

January 2014

Newsletter



12th Anniversary Fashion Show

In celebration of our 12th year as a chartered Boys & Girls Club we decided to hold a fashion show to showcase our youth. It was a very successful event with over 100 youth participating from all 6 sites. The youth enjoyed doing their walks down the runway and getting to be in the spotlight, the adults loved seeing all the smiling faces and cheering on the youth. Here are a few of the pictures from that event.

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Marathon Oil Donates \$5,000



Thank you to Marathon Oil for their generous donation of \$5,000 to the Boys & Girls Club of the Three Affiliated Tribes.

Staff

Mikki Bidosky—Branch Manager
Coulter Werlinger—Activity
Coordinator
Minnie Two Shields—Junior Staff

Our Mission

To inspire, guide and empower our youth especially those that need us the most, to realize and reach their full potential as responsible, caring, and productive community members.

Parshall Boys & Girls Club
Open: Monday—Friday
Hours: 3:15 PM—7:15 PM



BECOME A MEMBER!



GREAT FUTURES START HERE.

PARSHALL BOYS & GIRLS CLUB NEWSLETTER

Youth of the Month



Zachary Polanco

Welcome back! Hope everyone enjoyed their holiday break! We are loving being back in action at Parshall Boys and Girls Club. December flew by along with our Christmas party where we watched festive movies, made home-made sleighs out of candy, sang carols, and had a lot of fun! We have been focusing on so many different exciting programs lately. We have been running our Music Makers program and everyone really seems to be enjoying all we have learned so far. Between being able to keep the beat of songs by tapping our toes or making our own music, we are really starting to get the hang of being musicians! We also have been really getting into our Career Launch program. One day we are learning what it takes to be a teacher of our own classroom and the next, everything you need to own and run your own grocery store! Between all of our learning, we have had some intense rounds of musical chairs competitions and team relay races. Some evenings, you can even find us in the gym practicing our 3 point shots in basketball! Our teens and Native Youth Council have been hard at work as usual after a refreshing break, planning more community service events and trips!

Look for us this month during our Mentoring Week while we celebrate and highlight our Mentoring program! A week packed with our Martin Luther King community service event, our Thank a Mentor Day, our Club Open House, and much more throughout the whole week. You can find specific dates and times in our January Calendar.

Also, don't forget to say hi if you spot our Spirit Club at one of our Parshall High School cheering on our teams, Club Teens, Club Youth, and friends!

Teen of the Month



Asa Deane



January 2014



White Shield Boys & Girls Club

For this month of January our club will be doing National Mentoring starting January 20th through the 24th. There will be fun activities planned through out the week for Mentoring, January 20th its Martin Luther King Jr. Day we are going to do educational activities for the youth about the legacy of Dr. King which we are really excited about!

We also want to Congratulate Jase Dickens for this month's Youth of the month and Gabe Fox who is our Teen of the month. Our club will be hosting an event for Suicide Prevention on the 29th of this month we will be bringing in a speaker to talk about suicide prevention and doing some ropes activities.

Our club always offers Home work help with Youth and Teens everyday after school for anyone who needs it. Our youth and Teens participate in many activities such as Educational games, arts & crafts, movie nights, and attending Basketball games for Spirit Club. As always we are open for direct service hours 3:30-5:30pm for the Youth. Teen Hours are from 5:30-7:30pm. Any questions feel free to contact our club. Any parent who wishes to send their child to our club can stop at anytime for the application. Hope you all have a GREAT Happy New Year!

~WS BGC STAFF



GREAT FUTURES START HERE.



Youth of the Month



Jase Dickens

Teen of the Month



Gabe Fox

Mission:

To inspire, guide and empower our youth especially those that need us the most, to realize and reach their full potential as responsible, caring, and productive community members.

White Shield

Boys & Girls Club

Open -Monday - Friday

Hours- 12:00 PM -8:00 PM

Phone - 743-4003

Fax - 743-4030

Address:

East Segment Building

1620 61st Ave NW-C

White Shield ND -58775

Club Staff :)

Branch Manager

-White Elk Dickens

Activity Coordinator

-Brooke Meyers

Jr. Staff

-Neva Meyers

BOYS & GIRLS CLUB OF TWIN BUTTES

Club Team: Sommer Cummings, Branch Manager, Alyssa Starr, Teen Coordinator & Jessica Starr, TACU Work

Club office hours: 12pm-4pm Ct.

Direct Service Hours: 4pm-8pm CST.

Please call 701-938-3293 for more info.

Keeping warm at club

Homework help and fun are a few things you will find at your local club. When the youth in Twin Buttes take a break from learning, mazes are a great way to take your mind off the day to day assignments.



TACU Worker Jessica Starr



"We love these crazy maze days" Brandy Shervan

Get Fit

Thanks to her club and her favorite program (Triple Play) Jessica Starr excels on and off the court. As a Leader in her community Jessica strives to be a good role model for all youth, especially those in Twin Buttes.

Writing a family newsletter can also be a fun activity to do together as a family. You can make everyone feel included as you take stock of the events in your life together.

New Town Boys & Girls Club

January Newsletter

Youth at BGC enjoying a day out in the snow!!!



Teen of the Month



Bryan Hernandez

Youth of the Month



Delilah Begay

NEW TOWN STAFF:

Ashley Shardlow – Branch Manager
 Jonathan Baker – Activity Coordinator
 Alex Baker – Activity Coordinator
 Cassidy Keller – Activity Coordinator
 Cheyenne Moran – Activity Coordinator
 Kristen Werlinger – Activity Coordinator
 Adrian Johnson – Activity Coordinator
 Josh Solis – Jr. Staff

CLUB HOURS:

M/T/TH/F

Youth * 4pm-6pm

Tweens * 4pm-8pm

Teens * 4pm-8pm

Wednesdays:

Club starts at 3pm

Hello from New Town BGC Staff!!

BGC has said good bye to 2013 rounding off the end of the year with Christmas activities and letter writing to Santa. Our teens & pre-teens also attended several home basketball games. Torch Club had a bake sale and raised approximately \$82 to be used for a charity of their choice.

2014 has kicked off with a great start with January being National Mentoring Month! Pre-teens have been doing peer on peer mentoring with the youth helping with homework as well as enjoying the extended hours in the evenings doing ROPES and playing games.

This month we had fun carving animals out of soap for Traditional Tuesday. Some of the youth even had the opportunity to visit with and meet motivational speakers and rappers, Jason "Smoke" & Melissa "Mimi" Nichols of Rezheadz.



Upcoming Events

- January is National Mentoring Month!
- Every Monday is Mentoring Monday – Need volunteer Mentors
- Monday January 20th – MLK National Day of Service
- Bowling with A Mentor Field Trip – Saturday Jan 25th

Four Bears Boys & Girls Club



Making Fruit Pizza

Mission:

To inspire, guide, and empower our youth, especially those that need us the most, to realize and reach their full potential as productive, responsible, and caring community members.



Snowman making



Hours of Operation

Monday– Friday:

4:00pm – 8:00pm

Wednesday:

3:00pm-8:00pm



Upcoming Events

20– MLK Day of Service

20-21– Day Club (12pm– 5pm)

20-24– Mentoring Week

24– Teen Lock-in



Hello from Four Bears Boys & Girls Club! December was a great month for us. Many activities took place including arts & crafts, movie nights, sledding, making snowmen, and healthy snack making. January is National Mentoring Month. We have a lot of things planned. Monday– MLK Day of Service, Tuesday– Thank a Mentor Day, Wednesday – Mentoring Open House, Thursday– Mentoring Matters, Friday– Mentoring Works! We will be having a Teen Lock-in on the 24th. Updated memberships need to be turned in for teens to attend. Homework help is offered everyday after school for the members that need it.

If anyone has any questions or concerns please feel free to contact us at (701) 627-4418 or jjarski@mhanation.com.

Active Kid



Devynn Four Horns

Active Teen



Kyam Young Bird

Arts & Crafts



Xbox Kinect



Reading Time

Fours Bears Staff

Jacobi Jarski– Branch Manager

Kayla Lone Bear– Act. Coordinator

Michelle White– Jr. Staff

Kenny Matthews– Jr. Staff

Mandaree Boys & Girls Club

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Youth of the Month



Elmer Flying Horse Jr

Teen of the Month



Echo Claymore

December and January have been pretty busy for the Mandaree Boys & Girls Club. Many exciting activities and events happened in our community that the club kids participated in. The big event was the Community Christmas Celebration, the our very own Mandaree BGC won 1st in the parade. Our teen coordinator Donovan Abbey won the ugly sweater contest. Mrs. Lyda BearsTail received the community Kris Kringle award, due to generation contributions to the Boys & Girls Club, along with the monthly church revivals she hosts. We would like to send a huge “Thank You” for all that she does for the youth of Mandaree.

Upcoming Events

***Mondays will be our Mentoring Nights, any parent, teacher, community member interested in becoming a mentor to our local youth, stop by the boys and girls club and sign-up. January 20th will be our first mentor night and the beginning of our bridge busters event.**

***January 22 is our Martin Luther King, Community Pride Project. We will be going around the community to our elders homes and clearing driveways and walkways and offering any other assistance they will need done that day.**

***January 24 is our Teen lock-in for grades 7-12th.**

January is National Mentoring Month

We hope everyone enjoyed their holidays and are geared up for a new year! The mentoring program is still doing their Mentoring Mondays in each club site. January is National Mentoring Month and activities will be planned throughout the month, with a week full of activities the 20th through the 24th so come out to the clubs and spend some time with our youth and get signed up to be a mentor! We will also be starting to take some youth to the Good Samaritan Center on Mondays to play bingo with our elderly mentors.

If you happen to have a skill or talent you would like to share with our youth please feel free to get in touch with any of your local clubs and we can get you on the road to mentoring! If you have any questions please feel free to contact your local clubs or Annie Vivanco at 701-627-4415

Come Join Us!

January 20– National Day of Service

January 21- “Thank a Mentor” Day

January 22- “I am someone who matters, to someone who matters, I am a Mentor” Open House

January 23-Mentoring Matters!

January 24– Mentoring Works!



HAPPY 2014 WISHING YOU A GREAT YEAR AHEAD!

Annie Vivanco, Mentor Coordinator 701-627-4415

Coby RabbitheadDirector of Program Services/
Tobacco & Substance Abuse
Prevention Coordinator**Lexi Taft**

Prevention Specialist/Data Entry

Prevention

January 2014**Upcoming Events****Jan. 20-24****“National
Mentoring Week”****March 19****Kick Butts Day****April****Alcohol Awareness**

On December 20, 2013 the Boys & Girls Club of the Three Affiliated Tribes was awarded the North Dakota Strategic Prevention, State Incentive Grant (SPF SIG). SPF SIG is one of the Substance Abuse and Mental Health Services Administration (SAMHSA) infrastructure grant programs, that builds substance abuse prevention infrastructure across the state of North Dakota by focusing on reducing underage and binge drinking. Boys & Girls Club of the Three Affiliated Tribes will work across Fort Berthold to prevent the onset and reduce the progression of substance abuse and underage drinking among our youth. Boys & Girls Club will work to implement strategies and programs that will reduce substance abuse related problems in our communities, and build prevention capacity and infrastructure at the community level. For more information on SPF SIG please contact

Tips for ensuring Quality Time Spent with your child**K-3 Grade: At this age children are learning about personal talents and abilities.**

- Your child needs discipline and structure from you as well as a relationship.
- Have both family and one-on-one activities with your child.
- Increase quality time through planning inexpensive, parent-child dates (Ex: getting ice cream, going to movie, playing board games.)

*The love your child feels when they get special time with you is priceless.***4-6 Grade: At this age children are seeking autonomy and independence.**

- Plan a special day or evening with your child, begin by providing a few options to choose from.
- Planning time with your child shows them you are willing to participate in their interest and life.
- The child may want to do activities that you may not like (Ex: video games), remember the purpose is not about the activity but spending time together.
- Taking the active interest in building a relationship with your child is one component of positive parenting.

*Parental monitoring and family relationships are a protective factor from alcohol.***Adolescents: At this age teenagers believe friendships are of more important and spend more free time with friends.**

- Research shows by providing a healthy relationship and supervision, you decrease the likelihood of problematic behaviors.
- Invite the teen to take part in family activities and parent-teen one-on-one activities.
- Tell teens you want to spend time with them.
- Allow them to choose what to do together, even if it isn't your idea of fun, if it is feasible do it anyway because it is not about the activity it is about spending time with them.



SUICIDE PREVENTION

Merry Christmas and Happy New Years!!! I hope everyone had a safe and

happy holiday season.

We have been doing a few projects for the month of January. We have been helping plan the upcoming Meth Conference "High in plain sight". We will be bringing in David Parnell a recovering addict.

We have also been planning a SPI event in White Shield. This will be a community wide event. There will be food, games, cultural speakers and family orientated night. We hope to see the community there.

Stay warm !!!

Willow Smith

Suicide Prevention Coordinator

Education

Ariana and I are continuing with math games. Delilah Begay, Lloyd Howard and Cole Chase have best participation and prefer to work with peer tutor Ariana Bell. They play dice games that are improving addition and comparisons of numbers.

The most consistent students from the second graders are Lily Howard and Breonna Bugess. They have improved so much in their math skill they now play with some 3rd and 4th graders. I also have to give Savannah Whitman a "GOOD JOB" cheer. She has really been practicing to improve her reading skills!!

Starting in February we will be reading "Diaries of a Wimpy Kid, Dog Days" for any young boy that want to participate in a book "NOOK" club. The club reads the book on nooks together and we discuss vocabulary, details, and any other important point in the story. When they finish the book the kids can take an AR Test allowing them to earn point for school as well.

The Education room, 167, is a room where educational games are played. All games are to improve math, reading and writing skills. We try to ensure all games are fun and hands on so the kids continue to come in and "Play"! We are available, Mon.-Thur. 4:00-8:00 pm, and 4:00-6:00 pm Fri., for ALL students who may need help with homework!!

If you have any questions feel free to contact:

Kirsten Morsette, Education Director

627-4415





Our Board of Directors

Chief Volunteer Officer - El Marie Conklin

Vice Chair - Mike Young Bird

Treasurer - Karen Drosdal

Secretary - Vacant

Members at Large

Orville Fox

Jason Two Crow

Frank Henry

Polly Chase

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P.O. Box 189
New Town, ND 58763
Phone: 701-627-4415
Fax 701-627-4416

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<http://bgcatat.org/>

Our Mission: To inspire, guide and empower our youth, especially those that need us the most, to realize and reach their full potential as productive, responsible and caring community members.



Our Vision: To strengthen the lives of our youth by providing a consistent and safe educational environment that incorporates ethical and traditional values to positively impact their lives.

