Water Chief hall on Tuesday, March 12. Edmund Baker was on hand from the TAT Environmental Division. Edmund Baker is currently the TAT Acting Director. He informed the audience about the air and water quality, and the spills that happen on the reservation, up to current issues and the lack of manpower, abandoned filter socks, and solid waste pits. Baker also mentioned that their office will be presenting a request for comments from the people. He also mentioned that our reservation is in the limelight, we are being known on the national level, so it is important for them to stay on top of things and issues concerning oil activity. A meal was provided by Famous Dave's and paid for by Four Feathers. Pictured below are two men from Four Feathers. Door prizes are pictured to your left were drawn throughout the evening.



Marle Baker from TAT Fire Chief was on hand at the meeting and talked about Mandaree Fire Department by laws. He also mentioned that Mandaree needs to recruit volunteers for positions.



Positive Changes Made inside Water Chief Hall



Alex Mayorga and his worker Casey Brandt are busy painting the offices upstairs inside the walls of the Water Chief hall.

When you enter the building here at Water Chief Hall I am sure you can smell the fragrance of fresh paint. The walls upstairs of the Water Chief Hall have were recently painted.

The old carpet has been ripped out and is being prepared for new carpet to be laid down. This carpet has been in this building for the past 12 years if not longer. The carpet may have been here since the opening of this community center.

In the picture at the top of this page is owner of Norwest Home Improvements Alex and his worker Casey Brandt who are painting a vacant office upstairs of the Water Chief Hall. So all the offices upstairs will be up to par and look very nice with newly painted walls and carpet.

According to Alex he stated that Norwest will be here on hand until their job is completed Alex is based out of Polson Montana on the Flathead Reservation he is an independent owner is available for any type of work needed. Alex can be reached at (406) 261.0689. Pictured below is the staircase with the carpet ripped out and in the photo to your right is the



stairs with the new carpet installed. It gives a person a good sense of pride working in a new environment.

It was a busy weekend for workers of Norwest Home Improvement Alex and his worker Casey worked during the weekend to paint and install new carpet and finished painting in all the offices located upstairs. They worked during the weekend so they wouldn't intrude on a daily work day.

When I came to work on the following Monday, I was very surprised they had newly laid carpet on the floor and the walls were freshly painted. The photo on your right is my office upstairs.

They moved the furniture and everything in the room all I had to do was put things in order after they were done.



New carpet was laid in the hall way upstairs and on the staircase going up and down the steps as well as the walls being painted all around the building.

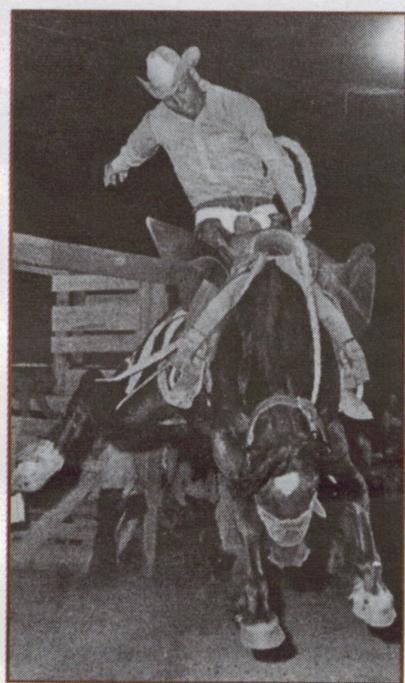


For Your Information

Bird Bear Candidate for Rodeo Division For the North Dakota Cowboy Hall Of Fame Category

Reprinted from The Cowboy Chronicle Published by The North Dakota Cowboy Hall of Fame

MODERN-ERA RODEO DIVISION



Roy Bird Bear

The North Dakota Cowboy Hall Of Fame Category Rodeo Division (NDCHF) will honor in its Hall of Honorees, Rodeo Division, individuals who, through their participation in America's only original sport, have distinguished and brought honor to themselves and the sport of rodeo.

Roy Bird Bear was born at his parents' family home near Independence. One of seven children of Robert and Cora Bird Bear, he grew up surrounded by horses and cattle on the family ranch.

Over the years, Bird Bear worked on numerous ranches in North Dakota and Montana, including the Long S and the Figure Four.

He spent nearly 20 years competing in bareback, saddle bronc and bull riding at rodeos in the Dakotas, Montana and even in Saskatchewan, Canada. Most notably, he rode in Pendleton, Oregon Round-up; Rodeo Cowboys Association (RCA) National Western in Denver, Color; inaugural All-American Indian Activities Association (AAIAA) Rodeo Finals in 1967; and Red Lodge, Montana, Home of Champions Rodeo, where he won the saddle bronc riding in 1957.

Bird Bear excelled as a saddle bronc rider, but was highly skilled in all three events that he rode in.

After working as a ranch hand at various outfits, he started his own ranching operation west of New Town in 1971. He and his wife Rosalie, raised their five children on the ranch, supplementing their ranching income by guiding trail rides for the public through the Badlands on their property.

Throughout his lifetime, Bird Bear was an active member of his community and his tribe, serving on the USDA Farm Services Agency county and state committees and as a past delegate to be the University of Wisconsin-Madison Land Tenure Center.

He was a lifelong member of the Land Owners of the Fort Berthold Indian Reservation and worked toward gaining greater Indian land rights. In addition, Roy served both as chairman and as a board member of the Tribal Elections Boards, as chairman of the Fort Berthold Housing Authority, and as a representative on the Tribal Business Council.

Community Easter Dinner At Water Chief Hall



Approximately 223 community members came to our Easter Community dinner which was on Thursday, March 28th. The West Segment staff members as well as our tribal representative hosted an Easter Egg hunt and dinner for all community members. Each staff member and our representative were given a food list to bring all the wonderful trimmings along with turkey and ham. The West Segment staff furnished 900 colored eggs and the Four Feathers Transport and Construction furnished the money for the egg hunt for the kids. Many thanks to them for their donation and for the staff for furnishing the food for our community members.

Staff members who decorated were; Maranda, Rhonda and Leanna. Rhonda, Helen and Benner set up the table and chairs and put the nice table cloths on, and the custodians helped bag the candy.

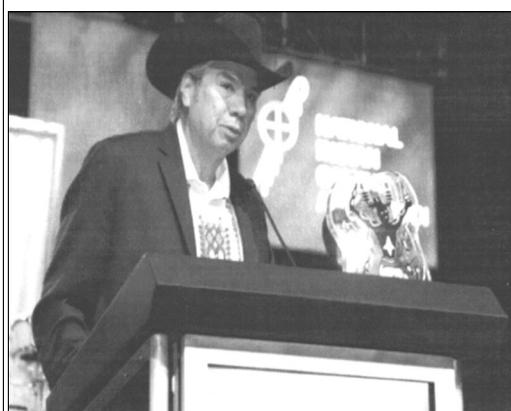
Teamwork was certainly in place for this event each staff member helped in anyway they could to help make this Easter dinner special and a success for the enjoyment of our community members.



For Your Information

Tex Hall Receives Wendell A. Chino Humanitarian Award

National Indian Gaming Association recognizes Chairman of the Mandan, Hidatsa and Arikara Nation for his legacy of work dedicated to Indian Country



Phoenix AZ– Tex Hall, the longest serving Chairman of the Mandan, Hidatsa and Arikara Nation received the Wendell A. Chino Humanitarian Award at the National Indian Gaming Association's 2013 Indian Gaming Tradeshow & Convention.

A well-known and respected leader in the Indian and non-Indian communities on the state and national levels, Chairman Hall has dedicated his life to protecting sovereignty and defending tribal governments.

The award was given during NIGA's Annual Banquet at the Phoenix Convention Center. Tribal leaders celebrated Tex Hall's accomplishments and thanked him for his lifelong efforts to better the lives of his tribal citizens and all of Indian country.

Tex Hall currently serves as President of the Native American Basketball Invitational Foundation. He is a founding member and Spokesperson for the Coalition of Large Tribes (COLT) representing tribes with large land bases, walked up to the stage to receive his award.

"This award signifies leadership, humility, strength and honor", Stevens said. "Tex Hall exemplifies all those qualities. He continues to take charge when many do not, but while doing so, instills courage to others, many of which are in this banquet room. Indian country, and the MHA Nation are stronger because of the efforts of this man". His record of accomplishments and humanitarian service to the Indian people is truly representative of the spirit embodied by Wendell Chino. The Wendell A. Chino Award Humanitarian Award is one of the highest honors in Indian country and Tex Hall has certainly earn it".

Mark Chino, Wendell Chino's son, presented the award to Tex Hall, Wendell Chino, the award's namesake, is a iconic figure in Indian country. He was nationally recognized leader of the Mescalero Apache Nation, serving most of his life as his nation's president. He implemented his tribal economic philosophy by turning the Mescalero reservation into a small business model that raised his Nation to a level of economic growth never before experienced by the Mescalero Apache Tribe.

Chairman Hall has served as Co-Chair of the National Indian Education Task Force and chairman of the Great Plains Region Tribal Chairman's Association. Chairman Hall was appointed to the first tribal advisory committee ever established in the history of the US Department of Health and Human Services to recommend and advise the Secretary of HHS. Chairman Hall initiated the Keepseagle Class Action Law Suit that brought a historic settlement of \$760 million for Native American Farmers and Ranchers. Chairman Hall also served two terms as President of the National Congress of American Indians.

2013 Mandaree Celebration Committee Calls On Their Clan Children For Warbonnet Dance



The Warbonnet Parade Dance was held on Saturday, April 13 by the 2013 Mandaree Celebration Committee. Below is listed the Mandaree Celebration Committee and their clan child/children of whom they called on. The committee members with no names haven't let the committee know who they called upon.

President: Roseann Johnson– Called upon Kevin Finley

Vice President: Tom Demaray– Called upon Charlie Moran

Secretary: Eldora Poitra– Called upon Larita Smith

Treasurer: Cecelia Fox-

Arena Director: Wendall White– Called upon Kimberly Reynolds

Arena Director: Lance Chase-

Arena Director-Charlie Vigen-

Announcer: Trena Baker– Called upon Joan Young Bird

Drum Keeper: Denver Spotted Bear-

Princess: Sierra Little Swallow– Called upon Amera Blackhawk

Jr. Princess: Tessa Holds The Enemy– Called upon Nate Robertson, and Hailey Lincoln

Head Women Dancer: Jade Standish– Called upon Debra Blackhawk, and Chance Lone Bear

Head Man Dancer: Darian St. Pierre– Called upon JC Young Bird



For Your Information

A Thank You From Family For Helping in Fundraising



Brighten Johnson was born with CDH on June 19th, 2011 in Denver, Colorado. Brighten has had to undergo one diaphragm corrective surgery, two open heart surgeries and three minor surgeries since she was born.

Brighten has spent the first six months of her life in the hospital in Denver. She was sent home with oxygen and a feeding pump to help with her nutrition.

Brighten is now 20 months old and is living at home with her parents and siblings. She must return to Denver every three months for an exam of her heart, lungs and diaphragm, as she still only has one lung. Her recovery has amazed everyone including her doctors, she no longer uses the oxygen, because she is able to maintain her own oxygen levels which are normal. She no longer is using the feeding pump she is eating on her own. Brighten no longer needs physical therapy, speech, or occupational therapy as she is a little more advanced than children her age.

She had her recent appointment on March 14, 2013 and her doctor was amazed to see her running around in his office and he said, "I can't believe what I'm seeing, she amazes me every time I see her." Brighten has continued to improve every day.

Brighten's recovery has not been easy for her or her family financially, but they have not done it alone. Brighten's family would like to thank the following individuals for their generous donations: J&J Rental, Four Feathers Construction & Transport, Chairman Hall, Lyda Bearstail, Leroy Crow Flies High, Mark Fox-Red Sage, Ted Siers, Johnson Excavating, family and friends.

All who supported the fundraisers and taco sales, if we have forgotten anyone we are sorry. Brighten's next doctors appointments will be in June, 2013 and the family will continue to raise money for expenses, hope to see you at our next fundraiser!

Tony & Maranda Johnson & Family

James & Roseann Johnson & Family

Randy & Jessica Phelan & Family

Hidatsa Health Coordinator News



Greetings from the Hidatsa Health Department. I believe spring is upon us and it is about that time to get out and clean our yards and our community.

We have planned a cleanup day on Earth Day which is April 22. We hope to have everyone in the community participate in our clean up effort. So let's get our community cleaned up and looking spiffy before pow wow season.

The Hidatsa Health Fair was preciously scheduled for April 16th but due to all the activities that have taken place and are scheduled to take place in March and April, the Health Fair will be held on May 29th, 2013. Any organization who wishes to set up a booth or help in anyway is more than welcome.

Our biggest loser Competition has gotten underway and our first weigh in date was April 8th and every Monday thereafter. The fitness center is open every week night until 8p.m. If you have any questions, you may call Tony Little Nest at 759.3099.

Watch our for fliers and notices on some very exciting upcoming events in the community. My door is always open and anyone is welcome to come in and give me suggestions on how to make our community a better place.

Should you have any questions or concerns, please feel free to call me at 759-3377 or 421-6482.

GO WITS!

Vida Craig

Hidatsa Health Coordinator

For Your Information

Happy Birthday Wishes for the Month Of April to All Our Community Members.



Beginning in the month of April and every month after that the West Segment Office will wish all community members a very Happy Birthday. With a birthday dinner at 6:00pm on April 18th at the Water Chief Hall.

- | | | |
|-------------------|-----------------------|----------------------|
| Joyce Standish | Travis Fox | Shannon Phelan |
| Wanda Sheppard | Kenyon Grady | Cornell Poitra |
| Kenneth Hale | Robin Hall Jr. | Kenzie Poitra |
| Veronica Serdahl | Kurtlyn Hall | Kaleigh Policka |
| Ethan Hall | Tateona Hunts Along | Laura Policka |
| Trey Ayers | Mary Iorio | Katherine Rosario |
| Clement Baker Jr. | Sheila Jenner | Sage Serdahl |
| Colleen Baker | Travis Kraft | Justine Siers |
| Jennifer Beston | Coty Lincoln | Koleton Smith |
| Charley Bolmen | Frannina Lincoln | Justin Spotted Bear |
| Brian Brugh | Ruby Lone Bear | Joshua Standing Crow |
| Enayay Canyon | Jessilyn Lone Feather | Casey Stone |
| Kobyn Chamberlain | Manuel Lucio | Keith White Owl |
| Jaden Crowe | Kyline Mandan | Breanna White Owl |
| Rusty Crowe | Natie Mann | John Wounded Face |
| James Danks | Lisa Mason | Kaelyn Dawes |
| Quentin Mason | Kylee Dawes | Autumn Mckay |
| Alfred Finley | Michelle Mingus | Larry Fox Sr. |
| Mcquarde Mossett | Justice Fox | Allen Newman Jr. |



On behalf of Our West Segment Representative we would like to wish all our community members a Very Happy Birthday with many many more to come! May our Creator continue to bless you and your families.

From the West Segment Representative & Staff



**Fort Berthold Community College
College/Career Fair for Grades**

Thursday, April 18, 2013

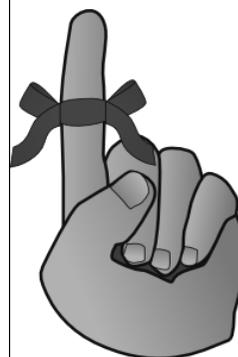
10:00am-2:00pm

Northern Lights Gym

Sponsored by NAS Cultural Honors Students

Lunch will be provided

**For more information contact Thomasina Mandan
@ 701.627.4738 Ext. 282**



All community members who live in the West Segment Community:

TAT Voc Rehab will be here on Tuesday, April 16th, 2013. Please remember to bring your Tribal Enrollment Verification and/or Tribal ID Card.

Voc Rehab Counselor will be here from 10:30 am to 2:30 pm for your convenience at the Water Chief Hall in Mandaree, North Dakota. If you have any questions please call 701.627.2994 or cell 421.2824

Chris Ann Demaray

VR Counselor/COTA



Mandaree Hidatsa Health Fair

will be on May 29th at the Water Chief Hall. If you are interested in having a booth for your organization you can call Vida Craig at 759. 3377.

Mandaree School News

This year is going by so quickly. It has been a positive year full of many memories for students and teachers. There are only seven weeks of school left and lots of events and happenings to take place. Hopefully you can fit them all on your calendar. A special thank you to the parents that attended the last A.S.K. meeting (Adults Supporting kids). It was a great discussion.

Some third quarter news to share: Grade 4-Don Fox and Heath Hall, B honor roll. Grade 5-Daysa Serdahl, B honor roll. Grade 6- Jesse Chase B honor roll. Grade 7- Echo Claymore, Travin Fox, and Kalee Robertson, A honor roll. Grade 8- Charismha Tsosie. High school- Keith Stepp, A honor roll.

Perfect attendance for third quarter were the following students listed: Jesse Chase, Daysa Serdahl, LaGage Serdahl, Enavay Canyon, Evaya Fox-Canyon, Clinton Tsosie, and Elizondo Joe.

It is great to have students with no tardies or absences for an entire quarter. Every school day counts. There is a correlation between a child's attendance prior to high school and the impact on their futures. A student absent for two days a month can allow a child to fall behind and increase the likelihood of dropping out. What your child does today will impact them for years to come. There are only three Saturday Academy days left: April 6, April 20, and May 4th. This is an opportunity for students to make up time. Testing will begin for all students on April 8. This is the time for students to show what they know and how much they have learned. The teacher and administration have set up incentives for progress over the school year. All students have an opportunity to spin the wheel for a prize, have a pizza party, or take an incentive trip if they raise their scores. Please encourage your child to get a good night's rest, eat a nutritious breakfast, and come to school with a positive attitude. The only task the child is expected to do is their best. These test scores will identify the students that will be invited to summer school. There will be more information next month. Parent teacher conference are scheduled for Wednesday, April 17 from 4:00-8:00. It is a great time to see your child's progress and find out what is happening.

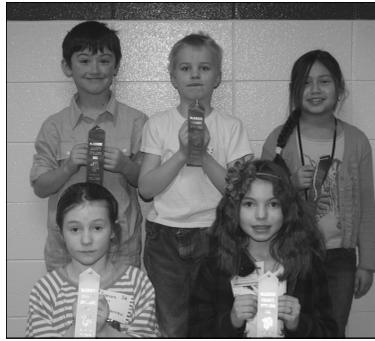
Be watching for more information about the Talent Show, Art Show, Music Concert, and Parent Academy. Please call the school if you have any questions or suggestions about your school.

2013 Spelling Bee Winners:

1st grade: Avaya Canyon and Alyssa Berschneider

2nd grade: (tie) Bailey Chase and Hayden Ladue from Alexander

5th grade: Ceara Hurkes



Upcoming Dates To Remember:

April 17: Parent Teacher Conference

April 19: No School

April 20: Saturday Academy

April 25: Art Show 7:00pm

April 29: Parent Academy 5:30PM

May 1: A.S.K (Adults Supporting Kids) 5:00PM

May 2: Talent Show 7:00PM

May 6: Athletic/Awards Banquet 6:00PM

May 10: K-5 Music Concert 7:00PM

May 22: Awards Day

May 23: Last day of school

8th grade graduation/HS graduation

Arla M. Dockter

K-8 Principal

Phone: 701.759.3311 Ext. 109

Fax: 701.759.3112

Carolyn Bluestone

HS Principal/Superintendent

Time To Prepare



In celebrating the "Holy Season" what is known as "Easter" was a time of preparation for the coming of the "Lord Jesus Christ." Jewish history and culture celebrate not the death and burial of Jesus Christ but His resurrection in remembrance that He is NOT dead but is very much ALIVE.

When an individual finally gets tired of their way of life and seek spirituality many turn to Jesus and accept Him into their life. This comes through a repented heart and finally a decision is to ask Jesus to come live in you. When we believe this we are saying that Jesus is no longer dead, but He is alive living in us. Thus we are to celebrate the time of His return by celebrating we must prepare.

Jesus Christ, born a Jew was not very well received by His country because, He was forthright in informing them that He was indeed the "Son of God," which is blasphemy in the Laws of the "Roman Government" and punishable by death. Before Jesus was sentenced, He already began a long journey of preparing His disciples to continue on with the ministry that "God the Father" sent Him to accomplish.

In times past we had much of the teachings of our ancestors that sustained our way of life through traditional ceremonies and offerings. This was also preparation for the future and the survival of our Nation and People. When Jesus said in Matthew 5:17 "Do not think that I came to destroy the Law or the Prophets. I did not come to destroy but to fulfill." Verse 18 "For assuredly, I say to you, till heaven and earth pass away, one jot or one tittle will by no means pass from the law till all is fulfilled." We are reaching that time and history when heaven and earth are passing, this must happen to fulfill the prophetic Word of the Bible and plans and preparation for the "Kingdom of Heaven".

I love the fact that our Spiritual Leaders from the very beginning of our creation stories understood and operated from this "other world" that they referred to as the "Spirit World" or what Jesus referred to as the "Kingdom of Heaven".

John 14 a much read scripture reading during funerals also promise that there is more permanent and glorious place to live, not just survive, not to rest or sleep, but exist in splendor and magnificence which is just one of the many

rewards.

John 14: 1-4

1. Let not your heart be troubled; you believe in God, believe also in Me.
2. In my Father's house are many mansions; if it were not so, I would have told you. I go to prepare a place for you. I will come again and receive you to Myself that where I am, there you may be also.
3. And if I go and prepare a place for you. I will come again and receive you to Myself that where I am, there you may be also.
4. "And where I go you know and the way, you know.

Most importantly we have a spiritual helper and guide that leads in all truth, Jesus said in John 14: 15-17

15. "If you love Me, Keep My commandments.

16. "And I will pray the Father, and He will give you another Helper, that He may abide with you forever.

17. "The Spirit of truth, whom the world cannot receive, because it neither see Him nor knows Him; but you know Him, for He dwells with you and will be in you.

This is how we come to the understanding of the "Triune God" the Father, Son and Holy Ghost.

John 14: 19-21

19. A little while longer and the world will see Me no more, but you will see Me. Because I live, you will live also.

20. "At that day you will know that I am in My Father, and you in Me, and I in you.

21. He who has My commandments and keeps them, it is he who loves Me, and he who loves Me will be loved by My Father, and I will love him and manifest Myself to him.

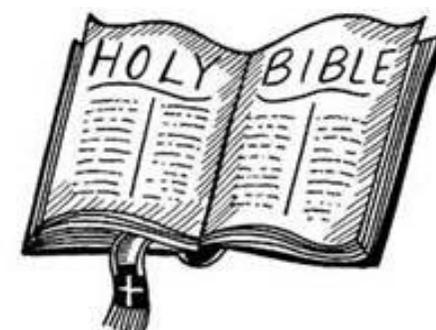
This is just how our great spiritual leaders of the past were able to operate in the "Spirit World" and I am a firm believer that they have their rewards in the "Kingdom of Heaven" they were of the true caliber of "Humbleness and Humility" not self seeking or self serving, but they truly served the people with the Highest Integrity, knowing the Creator and His love for His people.

Let us Prepare! God Bless

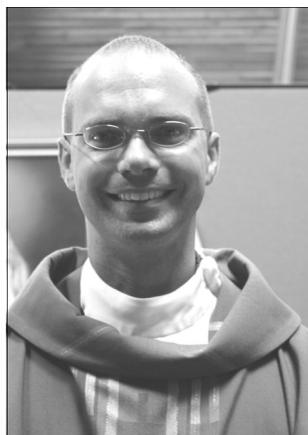
God Bless You!

Pastor Elise Packineau,

Mandaree Hidatsa Church



A New Pope!



No doubt you have heard about the Catholic Church's new Pope. Excitement is in the air and we can already get a glimpse of the trajectory of his papacy. The papal name that Cardinal Jorge Mario Bergoglio took after his election by the world's cardinals was Francis, in honor of the 13th century saint, especially noted for his simple lifestyle, concern for the poor, and respect for all of God's creation.

In fact, St. Francis of Assisi is the patron saint of animals and of the environment, along with the newly canonized St. Kateri Tekawitha, the first Native American to be canonized. The following excerpt from Pope Francis' homily at his inaugural Mass of March 19th gives you an idea of his concern for nature.

"Please, I would like to ask all those who have positions of responsibility in economic, political and social life, and all men and women of goodwill: let us be "protectors" of creation, protectors of God's plan inscribed in nature, protectors of one another and of the environment. Let us not allow omens of destruction and death to accompany the advance of this world! But to be "protectors," we also have to keep watch over ourselves! Let us not forget that hatred, envy and pride defile our lives!

Being protectors, then, also means keeping watch over our emotions, over our hearts, because they are the seat of good and evil intentions: intentions that build up and tear down! We must not be afraid of goodness or even tenderness!

When the new Pope made his first appearance in the balcony of St. Peter's Basilica in Rome, he said and did something that I thought was very humble and memorable. He said that before he gives his blessing to the city and to the world, which is expected of a new Pope, he wants the people gathered there and all those watching and listening around the world, to ask the Lord to bless him as he begins his papacy. Then he asked for a moment of silence and

proceeded to bow down for their blessing. It actually moved me to tears to see that, and I prayed hard for him. I thought to myself, wow, what a great example he just gave. That is, to be humble enough to ask for prayers.

There have been numerous anecdotes about the new Pope that confirm his spirit of humility and solidarity with the poor. While Archbishop of Buenos Aires, Argentina, he moved out of the palatial residence and into a simple apartment where he cooked his own meals and took the bus. He flew coach, rather than first class. He washed the feet of AIDS victims. He spoke out against greed, consumerism, and corrupt government. He stood against abuses to the environment, which he said was most detrimental to the poor. When asked why he didn't go to Rome recently for a certain celebration, he said his people in Argentina needed him and he couldn't justify such an expensive trip while so many people in his country are so poor.

Another theme of Pope Francis thus far has been that of God's great mercy for each and every person. He said there is no sin that God cannot forgive. The problem is, he said, that we sometimes get tired of asking for God's mercy, but God never tires of forgiving us.

I think that is a great message!! One that I hope I can take to heart and live and preach for the people that I encounter in life. I know that the Pope is praying for each of us, that we turn our hearts to God and His love for us. Together, let us pray for our new Pope and ask the Lord to bless him and give him strength he needs to be a good and holy leader in our world.

God Bless
 Father Paul
 St. Anthony's Catholic Church
 Mandaree, North Dakota



April Is Alcohol Awareness Month

From the desk of TAT 570 Youth Counselor Cheryle J. Fox, BA/LAC

Underage Drinking:

Alcohol use by persons under age 21 years is a major public health problem. Alcohol is the most commonly used and abused drug among youth in the United States, more than tobacco and illicit drugs, and is responsible for more than 4,700 annual deaths among underage youth. Although drinking by persons under the age of 21 is illegal, people aged 12 to 20 years drink 11% of all alcohol consumed in the United States. More than 90% of this alcohol is consumed in the form of binge drinks. On average, underage drinkers consume more drinks per drinking occasion than adult drinkers. In 2010, there were approximately 189,000 emergency rooms visits by persons under age 21 for injuries and other conditions linked to alcohol.

Drinking Levels among Youth:

The 2011 Youth Risk Behavior Survey found that among high school students, during the past 30 days

- 39% drank some amount of alcohol.
- 22% binge drank.
- 8% drove after drinking alcohol.
- 24% rode with a driver who had been drinking alcohol.

Other national surveys:

- In 2011 the National Survey on Drug Use and Health reported that 25% of youth aged 12 to 20 years drink alcohol and 16% reported binge drinking.
- In 2011 the Monitoring the Future Survey reported that 33% of 8th graders and 70% of 12 graders had tried alcohol, and 13% of 8th graders and 40% of 12 graders drank during the past month.

Consume more drinks per drinking occasion than adult drinkers.

Consequences of Underage Drinking:

Youth who drink alcohol are more likely to experience

- School problems, such as higher absence and poor or failing grades.
- Social problems, such as fighting and lack of participation in youth activities.
- Legal problems, such as arrest for driving or physically hurting someone while drunk.
- Physical problems, such as hangovers or illnesses.
- Unwanted, unplanned and unprotected sexual activity.
- Disruption of normal growth and sexual development.

- Physical and sexual assault.
- Higher risk for suicide and homicide.
- Alcohol related car crashes and other unintentional injuries, such as burns, falls, and drowning.
- Memory problems.
- Abuse of other drugs.
- Changes in brain development that may have life long effects.
- Death from alcohol poisoning.

In general, the risk of youth experiencing these problems is greater for those who binge drink than for those who do not binge drink.

Youth who start drinking before age 15 years are five times more likely to develop alcohol dependence or abuse later in life than those who begin drinking at or after age 21 years.

Prevention of Underage Drinking:

Reducing underage drinking will require community based efforts to monitor the activities of youth and decrease youth access to alcohol. Recent publications by the Surgeon General and the Institute of Medicine outlined many prevention strategies that will require actions on the national, state, and local levels, such as enforcement of minimum legal drinking age laws, national media campaigns targeting youth and adults, increasing alcohol excise taxes, reducing youth exposure to alcohol advertising, and development of comprehensive community based programs. These efforts will require continued research and evaluation to determine their success and to improve their effectiveness.

Consumer Role and Responsibilities:

- To be an active participant in his/her own rehabilitation a true partnership of skilled counselor and informed consumer.
- To be open to visions of what is possible in lifelong careers, rather than settling for less.
- To be trained in problem solving by counselors who encourage them to make informed choices among agreed upon options.
- To choose to include family, advocates, or service providers in identifying options.
- To be a self advocate for access and equity in services and for culturally sensitive counseling, language, and information.
- To be an active partner in helping identify options.
- To educate counselors about his/her talents, strengths, values, resources, concerns, and career dreams as starting points to explore.
- To identify his/her own barriers in making informed choices.
- To identify and explore a range of career options.
- To prioritize viable options based on what is best for him/her.
- To make informed career choices consistent with identified strengths, resources, and abilities.

MHA Community Traffic Safety Program Joins the “One Text or Call Could Wreck it All” Campaign to Educate Area Drivers About Distracted Driving

ONE TEXT OR CALL COULD
WRECK
IT ALL

FOR IMMEDIATE RELEASE: April 2, 2013
CONTACT: Fahtima Finley, 701-421-7668, ffinley@mhanation.com

New Town, ND– In an effort to make our roads safer, MHA Community Traffic Safety Program announced today that they have joined the National Highway Traffic Safety Administration’s One Text or Call Could Wreck It All” campaign to stop distracted driving.

MHA CTSP has pledged their support to help spread the message that distracted drivers are not only a danger to themselves, but everyone else on the road.

“We all know that talking on our cell phones while driving is distracting, but that doesn’t stop most people from continuing to do it,” said Fahtima Finley, MHA CTSP & BIA IHSP Coordinator. “This effort is intended to educate our community about the dangers of cell phone use and other distractions while driving. We hope that once people see the statistics and realize the danger involved, they will change their driving habits to help protect themselves, their families, and others on the road.”

In 2010, 3,092 people were killed in crashes involving a distracted driver and an estimated additional 416,000 were injured in motor vehicle crashes involving a distracted driver. That same year, eleven percent of fatal crashes were reported as distraction-affected crashes.

While anything that takes your eyes off the road, hands off the wheel, or mind off the task of driving is a hazard, there is heightened concern about the risks of texting while driving because it combines all three types of distraction– visual, manual and cognitive.

The national distracted driving effort focuses on ways to change the behavior of drivers through legislation, enforcement, public awareness and education-the same activities that have curbed drunk driving and increased seat belt use.

“Every driver in Fort Berthold has a role in this effort,” said Finley. “However, we especially want to reach out to parents with teen drivers because we know that statistically, the under 20 age group had the highest proportion of distracted drivers involved in fatal crashes”.

MHA Community Traffic Safety’s goal with this campaign is simple-saves lives by getting drivers to remember that “One Text or Call Could Wreck It All.”

ONE TEXT OR CALL COULD
WRECK
IT ALL

“Distracted driving is an epidemic on America’s roadways, and we’re doing our part to help put an end to it,” said U.S. Secretary of Transportation Ray LaHood. “Texting and cell phone use while driving is extremely dangerous, and we know simply getting drivers to turn their phones off when they get behind the wheel will make our roads significantly safer. Efforts like this one will help us put an end to distracted driving, and we encourage your support of this program to help save lives in your community”.

For more information about distracted driving, please visit www.distraction.gov.

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★★★★★
NHTSA
www.nhtsa.gov



**IT MAY LOOK HARMLESS
BUT IT'S BEEN KNOWN TO KILL
THOUSANDS.**



Character Counts!



The Parable of the Carpenter

By Michael Josephson



A master carpenter who'd worked for the same builder for nearly 50 years announced he was

retiring. The builder told him he appreciated his work and presented him with a \$5,000 bonus. Then he asked if he would build just one more house. He owned a magnificent lot with a spectacular view and wanted to build a dream home there.

The carpenter was bitterly disappointed at the small bonus and extra project, but the building fee would help him buy a small cottage. He agreed to build the dream house.

He had always prided himself on his uncompromising commitment to quality, but his resentment caused him to cut corners, ignore details, and accept shoddy workmanship from his workers. He even looked the other way when some of them substituted cheaper materials and pocketed the difference.

When the house was finished, the builder shook the carpenter's hand and with a huge smile gave him a thank-you card. The carpenter was disdainful until he saw inside the card the deed to the house he'd just built.

The carpenter was ashamed to have misjudged his old friend and betrayed his own values, and he was remorseful that the house he would now live in for the rest of his life had been made so carelessly.

Our character is the house we live in, and it's built piece by piece by our daily choices. Deceit, irresponsibility, and disrespect are like shoddy workmanship. Whatever we put in less than our best and ignore our potential for excellence, we create a future full of creaky floors, leaky roofs, and crumbling foundations.

This is Michael Josephson reminding you that character counts.

Birds On A Wire: Actions Are More Important Than Intentions

By Michael Josephson



Five birds are sitting on a telephone wire. Two of them decide to fly South. How many left? Three, you say? No, it's five. You see, deciding to fly South is not the same as doing it.

If a bird really wants to go somewhere, it's got to point itself in the right direction, jump off the wire and flap its wings.

Good intentions are not enough. It action that really matters.

Our character is defined and our lives are determined not by what we want, say or think, but by what we do. I frequently think of writing thank-you notes, birthday wishes and letters of praise. Unfortunately, only a sad few of these good sentiments even make it to paper. Still, if I don't look too closely, I can delude myself into thinking that based on my good thoughts, I'm gracious and grateful person. A truer picture of my character is drawn by my actions.

The challenge for me is to make the time to do the things I ought to do and say the things I want to say. There are lots of occasions to do this at home and at work. And one doesn't have to get sappy or insincere. Just look for opportunities to say something nice to family members, friends and coworker. Once you get the hang of it expand your arena of action and call or write a former teacher, a columnist or a public servant you admire.

The old Quaker saying puts it eloquently: "I expect to pass through the world but once. Any good therefore I can do or any kindness I can show to any fellow creature, let me do it now. Let me not defer it or neglect it for I shall not pass this way again."

This is Michael Josephson reminding you that character counts.

For Your Information

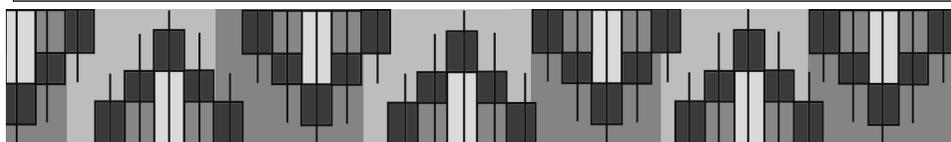
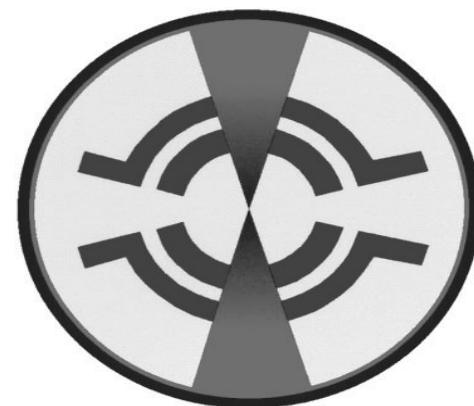
Young Bear To Defend Title At Gathering Of Nations



Young Bear singers when they won the 2012 "Northern World Class" Drum Champions.

This year the Young Bear drum group will be traveling down south to defend their 2012 Northern World Class Drum Champions title at the Gathering of Nations Pow wow in Albuquerque, New Mexico.

On behalf of the West Segment community we would like to wish our relatives good luck and safe travels as they participate and compete in one of the world's largest pow wows in the United States.



2013 Mandaree Celebration

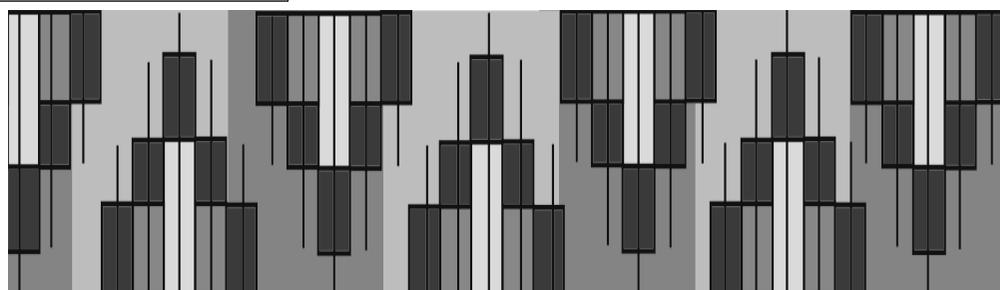


Will have their Bingo and lunch sales. Early birds at 6:30 pm and the Regular session at 7:00pm. Bingo's

Every Wednesday evenings.

At the Water Chief Hall in Mandaree.

Come & Support your local Celebration Committee!



2013 Mandaree Celebration Committee announces the Warbonnet Parade Dance will be on Saturday, April 13, 2013 at the Water Chief Hall in Mandaree, North Dakota.



Obituary



In Loving Memory Mary Lou Lone Fight

Mary Lou Lone Fight "Looking For Cherries" was born on March 9, 1968 to Matthew Sr., and Tillie (Turner) Lone Fight. She was a member of the Dripping Dirt Clan and a child of the Low Cap Clan. She was raised in Mandaree and attended Mandaree Public School throughout her elementary years.

As she was growing up in her country home in Mandaree her dad made a makeshift basketball goal where she enjoyed summer

evenings playing "Horse" and "21" with him and her sister Sherry. It was through this activity she developed a hook shot and a three point shot that earned her many All conference patches and starting positions in high school and other b-ball tournaments. Basketball became her passion and she loved her avid local basketball fans that supported her and loved to watch her play. Mary Lou also attended Flandreau Indian School and graduated from there in June 1986.

After she graduated she attended Job Corps in Ogden, Utah where she met the father of her two beloved children, Kalolo Nathaniel Lone Fight-Iu and Kaelani Lynn Iu. Her and her children's father resided in Salt Lake City, Utah until 1993 where they relocated back to Dickinson, North Dakota where Mary Lou attended Dickinson State University. Mary Lou and her family eventually made their way home back to Mandaree. She began working for the Mandaree Public School as a paraprofessional and coaching what she loved basketball. Mary Lou and her children's father separated at the beginning of the new millennium but remained friends and devoted parents for their two children.

During this time Mary Lou was attending Fort Berthold Community College as well as working full time and coaching in the evenings. Her hard work paid off and she earned her Associate's Degree.

While working at the Mandaree Public School as a paraprofessional Mary Lou had to maintain certification which she successfully did, year after year. Mary Lou had a strong work ethic and always strived to maintain her independence through hard work and discipline.

However after the death of her father in 2005 Mary Lou lost her passion for life and became disinterested in a lot of things she held dear. She began to battle an addiction that quickly became too big to bear.

During this time her son gave her two granddaughters, Telesia and Kam-Ree and a grandson Saint Thomas. It was also during this time she developed a close relationship with Robert Lincoln Sr., who remained devoted to her and by her side until she passed on. Her and Bob could frequently be seen driving together in her green lesabre. They would also spend time with their grand daughters; Jaylin, Sia, and Karmrie.

Throughout her life she developed close friendships with people and had many adopted brothers, sisters, moms, dads, sons, and daughters to which the family had called on some for her honorary pallbearers. She loved her nieces and nephews just like they were her own children and she could always be depended on if her sister's needed a sitter and she was equally proud of her brother's Matt's children.

Mary Lou was a good person who would help anyone that needed help and she always had a kind word. She loved to laugh and enjoyed life. She will be greatly missed by those who knew and loved her. With family and friends by her side Mary Lou passed away peacefully on March 12, 2013.

Mary Lou is survived by her mother Tillie Mae Lone Fight. Maternal Aunts; Rebecca Canyon and Primrose Morgen and her Paternal Antie Mabel Henry. Her children; Kalolo Nathaniel Lone Fight-Iu and Kaelani Lynn "Losa" Iu., and adopted son Hunter Lincoln. Her grand daughters; Jaelyn, Telesia and Kam-Ree and her grandson Saint Thomas. Her sisters and brother in laws; Sherry and Ted Lone Fight III and Vivian and Curt Hall Sr. Her brothers; Matthew Luke Lone Fight Jr., and Robert Lucas Lone Fight. Her special little hunny; Jewels Viv Lone Fight. Her companion Robert Lincoln Sr. Her nieces and nephews; Sandy Mae, Clancey Lucas, Damon, Lyman, Leroy, Phillip Charles, Barclay Clem, Chrissy Mae, Joni Leigh, Angelo Michael, Tedsena Joy, Maybella Swan, Esther Lovelle, Kurtlyn Ronelle, Curtis Ronald Jr., Jewels Viv and Lewis Spirit. Her grandchildren; Theodore, Melody, Natie, Bijou Jewel, Trivain Jaye and Love.

She was preceded in death by her father Matthew Luke Lone Fight Sr., Her Paternal grandparents; Theodore Lone Fight Sr., and Mary (Young Bird) Lone Fight. Her Maternal grandparents; Allen Paul Turner and Gladys (Bassett) Turner. She will be laid to rest on Mat-Til's Hill.

Obituary

Celebrating The Life Of Mary Lou Lone Fight

“Looking For Cherrigs”

Born: March 9, 1968 **Departed this world:** March 12, 2013

Wake Services:

Friday, March 15, 2013

At 5:00pm

Water Chief Hall

Mandaree, ND

Funeral Services:

Saturday, March 16, 2013

At 11:00 am

Water Chief Hall

Mandaree, ND

Senior Pallbearer:

Jessica Renea Phelan

Officiating:

Phillip Fox

Eulogy:

Kevin Finley

Music:

Gerald Hale & Dan Hunts Along

Poem:

DeJean Cavanaugh

Farewell Song:

Arthur Smith & Lyle Walking Hawk

Active Pallbearers:

Hjalmer Spotted Bear Zachary Sitting Crow

Charles Hale Curtis Hall Jr.

Cole Hays Crows Heart Sam White Owl

Barclay Wells Allen Paul Edwards

Phillip Lone Fight Raymond Yellow Wolf

Honorary Pallbearers:

Karen Fettig Twila Fox Edna Heart

Coty Lincoln B.J. Hunts Along Spirit Young Bird

Carol Reed Marilien Sorenson Hope Crows Heart

Ivanna Mckenzie Melanie Brugh Kojak White Owl

Geralyn Hale Corey Fox Nina Heart

Donald & Merle Young Bird Charlie Yellow Wolf

Frankin Lone Fight Terry Mason Hailey “Bop” Lincoln

Tony lu Stephanie Alcocer Neddie Ireland

Christine “George” Gonzales Bobby Hanley

Jokay Lone Fight Emily Connor Gordon Romero

Angle Many Ribs Eleanor White Body Opal Bird

Thomas “AS IF” Beaks, and her many cousins.

Mary will be laid to rest on Mat-Til’s Hill, Mandaree, ND

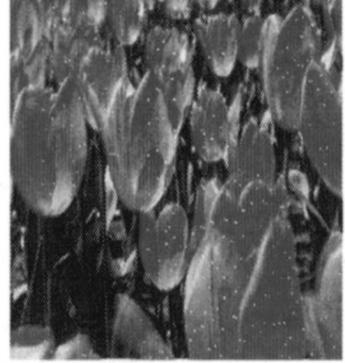
Senior Citizen Menu for the Month of: April 2013

Meals Prepared By: Dinah and Kip Black Hawk

<p>No Meals</p>  <p>Easter Monday</p>	<p>Cabbage Rolls 2 Broasted Potatoes Mixed Vegetables Butterscotch Pudding</p>	<p>Meat Loaf 3 M. Potatoes/Gravy Corn Tossed Salad Cinnamon Rolls</p>	<p>Beef Tips 4 Rice Lettuce Salad Fruit</p>	<p>Potato/Hamburger 5 Soup Grilled Ham & Cheese Fruit Salad Banana Pudding</p>
<p>Pork Philly Sandwich 8 Tater Tots Relish Tray Sherbet</p>	<p>Spanish Rice 9 Carrots & Celery Sticks Jell-O w/Topping</p>	<p>Beef Ribs 10 Baked Potato Carrots Raisin Bars</p>	<p>Chicken Strips 11 Boiled Potatoes Green Beans Pears</p>	<p>Fish Sticks 12 Macaroni & Cheese Beets Cupcakes</p>
<p>Beef Stew 15 Crackers Coleslaw Biscuits Fruit</p>	<p>Sweet & Sour Pork 16 Rice Pea/Cheese Salad Tapioca Pudding</p>	<p>Baked Chicken 17 Baked Beans Corn on Cob Potato Salad Ice Cream</p>	<p>Hot Ham & Cheese 18 French Fries Relish Tray Vanilla Pudding</p>	<p>Beef Stir Fry 19 Noodles Coleslaw Apricots</p>
<p>Wild Rice/Chicken 22 Soup Crackers Waldorf Salad Blueberry Crisp</p>	<p>Tater Tot Hot Dish 23 Green Beans Fruit</p>	<p>Roast Beef 24 Mashed Potatoes Peas Tossed Salad Cake</p>	<p>Scalloped Potatoes/ 25 Ham Brussels Sprouts Bread Pudding</p>	<p>French Dip 26 Curly Fries Lime Beans Apple Crisp</p>
<p>Sloppy Joe on Bun 29 Tater Tots Pickles Pears</p>	<p>Finger Steaks 30 Fried Potatoes Broccoli Peach Cobbler</p>			<p>Meal Site:759-3092 Elders: 759-3099 Fax: 759-3093</p>

Senior Citizen Menu for the Month of: May 2013

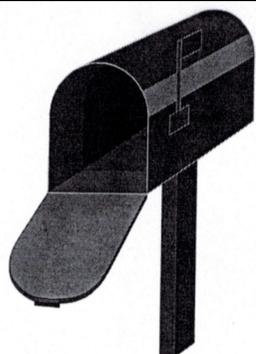
Meals Prepared By: Dinah and Kip Black Hawk

		Pork Chops 1 Dressing/Gravy Squash Apple Crisp	Beef Tips 2 Noodles Broccoli Chocolate Pudding	Fish Burgers 3 French Fries Beets Fruit Cups
Beef Noodle Soup 6 Crackers Waldorf Soup Lemon Pudding	Stuffed Cabbage 7 Mashed Potatoes Green Beans Vanilla Pudding	Polish Sausage 8 Baked Potato Brussels Sprouts Carrot Cake	Chicken Strips 9 Tater Tots Stewed Tomatoes Fruit	Meat Loaf 10 Boiled Potatoes Beets Raisin Bars
Beef Stew 13 Crackers Cottage Cheese Biscuits Cherry Crisp	Spaghetti w/ Meat 14 Sauce Peas Coleslaw Jell-O w/Topping	Veal 15 Mashed Potato Pea Salad Brownies	Turketti Casserole 16 Cucumber Onion Salad Biscuits Chocolate Pudding	Beef Stroganoff 17 Rice Carrots Apricots
Chili 20 Crackers Cheese Cookies	Salisbury Steak 21 Rice Mixed Vegetables Pears	Beefy Pasta Bowl 22 Relish Tray Peaches	Macaroni Hot Dish 23 Green Beans Cinnamon Rolls	French Dip 24 Potato Wedges Tossed Salad Apple Crisp
No Meals  Memorial Day	Chicken Cordon Bleu 28 Boiled Potatoes Waxed Beans Fruit	Roast Beef 29 Mashed Potatoes/ Gravy Corn Baked Buns White Cake	Beef Stir Fry 30 Noodles Squash Pistachio Pudding	Swiss Steaks 31 Mashed Potatoes Broccoli Butterscotch Pudding



Our Deepest Sympathy & Prayers to the family of Mary Lou Lone Fight on the loss of your beloved one.

May Our Creator be with each and everyone of you and grant you comfort and peace. From The West Segment Representative & Staff.



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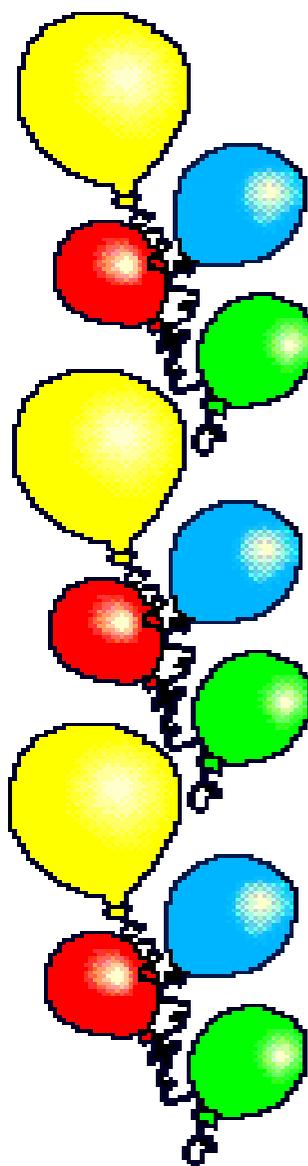
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April Happy Birthday Wishes To Our Elders!



Joyce Standish
Wanda Sheppard
James Danks
Kenneth Hale
Veronica Serdahl
Ethan Hall



Happy Birthday!

* Please forgive us if we forgot to mention your name, it was not done intentionally.