

# NAhtAsuutaaka' (White Shield) News Journal

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## Councilmen parade in Santee/Lucky Mound Celebration on Saturday



*Councilmen Merv Packineau, Parshall Rep; Fred Fox, White Shield Rep; Cory Spotted Bear, Twin Buttes Rep and Frank Grady, Four Bears Rep attend and participate in the Parshall Celebration, second powwow of the summer season for the tribe.*

*(Photo by Lori Bird)*



*From the desk of Fred Fox, Councilman for White Shield*

We are in the middle of the summer and it's flying by. I hope everyone enjoyed the 4th of July celebration in White Shield. I would like to thank the Community Board and all volunteers that participated all day to make this a success.

White Shield Powwow is here and we are just to the finished line with the powwow grounds and arbor. We have a lot of work still to do after the powwow wraps up next week. We wanted to make sure the arbor was up and the electrical outlets were in place, also the area was surveyed and now the ground elevations are set for the proper drainage. We still have to Hydro-Seed the areas around the arbor, inside the arbor sod was laid and hopefully it will hold for the powwow. We will continue to work on the camp grounds and develop the RV Park for next year. I know there were a lot of doubters but we needed to take care of the White Shield powwow grounds and it will be an ongoing process.

This year's powwow will be very busy and there will be a lot of dance specials. It's the first year that the Arikara Celebration will have a \$30,000 singing contest. It is also the first year we will have three separate age divisions in the adult categories: Jr. Adults 18-35; Sr. Adults 36-54; and Golden Age, 55 and over. It will also be a first for a Chicken Dance category. We also will have a couple Crow Dance specials. Our Teen prize money is very special, 1st place \$800; 2nd place \$600; 3rd place \$400; 4th place \$200 and 5th place is \$100. So it is big prize money for teen and Jr. Categories.

There will be \$1000 disbursement this month for everyone and \$600 elder disbursement also. Everyone also must be wondering about the new school and community building. We had problems with a few project managers and the contractors. We have everything squared away so it will be going forward as planned. I will explain more during the next Segment/Community update.

Well I hope everyone enjoys the powwow and the rest of the summer. God Bless and be safe.

## National and tribal leaders talk about human trafficking



**PARSHALL, ND** – TAT tribal leaders, including councilmen, met with Sen. Heidi Heitkamp, Cindy McCain, wife of Sen. John McCain and TAT Judge Diane Johnson regarding Human Trafficking, domestic violence and other law and order issues. With the changes brought about by the arrival of out-of-staters related to the Bakken Oil, law and order at Ft. Berthold changed dramatically. Before 2011, there

were less than 2,000 cases before the TAT court. Today, the Court System tries to handle as many cases as Bismarck, a city 10 times larger than the reservation.

“We weren’t prepared for this,” said Judge Johnson. The Court system is trying to keep with cases related to alcohol and drugs and now human trafficking, Judge Johnson said. Recently, 5,000 cases were dismissed because they couldn’t be heard. Judge Johnson said they are restructuring the court system to accommodate the need. They have formed a Justice Commission that will oversee the court. The Commission is hiring more lawyers, judges and staff.

A growing problem the courts are facing is human trafficking. Young people are lured into “parties” by off-reservation predators. When they attend these parties, they are sometimes drugged and its down-hill from there. After getting hooked on drugs, they are then lured into prostitution so that they pay for drugs, law enforcement officials said. Judge Johnson said, “Some people know about it but don’t want to speak-up.

Social service organizations pointed to education as one of the answers to curbing the abuse of young people. There is a need for outreach to the victims and prosecution needs to take place.

Many at the meeting agreed educate is extremely important. Marilyn Young Bird, who is on the TAT Drug Task Force, said the need for a safe houses for children and adults is necessary. The tribal council passed the Drug Task Force about 4 years ago. As a result, Safe Houses in each segment was approved. Today, there two houses, one in White Shield and the other in Mandaree. Both are near completion. The New Town Safe House has been turned into a Head Start Building, said Young Bird.

## TAT Dental and Health clinics promote good dental and physical health at powwows



*Clint Dworshak, pharmacist; Dr. Michael Melland, Dental Director; Carollee Mickelson, nurse; Keli Karnatz, nurse; Marilyn Yellow Bird, Dept. of Manager of Public Health close down at Sante/Lucky Mound Celebration.*

Each morning at 8 am, the staff of the tribal health and dental clinics prepare for four hours of screening and education at local segment powwows. So far, Marilyn Yellow Bird said, they screened at Twin Buttes and Sante/Lucky Mound Parshall celebration (shown in picture above). Next scheduled screenings are at the White Shield Celebration.

The clinic is doing blood pressures, blood sugars as well as education to promote good health and wellness, said Yellow Bird. They are asking people to take blood pressure and sugar screenings, before and after they exercise. It doesn't have to be strenuous exercise. They will see the dramatic effect exercise has on their diabetes and blood pressure. High blood pressure is an effect of diabetes. She said she can't stress more, the benefit of light exercise (such as walking) has on blood pressure and sugar. A good, balanced diet low in carbs and sugar improves diabetes numbers also.

Everyone should become familiar with their numbers and know their A1C. A1C is an indicator of amount of glucose in your blood systems. One of the ways doctors monitor the progress of diabetes is an A1C test, which gives them a "snapshot" of average blood glucose levels for the past 2 or 3 months. For most patients, the American Diabetes Association recommends A1C levels of 7% or less, but each person is different. Yellow Bird added, if you have any questions

about diabetes or blood pressure, contact the diabetes specialist or call the clinic and they will refer you to someone.

The second component is the dental mobile health unit. It is designed for both medical and dental patients. Right now they are basically here to publicize it - they want people to know they are here, Dr. Melland said. They started by going to schools on the reservation to do screening and sealant. To move forward with the project, the dental hygienist is making appointments with schools for screenings and sealants. Tera Stockhausen, a registered dental hygienist, is working on the project.

“We don’t like taking out or filling teeth,” Dr. Melland said. The big thing is education and prevention. That will save a lot of teeth, he added.

The Mobile Health unit was delivered last winter to Elbowoods Memorial at the end of October, but they don’t go out when the weather is cold. They started with Mandaree in April. Children need a consent form signed by parents or guardians, he said.

The mobile bus project was something Dawn Berg, (former CEO of clinic) and Dr. Melland worked on together. After the board approved it, then it was just a matter of time, he said.

### **Improvements at Elbowoods Clinic in progress**

NOTE FROM ELBOWOODS MEMORIAL CLINIC: Gerilyn Yellow Bird, Business Manager, said they are in the process of computer conversion and want to apologize to patients for the inconvenience. Some of the system are not up and running yet. “Sometimes,” she said, “we have to ask for information more than once. So they are asking people to be patient until the process is complete.”

The project will improve the quality of the reporting system and reports they provide to the state and federal government should be faster.

It will probably be finished this month. If you have questions call, 710 627-4750 and ask for Sonja Abe who is quality assurance.

**The quarterly payment for tribal members and the elders’ bi-yearly payments are scheduled for mid or late July. These items will be brought to the TAT council for approval Thursday, July 9<sup>th</sup> at the tribal council meeting. The proposed amounts are: \$1,000 for all tribal members and \$600 for elders over sixty.**

*Austin Gillette, BIA Special Trustee, announced a presentation for tribal members and especially those who have land/oil issues will take place July 30th. The program is related to "Functions and Duties related to IIM Accounts.*

**Financial Literacy**  
**Speaker Shawn Spruce, First Nations**  
**July 30, 2015**  
**1:30 at Arikara Cultural Center**  
**Agenda**  
**Fraud Awareness**  
**Budgeting on a Fixed Income**  
**Managing Debt and Credit**  
**Creating a Financial Plan**  
**Consumer Tips**

## **EMPLOYEE APPRECIATION**

**Wednesday July 15th, 2015**

**Tribal Building**

**Theme: 60's**

**They will be having games, food and good times.**

**Dust off, squeeze into your old 60's clothes for the Best Dressed Contest**

**If you want to be in charge of a game let Marimum Fixco know ASAP**

## **REMEMBER**

**ARIKARA CELEBRATION- White Shield, ND**

**July 10 (Thursday), 11 (Friday) and 12 (Sunday) Camp Day July 9**

**Grand Entries on Friday @ 7:00 pm, Saturday, @ 1 & 7 pm, Sunday, @ 1pm and 7pm**



**Announcers: Pete Coffey, Charlie Moran, Austin Gillette**

**Host Drums: Dead Grass, Ree Scouts & Yellow Face**

**Flag Raising @ 8:00 with breakfast by families**



## White Shield celebrates 4<sup>th</sup> of July

*Photos by Karen Lone Fight and Dorreen Yellow Bird*



White Shield has a reputation as a place that knows how to celebrate the 4<sup>th</sup> of July in style. This year was

*Michael Blacksmith and wife, get tugged into the mud, but not without a great effort and mud in the eye.*

one of those great years. There were games, races, horse shoe tournaments, tug of war over a muddy hole, cake decorating, chili and fry bread cook offs, free Bingo, carnival style attractions for kids, a swimming pool and more topped off with food galore and spectacular fireworks when the sun went down.



One the events that drew a big crowd was tug-of-war over a pond of mud. The teams were well-matched. The game was on. Results they all had mud from head to toe. The battle drew on lookers and gales of laughter.

Everyone was a winner. In spite of the mud and stiff muscle, everyone had a good time.

Thanks Tug-of-War players for giving us a good laugh.

Shannon Uses The Knife helps Ducky Rush but It didn't help. They hit the mud.

Leslie White Tail and her father, sit and relax at the 4<sup>th</sup> of July Celebration horse shoe tournament.

Leslie is a national champion, winning many championship and is a "name" among horse shoe players especially because is one of the few woman horse shoers.



Mark Nolan makes his pitch as Joe Mountain watch and waits for his turn. Mark is the director of the Fitness Center at the White Shield Complex.





Contest winners for the **Chili** were: 1<sup>st</sup> place: Brittney Bruce; 2<sup>nd</sup> place: Sylva Stranger Horse; 3<sup>rd</sup> place: Dale Perkins.  
**Fry Bread** winners: 1<sup>st</sup> place Brittney Bruce; 2<sup>nd</sup> Fred Everett; 3<sup>rd</sup> place Ashley Morsette  
**Cake Decorating** winners: 1<sup>st</sup> place Monica Dixon; 2<sup>nd</sup> place Nancy Paint; 3<sup>rd</sup> Larrissa thungh.  
**Youth division** winners: 1<sup>st</sup> Shari Bourdeau; 2<sup>nd</sup> place Trey Ambree Everett; 3<sup>rd</sup> Zane Howling Wolf; 4<sup>th</sup> Xio Ramero.

The two youngster above are trying to decide if they can compete with the big people. Eating the cake even if you don't win can be a good thing too.

Reba Jensen, said she worked on the cakes until 2 a.m. "I'm pretty tired she said, because she than had to get up at 8 a.m. to set up. Why was she up till 2 a.m? She baked all the cakes used in the decoration contest. She said she loves doing this kind of thing and when it is all said and done she enjoyed it.



*Johnny Malnouri, daughter of John Malmouri watches children playing.*



Children having fun on several soft equipment set up for them by Board. *(All children couldn't be identified so no names were listed)*

The Community Board worked hard to get together one of the most fun and exciting 4<sup>th</sup> celebrations yet. According to all the children who participated in the events, games and tried all the fun challenges, it was really, good.

These blow-up fun structures are popular now at celebrations like this and even in family events. As you can see by the photos the children thoroughly enjoyed the events.



A big thanks should go to the members of the community board, Gary Dickens, president and Celebration cook; Delilah Yellow Bird, Diana Howling Wolf Poitra, and Pam Esquibel.



When the temperatures reached into the high 80's the small pool was very popular and refreshing.

## White Shield's crop of baby birds

*It is the spring of the year. It is birthing time on the prairie.*

**Photos by Karen Lone Fight**



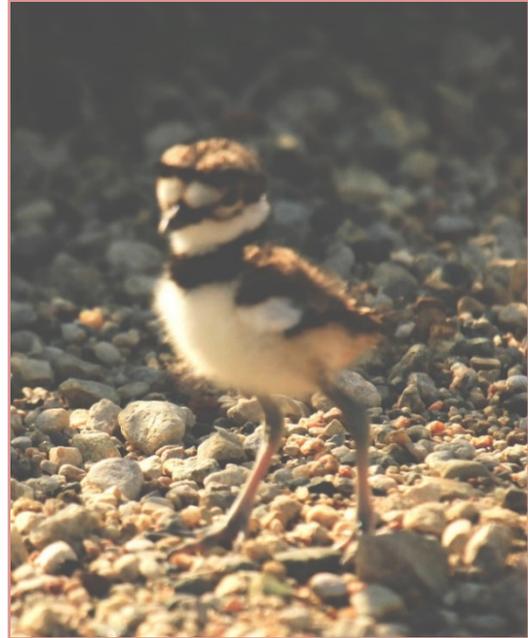
The **Eared Grebe**, pictured here, carries her young on her back. She has from 1 to 8 eggs in a clutch or nest. The chicks are downy and capable of climbing, swimming and eating within an hour after hatching. There are many Grebe ponds around the area. Karen found this Grebe near White Shield.



The **Western Grebe** as 3 to 4 egg. Chicks are alert and covered with blackish or silvery down. They also ride on parents. They rarely live out of the water and their mating ritual is spectacular. They dance on top of the water, with wings spread and head gracefully bowed.



**Black Tern** populations declined resulting in a cumulative decline of 78 percent making them a rare bird. Their breeding habitat is freshwater marshes across most the northern United States. They usually nest either on floating material in a marsh or on the ground very close to water, laying 2–4 eggs. This is baby bird does not resemble its parents. This is true of many baby birds.



*Very common and beautiful baby killdeer.*



Canada Geese Hatchlings are covered with yellowish down and their eyes are open when born. They leave the nest when 1-2 days old, depending on weather, and can walk, swim, feed, and even dive. They have enough energy remaining in their yolk sac to survive 2 days before feeding. These two pairs have more than 50 hatchlings.



Gadwall breed primarily in the Prairie Pothole Region and prairie parklands of north central North America, with just over one-third of the continental population found in the prairies of the Dakota's and southern Saskatchewan. Lonefight captured four baby Gadwalls racing across pond.

## Obituaries



Beloved sister, mother, aunt, grandma and friend, Pearl Spotted Horse (*Paa Tsapisu*), Moon Beam, was born September 26, 1930, in Nishu to Phillip and Mamie (White) Spotted Horse. She attended Nishu Day School and later attended UTEIC, where she received her GED. She then relocated to Wahpeton, ND, where she was employed as a food service worker for the Indian School.

Pearl was united in marriage to Joseph C. Reed Jr. on December 24, 1953. From their marriage five children were born: Eldon J. Reed, Frank E. Reed, Gerald Reed, Elton R. Reed Sr., and Twila Reed.

Family was important to Pearl. Becoming a grandmother, great grandmother and great, great grandmother numerous times over was very special to her. Throughout her life she enjoyed spending time with family and friends as well as participating in celebrations.

Pearl is survived by her children, Eldon Jr (Jessica) Red, Frank E. Reed, Gerald C (Lenor) Reed, Elton R. Reed Sr., and Twila Reed, numerous grandchildren, great grandchildren, and great, great grandchildren as well as numerous nieces and nephews and cousins.

She was preceded in death by her parents, husband, Joseph Red and siblings, Phillip Spotted Horse, Wilson Spotted Horse, Marlene Mato, Marcella Spotted Horse, grandson, Jaycee Little Eagle and great granddaughter, Charysh Reed.



Ryan Lane Howling Wolf (*Ahbaaxi Okiihaa Nay-sh*); *Going Above the Clouds*, died Sunday, June 21, 2015 in his home. Ryan was born April 11, 1989 in Sioux Falls, SD to Brenda Rae Howling Wolf.

Ryan was raised in Parshall, with his siblings who he dearly loved, by his mother and Kevin Moquio. He attended Little Feather Head Start and Parshall Elementary school. Later attended White Shield High School. He enjoyed spending time with his family and many friends. When he was younger, he had a special bond with his grandma Wheats and would attend Bible studies at her house. Ryan was a kindhearted and helpful young man. He was always willing to lend a hand. He worked various jobs including food service, labor and carpentry. His most recent job was with the New Town School District. He enjoyed driving around and playing his PS3. Another favorite thing was to buy out firework stands on the 4<sup>th</sup> of July to celebrate his favorite holiday. Ryan also enjoyed watching UFC on pay-per-view and following Ohio State College basketball team.



# **MEMORIAL**

## **MARCELLA "CEDAR" WHITE**

*taWlsaáku'*

**Friday, July 10, 2015**

In Conjunction with Arikara Celebration - July 10 to July 12

**4:00 pm Memorial Program & Give-Away**

**Supper to Follow**

**Ralph Wells Memorial Complex – White Shield, ND**

**Ladies "Old Style" Fancy Shawl Dance Special - 50+**

**Friday Evening after Grand Entry @ Arbor**

**1<sup>st</sup> Place \$1,000 & Satin Star Quilt**

**2<sup>nd</sup> Place \$ 750 & Satin Star Quilt**

**3<sup>rd</sup> Place \$ 500 & Satin Star Quilt**

**4<sup>th</sup> Place \$ 250 & Satin Star Quilt**

**FAMILY, FRIENDS, RELATIVES & AUXILIARY MEMBERS**

**PLEASE JOIN US AS WE REMEMBER OUR**

**BELOVED**

***"Mother, Grandmother, Sister, Aunt, Friend"***



*Sponsored by Family of Marcella "Cedar" White*

*For information call: Cheryl Marie Bruce*

*701.898-0410*

◀ Jun 2015		~ July 2015 ~					Aug 2015 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1	2	3		
						4	
5	6	7	8	9 TAT Council Meeting – 10 am 	10 White Shield Celebration 	11 White Shield Celebration 	
12 White Shield Celebration 	13	14 Employee Appreciation Day Where: Tribal Building 	15	16	17 Mandaree Powwow 	18 Mandaree Powwow 	
19 Mandaree Powwow 	20	21	22	23	24	25	
26	27	28	29	30 Financial Education Seminar – Culture Center- 12 noon to 4 pm. Austin Gillette for information	31	Notes:	

**Elders do not have meetings during June, July and August. Their first meeting is September 8.**



- Jackie Conners . . . . . 7-3
- Teresa Price . . . . . 7-4
- Wade Howard . . . . . 7-8
- Don Yellow Bird . . . . . 7-7
- Gloria Yellow Bird . . . . 7-12
- Marilyn Young Bird . . . 7-21
- Ramona Dickens . . . . . 7-28
- Wayne Flute . . . . . 7-29
- Birdie Fox . . . . . 7-30

***“Ooooooooooooooh, this is yellow and yummie” said Mrs Moose.***



***Our local moose excited about the blooming canola.***