



A Momentum Day for MHA Nation



Quotes For The Heart & Mind

- * "For last year's words belong to last year's language, and next year's words await another voice".~T. S. Eliot~
- * "Cheers to a new year, and another chance for us to get it right".~Oprah Winfrey~
- * "Things turn out for the best for the people who make the best out of the way things turn out." ~Art Linkletter~

Pictured above are: Whitney Bell, TAT Finance, Councilman Vice Chairman Fred Fox, North Segment Councilman Ken Hall, West Segment Councilman Randy Phelan and Four Bears Councilwoman V. Judy Brugh.

Inside This Issue:

Page 2: West Segment Representative

Page 3. Mandaree Elders

Page 5: Nathan Goodiron Vet Facility

Page 8 & 9: Christmas Party photos

Page: 18 & 20: Obituaries

Page: 22 & 23: Mealsite Menus

A special TAT Tribal Council meeting was held on December 17, 2013. Members of the TAT council who were present at this special meeting were Vice-Chairman-Fred Fox, White Shield, North Segment Councilman-Ken Hall, West Segment Councilman-Randy Phelan, Four Bears Councilwoman-V. Judy Brugh and via phone was Parshall Councilman Mervin Packineau.

For the people of the Three Affiliated Tribes its been thirty years since we have seen a payment

from our tribe. On the day of this special TAT Tribal council meeting history was made. It was the day these members of the TAT Council passed to disburse \$500.00 dollars to all duly enrolled tribal members to all eighteen years of age and older as of December 17, 2013. The second disbursement will be no later than January 9, 2014 to all duly enrolled minors; 17 years of age and younger.

It was agreed by the council this one time disbursement will come from the allocated funds of

Continue on page 4.

West Segment Tribal Representative Update



Hello Community Members and relatives. I would like to say "Happy New Year" to each of you may we all make 2014 a positive and healthier New Year! First of all before I begin this update I would like to send my condolences and sympathy to the family and relatives of Trinidad Ace Gonzalez and the family and relatives of Marjorie Hunts Along.

As we approach 2014 I have visions and goals that I would like to accomplish in this coming new year.

I recently traveled to Florida and I must say this trip was very productive. I had the opportunity to meet with investors there and viewed a master plan of the area of Mandaree. Another item that we discussed is a truck by pass which will be located north of the pow wow grounds a 2.4 miles project it will be a truck route with a toll booth to go through which will create revenue for us. Proceeds of this will go to West Segment Development Corp and fixing our roads on routes 10, 12,13,14, and 17.

Groundbreaking for our new community center will take place in this spring. The new community center will have RV hook ups and will be placed not far from the Mandaree Celebration grounds. Also on the Mandaree Celebration grounds we plan on having more RV hook ups so everyone will be able to have electricity, since most people now own campers. Inside our new community center will be a water park for our kids to enjoy, and a big kitchen area, a dialysis and clinic, along with dentist chairs, and new tribal offices.

Another exciting project I have for the upcoming new year will be the elders/veterans assisted living apartments which will be named the Nathan Goodiron Veterans facility. We already broke ground for that as you can see pictures here in our newspaper.

The last time any payment was paid out to all tribal members was thirty years ago. The TAT Business council has agreed to distribute a payment of 500 to all enrolled tribal members. We want our people to know that the TAT Tribal Business Council will see how our people have spent their payments. Due to the rise of alcohol and drug abuse we will keep tabs with our law enforcements here on our reservation.

On another note we had our Christmas party which turned out really good. Our gym was full of people not only from here but from other areas of the reservation as well. Again I would like to acknowledge the staff here at the Water Chief Hall they all did an excellent job getting prepared for the Christmas party. The staff also provide and prepared the meal for everyone. Santa was on hand and gave gifts out to everyone from the youngest to the oldest. We even had a parade here, it was really good even though the cold temperatures were here we still went through with our parade. Our Christmas party turned out to be a joyous time

for everyone in our west segment community.

2013 was a good year for us and 2014 will be better. As I reflect back there was a lot of positive changes within our segment. As a council representative, I must say that I am proud of these changes. At this time I will share with each of you a reflection of 2013.

January of 2013, I had the opportunity to meet with our Governor as I lobbied for our need of an ambulance. It was at that time the Governor told me if we get an ambulance crew then we will get our ambulance. Also in January 2013 I created a housing division and a housing committee so we can meet the needs of our people in our community. The Hidatsa Language Department will create our first Hidatsa CD. The West Segment was the first segment through out the reservation to implement a thumb print time clock. This will speed up the process of timekeeping and make all employees at the West Segment office accountable.

In February 2013: We carpeted all the offices inside the Water Chief hall. We broke ground for our Hidatsa Housing Project. These homes will be set by a certain criteria which will be based on adjusted income. The homes are four bedrooms with two bathrooms. This is something that I dreamt about within the four years that I am in office and now I have an opportunity to do this so we are going with it. The homes are going to be affordable homes, but at the same time these homes are going to be well kept and well managed. We have a strong criteria of housing inspection, this is a sub division so they will have a sprinkler system, and we will have our own lawn maintenance, it will be well maintained. The good thing about this is we are teaching our community self responsibility. Such as being on time with their rent payments and not being late because being on time will give a family an opportunity to rent to own. But the minute you are delinquent then you have to start all over again. A ribbon cutting ceremony for our office expansion here at the Water Chief Hall.

March 2013: This month I have been really diligent and our time and energy has been occupied with our housing division in completing the finances of the incoming homes. The name for these new homes that are coming in will called the Black Eagle Estates which will be located below the water plant in Mandaree. We recently had our groundbreaking ceremony for the Black Eagle Estates, we had our investors here at that time. We recently had a ribbon cutting ceremony for attaching four new offices on the east end of the community center. This was part of the 250 thousand community hall improvement program and we are just looking at the construction which has already started. West Segment Representative and staff hosted the Easter Dinner at the Water Chief Hall. We had an Easter egg hunt for the kids which had money inside the eggs. Our dinner turned out really good. I would like to thank the Four Feathers Transport and construction for giving money to the kids for their Easter eggs. During the Easter dinner I made an announcement to the people because I am very supportive when it comes to our youth. So I announced at the end of the school year if a student has perfect attendance I will furnish a bike so our West Segment office will be working with the school on this so we know who will get the bikes, which is a little incentive for them in having perfect attendance.

Continue on page. 12

Mandaree Elders

Happy New Year!

As we start the New Year we would like to wish everyone good health and fortune for the year ahead.

We are currently looking for CHR workers for the Mandaree community, until we find them we are assisting the Mandaree Elders in getting to their doctors appointments by driving them when they have no other driver available. We are requesting a minimum of 3 business day notice for your appointment, this helps us plan and schedule time for a driver.

We all have to use the company Dodge Ram for transportation because of insurance and liability reasons, we are not able to use your or our own personal vehicles. We will provide the gasoline to said appointment, we cannot and do not accept gratuity or any type of payment for this service. If the trip is longer than 4 hours we will provide a meal stipend or the trip, this is also a reason for the 3 day notice.

Doctors' appointments can be sent by fax from the doctors' office to 759-3093, we only need date, time, place and patients name. Medication pick up can be done on days that a worker is already transporting a patient to the clinic, please call to see if someone is going to the clinic that day so they can pick up your medications while they are there.

On another topic that concerns the Elders of Mandaree is the use of the Mandaree Elders Meal site. The dining room is available for use to the Mandaree Elders for gatherings. There is a deposit of \$50 required for the use of the dining area and a form will be filled out. We have schedules for use of the dining area, the person requesting the use of

the dining area should be a Mandaree Elder. The guidelines we will be using for the use of the dining area are from the Aging Service main office in New Town. The kitchen will not be available for use because it is not allowed through federal guidelines. For further information on both the transportation and the use of dining area, please call Bernadine Fredericks at 759-3099 or 421-3249.

Please let people know there are two positions available for CHR for our area.

Mandaree Hidatsa Elder's Program

759-3099 our fax: 759-3093

Ted White: 421-3248

Happy Birthday To Our Elders For The Month of January!

Mary Jane Yeahquo

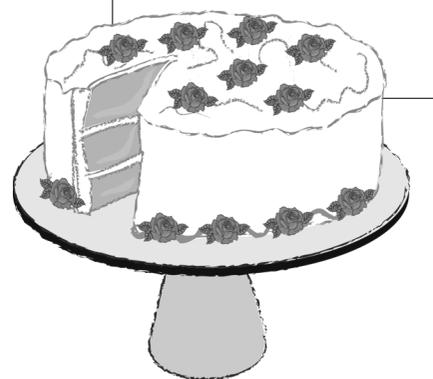
Wanda Wolf

Fritz Bird Bear

Gerald Hale

Hazel Felix

Connie Twins



happy
birthday
i thank God
for you.

Letter From TAT Secretary

Here is a letter from the Secretary of the Tribal Business Council:

Dear Tribal Membership of the Three Affiliated Tribes of the Mandan, Hidatsa and Arikara:

Please be informed of the Disbursement of \$500 to All Duly Enrolled Tribal Members as Approved by the Tribal Business Council at a Convened Special Meeting on December 17, 2013.

The Initial Disbursement by December 23, 2013 will be to all Eighteen (18) Years of Age and Older as of December 17, 2013.

The Second Disbursement will be no Later Than January 2014 to All Minors (17 Years of Age and Younger.) Duly Enrolled.

The authorized one-time disbursement shall be taken exclusively from the allocated funds of three million for infrastructure and/or housing designated to each representative of the Three Affiliated Tribes and is deemed as a Christmas disbursement, not a Per Cap.

No funds for this one-time disbursementshall be taken from any funds on deposit for the benefit of....The Peoples Fund.

Please update Your Mailing Address at Tribal Enrollment As Soon As Practical to assure that they have your current mailing address for disbursement.

As the \$500 Dollar Checks will be sent VIA US Mail to You and Yours by the Three Affiliated Tribes Finance Department.

“Merry Christmas and A Happy New Year 2014”

V. Judy Brugh, Secretary of the Tribal Business Council

Four Bears Segment Representative

Three Affiliated Tribes

Mandan, Hidatsa and Arikara

404 Frontage Road

New Town, North Dakota 58763

Tele: 701-627-4781

Groundbreaking For The Nathan Goodiron Veterans Facility



Pictured from left to right: Bruce Freeman, Councilman Phelan, Delvin Reeves, Will Reeves, Harriet Goodiron, investor-Alex, Post members; James Johnson, Millard Hale Jr., Tom Crowsbreast and Fred Poitra. Color Guard members of The American Legion Post 271 Myron B. Johnson & Nathan J. Goodiron.



In the picture above is Councilman Phelan and Alex whose one of the investors of the new veterans facility. In this photo he is showing the veterans what the facility would look like and how many rooms it will have and what the building will have inside. Veterans were able to ask some questions and most of them were very happy to know what kind of veterans building they will have in the very near future.

This was indeed a day to remember especially for family members of Nathan J. Goodiron, as the groundbreaking ceremony took place south of the Mandaree Elders building. Special guests were members of the American Legion Post 271 Myron B. Johnson & Nathan J. Goodiron gathered and took part as part of the historic event of the groundbreaking ceremony took place.

Harriet Goodiron, Goldstar mother of Nathan J. Goodiron informed Councilman Phelan that herself and her family will commit to help where help is needed to make this one of the best Veterans centers in the country. When the grand

veterans at the grand opening. During this groundbreaking ceremony Harriet Goodiron and her family provided a meal to the Veterans who came to the groundbreaking ceremony. The feed was held at the Mandaree Elders center. It was a day to remember as members of Post 271 were on hand to witness this memorable day in honor of Nathan J. Goodiron and were able to see the blueprints of the new upcoming veterans



opening of the Nathan J. Goodiron Veterans Facility takes place the family will have a bbq to feed the



One Time Christmas Disbursements Were Given Out In Each Segment



In the picture above is Councilman Phelan making sure all the checks are in files so when the people come in they were asked to sign their names to get their checks.

Tables were set up alphabetically in the gym on December 23, 2013 so it would be easier for tribal members to come and sign for their Christmas disbursements.

This indeed was a historic event for the enrolled tribal members of the MHA Nation simply because the last time the people were given any type of disbursement was in 1982, thirty years ago.

Employees of the West Segment office were at various tables with letters of peoples last names. Some of the people received their checks the night before, so there were many checks yet to be given out to enrolled tribal members who lived in our West Segment community.



Pictured above is West Segment Office Manager Maranda Johnson as she looks on as one of our community members happily sign for their Christmas disbursement.

Some of the community members who came in for their checks that weren't in our files than those people had to go to the casino in the Mandan room to sign for their checks.

Employees stayed in the gym until 3:00 pm on this day so people had time to come in and get their Christmas disbursements.

Others who didn't come in and sign for their checks than those checks were mailed out to those enrolled members.



Christmas Spirit Shows In Their Homes



During the holidays it was awesome to see how our community members got into the Spirit of Christmas by going all out decorating the outside of their beautiful homes. Winners for the home decorating contest are as follows: 1st place: Angie Young Bear, 2nd place: Marcia White Eagle and 3rdplace: Christine White Owl, 4th: Ona Lee Johnson.



West Segment Christmas Parade!



If you have lived in the Mandaree community most of your life, than you would know that we haven't had a Christmas parade in years! Even with the wind chills being as cold as they have been the Mandaree Segment parade was on. Here we have some pictures of those who were in the parade.

Even the Killdeer ambulance crew showed up to participate in our parade, it was a wonderful surprise to have them with us. Ann Halfner a Paramedic and Manager for the Killdeer Ambulance Service and Cody Cohan, a EMT (Emergency Medical Technician) were on hand during the parade. This time Ann and Cody brought some Killdeer High School students with them to help decorate the ambulance. The ambulance led the parade which started from the Mandaree School parking lot and ended at the Water Chief hall. The parade just happened to be the best parade ever! With Santa Clause in person for all the kids to enjoy!



West Segment Christmas Party!



Elf: Bernadine Fredericks, Mr. Grinch: Adam Fredericks, Frosty: Martha Phelan. These Characters did an excellent job!

I haven't seen the gym at the Water Chief hall so full of people! It was a wonderful time for our community members to come together and enjoy the wonders of Christmas! People from other communities came as well to enjoy a wonderful meal and to watch the activities and program for the evening. Thanks to the West Segment Staff the gym was decorated so nice, we even had a chandelier in the center of the gym with lights all around and stars hanging from the ceiling. A lot of time and effort was put into this years Christmas party, the west segment staff were busy wrapping presents and getting everything prepared before the Christmas party. The west segment staff provided the meal for everyone to enjoy. West Segment Development Corporation bought the roasts and ham for the meal while the staff took them home to cook so we could all enjoy a great Christmas meal. Councilman Phelan was our MC at the Christmas party he welcomed everyone. Councilman Phelan called up all his staff members and acknowledged them for the hard work they put in for the success of the Christmas party. He told the audience that he appreciated the staff for all their time and effort for the success of our Christmas party.



Angie Stiffarm's kids enjoy taking a picture with Santa, from her oldest to the young infant baby.



Pictured above is Trena Baker and her family bet you can't guess who Santa was this year?

West Segment Christmas Party!



Trena Baker announced that her husband and herself bought a door prize for the employees chance to win something since the staff couldn't get tickets for the other door prizes offered at the Christmas party. It was a nice thought on the behalf of herself and her husband. Special thanks to Trena and her husband Al.



Ladies in waiting as one of Santa's elves hand out gifts to them as they lined up. Sheila Jenner is all smiles gladly waiting in line.



Mandaree elementary music students performed some Christmas carols. These students did an excellent job singing at the Christmas party at the Water Chief Hall.



Everyone from young to old all got a Christmas gift at this year's Christmas party. Pictured to your left is Tony Johnson handing a gift to one of the students who came from Killdeer.



Harriet Goodiron receiving her gift from Martha Phelan whose one of Santa's elves. Pictured below is Veronica Serdahl receiving her gift while others stand in line waiting for theirs.



More Pictures of the West Segment Christmas Party



During the Christmas party we were honored to have guests from the Killdeer Ambulance services, they participated in our parade as well. In the picture above we have Councilman Phelan who is introducing Ann Halfner a Paramedic and Manager for the Killdeer Ambulance service and Cody Cohan, a EMT (Emergency Medical Technician. Ann Halfner Paramedic and Manager from the Killdeer Ambulance Service presented the Mandaree Responders with some uniforms, which were purchased by Marathon Oil. According to Ann she stated marathon oil bought a lot of uniforms so she brought what they didn't use to Mandaree and donated them to the Mandaree Responders. In which the Mandaree community was very thankful to Ann for thinking of us and bringing these uniforms. Mandaree Responders will now have some new uniforms to wear.



Pictured above are Hazel Yellow Wolf-Felix and Martha Bird Bear both enjoying the Christmas party.



TAT Four Bears Councilwoman Judy Brugh and her husband Bobby are enjoying the meal at the Mandaree Christmas party. We were glad they came to celebrate with us.



One of our elders Melvina Fredericks is in the Christmas Spirit she is wearing her Christmas hat during the meal at the Christmas party.



Here is another picture of one of our elders Veronica Serdahl, who is always a happy woman with smiles for everyone.

West Segment Tribal Representative Update Continue

April 2013: We have made productive positive changes in our building, the kitchen was remodeled and extended so there is more room. We paid the company their portion so the financing of the housing has already begun. They will come in and start building the streets, the foundations where the houses are going to be and running the water and sewer. I have been pushing this because we have our people right now who are in need of housing. Senator Heidi Heitkamp visited the Mandaree community, at that same time Councilman Phelan took her on routes 12, 14 & 17 so she is well aware of our needs for our roads.

May 2013: In the Mandaree Community we haven't had a Veterans dance here in years. West Segment hosted our 1st Annual Veterans Memorial Day Celebration, which turned out to be a successful event. During the Veterans dance our West Segment Representative bought bikes for the students at the Mandaree School who had perfect attendance. All the students were acknowledged and praised for their perfect attendance. We had contest monies for the dancers. West Segment sponsored a clean up day for our community, everyone was involved in picking up trash in our surrounding community. Construction on our new office began which will be added to the Water Chief Hall. West Segment purchased a tow truck it will be used for our community members who have a vehicle that needs to be towed to town or a vehicle that needs to be moved off the road so it doesn't get vandalized. New signs were posted around the West Segment community. Four Winds designed a Welcome to Mandaree sign when you turn into Mandaree. He also designed West Segment Development future homes of Black Eagle Estates, and Post 271 Truck Stop which is located south on highway 22.

June 2013: Another first for the West Segment community. Councilman Phelan sent our Mandaree Elders on a trip to Deadwood, South Dakota. On June 7, 8th and 9th when they left Mandaree they stopped at Bonanza for lunch by 6:30 that evening they were in Deadwood. The Mandaree elders had a wonderful time they went sight seeing at Crazy Horse and Mt. Rushmore, Bear country, Reptile Gardens. It was a fun time for our elders to enjoy themselves just to get away and see some sights and gamble a bit at Deadwood. Council Phelan organized a Wellness Project Board.

July 2013: Heart Beat of the Bakken Days took place here in the Mandaree community. We had a parade, rodeo for kids, fireworks display. Mud run contest, chili contest, dance contest, singing contest, rez car contest, wild turnip contest, fun on the run for kids, high heel contest, watermelon eating contest, and a horse race contest. Councilman Phelan was invited to the TAT Tribal Ranch as one of their keynote speakers for the Mandaree Boys and Girls Club.

September 2013: West Segment hosted a back to school event at the Water Chief Hall. Councilman Phelan presented the students with school supplies. Door prizes were given away. Mrs. Bluestone was on hand to introduce the new teachers to our community members. West Segment catered a meal from Famous Dave's so everyone enjoyed a meal.

October 2013: The West Segment hosted a Halloween masquerade food pantry and shelter for domestic violence. Our West Segment

haunted house and carnival that took place Halloween night. It was a first for our community. The haunted house was a success it was a time for adults to enjoy time with their kids. We had a cake walk, fish pond, dart throw, basketball and football throw, and ring toss. We had a jail house which was occupied throughout the evening. Door prizes and lunch were sold. The evening of fun wasn't over, we also did a masquerade dance for everyone it was a fun time for laughter as our dancers dressed up in their costumes, and competed for prize money. West Segment Development Corp. purchased a four room trailer that has four separate components. West Segment community got queen size mattresses from Bismarck Country Suites and brought them back to give away to our community members who needed them.

November 2013: West Segment and the North Segment Communities hosted the 2013 Veterans Dance which was held here in the Mandaree community. Fifty three dancers registered for this one evening event. Next year the Veterans Dance will be held in New Town at the Northern Lights building. All color guards were invited to participate and contest monies were awarded to dancers. West Segment had a Thanksgiving Dinner for everyone instead of handing turkeys out. A \$25.00 dollar Walmart gift cards were given out to the head of household so they can get what they need for their Thanksgiving dinner. During the Thanksgiving dinner we had special guests, Ann Halfner, Paramedic and Manager for the Killdeer Ambulance services and Cody Cohan a EMT (Emergency Medical Technician) Phyllis Howard and Jessica Numkena from Homeland Security. Councilman Phelan proclaimed November 21, 2013 as Educator of the Day. He was invited by Mandaree School as one of the keynote speakers for American Education Week. The Hidatsa Language Department from the Mandaree community hosted the first Language summit. Entitled "Maa-Aru-Cawi-li-lree Aca-gaa-Agu-Maagu" Talk About Our Ways Summit. This summit took place at the Water Chief hall we had elders from our community and others came from New Town to share their knowledge. This summit was organized to educate and inform our younger generation of our Hidatsa ways of life.

December 2013: Our Christmas party was a success we had a parade, best float contest, Children's Christmas concert, special guests Santa and his elves. We had door prizes, special contest for the ugliest sweater. Winners for the home decorating were 1st place Angie Young Bear, 2nd: Marcia White Eagle and 3rd: Christine White Owl. We also had the Chris Cringle Award (Nominations for Most outstanding community member) which went to one of our elders Lyda Bearstail. We had a nice Christmas dinner for everyone to share., and Santa and his elves had presents for everyone from our young to the oldest. On another note the TAT Business Council gave out a Christmas Disbursement of \$500.00 to every enrolled member. I am proud to say that I was very instrumental in helping our people with the \$500.00 dollar disbursement.

In closing I still have many projects I am diligently working on, we can all look forward to 2014 for more positive changes in our community.

Thank you for being a good reader.

For Your Information

The TAT Human Resource Department invites you to participate in the Mandan, Hidatsa, Arikara Nation Segments 2014 WINTER Job Fair.

Mandaree Water Chief Hall: Wednesday, January 22nd 8:00 am to 4:30pm.

There is no cost to participate or Department booth set up.

Our Segments 2014 Winter Job Fair will bring together students, and job seekers representing over our tribal nation from throughout each Segments. We look forward to your participation in the MHA Nation's Segments 2014 Job Fair.

If you have any questions, please contact James Grinnell and Samantha Antonio at santonio@mhanation.com or jamesgrinnell@mhanation.com or (701) 627-4781 Ext. 8212, and 8113



Weight Challenge for the West Segment Community!

The West Segment community is sponsoring a weight challenge. All participants must weigh in at the Fitness Center located at the Mandaree Elders Building on Monday, February 3, 2014 by 6:00 p.m. which

is the deadline date. After signing in the participants will weigh in every two weeks. May 1st is the last day of the challenge then the winners of this Weight Challenge will be announced May 2, 2014.

There is an incentive for those who lose the most weight.

1st place: \$500.00

2nd place: \$300.00

3rd place: \$200.00

This is to help community members promote living a healthier lifestyle.

ATTENTION: Indian Mineral Owners

*Department of the Interior
Minerals and Royalty
Question and Answer Sessions*

Wednesday, February 5, 2014

BIA- Ft. Berthold Agency

New Town, ND

9:30 a.m - 4:00 p.m.

Water Chief Hall, Mandaree, ND

6:00 – 8:00 p.m.

(food provided)

You are invited to come and have your mineral ownership or royalty questions answered. For more information, contact Tom Piccirilli of the Office of Natural Resources Revenue at 800-982-3226



**2014 Mandaree
Celebration**

**Bingo and Lunch
Sales!**

Every Wednesday:

**On January 8th, 15th,
22nd & the 29th. Early Birds at 6:30pm**

Regular Sessions at 7:00pm

Water Chief Hall

**Come & Support The 2014 Celebration
Committee!**



Greetings & A Happy New Year 2014



As we prepare for another year let us not grow weary doing in good. Too often our focus is on the things of this world or the cares of the world, when too much emphasis is on the cares of the world we lose our peace. Peace is what sustains us during difficult times of trials and tribulations.

The New International Version of the Bible says in Proverbs 18:14 "A man's spirit sustains him in sickness." All year in 2010 I did not get one cold, flu, or fever, but as soon as the year flipped to 2011 I had a battle trying to fight off a sore throat, that I lost my voice. Stressful events in your life can create an imbalance in your spirit, this is a very busy time for ministers and I had a lot to do.

Galatians 6:9 "And let us not be weary in well doing: for in due season we shall reap, if we faint not." In the last couple messages, I wrote about how negative thoughts can affect your mind, body, spirit and soul which causes sickness. I would strongly encourage you to guard your heart and mind from the negative surrounding and keep a more positive outlook by not dwelling on the things you cannot change and as the AAers say, the "Wisdom to know the difference."

The Bible also tells us to guard our heart, Philippians 4:7 "The peace of God which surpasses all understanding will guard your hearts and minds through Christ Jesus." Easier said than done, but if we continue to practice and self consciously remind ourselves we are better off keeping a balanced spirit and sound mind we WILL acquire PEACE.

Philippians 4:8 tell us to meditate on the good things, this will also keep you from dwelling on the negative. "Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy - - meditate on these things. That means when you think more of the goodness of life you will find peace coming back into your spirit, this is how you become a strong and secure person.

Making New Year's resolution is a good thing, even when you fail to keep them, please don't get weary in well doing, be persistent to guard your heart and mind, you will be victorious this year if faint NOT. Keeping a short account with the Lord is another way to keep your mind, body, spirit and soul healthy. What this means is be quick to repent, ask God to forgive when you feel that gently nudge from the Holy Spirit checking you, letting you know that what you may have done, said or even thought was wrong. Some people choose to ignore the Holy Spirit and the Bible tells us that if we continue to ignore His prompting the Lord will turn us over to a reprobate mind. We never know when the Lord will do this, because He is a merciful God He forgives us, but we really can't afford to ignore the Holy Spirit, this will only lead to serious turmoil's and stressful life. Romans 1:28 "And even as they did not like to retain God in their knowledge. God gave them over to a debased mind, to do those things which are not fitting."

We wonder how can people be so cruel and mean and yet not have a conscience for their actions. As I said before God is merciful, He was merciful to us, He forgave us, we are accountable for our own actions, even though other people's actions can affect our spirit, it is not good to dwell on their responses, but be concerned on keeping a short account with the Lord. In the long run, we will be the ones who have peace of mind, and are strong in spirit, because we will have done all that the Lord has required of us.

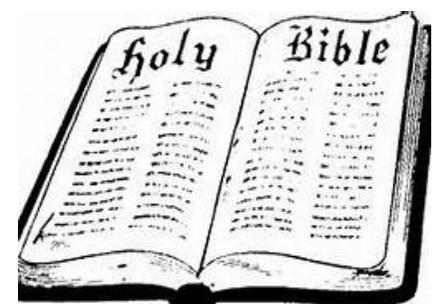
My prayer is that you will maintain a positive outlook in life and not be weary in doing good, because the last part of the scripture tells us that we will reap the benefit and rewards. If you don't plant good seeds, how can you reap rewards?

Amen and God Bless You!

May you have a peaceful and prosperous New Year!

Pastor Elise Packineau

Mandaree Hidatsa Church 627-4563



Making Resolutions of Principle

By Michael Josephson



The tradition of making New Year's Resolutions reflects one of the very best qualities of human nature— the ability to reflect on and assess our lives in terms of the goals we set for ourselves and the principles we believe in.

It's still not too late to formulate a self-improvement plan to make our outer lives and inner selves better by adopting more positive attitudes, living up to our highest values, and strengthening our relationships.

Start with your attitude. Resolve not to sabotage your ambitions, self-confidence, and ideals with self-fulfilling pessimism and cynicism. Don't undermine your happiness or success with negativity. Stop wasting time and energy complaining, condemning, resenting, regretting, and worrying. Replace griping with gratitude. Make a daily conscious effort to approach every problem and opportunity with positive energy, enthusiasm, optimism, and even self-conscious cheerfulness.

Next, resolve to pay more attention to your moral compass and your beliefs about right and wrong. Promise yourself to be more scrupulous about being honest, keeping promises, and standing strong against temptations. Commit to doing the right thing even when it may cost more than you want to pay, and be more accountable, respectful, fair, and compassionate. Treat your character as your most important asset.

Finally, resolve to improve your relationships. Remember, people always remember how you made them feel. Help people feel better about themselves, not worse. Overcome the impulse to criticize, scold, and condemn, and instead look for every opportunity to praise, encourage, and support. Above all, be kind.

Make this year the best ever!

This is Michael Josephson reminding you that character counts.

Seven Core Qualities I call the Seven C's of Character

By Michael Josephson

1. **CONSCIENCE:** Your conscience is your moral compass. Take care of it. Use it. Trust it.
2. **COMPASSION:** Nurture, express and demonstrate compassion by caring about, giving to and helping whomever you can, whenever you can in all ways that you can.
3. **CONSIDERATION:** Be considerate. Always be aware of how your words and actions affect others so you can do more good and less harm.
4. **CONFIDENCE:** Approach every opportunity and challenge with confidence that you are worthy enough and able enough to succeed. Never doubt your inner strength to overcome temptations, difficulties and misfortunes with honor and dignity.
5. **COURAGE:** Protect who you are and what you believe with courage. Master your fears and preserve your integrity by doing what you know is right even if it costs more than you want to pay.
6. **CONTROL:** Control the emotions, urges and appetites that demean you, damage your name or diminish your future.
7. **COMPETENCE:** Continually build your competence, the knowledge, skill and ability to ethically and effectively solve problems.

This is Michael Josephson reminding you that character counts.

Mandaree School News

Emergency Messenger:

Parents who have current and valid telephone numbers on file with the school receive notices by text and telephone calls for the school cancellation and the return to normal operating hours through the Emergency Messenger. This is a great way to know about current conditions without having to wait for television and/or radio announcements. If you did not receive a text or telephone call that mean we do not have a current, valid number on file. Contact Caspie Abbey, Secretary, Roberta Baker, Student Records, or Brenda Hale, Home/School Liaison with a telephone number so records can be updated. We look to use the Messenger System for announcements throughout the school year.

How to Help Your Child with Reading:

It seems like there is more pressure and expectations on young children today more than ever. No longer is kindergarten a time for playing and exploring. Students are expected to read, do math, and even learn science. Since standards are higher, parents need to make sure they are doing their part at home to ensure their children do not fall behind. I hope these tips allow your child to excel in school and also create a great relationship between parent and child.

Things you will need:

- Time
 - Patience
 - Books
1. It is never too early to start reading with your child. Begin reading with your children when they are babies. Being exposed to vocabulary and print gives your child a head start. Not to mention they get to spend quality time with you.
 2. If your child is about to start school or is already in school, don't worry; it's not too late! Begin reading with your child before bed every night. Read cereal boxes, the newspaper, easy books, chapter books— exposure to various literature is key!
 3. Use a balance between phonics and whole language. The English language does not always adhere to those "rules" we were taught as youngsters. Some words you just have to know at sight (want, the, friend). Choose a word a day to have your child look for throughout books. Get excited and praise them when they find it!

Be a good role model. Children look up to their parents. If you're not showing an interest in reading, why should they? You don't have to be reading novels all the time—reading the newspaper or a magazine is still reading!

5. Allow your child to write and explore. Writing and reading are very closely related. Have you seen an excellent reader who was a terrible writer?

Experimenting with writing allows children to play around with sounds and print.

6. Using technology to your advantage. Kids love the computer. There are excellent websites that are engaging to children such as www.starfall.com that have different levels for children to "play" and study sounds and words.

7. Teaching children just the names of letters does nothing at all to help their reading. They also need sounds! Try incorporating movement into learning to help them remember. For example "e, e, elephant" as you move your head around like an elephant.

8. Be patient with your child. Guaranteed teachers are doing all they can with the class, but you are probably the only one who has a lot of one-on-one time with your child. Don't get frustrated—it will come to them. Continue to work and support them and involve literature and learning in everything you do!

SCHOOL CLOSING AND DELAYS:

Every effort is made to have school every day identified in the school board approved calendar. Sometimes events beyond our control similar to the transformer going down or winter weather conditions necessitate a delay to the start of the school day or school cancellation.

In the event of a late start or school closure notifications are made to KFVR-TV and KXNET for posting on the "close line" that scrolls across the top of the television. A call is made to KMHA 91.3 FM and they get it on the air when they can. It is also posted on the school's Face Book page—"like us" at Mandaree Warriors. You will know you have reached the official school page when you see the school logo on the main page.

Students who cannot make it to school because we cannot get buses out to the country residences receive an excused absence for the day.

DRESS FOR THE WEATHER:

The weather will start to change rather quickly. Be sure your child is prepared for outside recess with hat, cap, gloves and coat. Student do go outside when the temperature is above 0 degrees.

DATES TO REMEMBER:

January 17: No School

January 20: No School

February 5: Parent/Teacher Conferences

February 7: THERE WILL BE SCHOOL-STORM MAKE UP DAY FOR JANUARY 6, 2014

March 21: No School

March 24: Snow Day-There will be no school IF we do not need to make up time for late starts, cancellations.

Submitted by Mrs. Bluestone, Superintendent Mandaree School

P.O. Box 488

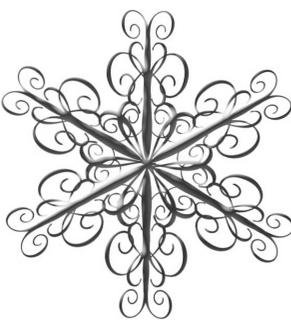
Mandaree, North Dakota

Phone: 701.759.3311

Fax: 701.759.3112

January 2014 Mandaree Boys & Girls Club Calendar



Mon	Tue	Wed	Thu	Fri
<p>Club Hours 10AM to 2PM office hours 2PM to 7PM direct service hours Club 701.759.3049 Main 701.627.4415</p>		<p>1 Happy New Year's Club Closed</p>	<p>2 3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Healthy Habits</p>	<p>3 3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Movie</p>
6	7	8	9	10
<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Mentoring</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Healthy Habits</p>	<p>2:00-2:30 Power Hour 2:30-3:00 Project Learn 3:00-4:00 SMART Moves</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Healthy Habits</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Games Tourney</p>
13	14	15	16	17
<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Mentoring</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Healthy Habits</p>	<p>2:00-2:30 Power Hour 2:30-3:00 Project Learn 3:00-4:00 SMART Moves</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Healthy Habits</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Movie</p>
20	21	22	23	24
<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Mentoring</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Daily Challenges</p>	<p>2:00-2:30 Power Hour 2:30-3:00 Project Learn 3:00-4:00 SMART Moves</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Daily Challenges</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Games Tourney</p>
27	28	29	30	31
<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Mentoring</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Daily Challenges</p>	<p>2:00-2:30 Power Hour 2:30-3:00 Project Learn 3:00-4:00 SMART Moves</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Daily Challenges</p>	<p>3:30-4:00 Power Hour 4:00-4:30 Project Learn 4:30-5:30 Movie</p>

Obituary



Remembering the life of
"Ace"

Trinidad "Ace" was born to
Juan Gonzalez Sr., and
Jesusita Rodriguez on June
30, 1965 in Sidney, Montana.

Trinidad is a member of the

Kickapoo Tribe in Eagle Pass, Texas.

He grew up in Eagle Pass with his family. When he was old enough he traveled with his family for work. When Ace worked in Fairview, Montana as a farmhand in the sugar beet fields, he met his wife, Christine White Owl-Gonzalez. Trinidad adopted her children as his own, Benner White Owl and Francine White Owl- Wolf and niece Marlana White Owl. Soon after Trinidad and Christine had a daughter of their own Leann Rose Gonzalez in 1990.

While residing in Mandaree Ace was a free spirit, he worked various jobs in North Dakota, Montana, and Colorado. His heart was open when it came to family, often referred to as dad to many of his nieces and nephews. He also helped raise his grandchildren, Angelica, Aaron, Anthony and Ariel Wolf.

He was also a bit of a joker with all his friends and family always laughing and smiling with those who knew him.

He enjoyed all his many pets over the years most of all his dog named white, he also enjoyed visiting his friend Matt Hunts Along.

His hobbies included fishing, gambling, collecting memorabilia, working on cars with his brother-in-law Samuel White Owl. He also enjoyed gardening and cooking for the family.

Everyone loved his cooking.

He is survived by his wife Christine White Owl-Gonzalez, his daughter Leann R. Gonzalez (Enrique), son Benner White Owl (Ona Lee).

Grandchildren; Angelica, Aaron, Anthony, Ariel, Pricillaz, Eliaz, James of Mandaree, North Dakota. Brothers; David and Daniel Gonzalez, Sisters; Rosalie Cortez and Ponchita Gonzalez of Eagle Pass, Texas and all his many friends and family.

He was preceded in death by his mother Jesusita and father Juan Gonzalez his brothers Armondo and Juan Jr. Gonzalez and daughter Francine White Owl- Wolf.

Obituary

In Loving Memory Of
Trinidad Rodriguazz Gonzalez "Aez"

Date and Place of Birth:

June 30, 1965, Sidney, Montana

Date and Place of Death:

December 25, 2013, Mandaree, ND

Wake Services:

6:00pm Friday, December 27, 2013
Water Chief Hall Mandaree, ND

Funeral Services:

11:00am Saturday, December 28, 2013
Water Chief Hall Mandaree, ND

Music:

All Are Welcome

Burial:

White Owl Family Cemetery
Traditional Kickapoo Burial

Active Pallbearers:

Allen Paul Edwards	Keith White Owl
Ed Finley	Kojack White Owl
Eddie Finley	Raymond Yellow Wolf

Honorary Pallbearers

Daren Driver, Matt Hunts Along, Hank Bolman, Kelly Spotted Bear
Donald Young Bird, James Yellow Wolf, Samuel White Owl, Frank White Owl
Aaron Wolf Sr., Gordon Romero, Calvin Whiteman and all his many
friends & relatives.

Obituary



Remembering the Life of
Marjorie Agatha
(Fredericks) Hunts Along
"Ida Maadagi Ahoosh
"Many Colors"

Marjorie A. Hunts Along "Many
Colors" was born on June 5,
1923 in Elbowoods, North

Dakota, to Charley Fredericks and Emma (Snow) Fredericks. She
belonged to the "Waterbuster" clan and was a child of the "Low Cap"
clan.

Marjorie attended Elbowoods Catholic Mission Boarding School.

She later met and married Vincent Hunts Along Sr., and to this
marriage they had six children.

Marjorie and Vincent together shared a lifetime of ranching. Marjorie
loved the outdoor life as well as gardening and obviously riding her
favorite horse Rusty.

When time permitted she enjoyed reading western stories, as her
favorite magazine was titled, "The True West".

Marjorie is survived by daughter, Emmarine Big Pond of Bristow,

Oklahoma; Two sons: Dan Hunts Along and Wilbur Hunts Along both of
Mandaree, North Dakota. Two sisters; Mary Jane Yeahquo and Carol
Ann Newman both of Mandaree, North Dakota, one brother; Elmer
Fredericks of Mandaree, North Dakota. Numerous grandchildren, great
grandchildren and great-great grandchildren. Marjorie is preceded in
death by both parents, her husband Vincent Hunts Along Sr., Three
sons; Vincent Hunts Along Jr., Rhine Sr., and Mark Hunts Along; Four
brothers; Luke, Emary, Pat and Jimmy Fredericks and one sister Adele
Phelan.

Obituary

In Loving Memory Of
"Ida Maadagi-Ahoosh"
"Many Colors"
Marjorie Agatha Hunts Along
(Frédricks)
June 5, 1923– December 31, 2013

Mass Of Christian Burial

Water Chief Hall
Mandaree, North Dakota
Saturday, January 4, 2014 @ 10:00am

Celebrant:

Rev. Stephen Kranz

Senior Pallbearer:

Bernadine Young Bird

Active Pallbearers:

Jason Big Pond	James Phelan
Thomas V. Big Pond	Wade Hunts Along
Dylan Kills Crow	Walter William
Basil Hunts Along	Jude Phelan
Josiah Fredericks	Bryan Hunts Along
Rhine Hunts Along	Mountain Weasel Bear

Burial:

St. Anthony Catholic Cemetery
Mandaree, North Dakota

SENIOR CITIZEN MENU FOR THE MONTH OF: January 2014

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

Happy New Year !!!

		Chicken Cordon Bleu 8 Mashed Potatoes Asparagus	Tater Tot Hot Dish 9 Tossed Salad Biscuits	Cabbage Rolls 10 Broccoli Wheat Bread
		Peaches	Cookies	Chocolate Pudding
Chicken Rice Soup 13 Crackers Peas/Cheese Salad	Polish Sausage 14 Boiled Potatoes Apple Rings	Ribs 15 Coleslaw Corn Bread	Spaghetti w/Meat Sauce 16 Garlic Toast Mixed Vegetables	Sub Sandwiches 17 Tater Puffs Relish Tray
Peaches	Brownies	Blueberry Crisp	Fresh Fruit	Butterscotch Pudding
NO MEALS 20 Martin Luther King's Birthday	Spanish Rice 21 Green Beans Wheat Bread	Pork Chops 22 Au Gratin Potatoes Baked Buns	Chicken Strips 23 Rice Brussels Sprouts	Cheese Burger 24 French Fries Pickles Tomatoes
	Tapioca Pudding	Cinnamon Rolls	Rice Krispy Bars	Sherbet
Bean Soup 27 Biscuits Fruit Salad	Beef Tips 28 Boiled Potatoes Beets	Roast Beef 29 Mashed Potatoes Gravy Baked Buns Corn	Meat Loaf 30 Baked Potatoes Mixed Vegetables	Baked Chicken 31 Baked Beans Potato Salad Fry Bread
Blueberry Pudding	Fresh Fruit	White Cake	Pumpkin Bars	Cookies

SENIOR CITIZEN MENU FOR THE MONTH OF: February 2014

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

Biscuits & Gravy Tossed Salad Green Beans Apple Crisp	3	BBQ Beef Broasted Potatoes Relish Tray Cookies	4	Salisbury Steak Mashed Potatoes Mixed Vegetables Cup Cakes	5	Hamburger Patty Coleslaw Boiled Potatoes Fresh Fruit	6	Chicken Cordon Bleu Rice Asparagus Peaches	7
Beef Stew Biscuits Cottage Cheese Cherry Crisp	10	Macaroni Hot Dish Green Beans Wheat Bread Vanilla Pudding	11	Pork Roast Mashed Potatoes Gravy Peas/Carrots Spice Cake	12	Manwich on Bun Tater Tots Corn Raisin Bars	13	Indian Taco Jell-O Salad Ice Cream Bars	14
NO MEALS All Chief's Day	17	Ham w/Scallop Potatoes Beets Pears	18	Veal Parmesan Rice Peas Brownies	19	Stuff Peppers Mashed Potatoes Carrots Vanilla Pudding	20	Roast Beef Hoagies Wedges Carrot/Celery Sticks Fruit Cup	21
Ham & Potato Soup Grilled Cheese Pasta Salad Chocolate Pudding	24	Beef Stroganoff Over Noodles Peas Lemon Pudding	25	Pork Chops Fried Rice Tossed Salad Corn White Cake	26	Tater Tot Hot Dish Coleslaw Cup Cakes	27	Lasagna Garlic Toast Broccoli Jell-O Cake	28
<p>Happy Valentine's Day And All Chief's Day</p>									



Our Deepest Sympathy & Prayers to the family and relatives of Trinidad Rodriguez Gonzalez "Ace" and to the Family and relatives of Marjorie Hunts Along on the loss of your

beloved ones.

May Our Creator be with each and everyone of you and grant you comfort and peace during your time of sorrow.

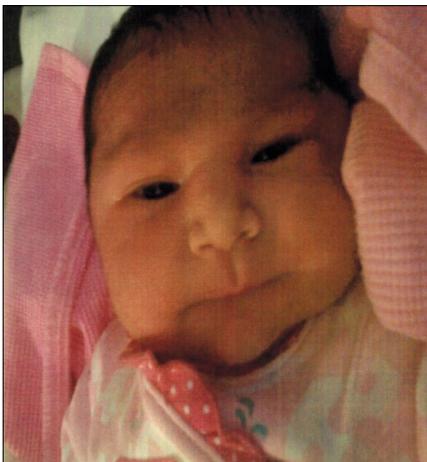
From The West Segment Tribal Representative & Staff.

On behalf of the West Segment Tribal Representative & Staff

We would like to welcome Elza Alejandra Ordonez our new community member. Congratulations to the parents and grandparents & great grandparents on their new addition to their family.

From The West Segment Tribal Representative & Staff.

Elza Alejandra Ordonez



B o r n :
January 8, 2014

Time: 2:48 am

Where: Mercy Hospital,
Williston, ND

Weight: 8 lbs. 15oz

Length: 22 inches long

Mother: Sydney Dawn Hunts Along

Grandparents: Kristie Hunts Along & Steven Dogskin

Father: Jordan A. Ordonez

Grandparents: Trena J. Baker & Allen R. Newman Jr.



The Office of Natural Resources Revenue will conduct an outreach session for Individual Indian mineral interest owners on Wednesday, February 5, 2014. From 6:00 to 8:00 pm. At the Water Chief Hall in Mandaree.

We will explain the roles and responsibilities of the various Federal agencies in managing trust minerals and be available to answer any questions.

Tom Piccirilli

Department of the Interior

Office of Natural Resources Revenue

State and Indian Outreach Program

P.O. Box 25165 Mailstop 64120C

Denver, Colorado 80225

January Birthday Wishes To Our Elders!

Mary Jane Yeahquo

Wanda Wolf

Fritz Bird Bear

Gerald Hale

Hazel Yellow Wolf Felix

Connie Twins



* Please forgive us if we forgot to mention your name, it was not done intentionally.