

NAhtAsuutaaka' (White Shield) Newsletter

March 2015

Volume 2

Issue 25

Dorreen Yellow Bird, Editor

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Elders finish February electronic training



Birdie Fox and Connie Howling Wolf share a iPad. They are on the list for one of their own at next meeting (see page 5 for story)



CiiRA, hello to all the elders and community members of the White Shield Community. I would first like to send my condolences to the family members who lost loved ones this past month. Also, I would like to send my blessings to the families that have loved ones in the hospital that have been very sick or terminally ill. Our prayers are with you.

I also want to congratulate our boys and girls athletes and teams that finished a great basketball season. They both had tough seasons and both high school teams were very young, so we have a bright future ahead of us.

I would first like to discuss the Tribal Revenue. This fiscal year the Tribe will take a loss of \$200 million in Oil & Gas Revenue Earnings. This is due to North Dakota Oil prices at \$35-\$40 a barrel. Also our Tax Revenue from the Extraction Tax will take a huge hit from the North Dakota Tax Agreement. With oil prices lower than \$54 WTI, the oil producers will get a big tax incentive and the Tribe will take a huge loss. Hopefully Oil prices will bounce back above \$55 a barrel.

The second item I want to discuss is the MHA Nation Tribal budget and Revenue. The Tribal Business Council approved a budget at the February 11th Business Council Meeting at the Tribal Chambers in New Town. The 2015 Tribal Budget was divided into 5 different areas: (1) General Operating: \$86,794,000.00; (2) Disbursements: \$29,000,000.00; (3) People's/Growth Fund: \$125,000,000.00; (4) Special Projects: \$139,656,000.00; (5) Segment Development Projects: \$72,000,000.00.

The Tribal Business Council had a very hard time completing the budget. We disagreed and agreed on different budget appropriations. We all knew we had housing development that needed to be taken care of. We all knew that we had close to \$50 million in road improvements we had to take care of. We all knew we had to put all of our Tribal Royalties into the People's Fund, which was a \$100 million again. We all knew we had to supplement millions into Health Care, Law Enforcement, Disbursements, projects such as TERO building, Legion Building, Interpretive Center, Veterans Home, Schools, Head Starts, Housing for our Elbowoods Health Center, and many other operating expenses. We may have disagreed, but we all had it in our hearts, in our different ways we were going to help the people.

The White Shield Segment Budget is also divided into 6 different areas: (1) Health Care Insurance: \$3,150,000.00; (2) New Community Building: \$3,500,000.00; (3) Arikara Language:

\$500,000.00; (4) Pow-wow Arbor: \$500,000.00; (5) Housing/Infrastructure: \$1,400,000.00; (6) Elder Housing Project: \$1,000,000.00; The Mid-Year budget will include (1) New Elder Center Phase 1: \$2,000,000.00. The other projects that are budgeted for 2015 in the White Shield Segment is: New School: (1) \$5,000,000.00; (2) New Lagoon \$3,950,000.00.

I wanted to also address the article in the MHA Times this past month. Jodi Rave (Spotted Bear) had put an article in the newspaper that didn't have all the facts and she released it as fast as she could. I was very disappointed with her professionalism and she only wanted to print what she thought would make good gossip. Yes, we did attend a meeting at Key Bank. We were invited to Cleveland Key Bank Headquarters. We listened to possible options of outside financing of the Thunder Butte Refinery and some other projects on the Reservation. We also went to listen to Tax Credit funded community projects that the Tribe could qualify for. But I do feel we need to get more professional and serious people in our MHA Communication Enterprises. There is a lot of good things happening on our Reservation, but we always want to focus on negatives with little or no facts. So hopefully we can get better articles for our people and elders.

This past month the White Shield Segment implemented Health Care Insurance for enrolled members of the community. It was very hard to develop the criteria to make sure we only had the White Shield Segment. This is very important because I want to make sure Health Care Coverage is available to the Segment. I know that we have a lot of community members that live off the reservation so I wanted to include the members that vote in the White Shield election. This would be the only way to distinguish Segment members, I know it might have not included some individuals but I hope we can get a better process down the road for everyone enrolled with MHA Nation.

There will a disbursement the end of the March for a \$1,000.00 per Tribal Enrolled Member. I want to let everyone know that I support the disbursements for every enrolled member. I also support health care coverage for Tribal Members. Those are for off-reservation and on-reservation Tribal Members. But I strongly support the development of our communities and creating housing on and off the reservation. One example is the White Shield School. The school has been in existence for nearly 60 years. The children have been in sub-standard educational conditions. I believe it's time for them to have quality facilities. They deserve it.

I want to wish all our Tribal Members a healthy and prosperous Spring Season and a very Happy Easter. God blessed everyone and Take Care.

AN HONORING FOR KEITH AND JOHN FOX IS BEING HELD AT THE DENVER MARCH POW WOW THIS WEEKEND. THE FAMILY WILL SPONSOR A DANCE CONTEST AT THE POW WOW.

A GIVE AWAY AND HONORING FOR KEITH AND JOHN WILL ALSO BE HELD AT THE WHITE SHIELD CELEBRATION THIS SUMMER, JULY 10, 11, 12.

Housing grows in White Shield



White Shield is progressing rapidly toward improved housing for the community. It has been years since White Shield had new housing for the community. Many of the current housing is adequate to poor. There are new families who have not had an opportunity to acquire a house and also new families moving into the community.

Fred Fox, Segment Representative, worked hard to move the housing projects toward what we have today. He hired Gloria Fox Brennan to manage the purchasing process. She is located in White Shield and is responsible for the financial part of these projects. She is handling application, managing contractors and all that goes with a project as large as this. Her contact # is (701)-421-8534.

Here is what has been done this year:

- Nine elder scatter houses are in varying levels of completion. Some are nearly ready for move in, others are waiting.
- Elder apartments, located near the Nishu Elder Center, have plans developed and work has started on them. It is estimated they should be completed by this summer. There will be eight apartments with one 2-bedroom, and 7 one-bedrooms. They will have garages and storage rooms.
- There are 16 rentals located at Sesame. All of those units are filled and most of the people have moved in.
- In Awahu Village there are seven units. These are rent-to-own and they are all filled.
- There will be ten more houses built for essential staff.

If you are interested in a house, you can pick-up an application from Gary Dicken's office or the housing office in the White Shield Complex.

There are qualifications for each apartment or house. In other words you must be able to pay the rent or make house payments each month no matter how little it is.

The board for housing is:

Linda Gonzales, Director and Chairman of the Brd, Phone # (701)-431-5941

Dorreen Yellow Bird, vice chairman

Madonna Azure, treasurer

Loreline LaCroix, secretary

Larry Trujillo, project manager

(Continued from front page)

Seventh Generation Funds technical training for White Shield Elders



Photo Seventh Generation header

White Shield elders completed first year's training on electronics such as cell phones, computers and especially IPADS. All those who attended received a new IPAD and later key boards for IPADS. To keep IPADS, elders had to attend four training sessions. At the last training, about ten elders completed training with several needing only one more training. Many are continuing classes to learn more about their cells phones and IPADS.

White Shield elders grant for another year was approved. The grant is for \$10,000. After this grant is complete, they are looking at doing something will gardens and plants.

The next electronics training session will be in the summer. Information on when and where will be posted later when plans and dates are finalizes. During that next training sessions, those who did not get IPADS will be eligible for a new IPAD.

Most of the sessions were two days, all day, with healthy meals prepared by local people from White Shield. The sessions were held at the Culture Center where electronics can be used.

Bill Harjo is the trainer and consultant for the grant. He said they are planning to start electronics classes at Twin Buttes and Mandaree soon.

Seventh Generation

Seventh Generation supports emerging Native nonprofits in the four-state region of Idaho, Montana, North Dakota and South Dakota. This initiative supports community-generated strategies for building culturally relevant and sustainable prosperity through community empowerment with a special focus on reservation based projects and those serving reservation communities.

Greetings from Helen Kruger, Elder Coordinator



Helen Kruger calling bingo at elder party

YIPPEE!!!! Spring has sprung. It's time to bring out rakes, garden hoses, grass seeds and so on.

The gophers are out and the birds are once again singing. I hope all is well with everyone.



Elder Birthdays

MARCH

<i>Fern Greff</i>	<i>3-1</i>
<i>Loretta Meredith</i>	<i>3-3</i>
<i>Delilah Yellowbird</i>	<i>3-10</i>
<i>Clarinda Youngbird</i>	<i>3-8</i>
<i>Denby Deegan</i>	<i>3-15</i>
<i>Thomas Eagle</i>	<i>3-15</i>
<i>Leonard Hosie</i>	<i>3-24</i>
<i>Byron Howard</i>	<i>3-21</i>
<i>Don Charging</i>	<i>3-15</i>

APRIL

<i>Dolly Hopkins</i>	<i>4-12</i>
<i>Connie Howling Wolf</i>	<i>4-12</i>
<i>Howard Wilkinson</i>	<i>4-13</i>
<i>Wayne Perkins</i>	<i>4-14</i>
<i>Gerry White</i>	<i>4-25</i>
<i>Karen Mullack</i>	<i>4-28</i>

Happy Birthday to all and wishing many, many more to come!

Reminder: Don't forget to get your appointments in on time. I do follow-up on them so if you miss your appointment for whatever reason, you need to go on your own to your next appointment. Please try to make your appointments and get the care you need and deserve.



(Continued on page 15)

Our Environment: Early signs of spring



By Dorreen Yellow Bird, Editor

A few days ago, I stood in front of my picture window and I watched the weather changing. I felt like the luckiest woman in the world even if it was snowing, it is still delightful a place to live.

As I do each morning, I open the curtain in my bedroom as soon as I wake-up. I am an early riser so I wait for the first light in the East especially at this time of the year when I see more and more of golden sun. I know winter is letting go and spring is near. After days of dark, it has been glorious with good sun and gentle breeze, so today's dark skies and white dusting over the hills made me think the spirits winter was crawling back to the land. A few days ago, I search the backyard to the south and west for purple of the crocus, the first flower, but found nothing.

As I walked, I looked up at the sound of Canada and Snow geese flying over, big, full flock in a crazy "V" steady moving north. So where were the early crocuses? I've seen them in deep snow. They're tough plants. I've seen amazing purple flowers growing in a white snow field. Cold doesn't kill them. They just tighten up and get deeper purple. Resilient plants and hopefully like our people here.

Our White Shield area is beautiful place where you can breathe deep and feel it's fresh clean air you're breathing.

It was unlike my trip to New Town a few days ago. As I was driving home between all those pick-ups and 18-wheels, I realized how much the reservation has been taken over by Bakken out buildings, housing and oil pads. It seems like I was in New Town only a few weeks ago, but didn't notice the growth. It's almost a new city on the east side of the Town. As your coming into town, the new motels give New Town a big city look.

Oh, I know we need these places for the people working on the Bakken to sleep, eat and play, but it saddens me that we are trading something so precious (our land) for oil money. I pray we don't lose ourselves, our culture, or our pride to the Bakken.

Executive Director of the Ft. Berthold Communication Enterprise makes changes to Organization



When Jodi Spotted Bear took over the Enterprise (MHA Times and KMHA radio) changes needed to be made. She began changes by filling positions at the newspaper which had only a minimal staff. She hired a station manager and began a wide search for other staff. She purchased vehicles for staff so could do some of the many jobs that require out of office trips. She found she also had to do audits and up-date the systems. During that time she, with the help of family, cleaned and painted the office.

With the basics nearly done, innovative ideas took hold and she updated the newspaper including changing the flag (top front icon), and began broadcasting tribal council and other important meetings live. She widen the voice of KMHA by adding on-line program called KHMA.streamon.fm. It will allow people to listen all over the country, but most important in surrounding towns like Bismarck, Minot and

Fargo, she said.

Spotted Bear is married Frankie Lee, Civil engineer contractor who works with the Tribe. She is from Twin Buttes and a season journalist who worked for more than 30 years as a military mainstream reporter.

Tribal radio station (93.7) hires station manager



Mitchell Bintliff

Bintliff was born and raised in Rapid city, S.D. He entered Native American Gaming in 1990 with the Yankton Sioux tribe in Wagner, S.D, and worked at Ft. Randall Casino.

Bintliff then moved to New Town in 1993 to work in the Poker Room at 4 Bears Casino & Lodge until 1997. It was there he met Jeanette Smith and they were married. Smith is the daughter of Shirley & Eugene Smith.

They moved to Hankinson where he began his first management position with Dakota Magic Casino. They were in the Gaming industry together until 2011 when his wife moved to another field of work. In 2013, he retired from 4 Bears Casino, as the Director of Public Relations and ventured into

a personal business. They have six children and he said “which we wouldn’t trade for anything,” he said. He begin working for KMHA as Station Manager on Monday, March 16.

Putting a Woman on the \$20 Bill



A campaign has begun to put a woman on the \$20 bill by 2020, the 100th anniversary of women gaining the right to vote in the United States.

Who better to make room for a new honoree than the current resident, Andrew Jackson? Even if you don't think he's a genocidal racist, he opposed paper currency. So if we wave bye-bye to Jackson, what woman should we welcome?

Louise Erdrich on Wilma Mankiller, the First Female Cherokee Chief

Updated March 18, 2015, 6:51 AM



Let's replace Andrew Jackson — who defied the Supreme Court and brutally evicted the long-farming Cherokee onto the Trail of Tears — with Wilma Mankiller, first woman elected principal chief of the Cherokee Nation. A descendant of the survivors of that cruel march where some 4,000 peaceful people died, Wilma Mankiller led her people with forceful calm. She fiercely advocated to improve health care, government and education. She was a native rights activist, and a person of kind dignity who took pride in keeping alive Cherokee traditions. In America, the most widely recognized Native American

women are the ones who contribute to the national mythos (in story) by assisting white men in the business of taking Indian land — Pocahontas and Sacagawea. Wilma Mankiller was another kind of woman entirely, and she was a hero. It would be poetically just for her to replace Jackson and I love the thought of her soft and majestic face on money. Not to mention the satisfying contrast of her ferocious name.

Other suggestions: Sojourner Truth, Emma Lazarus Susan B. Anthony, Francis Perkins, Rachel Carson, Margaret Sanger, Harriet Beecher Stowe

Tribes discuss risks and rewards of legalizing marijuana

TULIP, Wash. (AP) — Tribal representatives from around the country are converging in Washington state to discuss the risks and rewards of marijuana legalization.

Tribes have been wrestling with the issue since the U.S. Justice Department announced in December that it wouldn't stand in their way if they want to approve pot for medical or recreational use. The agency said tribes must follow the same law enforcement priorities laid out for states that legalize the drug. Representatives of dozens of tribes are attending a conference Friday at the Tulalip Indian Tribe's resort and casino north of Seattle. Topics under discussion include the big business potential for pot, as well as concerns about substance abuse on reservations and the potential creation of a tribal cannabis association.

Preserving Native American Places

By Will Cook

Many historic places supported by the National Trust have strong associations with Native American communities. And although these are some of the oldest and most sacred sites in America, their continued preservation is not secure. Legal advocacy, however, is one way that communities everywhere can continue the good work of protecting these places. But sorting through complicated laws is not an easy task. Through the generosity of a grant provided by the Indian Land Tenure Foundation, the National Trust is working to address this problem, and to this end has released its most recent publication, *Preserving Native American Places: A Guide to Federal Laws and Policies that Help Protect Cultural Resources and Sacred Sites*. Written in layperson's terms, *Preserving Native American Places* gives examples of laws that communities everywhere can use to protect their history, culture, and places that they value. Illustrations of successes—and failures—help show how these laws work in a practical real-world way.

Using a "Question and Answer" format, *Preserving Native American Places* is organized in four parts with representative illustrations, with a special focus on tribal participation. Part 1 focuses on the National Historic Preservation Act and other laws that require federal agencies to address the effects of government actions that could harm Native American historic sites, including traditional cultural properties. Part 2 explores the Native American Graves Protection and Repatriation Act and the National Museum of the American Indian Act. Part 3 discusses protections available under the Archaeological Resources Protection Act, the Antiquities Act of 1906, and other permitting and enforcement laws. And finally, Part 4 highlights the role of the United States Constitution in protecting religious freedoms and federal statutes that could augment that protection. Although *Preserving Native American Places* cannot provide a substitute for legal counsel, it is hoped that the guide will help strip away some of the complexity that surrounds federal preservation law, empower communities with knowledge about their legal rights, and give direction to preservation advocates everywhere seeking to protect the places that matter to their communities



UND INDIAN ASSOCIATION TIME-OUT

WACIPI

APRIL 17-19, 2015

UNIVERSITY OF NORTH DAKOTA
HYSLOP SPORTS CENTER
2751 2ND AVENUE, NORTH
GRAND FORKS, NORTH DAKOTA

EVENT INFORMATION

Announcers: Jerry Dearly, St. Paul, MN & Vince Behl, Bemidji, MN
Host Drum: Young Buffalo Horse, WI
Arena Director: Rusty Gillette, Falls Church, VA
Sound: Dale Roberts, Oklahoma
Head Woman Dancer: Hannah Balderas, Fort Berthold, ND

CONTEST CATEGORIES

Golden Age Men's & Women's (60+)
Senior Adult Men's & Women's (35-59)
Junior Adult Men's & Women's (18-34)
Teen Boys & Girls (13-17)
Junior Boys & Girls (6-12)
Tiny Tots Day Money (0-5)
Singing Contest (1st-4th)

SPECIALS

Women's Dance Special in honor of Head Woman Dancer,
Hannah Balderas

Mary Jane Schneider Memorial Song
Saturday, April 18, 2015, evening session

Registration will open Friday, April 17, 2015 - 4 p.m.
Registration will close Saturday, April 18, 2015 - 1 p.m.
Contest rules and other information are available online at
www.und.edu/org/undia

Like us on Facebook at
UND Indian Association Time-Out Wacipi

ATTENTION ALL PARTICIPANTS

All dancers and singers are required to fill out a W-9 or W-7 before registration which will require their Social Security Number (SSN) or Social Insurance Number (SIN). Non-US citizen prize winners will be subject to additional IRS paperwork and 30% withholding. Social Security or Social Insurance number and Picture ID required with winnings of +\$600.

ADMISSIONS

UND students free (Must show current student ID)
\$12 for weekend or \$7 per day
60+ & 5 and under free
(Wristbands must be worn at all times)

GRAND ENTRIES

Friday, April 17, 2015 - 7 p.m.
Saturday, April 18, 2015 - 1 p.m. & 7 p.m.
Sunday, April 19, 2015 - 1 p.m.

TRADITIONAL MEAL

Saturday, April 18, 2015 5 p.m.

CRAFT VENDORS

Contact Darlene Nelson 701.777.4291

Indian Studies Association (ISA)
Time-Out Week Educational Activities
April 13-17, 2015, UND Campus
Contact: Indian Studies Association at 701.550.1909
Email: shashay.schettler@my.und.edu

MEN'S BASKETBALL TOURNAMENT

Contact: laine.m.lyons@my.und.edu

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decisions are final! UNDIA reserves the right to make any changes
to the contracts or agenda.

UND UNIVERSITY OF
NORTH DAKOTA



Reefit
NATIONS



SPRING CHALLENGE

ONE DAY FITNESS EVENT
4 TOTAL WORKOUTS

RALPH WELLS COMPLEX GYM
WHITE SHIELD, ND

SATURDAY, APRIL 11
9AM

DIVISIONS: MEN'S AND WOMEN'S

ADVANCED

1ST \$600

2ND \$500

3RD \$400

SCALED

1ST \$400

2ND \$300

3RD \$200

MASTERS (45+)

1ST \$300

2ND \$200

3RD \$100

FOR MORE INFORMATION CONTACT:

COACH PERKINS 701-421-1244 EMAIL: WHIRLWINDBULL@HOTMAIL.COM

COACH KROUPA 701-421-3773 EMAIL: KUUNIX.TEERIT@GMAIL.COM



Promoting Healthy Lifestyles on the Fort Berthold Indian Reservation



Despite ancient athletic roots, the Mandan, Hidatsa, and Arikara suffer from high rates of diabetes and obesity, conditions that impact other Indian tribes at epidemic levels. Our community, ReeFit Nation, strives to change that.

ReeFit Nation originated in 2013 from an interest to prioritize fitness and restore the physical awareness of communities on the Fort Berthold Indian reservation. To do so, a small group of individuals decided to provide fitness programming to the broader community. We are committed to bettering lives and helping people achieve their goals.

Follow us on Facebook: www.facebook.com/reefitnation.mha

Help make a difference! Contribute Today!



OBITUARY



Helen Yvonne Wells White

Swaaruxti' Tiwakaraan"

Wakiyan Wocekiye Winyan"

Helen "Yvonne" Wells White, died March 10, 2015 at Walt Hill, Nebraska. She was born October 17, 1939 to Ralph Jr. and Olive Sherwood Wells at Elbowoods, ND.

She was educated at Nishu Day School and Flandreau Indian School where she graduated in 1957. She went to Bacone College. She moved to Denver, Colorado and married Gene White and they raised their family of five children in Denver for 40 years.

Throughout her life, Yvonne was a hard-working woman, always providing for her family and unafraid of hard work. She was a gifted quilt maker who lost count of the number of quilts created during her lifetime. She passed this talent onto her daughters. In her younger years, Yvonne was well-known as a cowgirl and barrel racer. She had musical talent and could play several instruments. At family gatherings, Yvonne and her aunts and sisters would sing, especially favored were family hymns.

Around 2000, Yvonne and Gene moved to his homelands in Winnebago, NE. They adopted granddaughter Allina. He passed in August 2005. Shortly after, in 2006, their daughter Jeannie passed unexpectedly and left four daughters. Yvonne raised them.

She had a kind and generous heart, always opening her home to others.

On February 3, 2015, she entered the hospital and found there was nothing more they could do for her. She was sent home. Her sister Suzie Decouteau-Mesteth provided loving care during her last weeks at home.

Suzie enabled Yvonne to pass with dignity and with her family at her side. She wanted to go home and the family made it happen according for her wishes.

Yvonne is reunited with husband, Gene, daughter Emerald Jean, mother & father Ralph Jr. and Olive (Sherwood) Wells; maternal grandparents Peter & Molly (Wolf) Sherwood; brothers Thomas Wells Sr., Reginald Mickey Wells, Alvin Nibbs Wells Sr., Ralph Dutch Wells III, Emanuel Santa Wells, Vernon Paddy Wells and infant brothers Frank & Billy Wells.



Bernadine Morsette Yellow Wolf, 72, New Town, died Friday in Bullhead City, Ariz. (Langhans Funeral Home, Parshall). After a memorial service in Parker, she will be brought home for a funeral and burial. The wake will be Monday at Johnny Bird Memorial Hall in Four Bears, with the funeral on Tuesday. Interment will be at the Mandaree Catholic Church, Mandaree, ND.

February							~ March 2015 ~							April ▶
Sun		Mon		Tue		Wed		Thu		Fri		Sat		
1		2 Elders monthly meeting - noon Zumba class 5 pm Complex		3 Arikara classes		4		5 FBCE Board Meeting at noon at station Arikara classes Crossfit training		6		7		
8		9 Zumba class		10 Arikara classes 2:00 Culture C. Crossfit training 6:00 fitness room		11		12 Arikara classes Crossfit training		13 TAT council meeting		14		
15 Cleo Charging daughter fundraiser - 1:30 Clocks spring forward today		16 Zumba class 5 pm Complex		17 Arikara classes Crossfit training 		18		19 Arikara classes Crossfit training		20 First day of spring 		21 Denver March Pow Wow is honoring John and Keith Fox		
22		23 Zumba classes		24 Crossfit training 6:00 fitness room Arikara classes 2:00 Culture C.		25		26 Arikara classes Crossfit training		27 TAT meeting continued from Mar. 13		28		
29		30 Zumba classes		31 Crossfit training Arikara classes		Notes:								

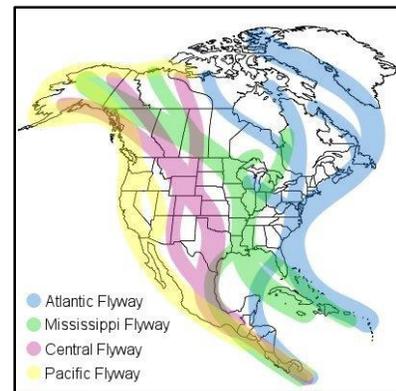
(Continued from Page 5) If you're interested in Zumba, it's Monday and Wednesday @ 5:00 in the Complex Gym. Crossfit training is Tuesday and Thursday @ 6:00 in the fitness room.

Arikara classes are Tuesday and Thursday @ 2:00 @ the Culture Center. If anyone needs a ride, let me know and I will try to get you over there.

Picture of take-off of Canada and Snow Geese in ND



The Canada and Snow Geese can be found by the thousands in our area since we are apart of one of the great Flyways or migratory paths of many birds. One of the exciting events for birders and the public is see birds flying to nesting areas where they hatch their young or seeing them over-head as they fly to places where food is more plentiful.



Flyways for migrating birds