

NAhtAsuutaaka' (White Shield) News Journal

March 2016

Volume 3

Issue 36

Dorreen Yellow Bird, Editor

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Sahnish Chief is honored



Loretta Meredith, Robert Bobby" Bear and Roberta Bear are covered with star quilts, Pendletons and other gifts from the community.

February 15, is designated as President's Day. For the Three Affiliated Tribes, it's Chief Day. On this Chief's Day the community honored our Sahnish Chief Robert "Bobby" Bear Jr., (Swift Hawk).

(Continued on page 9)



From the desk of Fred Fox, Councilman for White Shield

We are almost finished with the winter season and spring is upon us. I want to send my condolences to the families that have recently lost loved ones or have family members that are in the hospital. We have large extended families that pull together and take care of one another in times of sorrow. So we will be sending all our prayers to the families having a difficult time.

I want to congratulate the White Shield boys and girls basketball teams that had an excellent season this year. We have young teams but they are very scrappy and are ahead of their time. We had an awesome awards banquet for the boys' basketball team. I want to thank Delores and Rainy White for their hard work for putting together a dinner for all the boys. The Warriors deserve it.

Today we had a budget meeting and went over all the Tribal revenue projections. Oil prices have been down for the past four months and it's taking a toll on the royalties and tax revenues. So we had to take a look at cutting some of the tribal projects. We will phase them in and curb the spending so we can recover and balance the budget to make it to the end of the year. We have not cut any disbursements or Peoples Fund. We are looking at doing a disbursement in April. When I hear more I will put it in the next newsletter.

More housing is starting to take place in White Shield, and it's a long time coming. Currently the Ree Lodge Housing board has been collecting rent on 43 new units for the past two years. That includes 16 home rentals in Sesame, 7 homes in Awahu, 11 scatter Elder homes, 9-plex elder apartment units and 2 law enforcement units. The new housing units coming in are 8 rental units (3 bedrooms), 1 law enforcement unit, and a 12-unit apartment complex. This would be a \$2.5 million additional housing project.

Another project the segment is taking on is the refurbishing of 9 FBHA units in White Shield. The White Shield segment workers will be doing the labor on the FBHA. So we will providing an additional 9 units by end of summer.

I would like to wish everyone a joyful spring season and to be safe wherever your travels take you.

God Bless.

ELDER APARTMENTS FOR RENT



There are three (3) vacancies at the new elder's apartment. They are 1 bedroom apartments. If you or someone you know is interested in one of these apartments, please contact Linda Gonzales, Staff Manager/President of the Ree Lodge Management (701-421-5941) or Gloria Brennan, Housing Director, (701-743-4145)

WHITE SHIELD CLINIC HOSTS HEALTH SCREENING



Kamrie Armajo, takes Bobbette Bruce's blood pressure.

By Karen Lonefight – On Friday, March 11, White Shield was visited by the Fort Berthold Diabetes Program along with the Elbowoods Memorial Health Center to screen for High A1c, and glucose (Diabetes) and test blood pressures.

The confidential testing was by qualified, professional and caring health experts.

When screening was done, consultations were available for medication issues, dietary support, and alternative life styles for any problems.

Around 30 people came in for testing. They will be visiting Mandaree Monday, March 21; Twin Buttes the following Wednesday, March 23 and Parshall Tuesday April 5.

NUETA HIDATSA SAHNISH COLLEGE SACRED SYNERGY

Indigenous Aesthetic

Creativity, Culture and Courage

March 31st, April 1st and 2nd

Registration March 31 9AM

Registration Fee: \$150.00

All Students \$25.00

Friday only \$75.00 Saturday only \$75.00



Jackie Bird
Performer/Musician/Artist



Dr. Denise Lajimodiere
Professor/Poet



Dr. Anton Treuer
Professor/Author



Gyasi Ross
Speaker/Author



Mark Trahant
Journalist



Migizi Pensoneau
Producer/Writer



R. Vincent Moniz Jr.
Performer/Poet



Justin Deegan
Film Maker/
Producer/Director

Many more Prestigious Presenters...

CONFERENCE REGISTRATION:

March 31 6pm - 7pm Reception

March 31 7pm - 9pm Public Reading

April 1 8am - 9:50 am Registration

Nueta Hidatsa Sahnish College

Pita Ru Daga Cafeteria

Info:

www.nhsc.edu

1(701)627-4738 / 1(701)627-8067

Dr. Waylon Baker/wbaker@nhsc.edu (General Info.)

Registration Information:

Kassie Weaver/kkeyes@nhsc.edu

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WRITERS' CONFERENCE

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NHSC Mission Statement:

The Nueta Hisatsa Sahnish College will provide Quality Cultural, Academic, and Vocational Education and Services for the Mandan, Hidatsa and Arikara Nation.



White Shield School Events

Spelling Bee Champions



Front: Presley Wilkinson, William Ebarb; Promise Andrade. Back Row: Brylee Bearstail and Xiomara Romero.

White Shield students won the Spelling Bee held February 25 at the school. Winners of the contest will advance to the McLean County Spelling Bee in April. The students are grades 1 through 5.

The Champions are: 1st grade Xiomara Romero; 2nd grade Brylee Bearstail; 3rd grade William Ebarb; 4th grade Promise Andrade and 5th grade Presley Wilkinson. *Photos and story by Kim White Bull, White Shield teacher.*

March 5th Washburn Music Festival



Presley Wilkinson talks with Mr. Hall about music program.



Ms. Jorgenson and students warming up at Washburn, ND.



L to R: William Wilkinson, Storm Malnourie, Andrew Dickens Jr., Darius Hamid, Presley Wilkinson, Cash Draper, Samara Twin, Cagney Everett, Primberly Birdbear, Aiyana Vivier.

White Shield Warriors Play Like Champs in Tournament



Front row: Frederick Fox, Sincere Yellow Bird, Devin Benson, Jesse White, Jonas Dickens, Vance Valenzuela; Back row: Gardner Deegan; Clevelyn Standing Alone, Issac Fox, Quintin Felix, Chontay Lacroix, Jonah Dickens. Photo from Facebook.



After the District tournaments were over, the community held a White Shield Warrior Boys' Basketball Appreciation Banquet to show the

young men that the community appreciated their courage and sportsmanship in the recent tournaments.

The banquet especially congratulated Jesse White (5) who was named "All Tournament Player" and Frederick Fox (1) who was named "All District Player."

Fred Fox, Segment Representative, said the community is proud of the young men who did their best and didn't give up no matter how far behind they were.

They have progressed rapidly throughout the year. It is the result of their tenacity in practicing wherever there is open gym, a place to play or toss a basketball. More important,

they were told, grades had to stay up. When they started out, there were 22 "Fs" grades among the players, yet they ended up with only one "F" at the end of the season, Head Coach Wylie Bearstail said. "We want students who have a positive outlook," he said.

Their head coach, Fox said, had a winning streak one year. At one of those games, he made 109 points which gave him a still unbroken record in state tournaments. Students have a ways to go to break Coach Bearstail record, Fox said.

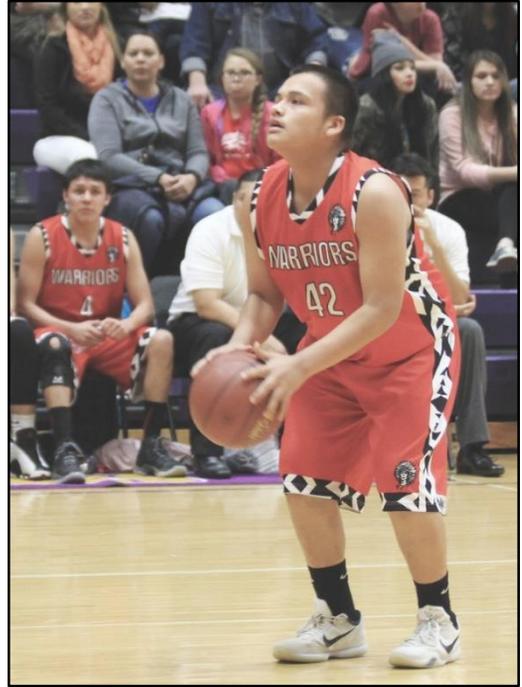
Assistant coach Sheldon Rush said, "this is not about destination but about the journey." These young men have a lot of potential.

At the banquet, all of the warriors received a certificate and a monetary award.

Councilman Fox concluded the evening with "the 12th man is just as important as the number one guy."



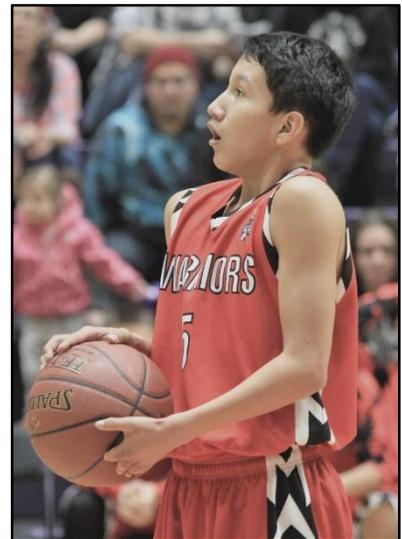
Issac Fox and Jesse White are ready for ball.



Jonah Dickens shots free shot.



Frederick Fox moves down court for the basket.



Jesse White takes a deep breathe before sinking a free shot.

Photos by Karen Lonefight



North Dakota Basketball

Date: April 8 - 10, 2016
Name: 1st Annual Brittney Westman
2016 Memorial Basketball Tournament
Location: James Henry Gymnasium,
United Tribes Technical College,
Bismarck, ND
Division: Open Women's Basketball
Tournament
Deadline & Entry Fee: \$350.00 Entry
Deadline March 30th, 2016
Contact: Val Finley, Jr. (701) 421-0902
or Donovan Lambert, Sr. 595-1942

Awards: Championship Jackets, Runner-up Hooded Sweatshirts, 3rd place
Sweatshirts, 4th place T-Shirts.

Additional Information: 10 Embroidered All Start Backpacks, MVP Star quilt.

[\(Disclaimer\)](#) Posted On Site: 2/4/2016

North Dakota Basketball

Date: April 15 - 17, 2016
Name: Elbowoods Classic
Location: New Town ND/Northern Lights Community Center
Division: High School Boys / Girls
Deadline & Entry Fee: April 10, 2016
Contact: Darian Morsette 701 421 1649 / Damon Brady 701 421 7150
Awards: Hoodie - Shooting Shirts - T shirts. Trophies for 1st 2nd 3rd.
Additional Information: More info will be posted. Hotels 4 Bears Casino - Little Missouri
Inn - Teddys Residential Inn Suites. Call for more info.

[\(Disclaimer\)](#) Posted On Site: 1/18/2016

North Dakota Basketball

Date: September 22 - 25, 2016
Name: TJ Smith 1st Annual Men's Basketball Tournament
Location: James Henry Gymnasium-United Tribes Technical College, Bismarck, ND
Division: Men's 18 & Over Open
Deadline & Entry Fee: \$400 due by 9/16/2016 NO EXCEPTIONS ~ NO REFUNDS
Contact: Jo Baker 701-471-5525
Awards: 1st Place - \$3000 + Jackets 2nd Place - \$2000 + Sweaters 3rd Place - \$1000
+ LS Shirts
Additional Information: Additional awards to be given for MVP, Most 3s, All Tourney &
Team Sportsmanship 3pt contest & Dunk contest on Saturday ***depending on the
amount of teams we can and will start on



(Continued from front page) Eighty-Year old, Bear was showered with gifts including Pendletons, star quilts and many more gifts. The elders remembered Bear was a bronco rider in his younger days and gifted him with a black cowboy hat and black neckerchief which he seemed pleased with and wore throughout the rest of the honoring day.

The chief's position is important in the culture of the Sahnish (Arikara). The position provides that historical marker that tells us who we are.

(Excerpts from "The History And Culture Of The Mandan, Hidatsa, Sahnish (Arikara) The chief position comes through the Star family line. The role of chief is a hereditary position which was passed to Bear by his father, Robert Bear Sr. (Yellow Tail) in 1961 when his father died in a mining accident. His position was passed to Robert Bear Sr., by his uncle, Harry Gillette in 1947.

Harry Gillette, (White Shield II) whose mother was Omaha Woman, was the daughter of Chief Son-of-the-Star and Red Eagle.

Floyd Bear, Nishu (Arrow) was the son of Awahu Chief Sitting Bear. At the time of Chief Floyd Bear's death, the sub-chief considered his son Robert Bear too young to serve as Head Chief. A meeting was held in August 1962 and Harry Gillette was chosen to serve until such time as Robert Bear Sr. could take his rightful place as chief.

Chief White Shield I (NahAsuu'taaka) was born when the Sahnish were living at the Grand River Villages. When he grew up to manhood, he married Ka-wit (Last Child). They had three children, two daughters, Smoke or Tobacco Woman and Yellow Calf Woman and a son whose name was Comet.

He was a young child when Lewis and Clark journeyed up the Missouri River in 1804. He was a young man when the United States Army and the Dakota tried to annihilate the Sahnish in 1823. In 1924, William Clark wrote to the President of the United States asking for permission to annihilate the Arikara if they didn't sign the treaty of 1825.

In 1825, through emissaries, another treaty signing was arranged for the Sahnish. White Shield was an observer of the treaty signing. His sister, Woman Who Goes In Every Lodge; her husband Two Nights, a Sahnish warrior, signed the treaty alone with the Head Chief Bloody Hand (Star) Staanapaa'At-sakaa") and Chief Bad Bear (Knnex te nosiiA') and other prominent Sahnish chiefs and warriors.

White Shield I was called up in 1851 to share head chieftainship with Iron Bear. White Shield was known as a fierce warrior and a strong-hearted leader.

Perkins Awarded Bronze Star



By Karen LoneFight – Clem Perkins (Comes with Lightning) is not one to brag. He was talking about the people who repel on Devils Tower. Perkins said that he could repel and even teach repelling. Then Clem began to tell how he won a Bronze Star. He had repelled into a fire fight with unknown forces. Still hanging suspended in the air from a helicopter, he began firing back. Perkins, a sergeant at the time, lead his squad into safety along a ridgeline where they began to secure the perimeter; then the enemies came right at them. Without regards to his own safety, he warned and directed

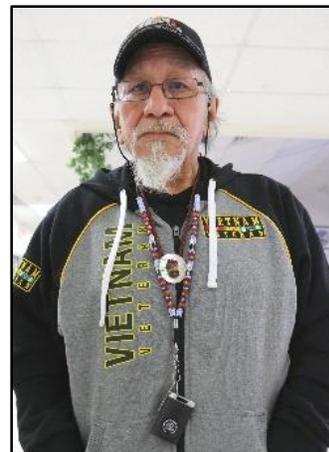
his squad to return fire at the enemy soldiers.

He would stay awake for days while on tour. While many soldiers did one tour, Perkins went back for three tours of duty. Although he came back with a gunshot wound, he is still a proud supporter of Vietnam Vets.

Perkins was given a jacket (**which he is wearing in bottom right picture**) and a Super Bowl-like ring for his service.



Bronze Star (at left) presented to Perkins is won by few military men.



Polar Plunge In Lake Sakakawea



Chairman Mark Fox, the first to take the plunge, looks over the lake.



Darcy Kruger Jr., stands with his father, Darcy "Duffy" Kruger, White Shield security guard, watching some 47 people jump into freezing Lake Sakakawea.



Chasmin Yellow Bird, takes off Gumby costume, and smiles, "not too bad" although cold. She placed second in costume contest.



Gerilyn Yellow Bird (Elbowoods Business Manager) and co-worker, Laura Olson, (Billings Specialist) at Elbowoods Clinic made the leap. "It was actually warmer in the lake," chattered Yellow Bird, with ice forming on her wet hair.



Local Mormons didn't register with anyone, they just jumped in for the fun it. They headed toward the Lake, took their suit jackets off and jumped in.

Lake Sakakawea – North Dakota has had record setting warm weather with little snow and days in January that reached into the 50s. Yet on the day the Tribe set for a fundraiser, called the Polar Plunge, temperatures for the day dipped below freezing with a strong, cold wind blowing off the ice-covered Lake Sakakawea. That was Leap Year's February 29.

The purpose for taking a bath in icy water was to raise funds for the American Indian Cancer Foundation. Each person who would jump into the water solicited money from the community, a chance for their family or friends see them take an icy bath. Some didn't think they would do it when saw the ice covered lake and felt the cold wind, but 47 brave men and women did just that.

On-lookers were on the shore below the Four Bears casino and near the cruise ship now dry docked.

Chairman Mark Fox, who was the first to take the plunge, said there are many people at Ft Berthold who suffer from cancer and

many more who have passed away. The cost of fighting cancer is sometimes more than people can handle. Driving or flying to the Mayo Clinic in Rochester is a hardship.

Fox, before he was chairman, also swam across the lake below the bridge in the summer. His swim was a fundraiser also.

Cedar Henry, one of the coordinators of the event, said the turnout was unbelievable. This is the first Annual so people can look forward to another plunge next year. They were getting calls from all over the state asking how to get involved, she added. There were some 300 to 400 people watching, both Native and non-Native. They raised \$11,800 in cash, \$6,000 in checks and have receive many more donations after the Plunge was over. Chairman Fox said an updated figure for the Polar Plunge was more than \$25,000

Henry said the statistics for cancer among Native Americans is astounding. See www.americanindiancancer.org. You can make a donation there also, she said.

From the site here are some of the extraordinary facts about cancer:

The American Indian Cancer Foundation is a national, Native-governed organization dedicated to building stronger Native Nations by increasing access to cancer prevention, education, early detection, treatment & survivor support across Indian Country.

American Indians and Alaska Natives face alarming inequities in cancer incidence and mortality. Cancer incidence rates vary by tribe, region and gender, but are often much higher than in the Caucasian population.

- **Cervical cancer - up to 69% higher**
- **Lung cancer - up to 83% higher**
- **Colon cancer - up to 162% higher**
- **Liver cancer - up to 198% higher**
- **Stomach cancer - up to 490% higher**
- **Gallbladder cancer - up to 691% higher**

Cancer is the uncontrolled growth of abnormal cells in the body. Cancer develops when the body's normal control mechanism stops working. Old cells do not die and cells grow out of control, forming new, abnormal cells. These extra cells may form a mass of tissue, called a tumor. Some cancers, such as leukemia, do not form tumors.

What are the most common forms of cancer?

Cancer can occur anywhere in the body. In women, breast cancer is most common. In men, it's prostate cancer. Lung cancer and colorectal cancer affect both men and women in high numbers. There are five main categories of cancer:

- Carcinomas begin in the skin or tissues that line the internal organs.
- Sarcomas develop in the bone, cartilage, fat, muscle or other connective tissues.
- Leukemia begins in the blood and bone marrow.
- Lymphomas start in the immune system.
- Central nervous system cancers develop in the brain and spinal cord.

How is cancer treated?

Treatment options depend on the type of cancer, its stage, if the cancer has spread and your general health. The goal of treatment is to kill as many cancerous cells while minimizing damage to normal cells nearby. Advances in technology make this possible.

The three main treatments are:

- Surgery: directly removing the tumor
- Chemotherapy: using chemicals to kill cancer cells
- Radiation therapy: using X-rays to kill cancer cells

The same cancer type in one individual is very different from that cancer in another individual. Within a single type of cancer, such as breast cancer, researchers are discovering subtypes that each requires a different treatment approach.

Obituary



Elise Lavonne Packineau, 55, of New Town, died Wednesday, March 2, 2016, in Parshall. Elise was born in Garrison May 21, 1960, to Tracy Packineau

and Annette Bird Bear Packineau Benson. Her Indian name was Red Bird Bear, "Hishee Dsagaga Naxbitsi," given to her by Tillie Walker.

Elise attended White Shield School and graduated in 1978. She then enlisted in the U.S. Army Reserves and was stationed in NC. She later attended Mary College, Central Indian Bible College and Ft. Berthold Community College. She eventually received her B.S. degree from the University of Mary in business administration. Her job experiences began in Seattle as a clerk for various city departments. She also worked in the fish industry along the West Coast and Alaska. From there she desired to return home.

While attending Central Indian Bible College, she was a foster parent, counselor and pastor at Wakpala. She held various jobs in New Town, including working for the Elders and Commodity Programs, New Town School systems as a School and Parent Liaison, bus driver and Science Fair judge. She also worked at the Boys and Girls Club, as an aerobics instructor and a substitute teacher at Johnson Corner Christian Academy. She was a first responder and driver for the Volunteer New Town Ambulance and also provided Christmas programming for KMHA Radio.

Elise's ministry began in 1990. Her desire to be a minister led her to Central Indian Bible

College and from there she transitioned to New Town in 1996. During this time, she was associated with the Indian Mission, Parshall Memorial Congregational Church, Shell Creek Congregational Church and the Mandaree Hidatsa Congregational Church. She was instrumental in starting renovations at those churches.

Pastoring was her calling and she thoroughly immersed herself in working with the elders, young adults and youth in sobriety awareness and healing. She visited hospitals, the dialysis units, homes, jails and prisons and wherever she was called. Close to her heart was the "Walk Around the Rez" that she participated in all seven years, not only walking, but coordinating donations and praying for the benefit of the Native people of Fort Berthold.

Highlights in her life included the joy her grandchildren brought her. She always said they were "good medicine." A family celebration in Wisconsin Dells was as memorable to her as it was to her grandchildren and visiting the Holy Land was a dream she carried in her heart and accomplished in 2015.

Elise is survived by: her children, Aaron, New Town, and Bonnie, Bismarck; grandchildren, Larita, Latina, Azrael an Eli, all of Bismarck; step-father, Edwin Benson, Twin Buttes; brothers, Clement (Donia), Parshall, Max (Maureen), Melbourne, Australia, Guy and Gerald, both Bismarck, and Roy (Jackie), Parshall; sisters, Sara (Fernando), Bismarck, and Nora, New Town.

She was preceded in death by her grandparents, David and Elizabeth Packineau and Solomon and Sara Bird Bear; parents; brothers, Tracy Jr. and Raymond and twin sisters.

◀ February 2016		March 2016					April 2016 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4	5	
6	7 Monthly Elders Meeting – noon Nishu Lodge	8 International Women's Day	9 Ree Management Board meeting 4 pm culture Center	10 Tribal Council Meeting – 10 am Council chambers 	11	12	
13 Set close ahead one hour  Elders leave for Mystic Lake	14 Mandaree, Twin Buttes, Four Bears and White Shield Elders travel to Mystic Lake, Minneapolis	15 Elders travel to Mystic Lake, Minneapolis	16 Elders return from Mystic Lake	17 St. Patrick's Day  Happy St.Patrick's Day! 	18 Justice Commission Meeting in New Town - 10 am Court House.	19	
20 Spring Begins 	21	22	23	24	25 Good Friday 	26	
27 Easter 	28 Easter Monday.	29	30 Ree Lodge Management – New elders apartments – 4:30	31	Notes: Next Ladies Auxiliary Meeting May 10. Ree Lodge Mngt Meeting, April 12, Elder apartments 4:30		

Migrating Birds – Signs of Spring-



Downy woodpecker



Great Horned owl



Thousands of migrating Canada Geese and ducks. Karen Lonefight photos