

NAhtAsuutaaka' (White Shield) News Journal

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Dorreen Yellow Bird, EditorSahnish65@gmail.com/701-421-2876



Rhoda Star joins dancers as they give honor to WWI Veterans at UTTC powwow. She carries picture of Joseph Young Hawk. He is honored by the Sahnish who named their Post 234 after him. (Continued on page 21)



*Make From the desk
Segment, White*



*of Fred Fox, Councilman, East
Shield, and ND 58540*

This past month we had a lot of deaths in our White Shield community and throughout our reservation. We have lost a lot of loved ones and it has affected all of us one way or another. Our prayers are with all of the families that have lost loved ones and we pray for strength in your everyday lives.

Fall season has approached us and all the end of the season pow-wows had a great turnout. The kids are all in school now. We will all be busy with cross country, football, and volleyball and cheering for all our kids – nephew, nieces, and grandkids.

We had a very important meeting this past month with Gov. Burgum and the Tax Committee composed of leaders of the North Dakota Legislature. We proposed renegotiating the Oil & Gas Tax Agreement by giving the Tribe a bigger piece of the tax revenue. If the state does not want to give us a new agreement, we will strongly consider terminating the agreement and assess our own tax within the reservation on Trust minerals. This will create a double taxation on our reservation and the cost of developing oil & gas will be higher on the reservation than developing outside on state minerals. Two-thirds of our minerals belong to individual allottees, so making the right decision is not only to get a higher tax which is morally right but we are also making sure allottee's minerals are developed responsibly when they are already held by production from current producers. A large percentage of allotted minerals already have a producing well on the unit, so with an increased tax it may be possible it will be developed slower with double taxation. The state will continue to tax oil & gas production and extraction due to Cotton Petroleum Case Law. The state has not come to a decision but we expect another meeting with the tax committee and Gov. Burgum.

We have started construction on the new apartment complex in White Shield located by Sesame which should be complete by the end of fall 2017. It will have 12 units for rent and will be managed by Ree Lodge Management.

The White Shield School will begin construction in October after the school board change contractors and architect companies. We had to cease construction and regroup because we thought the past contractor wasn't moving along in a fiscally responsible manner and the architect was also tied to the contractor due to the design build concept. Our current contractor is Graham Construction and the new architect is EAPC Architects & Engineers. I will give a more in depth update at a community meeting at the end of the month. With that said, I would like to wish all of our students a great school year and good luck in all their extracurricular activities this fall. Thank you.

Medicine Lodge Plans for a Spring 2018 Ceremony

Butch Bell's dream for a Sahnish Medicine Lodge is progressing slowly but moving ahead. First ceremony is being planned next summer. It will be a first Ceremony for the lodge followed by a Sun Dance. Bell said the Lodge is to be used for what people want, like namings, ceremonies, the Mother Corn and Bundle Ceremonies and so on. Many years ago the Sahnish community had a Medicine Lodge and it was the center of community activity. It was the source of the people's spirituality. He remembers it as do many of the elders today.

On this date, the Medicine lodge is up and waiting for a dirt covering. Each of these items have to wait for equipment and workers. They still plan to have electricity and water connected, but later, said Bell. He said they need fences and shade on the east side, sweat lodge and fence in back. A restroom will be a port-a-potty for right now until they can raise more funds for something permanent. When it is complete, he said it will be the responsibility of the culture center. They will have the keys.

Bell said he wants to thank those men who helped him all the way through this project. They are Mercury White, Loren White Jr., Derrick Bell and Frosty Hosie. Hosie did door and installed the smoke hatch on top. Fred Fox has also provided funding. Bell said he also wants to develop a web site for donations for equipment like chairs.



Butch Bell gives instructions to Mercury White, Loren White Jr., and Derrick Bell as they pull tarp over the Medicine Lodge.



*Kathryn Burgum, wife of
Gov. Doug Burgum*

(Excerpts from Kathryn Helgaas Burgum speech at the first Annual Tribal Addiction Summit, in New Town, ND)

I have a very personal experience with addiction. I have been in recovery now from alcohol addiction for over 15 years.

The disease of addiction is destroying lives, families, and futures across every social and economic group in our nation. This year alone, over 60,000 people will die of a drug overdose in the United States. Back in the 1930s, scientists began studying addictive behavior, because people addicted to drugs and alcohol were thought to be morally flawed. Those views shaped society's responses to addiction, treating it like a moral failing rather than a

health problem, which led to an emphasis on punishment rather than prevention and treatment. Alcohol addiction was declared a disease by the American Medical Association way back in 1954.

Three words have deprived addicts of medical treatment, empathy, and compassion for centuries and decades. Those three words are, shame, stigma, and discrimination.

I struggled with alcohol related issues and episodes over the next 25 years. I stopped drinking for three months, and then I'd start again. I'd stop drinking for a year, and then I'd start drinking again. This cycle continued over a period of eight years. When I became completely willing, that's when the miracle happened for me. Then started staying sober. I found a program that's built on a foundation of gratitude, helping others, and a higher power. It changed my life. The powerful disease of addiction comes in many forms. The disease of drug addiction has become a monster of gargantuan size with the opioid crisis. These powerful drugs turn normal people into thieving, conniving shells of who they once were and likely who they'll never, ever be again. I know of a Native American tribal chairwoman who cared for her grandchild born addicted to meth. The baby's little hands were covered with tiny little gloves to prevent the baby from scratching herself or pulling out her hair while going through meth withdrawal. Babies and children are the innocent victims of the devastation caused in our communities because of untreated addiction. Many people addicted to drugs or alcohol end up in jail or prison because of addiction related crimes. 75% of the people incarcerated in North Dakota have an addiction. Felons can't find jobs, they can't find a safe place to live, and in some states like North Dakota, there are laws against felons living together in the same building.

Thirty million children and adults in the United States have diabetes. In 2016, \$34 million was invested in research to find a cure. What if there was an American Addiction Association with this mission to prevent and cure addiction, to love, respect, and care for all people in our communities affected by addiction?

We can work together in every community and in every home to help save lives, help those who have given up hope, and help our communities start dreaming of the future again.

We need better, longer, and more treatment options. Not jail or prison. We need treatment in jail and prison. We need more reentry work to help felons get back into life. The governor and I believe we need to focus on all citizen of North Dakota, especially our Native Americans who communities are suffering the most from addiction in our state.

Chairman Fox, Dr. Monica Mayer and the team are working hard to build the Native American treatment center outside of Bismarck. This will be a huge step forward for helping provide the culturally specific treatment so needed in our communities for our Native Americans. I'm willing to do whatever I can to help with it, whether it be completion of that project or get involved in that project. I will never forget the day I met Dr. Monica Mayer at the leadership lunch the governor and I hosted during the inauguration. I was moved by her compassion and the will and determination when she spoke about addiction and its effects on your community. Dr. Monica, thank you for having the vision for this summit. I am offering to be of service to you in whatever way needed to help those on your reservation.

Three Affiliated Tribe Alcohol and Drug Center (Center has not been named yet) is being constructed north of Bismarck, a few miles out of the city. Photo below.





Three Affiliated Tribes
Mandan, Hidatsa, and Arikara Nation
Office of Tribal Enrollment

P.O. Box 100
 New Town, ND 58763

Phone: (701) 627-4238
 Fax: (701) 627-4252

Three Affiliated Tribes Enrollment Report

Wednesday, August 30, 2017

Gender

| | |
|--------------|---------------|
| Female | 8,124 |
| Male | 7,551 |
| TOTAL | 15,675 |

Age Categories

| | |
|--------------|---------------|
| 0-17 | 5,246 |
| 18-59 | 9,116 |
| 60+ | 1,313 |
| TOTAL | 15,675 |

2017 Enrollments

| | |
|--------------|------------|
| 01/11/2017 | 18 |
| 02/08/2017 | 39 |
| 03/08/2017 | 39 |
| 04/19/2017 | 57 |
| 05/10/2017 | 39 |
| 07/05/2017 | 86 |
| 07/12/2017 | 7 |
| 07/24/2017 | 12 |
| 08/29/2017 | 64 |
| TOTAL | 361 |

2017 Reported Deaths


| | |
|--------------|-----------|
| Male | 28 |
| Female | 34 |
| TOTAL | 62 |

Segments

| | |
|--------------|--------------|
| New Town | 2,127 |
| 4 Bears | 774 |
| Parshall | 717 |
| Mandaree | 809 |
| White Shield | 646 |
| Twin Buttes | 338 |
| TOTAL | 5,411 |

2017 Life Expectancy

| | |
|-----------------|--------------|
| Male | 50.54 |
| Female | 59.15 |
| Avg. All | 55.26 |



 Sevant S. Taft, TAT Enrollment Director

Note

These numbers are current as of the date listed above.

Obituaries



Myrtle Painte-Goodleft aka “Tadlen” or “Buckskin” was born on January 29, 1937 in Nishu, ND to parents Ruth Painte, White Shield, ND & Charlie Snow, Newtown, ND. She was raised by her Step Father Pete Taylor. Myrtle was a Child of a Water Buster & member of the Arikara Dead Grass Society. At one-time Myrtle was a member of Joseph Young Hawk/Elmer Bear Post 253 Ladies Auxiliary in the 80's & 90's. Myrtle Painte met George Goodleft, Sr. at a revival meeting in 1969 and married and had an instant family. Ila

Painte, Sherman Painte, Doug Painte, Sr., David Painte, Rebecca Kelly, Donald Painte, Sr., Debbie Painte, Waylon Goodleft, George Goodleft, Jr., Jason Goodleft and Marvine Goodleft. Myrtle has many grandchildren and great grandchildren. Myrtle Goodleft aka “Tadlen-Buckskin” wanted to acknowledge she has one living sister Arlene Gullickson, Lake Andes, SD. Burial: Arikara Congregational Church, White Shield ND. Education/Work: Myrtle attended Elementary in Marty, SD. She received her GED from McLaughlin, SD, Chemical Addiction training from the University of North Dakota. Myrtle worked at the Parshall Resource Center in the 1980's as a Residential Supervisor, Fort Yates Boys Ranch, Fort Yates Nutritional program. During the Relocation period, Myrtle moved to Chicago, Illinois and work as a CNA for Illinois Masonic Medical Center, Bromenn Medical Center in Chicago, Illinois. Myrtle also worked for Montgomery Ward, Chicago, Illinois. In the late 1970's Myrtle was employed at Peace Pipe Indian Center in Bismarck, ND for the Native American Population. Her love for Jesus Christ and gospel music was her

biggest passion. She played bass, piano and rocked the guitar during revival services where she earned the name "Rock N Roll Grandma". She Myrtle was a member of the White Shield A.A fellowship and was a female sponsor for women around the area. She prayed and reached out for those addicted to alcohol & drugs. She wanted people to know there is a better and sober way in Jesus Christ. Myrtle Loved the Arikara/White Shield Children and formed the grassroots organization called Arikara Helping Hands whose main purpose was to help children previous of the Bakken oil boom. She didn't like to see children go without gifts during the Christmas season and with the help of the Mclean County Sheriff's department her dream was accomplished every year. Myrtle/George Goodleft, Sr. carried out Prison Ministry in the state of Washington & North Dakota State penitentiary.

Myrtle was preceded in death by her Husband George Goodleft, Sr., Son Sherman Painte, Twin Painte Boys, Mother Ruth Painte, Father Charlie Snow, Sr., Pete Taylor, Sisters

Cynthia Star, Rosie Snow, Sharon Snow, Rita Snow, and Isabelle Snow. Grandson Dustin Sea Walker, Grandpa Robert Painte, Grandmother Nora Yellowbird-Painte, Davis Painte, Marvin Painte, Lucille Painte, Mary Jane Painte, Owen Painte, Brothers Rusty White Arm, Dennis Snow, Sam Snow, and Grassrope Angels. Myrtle is survived by Daughters: Ila (Byron)Painte, Debbie Painte, Rebecca Kelly and Marvine Goodleft. Sons: Donald (Nancy) Painte, Sr., Douglas (Ardith) Painte, Sr., George (Winona) Goodleft, Jr., Jason Goodleft and Waylon Goodleft. Grandchildren: Roselynn Painte, Donald Painte, Jr., Keisha Painte, Robert Painte, Jeana Grassrope, Amanda Grassrope, Pamela Grassrope, Cassandra Painte, David Painte, Douglas Painte, Jr., Nichole Painte, Heavens Grace Goodleft, Sharee Goodleft, Sheldon Kelly, Tommy Kelly, Teddy Kelly, Brandon Two Bears and Triston Two Shields. Great Grandchildren: Evan Grassrope, Jayla Grassrope, Baby Grassrope, Vance Littlebird, Wade Littlebird, Desean Finley, Anna Dickens, Jayelle Painte and Javian Painte.



David All "Rising Eagle", was born August 24, 1967 in Grand Junction, CO to David Alley Jr. and Sawahu (Heart) White Tail. At the time of his birth, Spike was the biggest baby on record in Colorado, weighing over 13 pounds! He was given the Indian name of "Rising Eagle" at a very young age. Spike, as everyone knew him, was raised in Grand Junction until the family moved to Garrison. He attended school in Garrison, White Shield, New Town, and graduated from Chemawa

Indian School in New Salem, OR in 1986.

Spike was a natural in the kitchen. He loved to cook and make new dishes. He moved to Bismarck and worked as a Sous Chef at the Hunter's Club at Prairie Knights. He also worked as a chef at Speedway Restaurant at the Radisson Inn. He attended United Tribes Technical College in the Culinary Arts, but due to declining health, he moved back to White Shield. As his health improved, he started his own roustabout company, Rising Eagle, LLC, in 2015. He had a lot of different interests and even worked as a carnie for a short time.

Spike had many hobbies, and along with "his gang", Sybert Yellow Bear, Destanee Black, and Kaeleigh Cavanaugh, would have cook out, go fishing, go to the movies, go shopping and went on many trips. Sybert was his little bud that lived with him since Sybert was 5 years old. And we can't forget to mention Spike's big baby, his Boxer, JD McGillis. JD even had his own Facebook page and JD had many friends. JD shared many adventures with Spike and Sybert. Spike was also an avid Seahawks and Cubs fan. Spike had the biggest heart and always had a big smile for everyone he saw. He was quick to tease but the first to congratulate when anything positive happened. He was always the first to say good morning and wish everyone a good day and say good night. He was a positive person who was ready to help whenever he could. Spike is survived by his brothers, Brian White Tail, Bismarck, Richard White Tail, New Town, Anson White Tail, Mandan; sister, Paula Yellow Bear, Minto; his "gang", Sybert Yellow Bear, Destanee Black, Kaeleigh Cavanaugh, beloved dog, JD; and his many nieces, nephews; and White Tail and Heart families. He was preceded in death by his parents, Sawahu White Tail and David Alley White Tail Jr.; second mom, Bonnie Yellow Bear, brothers, Scott Alan and Michael Alan, sisters, Winona Ree, Michelle Ree, and Bonita Rose.



Gloria Yellow Bird, 73, White Shield, formerly of Parshall, died Saturday, August 19, 2017 in a Garrison nursing home.

Gloria Yellow Bird was born July 12, 1944 in Elbowoods Hospital, Elbowoods, North Dakota. She is the 5th daughter of Dorothy (Felix) and Grover Yellow Bird.

Gloria went to grade school in Minot, ND and high school at Immaculate Conception Mission School, Stephan, SD. After graduation, she went to beauty and

hairstylist school in California, and graduated after a year and a half.

While in California, she married Charles Packineau and moved to Phoenix and lived there for two years. Charles and Gloria then moved back to Parshall, ND where they lived and cared for their four children. Gloria loved her three daughters, Monica, Mariam, and Dorothy and her one son, Phil, very much. And because Joyce Yellow Bird grew up with the family, and was always there for them, Gloria considered Joyce her own daughter. She is survived by 11 grandchildren and two great grandchildren.

Gloria worked at RTC as a receptionist and retired after 20 years. Over those 20 years she was able to remember many people's names and when asked, could tell you who they were. Gloria was very close to her Aunt Pearl Howard and eventually became a care giver for her because Pearl couldn't stand being home alone. During these years she loved to cook, do crafts, had a garden and sewed many baby quilts. She has always been an excellent cook and with the ND Extension program began writing a commodity cookbook so that younger and less experienced cooks could make healthy meals using commodities. People loved her fried bread and many asked her for the recipe and her secret to making it. After her retirement, she joined the White Shield Elders program to meet other elders and together they enjoyed a variety of programs and activities. Gloria was also a member of the Ladies Auxiliary Young Hawk Bear Post 253.

Gloria moved into the Garrison Memorial Nursing Facility in 2013. While in the Garrison Nursing Facility, Gloria enjoyed the activities program very much and was always asked to help with projects. She enjoyed working on puzzles, doing word finds, playing bingo and occasionally going to the casino.

Having come from a large family, eight sisters and four brothers, they have enjoyed many cook outs, picnics, and family holiday gatherings and reunions. Her siblings are: Gail Valenzuela, Allen (passed), Dorreen, Grover, Glen (passed), Kaye Bell, Don, Elizabeth, Janice, Elaine, Marilyn and Gerilyn. Gloria was a loving mother, sister, aunt, and will be greatly missed.



Jessica Rogers-Phelan, 53, Mandaree, was called home on September 1, 2017 surrounded by her loved ones in Bismarck ND. A maxoxadi (salted alkali lodge) member, Jessica was born on January 22, 1964 in Minot, ND to the late Reginald Rogers, (she was a child of the Knife Clan) and Martha Fox Baker. She was raised and grew up in the New Town and Parshall area.

She attended New Town and Mandaree Schools. She met the love of her life Randy, when she was a freshman in high school. She later graduated in 1983

from Mandaree High School.

She attended United Tribes Technical College in Bismarck ND for secretarial science and later obtained her degree in Early Childhood Education. She also attended Fort Berthold Community College and Little Bighorn College. She worked various jobs such as secretary for councilman Tex G. Hall and later as Chairman Hall. She was also a secretary at 4Bears and a poker dealer at Little Bighorn Casino.

Her most cherished job of all was being a home maker to her husband, children, grandchildren, nieces, nephews, and adopted children. She loved pow-wows, beading, pearl parties, hand games, round dances, fishing, and hunting. A special moment was when she got her first deer kill with a .22. She also liked facebooking, taking selfies, having family gatherings, and cheering on her beloved Broncos! She collected cowgirl boots her husband bought her and was spoiled rotten and loved dearly by her best friend, Randy.

Jessica was adopted by Sarah House and into the Night Hawk Society. She loved her paint horse, Lily, and took exceptional care of a little colt she raised, Tuff. In her teen years, she danced fancy and for a short while even men's fancy. Making a bustle out of paper plates in the garage and dancing with her sister's, Paco and Sugar. She loved gardening and being outdoors supporting all her grandchildren. She cherished all her children's and grandchildren accomplishments whole heartedly, not one went without her special recognition.

Jessica is welcomed in Heaven by her father Reginald Rogers; sisters, Jamie "Paco" Rogers and Kim Rogers-Glenmore; grandchildren, Sophia Bailey and Dana Sam Jr.; niece-daughter, Jessi "Gussi" Rogers; nephews, Wyatt Young Bird, Travis Young Bird, and Jeremy "JC" Bruce; her maternal grandparents Charles Fox and Emily Grady; paternal grandparents, Thomas Rogers and Lucy Coffee, as well as many other relatives who've passed on before her.

Jessica is survived by her husband, J. Randy Phelan Sr.; her children, Adele (Dana) Sam, Maranda (Tony) Johnson, Martha (Jake) Phelan, Brandy (Shane) Phelan, Jude (Ricki) Phelan, and Tone Tonz (Tasha) Phelan all of Mandaree, ND, Alona (RD) Bailey of Busby, MT; her mother, Martha Fox-Baker of New Town; brothers, Texx Lone Bear and Rocky Lone Bear of New Town and Derek White BigDay of Pryor, MT; sisters, Shannon Phelan of Mandaree, Bernadine Young Bird, Benita Spotted Elk, Janice Lone Bear, and Andrea Rogers all of New Town; her grandchildren, Baby Jude, Jess, Colte, Cash, Wilson, Winter, Emma, Cherish, Kasen, Aiyonna, Korday, Brighton, Jaylynn, Rylee, Pearl, Alonzo, Prudence, Anthony, Zeke, Reginia, RD Jr, Maryanna, Amine, Cass, Eloise Randeigh, Charli, Daisy and Kaireace; as well as her many adopted children, family and friends.

Savanna LaFontaine-Graywind Buried in Fargo



FARGO –Savanna LaFontaine-Greywind was buried Thursday, Sept. 7, at First Assembly Church, 3401 25th St. S, Fargo.

LaFontaine-Greywind, 22, was born in Belcourt, N.D. on Aug. 9, 1995, and grew up in Fargo, according to the funeral home’s website.

She moved to Spirit Lake in 2005 and graduated from Warwick (N.D.) High School in 2013.

She earned a certified nursing assistant license in 2014 and started working at Eventide Nursing Home in Spirit Lake before transferring to Eventide in Fargo in January 2016.

She and her boyfriend Ashton, 21, began dating her freshman year of high school, and the two were looking forward to raising a family.

“Family was everything to Savanna,” the obituary said. “She loved horses, all animals, the residents that she helped, and all the children in her life. She

helped raise her niece, Odessa, and nephew Shane Jr. Those kids were a huge part of her life and everything she did revolved around them.

LaFontaine-Greywind went missing from her north Fargo apartment on Saturday, Aug. 19. At the time of her disappearance, she was eight months pregnant.

On Thursday, Aug. 24, police found a baby girl in an apartment above where LaFontaine-Greywind lived with her parents. The missing woman's body was found in the Red River on Sunday, Aug. 27. In the wake of her death, memorial services were held in Fargo and other nearby cities.

Brooke Lynn Crews, 38, and William Henry Hoehn, 32, who lived in the apartment where the baby was found, were arrested, and both have been charged with conspiracy to commit murder, conspiracy to commit kidnapping and giving false information to police.

Police have not released when or how LaFontaine-Greywind died. A preliminary autopsy report said she was a victim of a homicide. The baby found is believed to be hers, but the child was placed under the care of Cass County Social Services, while authorities await DNA confirmation.

According to her obituary, LaFontaine-Greywind is survived by her daughter, Haisley Jo; her parents, Norberta and Joe Greywind; her brothers Joe Greywind Jr. and Casey Greywind; her sister, Kayla Greywind; her grandparents Clarence and Edward; and niece and nephew, Odessa and Shane Jr.

Three memorials were held Wednesday: one at the North Dakota State Capitol in Bismarck, another at the White Shield community on the Fort Berthold Indian Reservation, and a third at Nickeus Park in Jamestown. Ceremonies were also held in Grand Forks and in Fargo, Belcourt, N.D., and Sisseton, S.D.

Memorial for Graywind at White Shield Well Attended



Nancy Fox, Wendy White, Cleo Charging stand outside with candles as red balloons are released while Darcy Kruger sang a drum song for Savannah GreyWind.



Joe Youngbird holds candle at the memorial service for GreyWind.



Rainy White gives out balloons for release by attendees.

Sanchez suggests ways to protection yourself again violence at Graywind Memorial at White Shield



Addison, Herbert (husband) Roman, Donna and Red Fox Sanchez, Speaker.

In the aftermath of the murder of Grey Wind, memorials were held on reservation communities and in cities like Bismarck and Fargo. One of the speakers at the White Shield memorial was Red Fox Sanchez, Tribal Health Director for TAT. She provided the following information to a gathering held in the Ralph Wells Complex. Her presentation included ways to protect yourself from attempted abductions, attacks, assaults or confrontations.

1. Don't ride with strangers: Be careful about the people you know as well. Gina DeJesus knew Ariel Castro. She was a friend to his daughter. When he offered her a ride home, she took it thinking that he was taking her to see his daughter. Ride only with your friends or relatives you trust with your life. Getting in a car with a stranger or casual acquaintance may cost you your life. Do not hitchhike ever! Even if you think that it's "a nice lady" who is offering you a ride, don't take it. Abductors often travel in groups and the harmless looking "nice lady" could be working with others who are quite harmful.
2. Do not be predictable: Avoid routines: if you always take a certain walk at a certain time on a certain route every day, you are way too predictable. Break it up and find alternate routes and destinations.
3. Let people know where you are: And let them know when you plan to come home. Check in with others. If people don't hear from you within the allotted time, they can at least retrace where you were the last time you checked in. There are apps http://www.huffingtonpost.com/entry/how-to-track-your-kids-without-them-knowing-youre-on-their-tail_us_55afaff1e4b07af29d56f544 some parents put on their teens' phones to keep tabs on them. <http://www.parents.com/parenting/technology/best-apps-for-paranoid-parents/>
4. Be wary about social media: Be careful about data you post on social media. Don't ever post a picture in real time that would reveal you are away from your home or

give out plans about your future travels that day. There are bad people (like maybe an “ex” who has it in for you) who might find out where you are going and plan to do you some harm. If you must post something, do it after the fact.

5. Watch your drink: If you go to a bar, do not leave your drink unattended. Pay attention. It is common for people to put in drinks certain drugs that will knock you out. Here are the facts about the “date rape drugs” <https://www.womenshealth.gov/publications/our-publications/fact-sheet/date-rape-drugs.html>
6. Carry pepper spray or taser with the proper training.
7. Fight! If you are attacked and not carrying pepper spray, taser, etc., Statistics show that women who fight back are more likely to survive and escape than those who submit. **Do NOT submit!** Fight with everything you have! Make **LOTS** of noise! As you strike, yell as loudly as you can (FIRE! GET BACK! NO!) <https://pjmedia.com/lifestyle/2016/1/4/the-6-best-body-weapons-to-defeat-an-attacker/> <https://pjmedia.com/lifestyle/2016/02/11/how-to-use-everyday-items-to-save-your-life-during-an-attack/> Strike viciously, repeatedly, and as soon as you have the opportunity. But you can, RUN! Run as fast as you can to a place of shelter (police, fire station, mall/shopping center, wherever there is a crowd of people).
8. Try to escape: Look for opportunities to escape. If you are forced into a car, you most likely will be put in the trunk. From there, look for a latch to pop it open. Late model cars have these latches and some even glow in the dark. With any luck, you can jump out when the car stops at a light. Or try to break one of the brake lights and stick your hand out or stick out some other object to grab attention from passing motorists. Or find the wiring to the lights and disconnect the light; hopefully a police car would see that and pull the driver over. Of course your hands and feet may be bound. If your hands are bound with duct tape, here is a video on how to escape. <https://youtu.be/11X8HW-3BsI> https://youtu.be/0Gr6HX_IKpw If you are seated next to the driver (unlikely but just in case) and you can get the door unlocked, jump out at the first stop. If you cannot unlock a door, grab a steering wheel if possible. Or grab the gear shift and try to throw it in Park. Try to take the key out of the ignition. If you are in the front or the backseat, try get attention from passing motorists 9. Leave bread crumbs: Know where you are and leave clues. If you are blindfolded and in the trunk and cannot escape, do your best to memorize the directions, number of stops and time it takes to travel. Try to remember certain sounds (like construction sites or schoolchildren playing). Leave as much DNA as you can (leave clumps of hair or pieces of skin or even urine) for the authorities to trace.
10. **DON'T GIVE UP!** If you are unsuccessful in escaping, do not give up hope and do not give up trying to escape. You may have to pretend to “cooperate” for awhile

in order for the kidnapper to let his guard down. Then attempt to escape as soon as opportunity strikes. The three young women did not give up for their ten long years of captivity. One day Amanda Berry noticed that Ariel Castro did not lock a certain door and she was able to get to a storm door which she yelled and screamed at a passing neighbor who then came to her aid and the aid of the others.

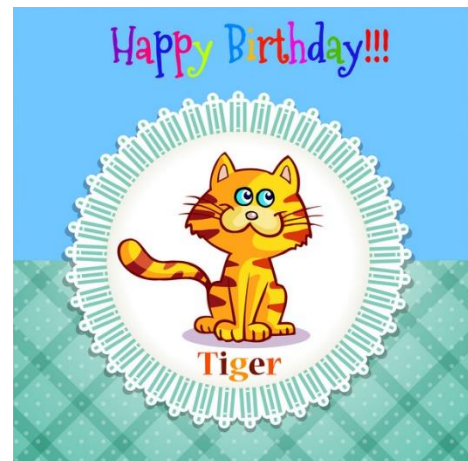
Kidnapping/abduction is very scary to think about, please read the information to keep yourself and loved ones protected. **BE SAFE and AWARE!**



| ◀ Aug 2017 | | September 2017 | | | | | Okt 2017 ▶ | |
|-------------------|--|---|--|---|---|--|------------|--|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | | |
| | | | | | 1 | 2 | | |
| 3 | 4 Holiday | 5 Staff Meeting (Cancelled) | 6 | 7 UTTC summit and Powwow | 8 UTTC Powwow | 9 UTTC Powwow | | |
| 10 UTTC Powwow | 11 White Shield Elders Meeting – noon at Elder center | 12 | 13 Congregational Church Bingo @ Complex 6 pm | 14 | 15 TAT Tribal Council Meeting 10:30 Chambers | 16 | | |
| 17 | 18 | 19 | 20 | 21 | 22 Justice Commission meeting 10 am | 23 | | |
| 24 | 25 | 26 Elders trip to Prairie Knights | 27 Elders trip to Prairie Knights | 28 Elders Trip to Prairie Knights | 29 | 30 Mother Corn Ceremony, noon at Bonnie Fox house. | | |

Elders Birthdays

| | |
|--------------------|------|
| June Eagle | 9-21 |
| Austin Gillette | 9-20 |
| Carol Seela | 9-27 |
| Beverly White Bear | 9-28 |
| Wayne White Bear | 9-17 |
| Frank White Calfe | 9-08 |



United Tribes Technical College 48th Annual International Powwow



Bismarck, ND – The Powwow was only one of several events during September 8 through the 10th. In addition to the Powwow, there were: Tribal Leaders Summit and Trades Show; Horse Shoe Tournament; Hand Games; Youth Day; Golf Tournament; High School Basketball Tournament; LEGENDS Softball Tournament and Thunderbird Run.

Mark Fox, Three Affiliated Tribes Chairman sponsored a feed on Saturday at the powwow grounds. More than 500 people enjoyed the meal catered by Anthony Bauer, UTTC chef.

During the Powwow, one of the major events was the honoring of World War I Veterans. It was described as one of the nation's largest groups of soldiers honored. The Grand entry featured families, friends, and relatives bringing pictures and remembrance of their loved ones and dancing in honor of them. At this 48th Annual UTTC Powwow, there were about 70 tribes represented with about 20,000 spectators. Awards for the dancers and singers were cash and jackets.



Dancers include White Shield's Councilman Fred Fox in second row.



Veterans from WWI are: Albert Little Owl, Dan Chase, and Jack Nagel all from Ft. Berthold.

Healing Horse Ranch Opens with Ribbon Cutting & Contest



Mervin Packineau, Councilman for Parshall.

The Healing Horse Ranch and Estates sponsored a team roping contest in conjunction with a ribbon cutting for a new arena built west of the ranch house. There is a race track west of the arena that is receiving its finishing touches also.

The Ranch is located 1.5 miles West of Parshall on HWY 23.

On Saturday, a ribbon cutting was followed by a team roping event.

Mervin Packineau, Council Representative for the Parshall (Lucky Mound) Segment cut the ribbon that open the new arena.

Packineau is an avid horseman and roper. He said the arena will house not only events like the team roping but rodeos and other related events. The heated arena will be open for events in the winter also.

The arena was filled with horses and riders, some horses were tied to the fences, others stood with their rider casually astride them. The men and women were as careful about their tack (cowboy gear) as golfers might be of their prize golf club. Packineau said roping horses are specially trained and can make a difference whether you win or lose a contest. Some of the horses will sell for over \$20,000 because of their talent in the roping arena. He stood leaning against the new fence that surrounded the arena. The fences, equipment and building are state-of-the-art.

Contestants in the team roping came from all over the state. There were some from Ft. Berthold but a large part were from off-reservation. Age didn't seem to matter. It is a skill sport for both contestant and horse.

Packineau and his team won one of the team roping contests.

The event is sponsored by Mervin Packineau, the Fours Bears Casino and the Kenny Steele and family.