



BOYS & GIRLS CLUB
OF THE
THREE AFFILIATED TRIBES



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“Beat the Winter Blues by Getting Involved and Engaged with Others.....”

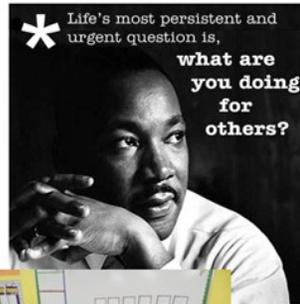
“The winter blues may sound like a mild affliction, or merely an excuse for spending too much time on the couch. But the fact is that the winter blues can and does impact health, wellness, happiness, relationships, and even success!.....Many believe the condition is related to a lack of exposure to sunlight during the long, winter months, while others respond that it’s just too darn cold out to feel like doing anything...

Traditionally throughout our Native cultures and communities, the long, winter months were a time to pursue activities that one did not have the time or ability to complete during the milder months of spring, summer, and fall when tribal members of all ages were immersed in tasks such as planting and tending crops, foraging wild plants for foods and medicines, and frequently moving the community camp to follow regional and seasonal patterns of ripening foods found in the wild, along with following wildlife migrations to hunt for game. So when the coldest part of winter settled upon the Northern Plains of long ago, tribal communities made the most of the time they were confined to one location, often inside their lodges or other winter dwellings. Hides were cleaned and cured, sewing of clothing took place, seeds were dried and sorted for planting or pounded into flour for baking, and hands of all ages and genders were busy carving bones, stones or wood for useful tools and gifts. Our ancestors’ lives significantly differed from the way we currently tend to spend our winters in that the people gathered and did such tasks *together, as a community*. Winter was also a treasured time for gathering together to tell and share stories. Often times, traditional tales included a life lesson of sorts, while others may have told of war party experiences or heroes, and some were shared purely for entertainment and laughter. These quiet winter times of sharing stories were very valuable, in fact, they assisted tribal members in transmitting their histories, cultures, values and beliefs to the next generations...So in taking a valuable lesson from our past, I propose that the best defense against the winter blues is to get together with others and pursue worthwhile tasks and projects that benefit the community. Most definitely – do not isolate yourselves! Get connected to others, to your community, to the important work and life that quietly continues to thrive through the darkness of the winter months.”

(Excerpt from American Indian Student Services, February, 2013 Newsletter , Director’s Column, Leigh D. Jeanotte)



Boys & Girls Club Martin Luther King Jr. Service Projects



New Town

The New Town Boys & Girls Club youth decided to package up cookies for military troops in honor of MLK Day of Service. The boxed cookies will be shipped overseas to Afghanistan and disbursed to members of the United States Army C Company. The kids were all excited to put a variety in each box, so everyone got their fair share of everyone's favorite, "Thin Mints." Upon returning back to the club on Tuesday, January 22, 2013, the youth will be participating in a community-wide trash pickup. This will show our support in trying to keep the streets of the community clean. New Town youth have also decorated their club walls with "I Have A Dream" finger paintings and art work. Everyone is encouraged to come over and see this project.

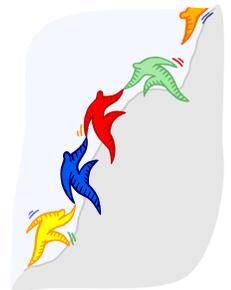
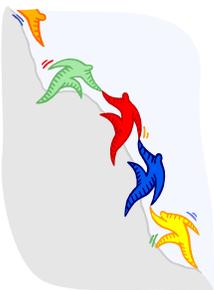


Four Bears

On January 18, 2013, the members of Four Bears Boys & Girls Club did a great thing for our community. The kids grabbed their shovels and shoveled sidewalks, decks, and driveways for some of the elders in our community. The kids had a lot of fun doing this and have asked to do it again sometime soon. Our kids were very proud of themselves and know that they did a good thing for their community. We plan on doing another day of shoveling sometime next month.

Parshall

The staff familiarized the youth with Martin Luther King, Jr.'s Service Project entitled, "I Have a Dream". This project is to create opportunities to make a difference in the community. These projects are varied and will be implemented throughout the year. An example of this is to learn about recycling and implement this tribute to the environment.





Welcome To

Immersion Mentoring

WHAT ARE THE IMMERSION MENTORING OUTCOMES?

- 1) increased desire and likelihood to continue participation in the mentoring program;
- 2) strengthened positive relationships with adult mentors;
- 3) improvement on targeted social, academic, and/or behavioral goals;
- 4) decreased engagement in juvenile delinquency;
- 5) decreased school absence;
- 6) greater interest in academics, particularly in STEM areas;
- 7) greater awareness of and interest in STEM-related careers.

PARTICIPATING SITES:

- Anchorage, AK
- Kenai, AK
- Scottsdale, AZ
- Shelton, CT
- Annapolis, MD
- Portland, ME
- Waterville, ME
- Minneapolis, MN
- Fort Berthold, ND **
- Cincinnati, OH
- Newport News, VA
- Randolph, VT
- Everett, WA

WHAT IS IMMERSION MENTORING?

Sea Research Foundation, Inc., parent organization of Immersion Learning, has established *Immersion Mentoring* within existing after-school mentoring programs at 13 youth-serving organizations in 11 states. Founded in 2002 by Dr. Robert Ballard, Immersion is a fun, hands-on program designed to bring the exciting world of ocean science to underserved populations. The program serves to reduce high-risk behaviors and positively impact the social development and academic achievement of at-risk youth ages 9-13 at Boys & Girls Clubs, as well as military base sites and tribal communities. Trained program coordinators and mentors connect with mentees through joint participation in real-world science, technology, engineering, and math (STEM) activities and inter-

HOW AND WHERE IS THE IMMERSION MENTORING PROGRAM USED?

Through an Office of Juvenile Justice and Delinquency Prevention Multi-State Mentoring award, Sea Research Foundation engages up to **520 mentees** and **130 mentors**, delivers structured STEM activities and programs to mentoring matches, and provides ongoing training and support for program coordinators and mentors. Collectively, the targeted communities experience high dropout rates, low-performing schools, gang activity, housing deterioration, high rates of unemployment and substance abuse, and/or significant disruptions due to military

What we have been up to this past month!!



The students finished the Titanic curriculum and received their certificate of completion.

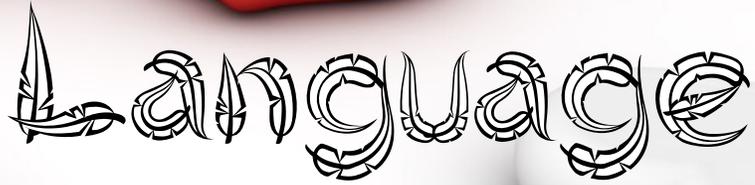
The students started working on dolphins. These students demonstrating what it is like for a dolphin to hunt in deep dark waters of the ocean.



We have expanded Immersion Mentoring to 2 more Boys and Girls Club Sites White Shield and Twin Buttes. Soon we will be adding Four Bears and Parshall. The new sites will be starting "Nautilus Live." Nautilus is the ship where most of the studies were conducted. The kids will learn to use a compass, how to track, what an ROV is and how it works.

This summer the Immersion Mentoring Program will choose 2 students and a Mentor to go to Mystic, CT for a week to take part in the Immersion Mentoring Program. This will be a great experience for the students who are chose in to participate. They will be able to visit an aquarium, enjoy hands on activities with the people who wrote the curriculum, meet children from different parts of the country while learning about sea wild life.

We are always in need of mentors for this program, if you are interested feel free to contact the Boys and Girls club. We look forward to showing you more of the students' projects in the near future!



Greetings and Happy Valentines Day!

Great progress has been made by the ANA Program through monthly meetings, advancing our technology projects and site visits. At the monthly meetings, we discuss project success and any issues that need to be addressed. As the new project coordinator, I have been able to visit White Shield and New Town. During the visitations, we set goals and conduct planning with our Master Speakers to ensure we are meeting the project's objectives. Some brainstorming outcomes for language revitalization through technology include writing books, recording prayers, citing the Pledge of Allegiance, developing games and creating language applications for the I-Phone or the I-Pad.

To help learn our tribal language, it is important to incorporate cultural activities which are fun and competitive. I recently attended a hand game practice session in Parshall led by Delvin Driver, Jr. Mr. Driver is working with high school students in Parshall gearing up for an upcoming tournament. I played hand game for the first time and really enjoyed myself!

We are planning language summit on Ft. Berthold to encourage our youth to become motivated to learn the languages of the Three Affiliated Tribes – Mandan, Arikara and Hidatsa. It is anticipated this summit will inspire our youth to be proud of who they are through language and culture. Our languages are being lost and along with that loss is our cultural identity and history.

Please feel free to stop in my office or call me at (701) 627-4415 ext. 5428 regarding any questions or ideas you may have to help us revitalize our languages.

Thank you! Melissa Young Bird – ANA Project Coordinator



NEW TOWN TEEN CLUB NEWSLETTER

New Town Boys and Girls Club

Open Monday—Friday

Hours: 4:00 PM—8:00 PM

Phone: (701) 627-4415

Staff:

Branch Manager—Melichi Four Bear

Teen Coordinator—Adrian Johnson

Jr. Staff—Jacob Baker



Upcoming Events

February 23, 2013

Teen Event—movie and bowling night in Minot, ND

Mission

To inspire, guide and empower our youth especially those that need us the most, to realize and reach their full potential as responsible, caring, and productive community members.

Teen Kid Of The Month



Melayna Four Bear

The Teen Club has planned a few off campus activities for the month of February. We attended a college basketball game in Minot as they played against Concordia College from Minnesota. The women's team came up short with a loss, but the men's team held on for a great win. The teens enjoyed their night out and are looking forward to bowling and a movie on the 23rd of February in Minot.

Melayna Four Bear has been named the Teen kid of the month for February. She has shown excellent manners, attends club on a daily basis, and traveling outside the community to events.

We have plenty of activities planned for our teens, so please encourage your child to attend and seek information about our outings.

Thank you and have a great day!

Adrian Johnson

Melichi Four Bear

Parshall Boys & Girls Club

Open Monday—Friday
 Hours: 3:15 PM—7:15 PM
 Phone: (701) 862-3922
 Fax: (701) 862-2156

Mission

To inspire, guide and empower our youth especially those that need us the most, to realize and reach their full potential as responsible, caring, and productive community members.



Renew your membership!!

Staff

Lexi Taft—Branch Manager
 Mikki Bidosky—Activity Coordinator
 Patricia Dixon—Junior Staff
 Averyl Taft—Junior Staff

Become a Member!!



National Mentoring Month!!



Teens—NYC -Meeting!!



Good Manner Award!
 12-12-12

Active Member of the Month



Ariana Esquibel



Be GREAT!



T.R.A.I.L—Gym time



Above:
 Kristen A. & Mireya M.



Below:
 Billie Jo M. & Lexi Taft



Wellness Circle - T.R.A.I.L.



Youth Celebrating Winning Money Matters Activity!!



Arts & Crafts - Valentine Love Bugs!!

Parshall Boys and Girls Club hopes everyone has had a great start of the New Year! We have been implementing regular club activities throughout the month of January. As always, we have our Power hour/Project Learn program to reinforce education through fun activities and tutoring. We have also had Arts & Crafts activities to expand creativity through projects specific to the holiday season. One of our main focuses is our SMART Moves program where we have activities specific to education and prevention efforts against substance abuse. This month we also began the T.R.A.I.L. program, which is formatted to motivate and support youth in living healthy lifestyles, including cultural aspects to enhance education in nutrition and physical fitness. We are happy to have celebrated and participated in National Mentoring Month, enhancing bonds between matches through Mentoring Monday activities which we displayed on a Mentoring bulletin within our club!

To add, we also completed a Martin Luther King Jr. Day Service Project, "I Have a Dream", where staff educated youth about the day and youth were then required to think of an opportunity where they could take to make a difference in their community. We are also happy to say that our eager Native Youth Council has been consistent with weekly meetings, planning college tours, fundraisers and participation in community service projects! Looking forward to our community service project for February we are having FBCC college students coming in doing a Recycling Event for the youth to give back to the community through recycling.

We hope everyone is continuing to stay warm!
 See you next month for more updates!



Happy Valentine's Day



Upcoming News for February 2013



Hello all! For the month of February we've been busy planning for our Pajama Party / Membership renewal drive. Which took place last Friday from 8pm—12 am. Our goal was to get as many youth in as well as with their parents to renew their yearly membership applications. We successfully renewed 38 membership applications! Our club kids had fun enjoyed the different games, color tag, basketball, kickball, & different races. We also served pizza, chips, and different kinds of snacks. Which the youth loved. For the continuing month we are planning to have a Valentines Day party exchanging different Valentines we've made in the club amongst our club kids and as well to the Elders & Senior Center. As always we continue running regular direct service hours & nightly tutoring from 3:30– 7:30 We are always looking for mentors and volunteers for the White Shield club. Feel free to stop in and check out our club. Thank you, and have a Happy Valentines Day!



Mission:

To inspire, guide and empower our youth especially those that need us the most, to realize and reach their full potential as responsible, caring, and productive community members.

**White Shield
Boys & Girls Club
Open -Monday - Friday**

Hours- 3:30 PM –7:30 PM

Phone - 743-4003

Fax - 743-4030

Address:

**East Segment Building
1620 61st Ave NW-C
White Shield ND -58775**

Club Staff

Activity Coordinators

-White Elk Dickens

-Brooke Meyers

-Charleigh Fox

Tutors

-Kim Dickens

-Ardene Perkins

GREAT FUTURES START HERE.

Four Bears Boys & Girls Club February Newsletter



Hours of Operation:

Monday– Friday:

4:00 pm -8:00 pm

Wednesday:

3:00 pm– 8:00 pm

2006 Coyote Woman Ave.

New Town, ND 58763

Phone: (701) 627-4418

Fax: (701) 627-4068



Fours Bears Staff

Act. Branch Manager-

Jacobi Jarski

Activity Coordinator-

Delia Blake

Jr. Staff-

Michelle White

Activities coming up this month will be our **Valentines Day** party on the 14th and a food drive.

This month has been a very eventful one. We have had a lot of improvements in our Club. We've had our office floor fixed, got new filters for our fish and turtle tanks and cleaned & organized our building.



Before

We would like to give a special thanks to Dakota Quality Grain & Lumber Cooperation for the donation of the wood used to fix our floor and Jerome Jarski for doing the repair.



After

Active Kid of the Month



Martinez Canyon

Active Teen of the Month



Michelle White

New Town Boys & Girls Club February Newsletter



Tairee Brady, Victoria Martin, Kyla Walker, Aubree Everett, Karyon Kohlen



Savannah Whitman, Kyleigh Malnourie
Kambria Heart, Sharonna Standing Soldier



Tiana Kaden, Derrick Standing Soldier, Jordan Kaden
Alannah Howard, Sharonna Standing Soldier

Tiana Kaden, Kambria Heart, Ashley Shardlow, Karyon Kohlen



Treyton Lilley, AJ Jefferson, Hidas Cantu, Taiyon Lilley

New Town Staff

- ◆ Branch Manager:
Melichi Four Bear
- ◆ Teen Coordinator:
Adrian Johnson
- ◆ Activity Coordinators:
Ashley Shardlow
Shelby Lego
Kayla Lone Bear

Congratulations to Our Club Kid

Hidas Cantu



This month has brought new pets, members as well as new staff to the New Town Boys & Girls Club family. The children have participated in new activities and events, from magic tricks to creating sinking sand. The staff challenged to stretch the imaginations of the kids in a blind folded game. The youth molded silly clay creations while blind.

For MLK Day of Service our club members boxed Girls Scout cookies and sent them overseas in support of our troops.

On Saturday January 19th, the kids went to story telling and a pow-wow held at the Earth Lodges. They were asked to participate with Jackie Bird in her hoop dancing performance.

So much fun is always had by all at the New Town Club. We invite everyone to come in and see us!!



Ashley Shardlow, Kambria Heart, Savannah Whitman, Karyon Kohlen, Kiana Wolf, Tiana Kaden, Tairee Brady, Victoria Martin

Mandaree Boys & Girls Club



The Mandaree Boys and girls club had their lock in on January 11 which went from 10 pm to 6 am. We had basketball with a three on three, lighting, five on 5 basketball and volleyball tournaments. The kids had a blast and included are some of the winners of the various tournaments with there prizes. The lock in had games and eats such as pizza, sloppy joes, juice, chips and the candy prizes.



In February the club is looking to have a lock in but include a Valentines Day dance before then commence with the lock in with the games and tournaments.

The club also has been working with Mandaree school and the St. Anthony's church in with the religious release and Father Paul have been coming over every Friday to utilize the club for the religious release class.

Teen of the month



Anthony Wolf is Mandaree's boys and girls club youth of the month and Kalee Robertson is the teen of the month.

They both showed enthusiasm by coming to club almost every day and having wonderful participation and over all great attitudes.

Youth of the month



Boys & Girls Club of the Three Affiliated Tribes

P.O Box 189
710 E. Ave
New Town N.D.
58763

Phone: 701-627-4415
Fax: 701-627-4416



Our Mission: To inspire, guide and empower our youth, especially those that need us the most, to realize and reach their full potential as productive, responsible, and caring community members.

Our Vision: To strengthen the lives of our youth by providing a consistent and safe educational environment that incorporates ethical and traditional values to positively impact their lives.

- Boys & Girls Club Staff highlight -



Lexi Taft

Parshall Club branch manager

Lexi has worked for the Boys & Girls Club on and off since 2004. She is located at the Northeast Segment building and manages the Parshall Boys & Girls Club. She loves working with the youth, and enjoys seeing a child's expression on their face when they are having fun or when they accomplish something. Also, she values the bonds that she has made with the youth and her mentees over the years. Her parents are Holly Mayer-Taft & Karmon Taft. She has 5 awesome siblings and is a mother to a beautiful girl, Jaivelyn Roze.

Board of Directors

Chief Volunteer Officer: El Marie Conklin

Vice Chair: Mike Young Bird

Treasurer: Karen Drosdal

Secretary: Vacant

Members:

Scott Eagle

Orville Fox

Jason Two Crow

Frank Henry

Polly Chase

