

NAhtAsuutaaka' (White Shield) News Journal

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Pawnee Representatives Sent to Re-Establish Relationship with the Sahnish, Who are Relatives of the Arikara



*On drum, Jr. Morsette, Kenny Wells, Austin Gillette, (behind drummers) Herb Adson, Pawnee visitor, Robert Adson, son of Pawnee visitor; Shorty Bearstail, Tom Wells, John Malnourie, Richard Pease (back to camera).
(Story continued on page 5)*



*From the desk of Fred Fox, Councilman, East Segment, White
Shield, ND 58540*



I want to first start out by sending my condolences to the families who have lost loved ones or have loved ones in the hospital. My prayers are with you and your family.

Schools will soon be out and summer is fast approaching. The powwow season will be upon us once again. I want to congratulate all the graduates this year. Keep studying hard. No goal is impossible. Strive to be the best and represent our people in whatever you're doing. This year, again, I will be gifting every graduate with a satin star quilt at the White Shield graduation ceremony.

This past month I traveled to Phoenix, Arizona to visit the Gila River Tribe. We met with Governor, Stephen Roe Lewis. He went over their Tribal Health Care system with us. Their hospital and health care services are outstanding. It's run like a business. Every year they profit from revenue and operate in the black. This type of model is a goal for the MHA Nation. Kathy Eagle, our current CEO of Elbowoods Memorial Health Center, worked for Gila River. So she knows exactly what we are striving for. Kathy is from White Shield and the Tribal Council has the utmost confidence in her abilities to work towards our goal of operating a similar health care system as Gila River.

The most important part of our visit at Gila River was touring the Residential Drug Treatment Center. The MHA Nation will be building a Drug Treatment Center for our tribal members. We wanted to see how the Gila River Tribe operates their Center. Their facilities include spiritual and cultural treatment. They also have beds not only for the members who are rehabilitating but also for their children and single parents, mothers or fathers. Drug addiction has been our Tribal Nation's worst enemy. Unfortunately, we are currently losing the battle. We are watching our members' lives destroyed and families lost due to this drug epidemic on our reservation.

A few of the Tribal Business Council members traveled to Washington D.C. for some important meetings with the Army Corps of Engineer, Assistant Secretary, Bureau of Indian Affairs; Director, BIA Land Buy Back Program; Bureau of Land Management and also Sen. Heidi Heitkamp. The meetings consisted of the Return of the Lake Shore, River Bed mineral dispute with the State of North Dakota, the Cobell Indian Land Buy Back, and the Gas Flaring issue with Oil and Gas development on Fort Berthold Reservation.

The Return of the Lake Shore Excess Lands is currently in the process of being transferred by the 1984 Mineral Restoration Act. The Governor of North Dakota has conceded to the MHA Nation on the Return of the Lake Shore by calling the Tribal Business Council this past week. He will assist with the transfer back to the MHA Nation.

The Cobell Land Buy Back will be starting this summer and fractionated land will be able to be sold to the Tribe. This will be funded by the Cobell Settlement. Each Tribe was awarded a budget from the BIA in hopes of land consolidation.

Currently on the Fort Berthold Reservation, 20% of all produced gas is flared. This number was a lot better than a few years ago. This is due to getting pipeline rights-of-ways approved so the pipeline can capture the gas and transport it after it is sold at the well head. BLM has made certain regulations to O&G industry so they only can flare for a certain time period.

The River Bed minerals are still in dispute, but the MHA Nation is waiting for an opinion from the BIA solicitor to record the tracts of River Bed minerals into the BIA TAMMS system. Once this happens, they will be Trust Minerals reserved for the MHA Nation.

We will be having a Segment Update meeting Tuesday, May 10 at 6 p.m. at the Complex. I will give an update along with Law Enforcement and other vital programs from the Tribe.

Once again I want to congratulate all the high school seniors for a job well done, but your journey is not complete. Keep striving to further your education. I wish you the best of luck. Thank you and God Bless.

New MHA Education Pipeline Program Supports College Students



TAT is providing a new program called the *MHA Education Pipeline for tribal members*. It will provide academic advising, scholarship information, FAFSA help, and other education related support for young people on the reservation who may be considering higher education, who are already enrolled in college, those who have an advisor or have an academic program in place.

Part of the academic advising is completing an educational care plan that will list all courses student needs each semester until graduation.

Dr. Elizabeth Yellow Bird, mentor and advisor for the program, has over 30 years of experience working with students and offers support and help with any academic, educational or scholarship service.

For more information, help and support, call, text or e-mail Elizabeth Yellow Bird at (701-317-6524) or email her at Elizabeth.yellowbird@und.edu. She is located at the MHA Tribal Office building, across from the Eagles Landing C-Store.

White Shield Prom, White Shield School gym, May 7

White Shield Graduation, White Shield School gym May 22.

UTTC Graduation May 13

Nueta, Hidatsa, and Sahnish College Graduation May 13

Sen. Heitkamp Joins Tribes' War on Drugs



Sen. Heidi Heitkamp comes to Ft Berthold on a regular bases. “Every time I come here, I feel I am home and experience great hospitality,” said Sen. Heitkamp. She is known among Indian tribes, nation-wide, as a friend who is always ready to lend a hand.

On this visit she listened to and discussed with the tribal council the growing incidents of substance abuse on the reservation. It may be a result of a population explosion and overnight wealth for some people in the area.

“We have our own war on drugs. We are being devastated by drugs and we need to stand up and fight hard” said Chairman Mark Fox.

“We need to remember we have the sacred obligation to our children. When we focus on our children, we make good decisions,” Sen. Heitkamp said.

Fox said, some of the projects at Ft Berthold include a \$17 million Law Enforcement and Court House building. The Law and Order Center will be located across from the Cenex Convenience store in New Town. The grand opening for this facility is slated for February or March of 2017.

The tribal council visited a Gila River Drug Treatment Center near Phoenix a few weeks ago. They were impressed with the layout and programs there. Chairman Fox said they currently have plans to build a \$30 to \$40 million treatment facility off reservation where there is infrastructure. The proposed 19 acre treatment facility will be located near the new WalMart North of Bismarck off Highway 83. There are problems to work out with the Federal government



and the State of North Dakota and Sen. Heitkamp may be able to help with those problems in Washington, D.C. Fox said. Also they are in the beginning stages of requesting operations and maintenance funding from IHS.

Sen. Heitkamp also visited tribal Headstart programs and the Nueta, Hidatsa, Sahnish College.

Proposed Drug Treatment Center at Bismarck.

(Arikara and Pawnee Story continued from front page)



Sitting Bear, Arikara Chief

There has always been visits and meetings between the Sahnish and the Pawnee of Oklahoma. At one time in the mid or late 1500's, the Pawnee and Sahnish were one tribe, Austin Gillette,

Fiduciary Trust Officer, told the community at an April 18 gathering held for the "Smoking of the Drum." The drum is to be used at the White Shield Celebration in July.

The tribes split in Nebraska and Kansas due to many factors such as the huge population which was estimated to be over 20 thousand people (some stories say over 40 thousand) The area couldn't support that large population.

The purpose of Herb Adson and his son, Robert (Bobby) Adson was to re-establish relationships between the Arikara and Pawnee. He met with Austin Gillette and told him they want to start to re-establish that relationship. If the Arikara agree, he said, they would come to the Arikara Celebration in July.

Adson said he comes with instructions from the Pawnee Tribal Council to develop that relationship.

He said "there are so many things here that remind me of the Pawnee." He was very happy to witness the "Smoking of the

Drum" ceremony on Tuesday. The Pawnee have lost some of their ceremonies and it is good to witness them again.

The chronology of the Bands is as follows:

In **1450**, the Sahnish are occupying Bad/Cheyenne River area.

In **1541**, Coronado encounters the Sahnish



Eagle Chief, Pawnee 1905

at the Big Blue River and Mill Creek Valley in Kansas.

In the **1700**, Spanish fur trader Le Seur finds the Sahnish around the Ft. Pierre area. They occupied 32 villages in the Missouri Trench.

In **1723**, they are found living near the Arickara River (today called the Grand River) in South Dakota.

In **1734**, the Sahnish and the Schirri (Pawnee) Bands are found near the Elk Horn River in Nebraska and it is there they separate.

In **1743**, La Verendryes' son arrives at the mouth of Bad River where he meets Chief Little Cherry's Band of Sahnish. They are separate from the Arikara.

In **1770**, The French establish a trading post at the mouth of the Cheyenne River in Sahnish villages.

In **1782**, a smallpox epidemic devastates the Mandan at Heart River, the Hidatsa at Knife River, the Awaxawi at the Painted Woods region and the Sahnish in the Grand River villages.

Annual Elders Fair Draws Large Crowd of Seniors

New Town – The Annual Elders Fair has been a success story since inception several years ago. It was planned as not only something fun and entertaining for seniors, but also a way to learn new things about how to maintain good health.

Bingo has always been a good draw for any gathering for older people so that was the biggest draw for people at this Fair. There are other games such as Musical Chairs, Darts, Bean Bag, Fish Pond and Plinko. Booths are set-up around the large Northern Lights building in New Town that give information about diseases such as diabetes, high pressure and so on. The caretakers also did blood pressures and measure glucose.

The Tribal Council supports the efforts of the caregivers and donates prizes. First prize this year was a 50 inch color TV won by Bobbett Fox Bruce of White Shield. The segments also donate prizes and at least 75 percent of the elders won something. If you did not win, they handed out prizes to those people so no one went home empty handed.

One elder, who is 78, said this was her first time and she thoroughly enjoyed the Fair and will return next year.



Kathy White Bear, Deloris Wilkinson, Aurilla Gillette and Florence Brady play bingo.

Photos of Elder Fair by Helen Krueger.

Autumn and Jackie Blacksmith, Gloria Brennan, Winogene Blacksmith and Jean Red Hawk





Joyce Krueger and her son, Darcy "Duffy" Kruger, Sr. play and win at Bingo.



Bobbett Fox wins 50 inch Color TV



Large crowd of elders move from booth to booth of game to game. Many of the games have prizes for winners too.

The Outlaw interviews White Shield Elders

Story and photos by Karen LoneFight



Outlaw Shannon Hale visited White Shield elders April 25 from 8:30 till noon. Of course Hale said it was “Indian time,” which meant, he showed up at 9 am, and left at 1:30 pm. Only a few elders got to speak with him but conversation of the old days sprang up everywhere and soon there was laughter and a good time. Shannon stayed for lunch and continued to soak up all the rich history and the warmth of the elders. He said he would return so he could get more stories and learn more of the history you don't get in books.



Cleo Charging had several stories. One was about when she was around 4 and she remembered taking her aunt home. They had to cross the Missouri River. She said there were times when you could drive across the Missouri River in a car as long as it wasn't "tricky". But on the way home, she said her mom must have gone too fast and water splash in the engine and it died. She said she honked and honked then she saw her aunt returning over the hill on horseback with rags. They popped open the hood and stated drying the engine.



Greta White Calfe said her father was a councilman and on travel. It was just the kids and her mother. She was awoken by her mother in the middle of a very, very cold night. Her mother was in need of medical help. As the elder children her sister 14 and Greta 12 were asked to run to Nishu, over nine miles away, and go to the school and have the hospital car come get her mother. They went to the barn and harnessed up the horse team to the sleigh. In Nishu there was only one phone and the principal had it. They woke him. He had the old fashion phone that you had to ring a bell and talk into a tube. They were just getting ready to start for the cold trip back when a boy came up to needing a ride. He lived just east of them. They said he could jump in if he drove the team for them. He agreed. He stood and drove the team to the five mile mark then he jumped out and walk the rest of the way home which was a mile. Her sister had to stand and drive the horses the rest of the way, then put the horses in the barn. They finally get back into the house. Soon after that, the hospital car showed up.

Duane and Bonnie Fox: Bonnie said she was in a one-room Nishu Day school. Her teacher was Mrs. Breuer. They sat two to a desk - one older child, one younger child. Shannon asked so



did you two sit together? Bonnie said no “we didn't like each other.” They all three burst into laughter.

What was interesting is even the stories overlapped as it was Mrs. Breuer's son who was the boy who drove the horse for Greta that cold night. Duane talk about picking up people in a sleigh in the snow. They all talk about life on the Missouri river. The fun and good times as well as the hard times all contributing the history of White Shield.

TRIBAL MEMBERS RECEIVE DOCTORS DEGREE

Coming Hay Will Practice Medicine in Minot



April Coming Hay, 30, begins her career as a Doctor of Medicine in Minot, ND. She said she is the first in her large, extended family to receive a Doctors Degree.

“I know it’s a cliché when people say they want to be a doctor to help people, but that’s all I’ve ever wanted to do,” said April. Her mother was a nurse so she was exposed to health care all whole life.

Coming Hay currently lives in Bismarck but many of her family members live in Montana. April and her son, Damion, 10, will move from Grand Forks to Minot in the next few months, but she will stay somewhere in North Dakota or Minnesota to

practice. “I’m kind of a rural person and I don’t want to go far from here,” April said.

Her residency at the Family Medicine clinic at the UND Center for Family Medicine will last 3 years. “It is like an Internship (on-the-job training) before she goes into practice” she said. The fields she leans toward are mental health because she suffered from depression and it is an important area of the mental area. She also had some addictions and she has family who have addictions so she said she is partial to that field of study also. Coming Hay’s parents are Lisa and Tracy Burr. She and her son are members of the Three Affiliated Tribes and from the Twin Buttes Segment.

Dancing in the RAIN: UND Nursing Recruitment Program Celebrates 25 Years

Grand Forks and the UND campus was filled with drum sounds and Native people tribes from the area who came to celebrate RAIN and UND’s contributions to the health care systems on reservations and in the regions. RAIN and INMED staff, alumni, friends, family and visitors came to the campus to join with these programs in celebration. “It’s totally amazing to see our alumni here,” RAIN Director Deb Wilson said. “It’s really neat knowing that they’re all successful, knowing that they’re helping to make a difference out in all our Indian communities.”

Approximately 25 nurses who graduated from RAIN, in addition to former RAIN staff, gathered to celebrate the program's history and success. Some of those nurses work at the Elbowoods Memorial Health Center in New Town or on the reservation. They are: Kathy Eagle, CEO for Health Center; Marilyn Yellow Bird RN, Master's Degree; Rose Davis, director of Nursing. Also



MaDonna Azure is a former RAIN graduate who works at White Shield. Liz Yellow Bird and Deb Wilson are both from Ft. Berthold and have long histories with RAIN and INMED.

The celebration included an alumni reception on Thursday evening, along with a full day of events on Friday, which culminated with a RAIN Honor Song at Friday's UNDIA Wacipi (pow wow). And, although it was a celebration of a program, perhaps RAIN's 25th anniversary could more accurately be described as a family reunion.

Allen Demaray plays the flute during an American Indian blessing for 25th anniversary celebration for UND's Recruitment/Retention of American Indians into Nursing program.

"(The students) end up being all your kids," Wilson said. "It's been an awesome journey and all these people are a part of it. They're all my family forever, and I think they feel the same way about RAIN. It's about family, it's about being there—the good and the bad."

The RAIN Program has been recruiting at UND since the fall of 1990 as part of the College of Nursing & Professional Disciplines, using funding provided through the Indian Health Care Improvement Act to increase the number of American Indian nurses providing health care to Indian people. Since its inception, the RAIN Program has graduated 203 American Indian nurses at a baccalaureate level, 53 at a master's level and one doctor of nursing practice. Additionally, 20 have earned master's degrees from other institutions, one a juris doctorate, and five have earned Ph.Ds. from other institutions.



"It's been a lot of blood sweat and tears," Wilson said. "But there's light and there's joy at the end of that because you see them coming in as scared pre-nursing students... they don't know what they're getting themselves into. It can be overwhelming for them, and so it's RAIN saying you can do this."

Picture at left is Wacipi at UND

Story by Carrie Sandstrom, UND and Dorreen Yellow Bird, Sahnish News Journal. One Photo by Jackie Lawrence, UND, photographer..



DuBois receives Doctorate in Nursing Practice from Winona State University

Bernice DuBois’s dream of returning to her reservation and giving back to her community is finally coming true thanks to hard work, determination and Winona State University.

DuBois will receive her Doctorate in Nursing Practice May 6 at the WSU Commencement ceremony, and plans to return to her hometown reservation in White Shield, N.D., as a family nurse practitioner after graduation.

A first-generation student, DuBois longed to return to the community in which she grew up and provide care for a population that is traditionally underserved.

“The course work has prepared and equipped me with the knowledge and tools for this endeavor,” DuBois said. “I was connected to clinical sites that have given me knowledge pertinent to caring for patients from birth to end of life and specific to populations that are underserved.”

At her clinical site in Minneapolis, DuBois worked on an evidence-based project to help identify and provide early intervention for non-alcoholic fatty liver disease – a major problem in the Native American community.

While pursuing her education, DuBois worked full-time as a registered nurse at Mayo Clinic and somehow found the time to raise three sons. She appreciated the convenience and flexibility of the graduate nursing program at WSU-Rochester, as well as its dedication to students.

“I can’t say enough about the support of the graduate nursing faculty and all they have done for me during my WSU experience,” said DuBois. “From Sara Bass and Carolyn Ryno keeping us on track in our program, to all the amazing instructors and mentors that have guided us in our journey.”

Not surprisingly, DuBois’s favorite part of the WSU experience has been the people.

“The most important thing WSU taught me is to not be hesitant, to reach out and make connections with other people,” DuBois said. “It is invaluable to know your resources and create healthy, meaningful relationships to pursue further education and to reach common goals.”

One professor who has particularly inspired her is Jane Foote. DuBois said Foote provided mentorship many times throughout her education that gave her hope when things were looking bleak.

“She educated me in leadership skills and how to be a positive role model to raise people up to form purposeful and successful teams. Jane Foote is an amazing role model who is kind and humble with a generous nature,” DuBois said.

DuBois said she looks forward to graduation and returning to her hometown. “I feel the graduate program for nursing has prepared me for the next part of my journey. I feel they cared for me as a person, not just a student,” DuBois said. “I would recommend any person considering a graduate program to WSU.”

Daryl Bearstail Honored by Tribal Council



Fred Fox, White Shield Segment; Frank Grady, Four Bears; Randy Phalen; Daryl Bearstail, Coach of Year; Mark Fox, Chairman; Ken Hall, New Town; Merv Packineau, Parshall; Cory Spotted Bear, Twin Buttes

Daryl Bearstail named “District Coach of the Year is honored by the Tribal Council at the April 14 tribal council meeting. His accomplishments were announced for the people in the chambers.

A very humble and tearful Bearstail received the compliments.

History was made the last time Daryl Bearstail was the Shiloh Christian girls basketball coach. Bearstail led the Skyhawks to their first ever state tournament appearance in 2008 and even though he left

Shiloh, he still remained a part of the community living here and sending his kids to Shiloh. Bearstail has plenty of experience on the court after graduating from UMary. He's headed up the United Tribes women's team, the Mandaree boys team, and most recently the White Shield boys team. Now it's back to Shiloh where familiarity was the big reason he took the job. "We've had kids here since 2004 going to Shiloh and still do. I know the people and the school. The academics are great. The value system is awesome. So those are the big things that allowed me to want to come back here," Bearstail says.

White Shield Take 3rd Place in Missouri River Shootout

The White Shield Flight basketball team took 3rd place in the 4th/5th grade boys division at the 2nd Annual Missouri River Shootout this past weekend. The team is comprised of players from both the White Shield and Garrison area. The team, combination of White Shield and Garrison boys, traveled to Bismarck to participate with teams from Red Lake, Minneapolis, Fargo, Pine Ridge and other cities.



Lives in the Clouds Perkins, Braxton Iglehart, Tarren Larson, Horse Holding Sun Perkins, Smell of Rain Perkins, Gavin Ruud, Treyson Iglehart. (Little Hail is not pictured)



Coaches Wanbdi Waci, Bearstar Perkins and Brad Kroupa huddle with team during time out.



Coach Brad Kroupa, Horse Rising Sun Perkins, Matthew Goranson, Tarren Larson, Little Hail Perkins, Smell of Rain Perkins, Gavin Rudd, Braxton Iglehart, Treyson Iglehart and Bearstar Perkins.

Roster

- 1 Smell of Rain Perkins
- 3 Braxton Iglehart
- 4 Treyson Iglehart
- 11 Little Hail Perkins
- 12 Gavin Ruud
- 23 Tarren Larson
- 32 Matthew Goranson
- 33 Horse Holding Sun Perkins
- 52 Lives in the Clouds Perkins

Coaches

- Brad Kroupa
- Bearstar Perkins
- Wanbdi Waci

Henry Seeks votes for White Shield School Board

My name is Danile J.W. Henry I am running for one of the seats on the White Shield School Board. There are (2) two positions to be filled on **June 7, 2016**. I have served on the School Board for 10 years and I feel I have made a considerable contribution to the White Shield School District and that is why I am asking you to support me again.

As a Board member we need to create a long-term vision; and that is exactly what my philosophy is. As a Board Member, our main responsibility is to establish and maintain structure that supports our mission and vision for the White Shield School District. Accomplishments as a former Board Member includes;

- Worked in collaboration with Board Members to build a new school, and today we are in the construction phase. Continue to seek funding for the new school so our new school has quality conditions for teaching and lifelong learning, safe, healthy, modern and up-to-date technology and materials.
- Created more housing and still have more housing plans for school personnel and teachers, so our teachers stay in our Community of White Shield.
- Support the Arikara Language, I will continue volunteering with research collections, documents and photographs at the State Historical Society of ND and make sure these (2) two publications of "The Arikara Scout" and the High School textbook "History of the Sa'nish gets published.
- Let's be absolutely clear about the dropout problem, year in and year out, it takes a terrible toll on our young people, especially in our community. The cost of doing nothing, about dropout's are enormous and far outweigh the costs of action. Second the dropout problem will not be solved in a month or a year. It has been with us for as long as there have been schools. Third, and most importantly, measures can be taken to prevent students from dropping out. There are solutions, and with collaborative efforts we can prevent students from dropping out. As a School Board member I would like to make a commitment to help solve the dropout problem; by timely targeted interventions for student with attendance, behavioral, or academic problems, improved professional development for educators. Receive extra support through highly focused summer school classes, one-on-one tutoring by Teachers & Support Staff. Seek Grants & Funding Sources.

There is a lot on the agenda to follow up on, with your VOTE and Support, I will Getter Done . I am not a single-issue candidate. My genuine interest is the welfare and education of our children. I want to use my skills to clarify, create and administer effective policies. As a Board member, I plan to continue to work diligently with my fellow Board Members and Administrators, Teachers, Support Staff and students to see that our White Shield School District meets and exceeds educational standards that lead to student success.

(Go-stah') Thank you;

Danile J.W. Henry
dhenry@mhanantion.com
(701) 743-4363/Home(701) 421-8840/Cell

VOTE
Tuesday, June 7, 2016
White Shield School – 8:00am-7:00pm

ReeFit Contest Drew Large Crowds from as Far Away as Canada, Arizona and Wisconsin



Tom Malnourie



Distini Jackson



Utine Malnourie



Russell Scott



Justin Spotted Bear

Apartment for Rent



There are three (3) vacancies at the new elder's apartments. The apartments are located north of the Elder Center and across from White Shield School. They are 1 bedroom apartments. If you or someone you know is interested in one of these apartments, please contact Linda Gonzalez, Staff Manager/President of the Ree Lodge Management (701-421-5941) or Gloria Brennan, Housing Director, (701-743-4145).

Help Wanted

Housing Board is advertising a Caretaker position for the Elders Apartment. The position will be a full-time position which will have the caretaker do the following tasks: vacuuming halls and common rooms, empty trash, shoveling sidewalks in winter, washing windows, bring in mail for distribution, help with senior meals and other tasks as directed. Salary is negotiable. For more information, called Linda Gonzalez.

Below is an overview of housing costs in the area. The houses in the Red Lodge Management program are more than affordable. The program has been making an effort to make sure the houses have all that is needed to make them comfortable.

More houses are being considered to make sure all people who meet criteria and need a house get one. If you have any questions about the process, you can call Linda Gonzalez (701-421-5941 or Gloria Brennan Housing Director, (701-743-4145).



\$fmrtype\$ FY 2016 FAIR MARKET RENT DOCUMENTATION SYSTEM

The \$fmrtype\$ FY 2016 North Dakota FMR Summary

\$fmrtype\$ FY2016 North Dakota FMR Metropolitan Area Summary							
Metropolitan Area Name	Efficiency	One-Bedroom	Two-Bedroom	Three-Bedroom	Four-Bedroom	FMR Percentile	
Bismarck, ND HUD Metro FMR Area	\$570	\$625	\$821	\$1,133	\$1,433	40	
Fargo, ND-MN MSA	\$489	\$600	\$771	\$1,124	\$1,238	40	
Grand Forks, ND-MN MSA	\$523	\$627	\$833	\$1,120	\$1,356	40	
Oliver County, ND HUD Metro FMR Area	\$457	\$499	\$653	\$909	\$1,135	40	
Sioux County, ND HUD Metro FMR Area	\$457	\$546	\$653	\$863	\$917	40	
\$fmrtype\$ FY2016 North Dakota FMR Local Area Summary							
Locality Name	Metropolitan Area Name	Efficiency	One-Bedroom	Two-Bedroom	Three-Bedroom	Four-Bedroom	FMR Percentile
Adams County	Adams County, ND	\$526	\$530	\$653	\$947	\$951	40
Barnes County	Barnes County, ND	\$517	\$520	\$696	\$873	\$1,029	40
Benson County	Benson County, ND	\$531	\$564	\$653	\$923	\$937	40
Billings County	Billings County, ND	\$530	\$533	\$687	\$955	\$1,000	40
Bottineau County	Bottineau County, ND	\$495	\$498	\$653	\$902	\$905	40
Bowman County	Bowman County, ND	\$563	\$598	\$692	\$859	\$949	40
Burke County	Burke County, ND	\$531	\$564	\$653	\$867	\$895	40

<u>Burleigh County</u>	<i>Bismarck, ND HUD Metro FMR Area</i>	\$570	\$625	\$821	\$1,133	\$1,433	40
<u>Cass County</u>	<i>Fargo, ND-MN MSA</i>	\$489	\$600	\$771	\$1,124	\$1,238	40
<u>Cavalier County</u>	Cavalier County, ND	\$531	\$564	\$653	\$856	\$1,026	40
<u>Dickey County</u>	Dickey County, ND	\$531	\$564	\$653	\$902	\$951	40
<u>Divide County</u>	Divide County, ND	\$504	\$507	\$653	\$908	\$951	40
<u>Dunn County</u>	Dunn County, ND	\$504	\$507	\$653	\$908	\$951	40
<u>Eddy County</u>	Eddy County, ND	\$531	\$564	\$653	\$947	\$951	40
<u>Emmons County</u>	Emmons County, ND	\$531	\$564	\$653	\$947	\$951	40
<u>Foster County</u>	Foster County, ND	\$504	\$507	\$653	\$952	\$1,140	40
<u>Golden Valley County</u>	Golden Valley County, ND	\$504	\$507	\$653	\$908	\$951	40
<u>Grand Forks County</u>	<i>Grand Forks, ND- MN MSA</i>	\$523	\$627	\$833	\$1,120	\$1,356	40
<u>Grant County</u>	Grant County, ND	\$531	\$564	\$653	\$947	\$951	40
<u>Griggs County</u>	Griggs County, ND	\$531	\$536	\$653	\$952	\$1,140	40
<u>Hettinger County</u>	Hettinger County, ND	\$531	\$564	\$653	\$947	\$951	40
<u>Kidder County</u>	Kidder County, ND	\$503	\$506	\$653	\$852	\$951	40
<u>LaMoure County</u>	LaMoure County, ND	\$485	\$488	\$653	\$810	\$895	40
<u>Logan County</u>	Logan County, ND	\$568	\$571	\$736	\$1,023	\$1,198	40
<u>McHenry County</u>	McHenry County, ND	\$531	\$564	\$653	\$864	\$1,082	40

o://www.huduser.gov/portal/datasets/fmr/fmrs/FY2016_code/2016state_summary.odn[12/21/2015 2:20:57 PM]

Stmtype\$ FY 2016 Fair Market Rent Documentation System — State-wide Summary for North Dakota

McIntosh County	McIntosh County, ND	\$485	\$488	\$653	\$810	\$967	40
McKenzie County	McKenzie County, ND	\$549	\$553	\$740	\$968	\$1,077	40
McLean County	McLean County, ND	\$531	\$564	\$653	\$952	\$1,140	40
Mercer County	Mercer County, ND	\$494	\$498	\$653	\$810	\$1,140	40
Morton County	<i>Bismarck, ND HUD Metro FMR Area</i>	\$570	\$625	\$821	\$1,133	\$1,433	40
Mountrail County	Mountrail County, ND	\$833	\$839	\$1,123	\$1,394	\$1,635	40
Nelson County	Nelson County, ND	\$531	\$564	\$653	\$883	\$951	40
Oliver County	<i>Oliver County, ND HUD Metro FMR Area</i>	\$457	\$499	\$653	\$909	\$1,135	40
Pembina County	Pembina County, ND	\$531	\$552	\$653	\$810	\$1,133	40
Pierce County	Pierce County, ND	\$504	\$507	\$653	\$908	\$951	40
Ramsey County	Ramsey County, ND	\$488	\$491	\$653	\$930	\$951	40
Ransom County	Ransom County, ND	\$527	\$530	\$710	\$945	\$1,034	40
Renville County	Renville County, ND	\$504	\$507	\$653	\$952	\$1,140	40
Richland County	Richland County, ND	\$531	\$550	\$653	\$952	\$1,100	40
Rolette County	Rolette County, ND	\$504	\$507	\$653	\$952	\$1,063	40
Sargent County	Sargent County, ND	\$506	\$509	\$653	\$899	\$999	40
Sheridan County	Sheridan County, ND	\$504	\$507	\$653	\$908	\$951	40
Sioux County	<i>Sioux County, ND HUD Metro FMR Area</i>	\$457	\$546	\$653	\$863	\$917	40

http://www.huduser.gov/portal/datasets/fmr/fmrs/FY2016_code/2016state_summary.odn[12/21/2015 2:20:57 PM]

Slope County	Slope County, ND	\$530	\$533	\$687	\$955	\$1,000	40
Stark County	Stark County, ND	\$647	\$651	\$851	\$1,078	\$1,239	40
Steele County	Steele County, ND	\$516	\$519	\$653	\$832	\$951	40
Stutsman County	Stutsman County, ND	\$508	\$512	\$685	\$909	\$1,020	40
Towner County	Towner County, ND	\$493	\$497	\$653	\$908	\$951	40
Traill County	Traill County, ND	\$498	\$502	\$653	\$852	\$951	40
Walsh County	Walsh County, ND	\$531	\$564	\$653	\$841	\$989	40
Ward County	Ward County, ND	\$796	\$876	\$1,173	\$1,697	\$1,999	40
Wells County	Wells County, ND	\$516	\$519	\$653	\$952	\$1,010	40
Williams County	Williams County, ND	\$800	\$955	\$1,107	\$1,512	\$1,517	40

NOTE: Locality Names are links to the \$fmrtype\$ FY2016 FMR Documentation System for the specific area.

Select a different area

Press Below to select a different State:

Or select a \$fmrtype\$ FY 2016 Metropolitan FMR Area

[HUD Home Page](#) | [HUD User Home](#) | [Data Sets](#) | [Fair Market Rents](#) | [Section 8 Income Limits](#) | [FMR/IL Summary System](#) | [Multifamily Tax Subsidy Project \(MTSP\) Income Limits](#) | [HUD LIHTC Database](#)

Technical Problems or questions? [Contact Us](#).



Monty Starr, 56, Grafton, formerly of White Shield, died April 15, 2016, on Friday at his home. Funeral services will be held on Friday, April 22, 2016 at 11:00 am at the Ralph Wells Jr. Memorial Complex in White Shield.

Monty was born in Stanley, ND on September 8, 1959 to Theresa (Star) Charging. His Indian name was Elk River and he was an enrolled member of the Three Affiliated Tribes of the Fort Berthold Indian Reservation. He attended elementary school in Parshall, ND and Wahpeton Indian School and Dunseith High School for a time, ultimately graduated from White Shield High School. After high school, he attended Bismarck Junior College and the University of North Dakota for a period of

time.

Monty worked for many years at San Haven State Hospital in Dunseith, ND while living with his sister Karen and her family. During his time in Dunseith, he worked at the Four D's with the Davis girls. After the closing of the State Hospital in Dunseith, ND, he moved and worked at the State Hospital and also Friendship, Inc. He made his home in Grafton, ND for 28 years until his death. While living in Grafton, ND, Monty became guardian to Greg Burr. They enjoyed traveling across the states, eating at different restaurants, watching movies, casinos, rummaging, visiting family and friends. He had many hobbies and shared them with others. Monty loved to joke and laugh! He had a sense of humor like no other. He had a huge heart and was always seeing what he could do for other people in his life, especially children.

Surviving Monty are: mother, Theresa Charging, (Garrison, ND); Sisters: Karen (John) Gillis, (Chamberlain, SD); Theresa Star, (New Town, ND); Brother: McRoy Charging (White Shield, ND); Nephews: Dean Gillis (Lawrence, KS); Kyle Star (Parshall, ND); Dylan and Roman Charging (New Town, ND); Nieces: Cindy (Dave) Gillis (Kaysville, UT); Shannon (Stacy) Gillis-LaVallie (Lawrence, KS); Angelique Gillis (Bismarck, ND); Johnette Gillis (Lawrence, KS); Shari Tsonetokoy and Samantha De La Cerda (New Town, ND); Ann Rose Charging (White Shield, ND); Aunts: Margaret Starr (Wahpeton, ND); Janice Star (Garrison, ND) and Rhoda Star-Crawford (White Shield, ND) two godchildren from Grafton, ND and godchild Stacia LaVallie, Lawrence, KS; and numerous great-nephews and great-nieces that held a special place in his heart.

Preceding Monty in death: Kate and Philip Star (grandparents); Kenneth J. Charging (step-father); Sam Star (brother); Woodrow Charging (brother); Arby Charging (brother); Aries and Eden Charging (nieces); Dave Gillis (nephew).

Seventh Generation Technical Training

IPADS & CELL PHONES

When: Wednesday, May 25 & Thursday, May 26, 2016

Training starts at 10 am ends 5 pm each day

Where: Cultural Center, White Shield, ND

Who: White Shield elders who have completed some training and new participants. *(IPADS for participants have been ordered. We are hoping they will arrive for training on May 25.)*

Instructor: Bill Harjo, Seventh Generation consultant will be trainer.

Light breakfast and lunch will be served each day



May 2016						
◀ April 2016						June 2016 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 White Shield School 
8 	9	10 Segment Update Meeting at 6 pm Complex	11	12 TAT council Meeting	13 UTTC Commencement Ceremony. 1pm Nueta, Hidatsa and Sahnish college Graduation	14
15	16	17	18	19 TAT Council Meeting 10 am. Tribal chambers	20	21
22  White Shield Graduation	23	24	25 IPAD & Cell Phone Training Culture Center 10 am	26 IPAD & Cell phone training at Culture Center 10 am	27	28
29	30 	31	Notes:			

ELDERS BIRTHDAYS IN MAY

- Bonnie Fox – 5-2
- Philip Ross - 5-2
- Dana Howard - 5-9
- Joyce Kruger - 5-16
- Rose Drapeau- 5-28
- Herman Mongram- 5-31



Random shots of cross-fit tournament below. The tournament was organized by Dancing Eagle Perkins, Whirl Wind Perkins and Brad Kroupa. Saturday was one of the largest turn outs with participants coming from as far away as Arizona, Wisconsin and Canada. Results were not available and will be printed in June's News Journal.

