

Country Road Chronicles Of West Segment

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Eagletail Shares His Knowledge Of The Round Dance Of What He Was Taught



Hal Eagletail

Hal Eagletail is from the Tsuut'na Nation in Alberta, Canada. He was one of the MC's for the Young Bear round dance held at the Water Chief Hall.

As an MC who travels throughout Indian country. Hal will explain in his way of how the round dance is run.

As he states; "I am able to see first hand on how our

cultures are similar traditions with different customs in our unique geographical areas. I have been blessed to be up north in northern Alberta, Saskatchewan seeing the round dance celebrated as well as south of Colorado with the Ute people and amongst the Navajo people in the Chile, Arizona area.

Just seeing all the different interpretations amongst other tribes of the round dances they have. The one common denominator with them all have is that it is a healing dance, which is conducted in the winter time during the night. The round dance has to be finished before the sun comes up. The reason for this is because a lot of the round dances are inviting spirit in and when we bring this world and the spirit world together we don't want to make any mistakes so that's why we have smudge at the round dance. We start off smudging the drums, the stick men take care of that, they take care of the floor and they also conduct the ceremony. It could be a memorial round dance. When we sing the honoring song we have pictures out for the memorial we have to make sure that the doors are cleared of people, and also no children or anyone else to walk in front of the procession of the

family, or the committee hosting us.

Long ago this round dance ceremony happens after a sun dance and they took this round dance and put it into the winter time. It started off by eating a cake, cutting it up and they would put a nickel inside the cake and whoever got that piece of cake with the nickel in it than they were the ones who hosted the next round dance the following year. It was a big honor to host the round dance. Another part of this is the memorial round dance. The family doing the memorial would bring a tree covered with cloth and offerings in honor of those who have passed on. When the memorial song was sung, the people would carry gifts to give away in burlap sacks. The family would dance all in a row with those gifts over their shoulders. They would sing what is called the King songs, and there's twenty one king songs. In order to learn them you would need to go to a ceremony and practice. People are not allowed to record these songs, so you have to go to these ceremonies in order to learn these king songs. When they would sing these give away songs which are part of the king songs, they would dance with their gifts and afterward distribute them. That was the old way. Now today. What they do is they give their gifts away on a tarp or something and pray and smudge them before they give them away.

Continue on page 4.

Quotes For The Heart & Mind

- * "Health is the greatest gift, contentment the greatest wealth, faithfulness the best relationship." ~Buddha~
- * "Love begins at home, and it is not how we do..but how much love we put in that action." ~Mother Theresa~
- * "There is a woman at the beginning of all great things." ~Alphonse de Lamartine~
- * "Eternity: a moment standing still for ever" ~James Montgomery~

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West Segment Tribal Representative Update



Hello Community members and relatives before I begin this month's update. I would like to extend my sincere condolences to the Toby Young Bear family and relatives and the Aaron Wolf Family and relatives on the loss of their beloved ones.

Here we are starting another new year of 2015. I hope everyone enjoyed the Holiday season with your family and relatives. I have enjoyed my holidays with my family as well.

Winter is here and we now have to contend with the cold. I would like to remind our elders if you're traveling or going outdoors please dress warm our wind chills have been very cold and always have someone with you when you are going some place. Be careful when you walk outdoors, we have ice under the snow.

On another note, as you are all aware we had our Christmas community party which was a success. We had a great turn out this year, in fact this year was bigger and better than last year. We had 600 people at this years Christmas party it was great to see others from various segments come and enjoy Christmas with us. This year one of our council representatives from the Twin Buttes segment came to enjoy our activities it was a grand time to enjoy the company of our visitors, and to share a great meal with them. I would also like to commend the staff here they were the ones who prepared the meal for everyone to enjoy. To Martha and Skye who

took care of the decorating and to the rest of the staff who helped wrap presents and other volunteers who came to help as well. Even our Law enforcement was involved in volunteering to help during the Christmas party, in which they were very helpful to us. Our activities would not be as successful without the help of our staff and other community members who volunteered their time to help and to those who volunteered to bring food.

I am always very grateful that we can come together as a community to enjoy happy community gatherings. It makes me feel happy inside knowing that our kids have smiles on their faces to come together as a family and relatives during activities that West Segment has.

On another note, January has been a very busy month for me I have been busy attending meetings not only with our tribe but I have been traveling to Bismarck as well for meetings.

This month's update will be short, as I am very busy working on health care issues at this time. In next month's update I will be able to give you more information of what I have been working on and meeting with our Governor on certain issues concerning our tribe.

Again be safe and drive careful if you are traveling, I will have more information and updates in our next newspaper. Your patience is greatly appreciated.

Thank you for being a good reader.

Winter Tips For The Elderly During Winter Months

By: Jennifer Rhodes-Kropf, MD

Let's face it winters can be tough. Months of frigid temperatures and heavy snow fall can make daily life difficult and isolation at home even more common for seniors. You can, however, safely maneuver through winter weather by realizing the high risk for falls during icy and snowy conditions and taking proper precautions.

As a staff member I regularly see injuries from falls during winter months and urge patients and elders to be extra vigilant when outdoors during the winter season.

Fractured ankles and broken hips (especially for those over 50) are two of the most common injuries and can mean lengthy, frustrating recovery periods for seniors.

Before attempting to shovel snow or rush out for that last errand before a storm, consider these tips for fall prevention:

- **Focus on footwear:** Rubber or neoprene soles, especially those with plenty of tread, provide better traction on snow and ice than either leather or plastic soles, making them the best choice for fall prevention.
- **Careful with cars:** Many falls occur when exiting or entering a vehicles. Always make sure your footing is clear when you get out of a car.
- **Beware of black ice:** It's just as slippery as regular ice, but difficult to see, making it a top winter safety concern. Stay on clear pathways or ones that have been treated with sand or salt.
- **Shovel safely:** If you have to shovel, clear a level pathway to stand on so you won't lose your balance.
- **Make winter safety a priority:** Avoid rushing and allow yourself extra time to reach your destination safely. Avoid short-cuts through snow or over icy areas.

Remember, falls can happen quickly, but lead to long-lasting injuries

When the temperatures drops, older adults run a higher risk of health problems and injuries related to the weather, including hypothermia, frostbite and falls in ice and snow. It's important that they, and those who care for them, take certain precautions at this time of year. Here's what you need to know:

Hypothermia: Older adults tend to produce less body heat than younger people, and it's harder for them to tell when the temperature is too low. This can be dangerous because when your body is in the cold for too long, it begins to lose heat quickly. The result can be hypothermia, a dangerous drop in body temperature.

- **KNOW THE WARNING SIGNS OF:** hypothermia: lots of shivering; cold skin that is pale or ashy; feeling very tired, confused and sleepy; feeling weak; problems walking; slowed breathing or heart rate. Call 911 if you think you or someone else has hypothermia.
- **STAY INDOORS:** When it's very cold outside, especially if it's also very windy. Keep indoor temperatures at about 65 degrees.

If you have to go outside, don't stay out for very long, and go indoors if you start shivering.

- **STAY DRY:** Wet clothing chills our body quickly.
- **WEAR LAYERS:** Wearing two or three thinner layers of loose fitting clothing is warmer than a single layer of thick clothing. Always wear layers, as well as:
 - A hat
 - Gloves or mittens (mittens are warmer).
 - A coat and boots.
 - A scarf to cover your mouth and nose and protect your lungs from cold air.

FROSTBITE: Extreme cold can cause frostbite damage to the skin that can go all the way down to the bone. Frostbite usually affects the nose, ears, cheeks, chin, fingers and toes. In severe cases, frostbite can result in loss of limbs. People with heart disease and other circulation problems are most likely to get frostbite.

- **COVER UP:** all parts of your body when you go outside. If your skin turns red or dark or starts hurting, go inside right away.
- **KNOW THE TELLTALE SIGNS:** of frostbite: skin that's white, or ashy (for people with darker skin) or grayish yellow skin that feels hard or waxy; numbness. If you think you or someone else has frostbite, call for medical help immediately. A person with frostbite may also have hypothermia, so check for those symptoms too.
- **IF FROSTBITE OCCURS:** place frostbitten parts of your body in warm (not hot) water.

Accidents While Driving:

Adults 65 and older are involved in more car accidents per mile driven than those in nearly all other age groups. Because winter driving can be more hazardous you should:

Have your car winterized before the bad weather hits. This means having the antifreeze, tires and windshield wipers checked and changed if necessary.

Take a Cell Phone: with you when driving in bad weather. Always let someone know where you're going and when you expect to arrive, so they can call for help if you're late.

Stock your car with basic emergency supplies: first aid kit, blankets, extra warm clothes, booster cables, a shovel, container of water, canned or dried foods, and a flashlight.

More on Round Dance



The MC Hal Eagletail announced for the Randy Phelan family who sponsored this round dance. The announcer had him lead in his family and relatives to dance with him before the everything got started. Pictured here is Randy leading the way with the support of his family and relatives.

One of the customs of this memorial dance is you never dance with children in your arms, otherwise you may be misinterpreted in Creator's eyes that you want to give away your child that he blessed you with. Ladies that are pregnant aren't allowed to dance during the memorials because we don't want to be misinterpreted that we want to give that child back to Creator.

Long ago the women would sing on the outside away from the drum, but today they sing around the singers. That's a custom that just evolved on it's own. The reasoning behind it is a lot of the singers would invite their women to sing behind them. It was also a recognition of supporting their man standing behind them and being proud of being able to sing with them. When you go to a round dance we normally have a ceremony whether it's a few days before or right before the round dance or the night of. A pipe ceremony is conducted by the spiritual leader, which is a blessing for the family to help them heal. Every time we are holding hands we're thinking of the families' and the people that need the healing. Giving them positive energy by holding hands making a strong circle of energy. This energy is what helps heal the families that are having the memorial for the ones that have passed on. The singers are offered tobacco with sticks and asked to be lead singer to bring in the four beautiful songs. The sticks represent the pipe healing the ceremony of it and to bring those songs into the center that are healing for the people, so we invite everyone to dance. To bring your anxiety, bring your depression, bring your



worries, bring your emotions and leave them on the floor there. Think of those that are sick and your family members and dance for them, dance for their healing and leave it all on the floor. That's why we smudge, that's why we pray, we make sure we don't make any mistakes. This round dance is a time to remember those that have gone on ahead of us, similar to the other ceremonies that take place during the fall months, the chicken dance, the T dance, the ghost dance. In the winter months this is where it's a community event indoors which is a big family event. We don't allow alcohol or drugs we don't allow that to be a part of this ceremony. It's a clean environment, a safe environment for the children to bring them up in. It is held on Friday and Saturday nights and this is a better and safe place to be with family than being in a negative element whether it's alcohol or drugs or going out to the bars or to the clubs. This is a place where we encourage you to bring your family and bring healing, bring unity. It also helps us learn whose children belong to who and help raised the children of our community members our family members everyone has a part in it also a role to play in raising a community. This is a fine way to encourage everyone in getting to know each other. This specific round dance we are celebrating in Mandaree for 2014 is to give back to the community. Last year was to give back to the father by honoring the fathers and the four years before that it was to honor Sophie and the beautiful spirit angel that she is now. This is how it all got kick started was to honor Sophie it was a beautiful remembrance and memorial for her honor and now her spirit lives on. We are now in our sixth year that I'm back here to help the family. I was adopted by Randy in being a part of this family and it's a great honor for me to travel a lot of hours in a vehicle to come and support. That is what we do. All the singers have come to

More Young Bear Round Dance Pictures

support, they also come a long way. We have singers who came from Northern Alberta, Northern Saskatchewan, we have some from the states further south and from the east and the west. They're all gathered here to help each other and to help the family to celebrate this round dance and to help give them strength to give back to the community. It's a beautiful sight to see so many dancers this year and its been growing every year. It's a new element the community round dance, but it's not as popular as it is in other places such as Alberta and Saskatchewan. When you go to those round dances in the north they're so packed with so much dancers and people. Its just beautiful how they all come together in support with acknowledgment of each other. This is the heart of it and its growing here it's building here. I can see in a few more years this will be a packed house here where they will have to look for a bigger place to host this celebration. This is the life of the round dance its like this down south where people don't even know they're supposed to hold hands when they dance. They actually dance without holding hands side by side. These drum songs we call them the heart beat of mother earth and that sound of the heart beat is what gives us unity to help pray for each other by holding hands and making a strong circle in supporting the family that brings us together".

Keep in mind this is Hal Eagletail's knowledge, he was so kind to share with us in his own words. Listening to Hal I have learned more about the meaning of the round dance, for sure it shed light on my perspective. Thank you for being a good reader.



Pictured here during the round dance is our tribal representative Randy Phelan and his son Jude and Rylan Baker all gathered joining in to sing. This is all about giving back to our community through unity, healing and song.



Special guests who attended the Young Bear round dance were Tai Wood who is Miss Manito Ahbee and a sister to Fawn Wood, a well known singer throughout Indian country were both on hand at the round dance. Fawn was asked to sing at this event.



Dancers from the youngest to the oldest danced as you can see they are all holding hands and enjoying the round dance that took place at the Water Chief hall here in Mandaree.

On the next page you will see more of the round dance pictures. Photos of all the singers, for fun a potato dance was done during the round dance as you will see on the next page. As well as a picture during the family give away.

More Pictures Of The 2014 Young Bear Round Dance



A Very Hard Worker Who Deserves Recognition



This young lady is a very familiar face around our community. She is in charge of how the events take place. Her job entails a lot with it she sometimes gets very stressed out. For many of us, we don't really realize how much work goes into planning a huge event for our community members. She not only handles the

community events she also handles a lot of the paperwork that goes along with it. Meaning she has to go into town and get the purchase orders and make sure they're signed so items can be paid for so the events can take place. That all in itself is stressful for her because now that faces have changed at the tribal office so does the roles of how these purchase orders are processed. She has made many trips into New Town in order to complete the paperwork process.

Overall, this young lady has done an excellent job in handling all that goes with the events that West Segment has for our community members. She has been very successful by handling our very first Christmas party back in 2013 we had here and with Thanksgiving as well but the biggest event is our Christmas party. She also handles the pow wows that we do here in our segment. Such as the Memorial Day Celebration and our Veterans celebration, Bakken Days, which take a lot of planning and organizing and getting the paperwork processed in time. She also supervises one person and depends on that person to get things done, but without her excellent leadership skills than events would not take place and be as successful as they have been.

She wears many hats when it comes to working in our offices here, she has the role of taking care of new employee's of processing their paperwork and making sure everything is in place. She takes care of ordering office equipment as well.

One of the things I noticed about her is that she doesn't complain when some things have to get done she gets them done in a timely manner. She is a hustler when it comes to getting things done for all of our events that take place here in our community.

She is the person we can all thank for the success of bringing us all together when it comes to holidays and other events as well. We all know her as Martha Phelan, her given Indian name is Her Many Sage. Martha was raised in Mandaree, she has two brothers and four sisters, who are; Adele, Maranda, Brandy, Jude and Tony. For the past eight years she lived in Montana where she went to school at Salish Kootenai College and later went to the University Of Montana in Missoula. She is a Griz fan. When she returned to Mandaree she began working for West Segment and the Hidatsa Learning Program. Maa Hiri title is Special Projects Manager and Community Events Director. In part of her duties, she works hand in hand with the segment and coordinates events, and helps assist community members with financial and emergency requests. As Martha goes on to say; "My toughest and favorite project is on Christmas and July 4th these events take a lot of planning, I am a people pleaser so I try to make sure there's enough supplies, contests and prizes. What stresses me out is when I try to make my budgets work in which I have been successful in doing that".

I then asked Martha what she has learned from working in the job she has now. As she replied; " I have learned to plan ahead, when I say ahead I mean months ahead, I learned it takes a lot of teamwork and dedication to make all the event happen". My favorite is Christmas, I love seeing everyone get something regardless of their age group. I love the season of giving, and celebrating. My parents have always taught us to help out and give back. I think that's why I take pride in what I do. Honestly, a lot of our events wouldn't be possible if we didn't have an amazing staff here at West Segment. EVERYONE pitches in and helps out with food and decorating. I am most grateful to be able to serve our community."

"I would like to see more events for youth and adults such as cultural activities. Skye Manikateri and myself are going to be introducing some cultural classes such as; sewing, traditional foods, beading and making regalia in Mira Arashagee Mirish. We are trying to incorporate some traditional teachers from right here in Mandaree. We would love to see more community participation. If you are interested in what community events are coming up soon, please feel free to give me a call at the Water Chief Hall, most definitely, interested in new ideas".

Have a good day Madcigiradc

North Dakota DOT & Highway Patrol Increase Law Enforcement and Review Safety on US Highway 85



North Dakota
Highway Patrol

ND Department of Transportation/ND Highway Patrol News

608 East Boulevard, Avenue, Bismarck, ND 58505-0700 Toll Free: 1-855-NDROADS-1-855-637-6237

Current traffic crash statistics show that 13 fatalities occurred along the entire US 85 corridor in 2013 and 12 fatalities have occurred in 2014. Some of the major causes of crashes and fatalities include alcohol use, not wearing seat belts, speeding, aggressive and distracted driving.

As a result, road safety reviews and increased law enforcement patrols led by the North Dakota Department of Transportation (NDDOT) and North Dakota Highway Patrol are taking place on US Highway 85 this year and into 2015.

The NDDOT stated initial review in early December and will continue to review the US 85 corridor in January and February.

“The recent constructed portions of US 85 corridor were designed to meet all federal safety requirements,” said NDDOT Director Grant Levi.

“Unfortunately crashes and fatalities continue to occur and even one fatality on roadways is one too many,” stated Levi. “The department will continue to work with the Highway Patrol to make appropriate roadway enhancements and to assist them in enforcement campaigns.

The North Dakota Highway Patrol has increased law enforcement efforts on US 85 this year and will conduct additional law enforcement saturations over the next few weeks. “The Highway Patrol remains committed to traffic safety,” said Colonel Gerhart. “Our agency works hard to influence and educate motorists to drive safely,” stated Gerhart.

“Our greatest partner in traffic safety is the motoring public, and together we can make a positive difference.”

Some of the state safety procedures currently taking place on US 85 include:

- Conducting a proactive comprehensive review to evaluate the new US 85 corridor between Williston and Watford City for traffic movement and safety enhancements. A multi-disciplinary team consisting of local law enforcement, local road officials, NDDOT and Federal Highway Administration representatives are completing the review.
- Completing additional law enforcement saturation patrols in the area.
- Installing interim roadway lights at the several US 85 and ND 23 intersections in the Watford City area.

NDDOT Encourages Motorists to Stay Up To Date

NDDOT
North Dakota
Department of Transportation

608 East Boulevard Avenue, Bismarck, ND 58505-0700 Toll Free 1-855-NDROADS- 1-855-637-6237 or visit www.dot.nd.gov

The North Dakota Department of Transportation (NDDOT) encourages motorists to put safety first when traveling and to use one of the many tools NDDOT provides to stay up to date on travel conditions such as the travel Information map, 511 and NDRoads app for smartphones.

“NDDOT works hard to clear snow and ice from roadways to help you reach your destination safely,” says Mark Nelson, Deputy Director of the NDDOT. “Motorists must also do their part to reach their destinations by buckling seat belts and driving sober.”

In 2013, there were 148 fatalities on North Dakota roads. Of these fatalities, 48 percent were alcohol-related and nearly 60 percent were not wearing their seat belt. Be a safe driver and make smart decisions. Don't become a statistic.

Safe driving also includes ensuring your vehicle is in optimal condition before travelling. To arrive at your destination safely, motorists should follow these winter driving tips:

- ◆ Never use cruise control on wet or icy roadways.
- ◆ Check your battery and inspect your tires.
- ◆ Turn on your lights and remove snow from the headlights and taillights.
- ◆ Dress according to weather conditions. Keep dry and wear clothing in layers.
- ◆ Do not leave without a full fuel tank.
- ◆ Use highly traveled roads and highways.
- ◆ Keep family or friends informed of your travel schedule and route.
- ◆ Travel with a charged cell phone, but don't rely on it to get you out of a bad situation.
- ◆ Carry a winter survival kit in your vehicle. The kit should include blankets, warm clothing, water, energy bars, flashlight, a distress flag, shovel and matches.

If you get stranded:

- Stay in your vehicle.
- Run the engine and heater about 10 minutes an hour to stay warm.
- When the engine is running, open a window slightly to prevent carbon monoxide poisoning. Periodically cleaning snow from the exhaust pipe will also help prevent carbon monoxide.



NORTH DAKOTA
DEPARTMENT *of* HEALTH

NEWS RELEASE

For More Information, Contact:

Barb Steiner

Woman's Way Clinical Coordinator or Mandy Slag

Family Planning Nurse Consultant

North Dakota Department of Health Phone:

701.328.2306 or 701.328.2228

Email: bsteiner@md.gov or mslag@nd.gov

January Is National Cervical Health Awareness Month

BISMARCK, N.D.– In observation of National Cervical Health Awareness Month this January, the North Dakota Department of Health is reminding women to get screened for cervical cancer. Each year, approximately 12, 000 women in the United States get cervical cancer and over 4,000 women die from the disease, according to the Centers for Disease Control and Prevention (CDC). However, as many as 93 percent of cervical cancers could be prevented through cervical screening and human papillomavirus (HPV) vaccination.

The main cause of cervical cancer is human papillomavirus (HPV), the most common sexually transmitted infection in the United States. Most people with HPV do not even know they have it because they never have symptoms or problems. Usually the body's immune system will fight off the infection, but sometimes HPV infection does not go away and can cause abnormal changes in the cells of the cervix. If that happens, treatment may be needed. If left untreated, abnormal changes can eventually lead to cervical cancer.

Regular screening tests, like the Pap test and the HPV test, can prevent cervical cancer. The Pap test is a screening test that can detect the abnormal changes in the cervical cells before they become cancer. If cancer does occur, the Pap test can find it early when it is easier to treat. An HPV test can find any of the types of HPV that can cause the abnormal cell change on the cervix. The HPV test is done at the same time as the Pap test.

Current guidelines recommend women have a Pap test every three years beginning at age 21. Women ages 30 to 65 should have a Pap test along with a HPV test every five years or a Pap test alone every three years. Women at risk factors may need to have more frequent screening or continue screening beyond age 65.

Vaccine also have the potential to protect people from the HPV infections that can cause cancer. There are currently two vaccines available for people 11 to 26 years old. Both protect against HPV strains 16 to 18, the two main types of HPV that cause approximately 70 percent of all cervical cancers. However, it is important that women who have been vaccinated still get regular Pap tests.

"Unfortunately, many women do not get regular Pap tests because they are uninsured or underinsured," said Barb Steiner with the North Dakota Department of Health. "The good news is that *Woman's Way* may be able to help women pay for their Pap test." *Women's Way*, North Dakota's Breast and Cervical Cancer Early Detection Program, is available to eligible North Dakota women ages 40 through 64. *Women's Way* may provide a way to pay for pelvic exams, Pap tests, clinical breast exams and mammograms. *Women's Way* is now available to women ages 21 to 39 who meet specific eligibility requirements. To learn more about *Women's Way* or to see if you are eligible call 1.800.44WOMEN or visit www.ndhealth.gov.womensway.

To learn more about cervical cancer or HPV, visit www.cancer.org or www.cancer.gov

For Your Information

Upcoming Basketball Tournaments For The Fitness & Recreation Program

January 17-18: Men's Open Basketball Tournament At The Northern Lights Community Center located in New Town, ND
\$250.00 entry fee- 8 team double-elimination tournament.
8 man roster. Deadline and drawing Monday, January 12.
Melichi Four Bear (701) 421-6302

January 24-25: "Big Ballers" Basketball Tournament at The Northern Lights Community Center located in New Town, ND
\$250.00 entry fee-8 team double-elimination tournament.
8 man roster. ALL PLAYERS MUST WEIGH 240LBS AND OVER, WE WILL WEIGH YOU PRIOR TO YOUR GAME. EVERYONE MUST WEIGH IN. Deadline and drawing Monday, January 19, 2015
Melichi Four Bear (701) 421-6302

1st PLACE- Jackets

2nd PLACE- Hooded Sweatshirts

3rd PLACE- T-shirts

We will have "Player of the Game" T-shirts for each game played.

MHA Nation Social Services

MHA Nation Social Services will be having Parenting Classes beginning February 10-12 and February 17-19, 2015.

If required all six days must be attended to receive a Certificate.

Classes will be at 4:00pm every day.

For more Information you can contact at 627-8150 or call Sharon Hand at 421-1083.

Fort Berthold Rural Water On Call Operators

Please Notice This



The following Water Distribution Operators to be on-call in the event of a "Water Break". If you do not get an answer you

may call Maynard Demaray, Director at 701-421-7645.

Weekend of January 24 & 25th, 2015 are:

Lionel Chase: 701-421-1401

Wambli Lockwood: 701-421-1049

BJ Monogram: 701-421-5927

For the Weekend of January 31 to February 1st, 2015 are:

Animal Control Phone Numbers



Delia Blake: 701-421-5214

Travis Jensen: 701-421-8906

Chance Frederick: 701-421-3879

Or call Animal Control at The New Town Office at: 627- 2654.



Unless we remember we cannot understand.

E. M. Forster

For Your Information

Free Certified Nurse Assistant Training Available

On the Fort Berthold there is a tremendous need for people in the Health careers, more specifically for elders, disabled and people who are living at home.

The Next Steps Program will provide **Certified Nurse Assistant (CAN) Training, free of charge, with training located in New Town.** The Next Steps Program supports training as a CAN, then promotes and assists employment in this health career area. Employment can be found at various locations such as; the local nursing home; home health care through the tribe such as the CHR office, or Northern Lights Aging Services, or as an individual providing care to a family member in the home.

The criterion for eligibility for this program is: documentation of tribal enrollment; verification of low income with preference given to TANF participants; and verification of acceptance into the training program. The Next Steps also requires a background check of all participants.

The Next Steps program is a federal grant program funded through the U.S. Department of Health and Human Services to the Candeska Cikana Community College in Fort Totten, North Dakota. Next Steps has subcontracted with the UND RAIN program to hire mentors at each reservation site to implement the training and to provide follow-up support services. The Next Steps program provides mentoring, tuition and fee assistance, books, and equipment support, childcare assistance, transportation assistance and counseling and academic advisement.

Training is being planned for January and March of 2015. If you are considering this training, please remember you will need to be in classes for 2 weeks, 8 AM—5 PM. We are planning to conduct the training in New Town.

If you have any questions, please feel free to call Lizz Yellowbird, the Fort Berthold Mentor at (701) 317-6524, or you may visit the Next Steps office located at the old Minnetohe Clinic, now the tribal administrative office areas.

Applications for the Fifth Annual R-COOL Health Scrubs Academy are due February 18, 2015

When: June 15-18, 2015

Where: The University of North Dakota Campus, Grand Forks, ND

Cost: \$200

Why? To learn what health care professionals in FUN and INTERACTIVE ways!

Who? Any North Dakota student who will have completed 6th, 7th or 8th grade.

The University of North Dakota (UND) **Rural Collaborative Opportunities for Occupational Learning in Health (R-COOL-Health)** Scrubs Academy is a four day/three night camp held on the University of North Dakota campus.

The Scrubs Academy encourages middle school students from across North Dakota to pursue a career in health care. Students participate in hands-on activities and receive information related to a variety of health care professions. In addition to the experiences with health care professionals, students are certified in Friends and Family CPR and the Health Insurance Portability and Accountability Act (HIPAA).

The Scrubs Academy serves as a mini-preparation program to strengthen academic skill sets associated with health disciplines, introduce adolescents to a higher education experience, and foster a relationship between the students and the University. Students will sleep in the UND dorms all three evenings.

Application Form DEADLINE TO APPLY: February 18, 2015 (*must be received, not postmarked by this date*). Please do not submit payment with application

For more information, contact:

Kylie Nissen, Senior Project Coordinator

kylie.nissen@med.und.edu • 701.777.5380 • [website](#)

Panther Development Investments

Alex Moreno/Managing Partner

6401 Congress Ave. Suite 250

Boca Raton, FL 33487. USA

alex@pantherdi.com

Natural Resource Contact List 2015

Name:	Position:	Work Number:
George Abe	Natural Resource Admin. Actg	627-8712, Or 505-220-1086
Frankie Lee	Pipeline Consultant	627-8715
Victoria Mandan	Admin. Assistant	627-8714
Travis Hallam	Pipeline Safety Officer	421-0300

Game & Fish Department

Antoine Fettig	Director:	421-1635
Samantha Antonio	Administrative Assistant	421-6562
Destiny Baker	Biotech	421-5774
Elizabeth Bluestone	Biotech	421-8510
Kristen Mason	Biotech	421-5209
Joe Beaufort	Game Warden	421-1233
Bradfield Sage	Game Warden	421-6977
Charles Wilkinson	Game Warden	898-0129
Duane Bowen	Game Warden	898-7264
Oneil Baker	Game Warden	421-0335
Russell Thomas	Game Warden	421-8348
Tyson Alkire	Game Warden	
Vanessa Dubray	Game Warden	421-3864
Chance Frederick	Animal Control Warden	421-3879
Delia Blake	Animal Control Warden	421-5214
Todd Parisien	Animal Control Warden	421-1924
Travis Jensen	Animal Control Warden	421-8906

Environmental

Edmund Baker	Director:	421-6873
Curtis Seesequasis	Brownfields	421-9469
Nicole Wells	Brownfields Tech	421-0500
Malvina Baker	Executive Asst.	421-3875
Dana Price	Water Quality Lead	421-5608

Natural Resource Contact List 2015

Environmental Continue:

Alina Clark	Water Quality Tech	421-8313
Clem Baker	Compliance	421-9564
Rob Fimbres	Compliance	421-9631
David Dobbs	Compliance	421-8030
Milton Beston	Compliance	421-7568
Jim Mossett	Pesticides	421-0665

Buffalo Ranch

Ted Siers	Director:	421-8672
Joni Bolman	Admin Asst./Marketing	421-1564
Adam Tony Johnson	Ranch Supervisor	421-6570
William Marvel	Ranch hand	
Eldon Baker	Ranch hand	

Realty

George Abe	Senior Realty Specialist	627-8712 or 505-220-1086
Jack Rabbithead	Realty Specialist	627-8710
Valerie Hosie	Realty Specialist	627-8713
Bonnie Blake	Realty Specialist	627-8711

Tribal Historic Preservation Office

Elgin Crowsbreast	TPHO Director	421-8400
Pete Coffee	Deputy Director	421-8710
Jeff Smith	Chief Monitor	862-2474
Donavan Dixon	Monitor	862-2474

I know The Plan For You..Saith The Lord



“For I know the thoughts and plans that I have for you, says the Lord, thoughts and plans for welfare and peace and not for evil, to give you hope in your final outcome. Jeremiah 29:11 Amplified Bible (AMP)

And we are off to another New Year! How many of you are glad to see 2014 finally come to a close and welcome a New and more Prosperous New Year? If you're like me 2014 was filled with many major challenges and relentless obstacles that never seemed to let up. But through it all we somehow managed to come out of it somewhat still in tack and hopeful.

Often I wondered if this is really God's will and intended purpose for my life? Why so much conflict and animosity if this is truly God's plan. I believe that through all the struggles, heartaches, pains, and unknown outcomes, He still had a major plan and purpose for every trial I encountered. The key to the struggles was in trusting in Him and the most important part of the struggle was to walk in "Love" or "Humbleness and Humility." I don't know if I passed the test or not, but time will tell, especially the year 2015, if I didn't pass the test, then I am guaranteed to take it again in this year (yikes!).

Throughout our life we do the best we can and hope that our efforts were not in vain. It is when we give up that we become depressed, oppressed and hopeless. The Bible says in Proverbs 13:12 Hope deferred makes the heart sick, but when the desire is fulfilled, it is a tree of life. This is why we keep getting up every morning, praying and hoping for a better tomorrow, a better future for our children, grandchildren. It is why we don't give up and we keep pressing on.

Here are a couple scriptures that I would like to share on why we should never give up, and that God does have a plan for our future, good plans, not intended for evil, even though it would seem they are headed in that direction, we must never give up hope that a loving God has Victory in this life.

Job 23:13 But He is unchangeable, and who can turn to Him? And what He wants to do , that He does. Isn't that just like God, He can work the worst situation and turn it into good.

Romans 8:28 We are assured and know that [God] being a partner in their labor] all things work together and are [fitting into a plan] for good to and for those who love God and are called according to [His] design and purpose.

Psalms 33:10,11 The Lord brings the counsel of the nations to nought; He makes the thoughts and plans of the peoples of no effect. The counsel of the Lord stands forever, the thoughts of His heart through all generations. God is telling us that if we will leave everything in His hands and trust Him, He will bring about the truth and will continue to make a way for our family and community through faith and prayer. We have not because we ask not. In our

asking He hears our prayers. And His promise is for all generations and that is powerful!

Isaiah 14:26:27 This is the [Lord's] purpose that is purposed upon the whole earth [regarded as conquered and put under tribute by Assyria]; and this is [His omnipotent] hand that is stretched out over all the nations. For the Lord of hosts has purposed, and who can annul it? And His hand is stretched out, and who can turn it back? Just when you think you are losing the battle, God come in and saves the day. All hell can break lose in your life, but if you stay Calm and Trust God, He will let you see your enemies be defeated before you. If God before you, who can be against you? By trusting in Him and not speaking negative about your enemies and pray for them, He will give you the Victory that you are seeking.

Act 5:39 But if it is of God, you will not be able to stop or overthrow or destroy them; you might even be found fighting against God! **BE VERY CAREFUL** on how you choose your battles, if this is not the will of God for you to fight, then in all wisdom and understanding you need to back off and trust the Lord, this could be one of the most difficult times of testing to experience, but if you master this you will be guaranteed the VICTORY, Wisdom must be exercised at this time and lots of patience and prayer.

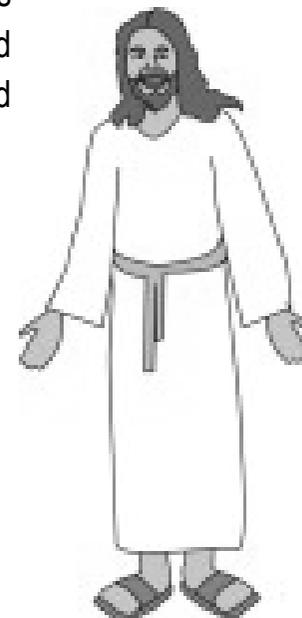
Hebrews 6:17 Accordingly God also in His desire to show more convincingly and beyond doubt to those who were to inherit the promise the unchangeableness of His purpose and plan, intervened (mediated) with an oath.

God more than anything would love to see you and I live and walk in **VICTORY**, but He is a just God and must adhere to His principals and promises. He is a God that cannot lie, therefore it is in the scriptures that we find our strength, wisdom, understanding and especially our answers. This is the main reason that Satan's goal is to keep us from God's Words and promises, because he knows he will be defeated when we know and understand the truth, and the truth will indeed set you free!

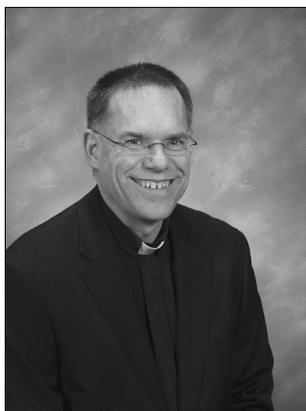
God Bless You

Pastor Elise Packineau

Mandaree Hidatsa Church



Pride



This month I want to bring awareness of a sin that is one of the most prevalent among us humans, yet a sin that is the least recognized -pride. There is good pride and sinful pride.

Good pride is focused on God, on the other person. There is nothing wrong with telling a child that you are proud of him/her for making the right decision. There is nothing wrong with being proud about doing a good job or pursuing excellence as long as credit is given to God, as long as we acknowledge that these desires, these abilities, these gifts are all from God.

Sinful pride, on the other hand is not centered on God but on self. A classic definition of sinful pride would be the inordinate seeking of one's own excellence. The key word in this definition that indicates the sinfulness of pride is "inordinate". When the focus is not on God, actions become inordinate, become sinful. When the focus is on God, actions become virtuous, become humble.

In the next article, I will write about the virtue of humility and offer concrete suggestions on how to counter pride. For the remainder of this article, I will focus on exposing sinful pride in its various forms. If you go online using your favorite web browser and type in "fifty fruits of pride" you will find more about sinful pride. It is amazing how subtle and pervasive pride exists in everyday activities. Some actions we do are quite clear that the focus is on us: I want to be well known or important. I am aggressively ambitious. I would rather lead than follow. I am fiercely competitive. I want to win at all costs

and it bothers me when I do not win. I want to be the life of the party. I want people to be impressed with me. I want everyone to know what I have accomplished-the car I drive, the house I own, the place where I work, the people I know, how knowledgeable I am, how spiritual I am etc. I like to talk about myself. I like to talk about others (gossip) because it makes me feel important- I have information others do not. But ponder these subtle actions that also bring the focus on us: I do not desire to help others be successful or get excited for them when they are successful. I tend to be critical towards those who are doing well. I find myself not sleeping because I worry about tomorrow, my life or my future. I replay interactions with others in my mind wondering how I did, what I said or what they think about me. I am afraid to try new things or enter into uncomfortable situations. I am afraid of looking foolish or doing something wrong, I regularly compare myself with others. I tend to be a perfectionist and can't stand for little things to go wrong for it looks poorly on me. I have an answer for practically everything and an opinion for most every subject. I find it hard to admit that I don't know something. I view correction as an intrusion into my privacy. I resent people who try to correct me and become contentious and argumentative. I have a lot of personality conflicts and find it hard to get along with others. I am divisive-my actions and attitudes seem to separate people rather than unite them. I tend to be critical and negative of others.

For more information about pride, go online using your favorite web browser and type in "fifty fruits of pride".

For Your Information



This Flu Season Practice Good Health Habits

From the Center for Disease Control:

The CDC recommends everyday action to stay healthy this flu season.

For a Deeper Clean:

- **Cover your nose and mouth with a tissue when you cough or sneeze.**
- **Wash your hands with soap and water. Alcohol based hand rubs are also effective.**
- **Avoid touching your eyes, nose or mouth. Germs spread that way.**
- **Stay home if you are sick. Limit contact with others to keep from infecting them.**
- **Disinfect frequently touched surfaces like bedside tables, bathroom surfaces, children's toys, door knobs, light switches and telephones.**
- **Source: Centers for Disease Control & Prevention, World Health Organization. Web: www.cdc.gov**

Emergency Numbers

When there is an emergency the best number to call is 911.

The Paramedic Lawrence Bajaneno his number is:

421-1361 or call (907) 948-9986.

Also the Mandaree EMS Main Phone line is 421-1357.

For the TAT Police Department: 627-3617.

Please put these numbers in a place where you can find them when you need them.

These numbers are also listed in this newspaper on page 17.

Serv Safe Up Coming Food Safety Workshops:

- Restaurant Employees
- Managers & Supervisors
- Cafeteria Staff
- Hospital Setting
- Food Vendors
- Childcare Facilities

Dates are tentative, please call to confirm

February 3, 2015

April 14, 2015

August 11, 2015

November 3, 2015

For more information or to register for a class, please contact: United Tribes Technical College Jan Keller

Land Grant Extension 701-255-3285 Ext. 1504

jkeller@uttc.edu

* Dates are tentative, please call to confirm:

Updated Numbers for Mandaree

Boys & Girls Club Branch Manager: Jade Standish: 759-3049 or Cell: 421-5987 or Donovan Abbey

Catholic Church: Father Roger Synnek: 759-3412

Clinic in Mandaree: 759-3422 or Fax: 759-3209

Circle of Life: 627-4700: 315 Main Street Box 907 New Town, 58763

Elders Meal Site: 759-3092

Hidatsa Elders Program:: Adam Fredericks: 759-3099, Cell: 421-3249: Ted White : Elders Delivery Assistant: 759-3099, Cell: 421-3248

Hidatsa Elders Fax: 759-3093

Mandaree Fitness Center: 759-3780

FBCC Mentor's Office Buff White: 759-3545 or Fax: 759-3528

FBHA Compliance Office: 759-3177 or Fax: 759-3182

FBHA Maintenance Office Raymond Yellow Wolf: 759-3577 or cell 421-0672 and Victor Three Irons cell: 421-0675

Fire Management : 759-3124

Little Plume Teacher 1: Leroy White Singer: 759-3369

Native Printing Jody Brieck: 759-3228 or Fax: 759-3227

Pharmacy in Mandaree: 759-3151 or Fax: 759-3181

Post Office: 759-3370 M-F 12:00 -4:00pm, Sat. 11am-1:15pm

Road Department: 759-3420

School Numbers:

Bus Garage: 759-3395

Business Office: 759-3120

Main Office: 759-3311

Mandaree School Fax: 759-3112

TERO Compliance Office: Lana Turner Office Manager: 759-3255 or Cell: 421-6052

Tribal Ranch & Lodge: 759-3176

Tribal Ranch Fax: 759-3133

Tribal Ranch Director: Ted Siers: 421-8672

Mandaree Water Treatment Plant: 759-3160 or Fax: 759-3199

In Case of Emergency call these cell numbers for water treatment: Bruce Fox: 421-7512, Chris Fox: 421-5952, Maynard Demaray Jr.: 421-7859 .

Water Chief Hall Program Manager: Maranda Johnson: 759-3377

Water Chief Hall Office Receptionist: Tasha Shane: 759-3377

Water Chief Hall Fax: 759-3232

Mandaree Public Relations: Lovina Fox

Public Relations Fax: 759-3375

Mandaree Events Coordinator/Language Program: Martha Phelan: 759-3377

Hidatsa Health Coordinator: Vida Craig: 759-3377

Water Chief Hall Maintenance: Dan Hunts Along: 421-2992

Mandaree Hidatsa Housing Program:

Mandaree Hidatsa Housing : 759-3399

Mandaree Hidatsa Housing Specialist. Assist: Shanna Fox: 759-3399

Hidatsa Language Department: Arvella White & Carol Newman: 759-3276

Emergency or Ambulance: 911

Paramedic Lawrence Bejarano: 421-1361

Mandaree EMS Main Phone: 421-1357

TAT Police Dept. 627-3617

McKenzie County Sheriff: 444-3654

Poison Control: 1-800-222-1222

TAT CHR Main Office: 627-4240

TAT Commodities Program: 627-4292

TAT Game & Fish: 627-4760

Animal Control Warden Bruce Crows Heart: 627-2654 or cell: 421.1882

Local Game Wardens Cell Phone Numbers: Bradfield Sage: 421.6977 or Office: 627-4760

Local Police Cell Phone Numbers:

TAT Chief Of Police: Chad Johnson: 421-8976

TAT Acting Lieutenant: Dan Hudspeth: 421-9166

TAT Police Officer: Jerry Nelson: Twin Buttes/Mandaree Area: 421-9320

TAT Police Dept. Records: 627-3308 or Fax: 627-3113

Tribal Court: 627-4803 or Fax: 627-4602

TAT Utilities: 627-2580

Gerald T. Fox Justice Center: 627-3500

* Please read. This is only for your convenience. Keep in mind some numbers were removed and some were added and corrected. Some of the names changed of the workers in some of the programs. Please post this so you can find what numbers you are looking for when you need them. In case of an emergency we have listed numbers for you. Thank you for reading.

January Menu for West Segment Elders Meal Site

Menu is subject to change for various reasons

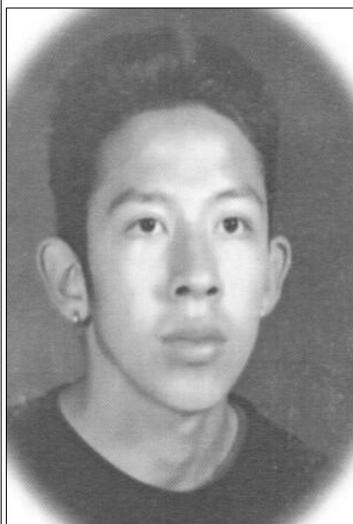
Monday	Tuesday	Wednesday	Thursday	Friday
			1 No Meals Happy New Year	2 Breakfast Scrambled Eggs Ham Oranges
5 Baked Ham Baked potato Pineapples Normandy Blend Donut	6 Hamburgers and Fries Pears Carrots Brownie	7 Spaghetti Garlic Bread Broccoli Cuts Fruit Salad	8 Pork Chops Macaroni and Cheese Corn Dinner Rolls	9 Breakfast Pancakes Sausage Apples
12 Chili Corn Bread Fruit Cocktail Butterscotch Pudding	13 Sweet and Sour Chicken White Rice Pineapples Cake	14 Chicken Alfredo Peas Peaches Jell-O	15 Taco Salad Apples	16 Breakfast Scrambled Eggs/Toast Bacon Grapes
19 No Meals Martin Luther King Day	20 Chef Salad Fresh Fruit Bowl Cookies	21 Lasagna Garlic Bread Mixed Veggie Fruit Cocktail	22 Baked Chicken Baked Potato Broccoli Salad	23 Breakfast Boiled Eggs/toast Sausage Patties Cantaloupe
26 Tuna Casserole Carrots Apple Sauce Brownie	27 BBQ Chicken Potato Salad Baked Beans Banana Cream Pie	28 Indian Tacos Brownies	29 Menudo Fry bread Tapioca Pudding	30 Breakfast Biscuits and Gravy Oranges

February Menu for West Segment Elders Meal Site

Menu is subject to Change for various Reasons

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Bean Soup Broccoli Normandy Blend Dinner Rolls Fruit Cocktail	Beef Broccoli Rice Mandarin Oranges Cake	Pork Chops Macaroni Salad Pears Peas	Sirloin Baked Potato Broccoli Salad Dinner Rolls	Breakfast Burrito Apples
9	10	11	12	13
Milked Potato Soup Green Beans Mandarin Oranges Biscuits	Roast Beef Mashed Potatoes Corn Pears	Goulash Peas and Carrots Peaches Lemon Pudding	Mexican Pork and Zucchini Spanish Rice Cookies Fruit Cocktail	Pancake Sausage Grapes
16	17	18	19	20
No Meals All Chiefs Day	CHEF CHOICE WEEK	CHEF CHOICE WEEK	CHEF CHOICE WEEK	CHEF CHOICE WEEK
23	24	25	26	27
Beef Vegetable Soup Pineapples Brownies	Boiled Beef Ribs Boiled Potato Corn Cherry Pie	Chicken Alfredo Broccoli Cuts Pineapples Donuts	Pork Roast Macaroni and Cheese Green Beans Vanilla Pudding	Breakfast Boiled Eggs Sausage Patties Toast Cantaloupe

Obituary



Remembering the Life of Toby Young Bear "Wah Xee Dish" "Buffalo Calf".

Toby Patrick Young Bear (Buffalo Calf) was born on March 17, 1981 to the late Bernice Young Bear. He was born and raised on the Fort Berthold Indian

Reservation in Mandaree, ND, residing for most of his life with his grandparents– the late Ivan L. Young Bear and the late Louella Young Bear-Benson.

He was given the name "Buffalo Calf" by his grandfather Ivan Young Bear and was a member of the Knife Clan. Toby attended elementary school in Mandaree. He also attended the Quentin n. Burdick Job Corps Center in Minot, ND, where he acquired many skills including carpentry and art.

Through his schooling he met his life partner Pauline Casarez. Together they had 6 children: Adeline (17), Gabriel (15), Sohie (10), Zoey (9), Azrael (7) and Phoebe (2). Toby was a skilled carpenter working on several construction projects across the reservation including the new high school in New Town as well as projects in Mankato, MN. He was also a skilled artist and worked many years for the Four Bears Casino.

Toby enjoyed playing video games, hanging out with friends, watching movies, cooking, taking trips with his family, exercising, and spending quality time with his children and family.

In his younger years, he was a grass dancer and always enjoyed

attending pow wows and participating in cultural ceremonies with his grandparents. Toby was always a kind hearted, giving person who loved to tell jokes and have a good time with his family and friends.

He was very social always making new friends and was an all around good person.

He always wanted to make sure those around him were happy. Toby was a proud father, a loving brother, a caring grandson, son, nephew, uncle and a great friend to many.

He will be missed by all who loved him.

Toby is preceded in death by his grandparents, Ivan L. Young Bear and Louella Young Bear-Benson, his mother Bernice Young Bear, and his uncles Leonard Young Bear, Ross Young Bear and Ben Lovan. He is survived by his sister, Amber Rose Young Bear; his children; Adeline, Gabriel, Sophia, Zoey, Azrael, and Phoebe; his aunts Maggie Young Bear, Katherine Young Bear and Wilma Young Bear; his uncle Vernon Young Bear; his nephew Zeke Kills Crow; his niece Alice Kills Crow; and his many other aunts, uncles, cousins, nieces, nephews and friends.

Obituary

In Loving Memory Of
Toby Patrick Young Bear
“Wah Xee Dish” “Buffalo Calf”.

Born: March 17, 1981
Watford City, ND

Died: December 22, 2014
Mandaree, ND

Funeral Services:

10:00 A.M. Tuesday, December 30, 2014
Water Chief Hall, Mandaree, North Dakota

Officiator:

Pastor Woody Elmore

Eulogist:

Roger White Owl Sr.

Poem Readers:

Adeline & Gabriel Young Bear

Senior Pallbearer:

Tom Demaray

Active Pallbearers:

Roger White Owl Sr.	Tony Phelan
Marlon Mason	Jude Phelan
Newly Heart	Charles Young Bear
Cesar Alvarez	

Honorary Pallbearers:

Justin Bruce	Gordon Romero
Christopher Beston	Shane Tikanye
Greg Fragoza	All of Toby's friends & Family

Final Resting Place:

Young Bear Family Cemetery

Obituary



Remembering The Life of Aaron

Thomas Wolf Sr. "Idaw Kubag

Buushi" Spotted Owl"

Aaron was born on February 25,

1983 in Watford City, North Dakota

to his mother, Frances Yellow Wolf-Wolf and father, George

Wolf Jr.

Aaron is a member of the Knife Clan and a child of the

Dripping Dirt Clan.

His is known by his Teachers and classmates as intelligent

and funny.

He received his GED Certificate from the Fort Berthold

Community College in 2002.

His work history includes the 4-Bears Casino Restaurants,

and sales. The great achievement of building the Mandaree C-

Store (AKA) One Stop). He is known for his beautiful artwork,

which was a great passion he shared throughout his life.

He also enjoyed fishing, hunting and of course being the

family man we all love and remember.

He is preceded in death by his beloved wife; April Francine

White Owl-Wolf, His sister; Rachel Wolf Black Hawk, Brother;

George Wolf III, and his father; George Wolf Jr., as well as his

Maternal and Paternal grandparents.

He is and always will be remembered by his Lovely mother; Frances

Yellow Wolf-Wolf and his children; Aaron Jr, Angelica Ann, Anthony,

and Ariel.

His sister; Dana, brothers; Charlie, Christian as well as his amazing

Aunties and Uncles and wonderful nieces and nephews, Not to

mention all the awesome friends he has made over the years.

Aaron has a beautiful soul and was a kind and generous person with

an exceptional heart.

He will be dearly missed.

Obituary

In Loving Memory
Aaron Thomas Wolf Sr.
Idaw Kubag Buushi
"Spotted Owl"

Born:

February 25, 1983

Entered Spirit World:

January 13, 2015

Wake Services:

Friday, January 16, 2015

At 5:00pm

Water Chief Hall

Mandaree, ND

Funeral Services:

Saturday, January 17, 2015

At 10:00 am

Mass Of Christian Burial

Water Chief Hall, Mandaree

Senior Pallbearer:

Micheala Ann Lincoln Bacon

Active Pallbearers:

Zelmer White Owl

Gerard Jarski Jr.

Greg BadHawk Jr.

Cameron Smith

Robert Standish

Levi Grinnell

Final Resting Place:

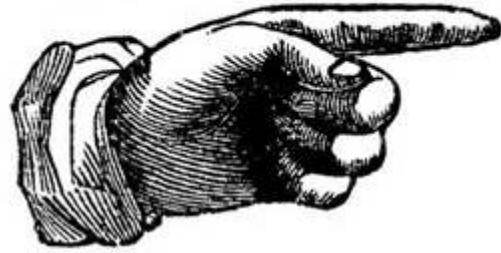
White Owl Cemetery



Our Deepest Sympathy & Prayers to the family & relatives of Toby Patrick Young Bear and the Aaron Wolf family and relatives. May Our Creator God be with each and every one of you and grant you peace and comfort during your time of sorrow.

From The West Segment Representative & Staff

Please Notice This



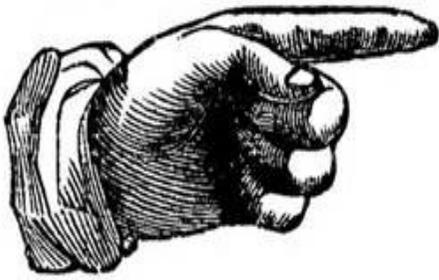
MANDAREE ONE STOP STORE HOUR CHANGES:

Effective January 5, 2015 the One

Stop store hours will change from being open 24 hours. Store will open from 6:00 am to 12:00 am daily. Thank you for your patronage!

Mandaree One Stop Employees and West Segment Development Board of Directors.

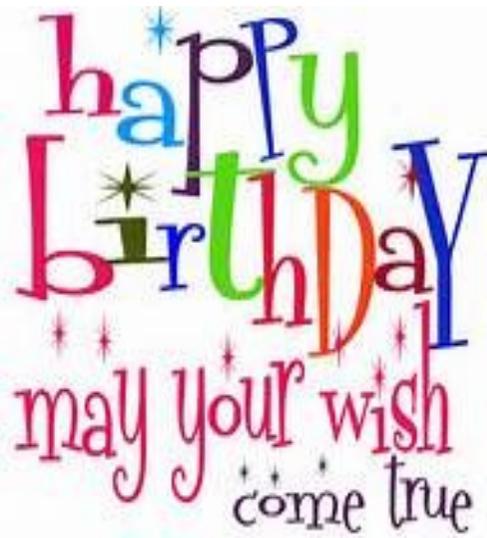
Please Notice This



Attention to all who want to learn how to sew regalia, do applique, and learn how to

put an outfit together. Than call the Mandaree Tribal Office and ask for Martha or Skye at 759-3377. They are looking for serious people only who want to learn the art of making outfits. You will also learn the basics on a sewing machine. If your interested than call the Mandaree Tribal Office to leave your name and number. As soon as the supplies come in they will contact you to let you know when classes will begin. Thank you!

January Birthday Wishes to Our Elders!



Mary Jane Yeahquo

Fritz Bird Bear

Connie Fox Twins

Cheryl Jill Fox

Hazel Yellow Wolf Felix



*** Please forgive us if we forgot to mention your name it was not done intentionally.**