

NAhtAsuutaaka' (White Shield) Newsletter

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Volume 2

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Dorreen Yellow Bird, Editor

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Rodney Howling Wolf honored at White Shield Veteran's Day celebration



Rodney Howling Wolf (Wolf Chief) Air Force



From the desk of Fred Fox, Councilman for White Shield

I would like to first start out by sending my condolences to all those in our community who have lost loved ones. It's very hard for family members to get over the loss of a loved one but we have such a big community that helps one another during times of sorrow and we all come together to give in a time like this.

Well the elections are over and we have a new Chairman and Council Members. We have started on a great journey and I believe we can get a lot of good positive things done for our Tribe. November 11th the new Tribal Business Council elected its executive council and committees. The Executive is Chairman Mark Fox; Vice-Chairman Randy Phelan; Treasurer Mervin Packineau, and Secretary Ken Hall. The Committees are as follows: NRC Chairman Randy Phelan, Fred Fox, and Ken Hall members; Judicial Chairman Fred Fox, Randy Phelan and Frank Grady, members; Health/Education Chairman Frank Grady, Ken Hall and Corey Spotted Bear members; Economic/Education Chairman Corey Spotted Bear, Fred Fox, and Ken Hall members.

I have a lot of faith in our new Tribal Business Council believe we can do good things for our Tribe. We will work hard and strive to protect our resources and preserve the future for our children. These next years are very important because we have a chance to build a great future for many generations to come.

We had our second planning meeting for the new Elder Center, Veterans Center and Grocery store/Restaurant/Laundromat plaza. The budget for the project is right around \$20 million which also includes a Master Plan for all the buildings coming up such as the New School, Community building and Headstart. As soon as we have a solid Master Plan ready to go, we will insert it in the Newsletter. The housing is coming along great and we should have people ready to move in a couple of weeks. The applications are at the complex and can be picked up at Gloria Brenan's office. The rent is \$500 a month and the application process is based on vital employment in the community such as nurse, teacher, police, etc. We also have applications for the Awahu Village homes at the office. They are home ownership. The White Shield Segment has also been working hard on getting the FBHA houses ready to go and the applications can be picked up at Clement Perkins office. He is the FBHA counselor. The Tribe also has a home mortgage program that is very unique. Tribal members are qualified if they have a job, steady income and have no outstanding debts to the Tribe. I'm hoping I've answered some questions because I hear a lot of rumors about housing that are not true. Please come and ask my staff or myself about housing. My number is 701-421-0391.

We will be having a segment/community meeting real soon so we can get a lot of information out to the community. We are also planning on a big Christmas Dinner/Party for the community so listen for the dates in the near future.

Take Care and God Bless.

New Council met Thursday



New Town – The Three Affiliated Tribes swears in three new members. Tex Hall, former chairman, loses his seat to Mark Fox, former Tax Commissioner and Hall's designee. Berry Benson, councilman from Twin Buttes did not run for tribal council and Cory Spotted Bear, youngest of the new councilmen, took Benson's place after primary election with more than 50% of the votes. Spotted Bear waited for final election to be seated in the Twin Buttes position.

New councilmen Cory Spottedbear; Mark Fox, chairman; Frank Grady sworn in.

Finally, V Judy Brugh retired after 8 years as councilwoman for the Four Bears Community. Frank Grady won Four Bears over Vonnie Alberts.

The election had one of largest turn-outs for tribe. The stakes are high because the Three Affiliated Tribe is one the top oil-rich reservations in the nation. They rank high among oil-rich states too. Fox's charges of fraud in government and calls for change helped him become the frontrunner.

Former chairman Tex Hall statement about election

From: Glenda Embry

Sent: Wednesday, November 5, 2014 4:24 PM

To: eogden@minotdailynews.com; mdnregion@srt.com; 'Wood, Joshua'; nteditor@bhgnews.com; Editor; Fawn Fetting

From: redtippedarrow@rtc.coop [<mailto:redtippedarrow@rtc.coop>]

Sent: Wednesday, November 5, 2014 4:18 PM

To: Glenda Embry

Subject: Fw: Fwd: Tex Hall statement on Fox election win
Go ahead and put this out Glenda

Statement on Mark Fox's Election Win

Chairman Tex "Red Tipped Arrow" Hall congratulated Mark Fox on his election win to become the next Tribal Chairman. Hall said, "Mark Fox has been a well-respected advocate for our Tribe's people, our land, and our economy. Chairman-elect Fox worked very hard for me as Tax Director and also served on the U.S. Energy Department Tribal Board as my designee. I congratulate him on his election and for the fact that he and his team ran a clean campaign. I look forward to working with him in the years to come in order to continue to promote common-sense energy development and safeguard the interests of our people and lands."

At a special meeting on Veterans Day, the tribal council chose the executive committee. They are: Randy Phelan, Vice Chairman; Mervin Packineau, re-elected Treasurer; and Ken Hall elected secretary.

Veterans and Ladies Auxiliary visit Connecticut and Washington D.C. and participate in commissioning of the USS North Dakota



Gerilyn Yellow Bird, Yvonne Fox, MaDonna Azure, Sharon White Bear, Kim Howard, Denile Henry, Leona White, Donna Mae Lewis, unknown, Loretta Meridith, June Fox,



Veterans at Washington D.C. are: unknown, Donna Mae Lewis, Thomas "Tooksie" Eagle, Robin Fox, Bernadette White Bear, Madonna Azure, back row: Bill Incognito, Clemet Packineau; Francis Connors, Mark Nolan, John Red Hawk.

Washington D.C. - Veterans Day for many Sahnish people at White Shield is to celebrate with their relatives who have fought in war. Many were killed, some came home wounded and others came home wounded inside.

One woman told the story of her brother who came home from the Vietnam War but had to walk some distance because people wouldn't give him ride and called him a "baby killer." Another man said when he flew home; there was another white soldier sitting beside him. He said people spit on him and called him names. He asked how the Sahnish soldiers were treated when they returned from Viet Nam? They honor him, soldier said. His relatives and community praise him for his bravery, prepare a feast and give-away. It was as hard for the soldier to understand as it was for the Sahnish people to hear their warrior shunned.

There was almost a holiness about the trip east said Madonna Azure, president of the Ladies

Auxiliary. The women from White Shield Ladies Auxiliary went east to see the commissioning of the USS North Dakota and visited the Tomb of the Unknown Soldier, Arlington National Cemetery and sites at the Nation's capital.

The most heart-felt place was the Tomb of the Unknown Soldier. Azure is one in a line of women in her family who have relatives missing in action. Some are still missing to this day, she said. Her uncle Elmer Bear is one of those. He was in two battles and in the front lines.

Sometimes there were mass graves and only parts of bodies were found.

A woman from California waited 50 years for a report about her husband. She was a bride when he left for war. He told her if he didn't come home to marry again. They found his bones. So "I am optimistic they will find my uncle. I will carry his Bundle until they bring Elmer Bear home," she said.



USS North Dakota

GROTON -- A large crowd and a warm October Saturday morning welcomed the Navy's most advanced attack submarine, USS North Dakota, and its crew into Navy history. The commissioning ceremony for the \$2.6-billion submarine, currently the most advanced member of the Navy's fleet, was held at the Naval Submarine Base and lasted about 90 minutes. It featured remarks from politicians, Navy officials and executives, who spoke just feet away from USS Virginia, the first of the Virginia-class submarines, of which USS North Dakota is now a member.

Roughly 2,400 people, more than 500 of whom came from North Dakota, attended the commissioning. Many submarine veterans were also in the crowd.

North Dakota is the first submarine to have a redesigned bow with a new sonar array and two larger payload tubes instead of 12 individual, vertical-launch missile tubes. The submarine will be able to launch Tomahawk cruise missiles, deliver special-forces and provide surveillance of land and sea.

North Dakota will join a submarine force that is in high demand today, enabling it to perform a wide spectrum of missions, Greenert said.

"There are nations developing underwater capability. China is working on it. Russia is working on it. She'll sail the world, the Seven Seas, no matter her homeport. Many submarines that leave here, they end up in Central Command in the Arabian Gulf. They move back over into the Mediterranean ... so she'll travel the world over. She's nuclear powered. There's no limit to where she can go out except food," he said.

White Shield teams undefeated



Coaches, supporters and assistants: Cedrick Wilkinson, Nate Spotted Horse, Sheldon Rush, Ranie White, Chasmin Yellowbird.

White Shield girls volley Ball and boys basketball teams are undefeated. They won five straight games to take that title. The advisors, coaches and staff of these teams are proud of the hard-work, cooperation and teamwork they have displayed throughout the program this year.



Jesse White MVP



Back – Sheldon Rush, Storm Malnourie, Brandon Brunelle Sybert Yellowbear, Jesse White, Chontay Lacroix, Deshaun Perkins, Cedrick Marsette, Hunter Felix, Andrea Wilkinson, McKayla Cassel, Coach Cedrick Wilkinson, **Front** – Tanner Cassel, Riley Esquibel, Cash Draper, Jase Dickens, Presley Wilkinson



Back - Lexus Fox, Cagney Everette, Aiyana Vivier, Coach Ranie White, Andrea Wilkinson, Josie Felix, Coach Chasmin Yellow Bird; **Front** – Kennedy Esquibel, Samara Twinn, Rhieaman Everett, Sweet Cedar Perkins, McKayla Cassel, Isley Price.

White Shield Elders Halloween party brought out many scary figures



White Shield - Elders Halloween Party brought out many strange and scary people and some teased their way into first place in the "best costume" custom award. The elders' center staff scared up a good meal of lasagna, lettuce salad and cupcakes.

When dinner was finished, they group gave out prizes for best costumes then they played bingo and all had a good time.

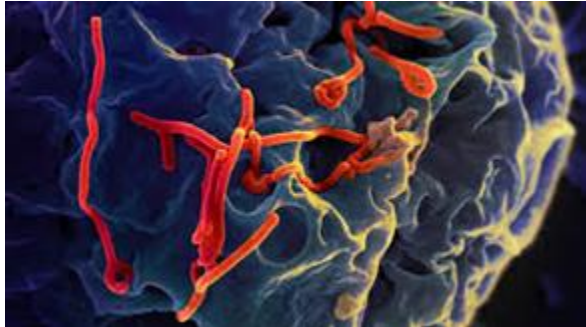
Winners for best custom were: 1 st, Connie Howling Wolf (top left); 2nd Gerry White (top middle) ; 3rd, Bonnie Fox (top left). Others dressed were Bobbette Fox, (middle left) Kaye Bell (bottom middle); Karen Mulluck (middle right); and Duane Fox (right bottom)

Has Ebola gone viral?



In the middle of the USA, we would probably never see case of Ebola. I would have to say Three Affiliated Tribes on the Ft Berthold Indian Reservation would

have never have seen any tropical disease, but we have. Service men coming home from tropical areas have brought these diseases back home. Ebola is a wormlike virus. It uses your immune system to grow and multiply. As a blood pathogen, it spreads all over your body. It was called Hemorrhagic fever because of it's high fever and ability to make you bleed out of all your orifices. It spread seems to be: spit, snot, blood, urine, fecal, and SWEAT! So why are we talking about it on the small TAT FBIR? **Oil.**



We have folks from Texas, DC, Cleveland, Florida and these are areas of interest. The virus can be stored up for 21 days before the disease shows. A virus is not alive and does not need anything to stay dormant. Ebola can live on a dry fleck of blood for months. Why do we need to talk about it?

The best antiviral, anti-parasitic, antibiotic is **prevention.**

There are two other viruses I want you make sure you know about.

Enterovirus D68 is a nasty bug that has caused paralysis in a few children who have contracted this respiratory virus. What makes it unique is paralysis. To date the muscle weakness has no known cause or end point. Researchers are tracing, tracking and investigating in hopes of bringing a solution to the paralysis. D68 is transmitted like the flu and lives in your spit and snot. D68 will make adults sick and is not deadly but it's really the children. You need to abide by precautions for the children and elders.

The H1N1 influenza virus is still the deadliest virus to date. Most of these deaths are in third world countries that had no sewage system or health precaution educations. Death preparation was like handling a man sized petri dish filled virii at their most potent in numbers at the most deadly. The flu is easy to fight again with **prevention! Prevention! Prevention!**

I hope to inspire the tribe to look-out for our children and elders. All of these virus can kill at these ages if their immune system is compromised. It gets compromised by already being sick or injured. So please read these precautions and post them where you can. Don't be scared of getting the virus. Be more inspired to prevent these diseases.

No, Ebola has gone viral in ND, but let's be sure that it doesn't!

Lonefight is a staff member of the White Shield Segment. She has a degree in Microbiology

Preventing the Flu: Good Health Habits Can Help Stop Germs



The **single best way to prevent seasonal flu is to get vaccinated** each year, but good health habits like covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu. There also are **flu antiviral drugs** that can be used to treat and prevent the flu.

1. Avoid close contact.

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

2. Stay home when you are sick.

If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.

3. Cover your mouth and nose.

Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.

4. Clean your hands.

Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.

5. Avoid touching your eyes, nose or mouth.

Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

6. Practice other good health habits.

Plans for new houses for the White Shield Community

Fred Fox, Segment Representative meet with community members Wednesday, to talk about the program for repairing some of the houses in the community. (*Marque announced meeting for a week*) Many people have house repairs or problems that haven't been dealt with – some for many years. It is those problems that Fox focused on.

Larry Trujillo, Mark Nolan, Del Perkins and Jessie Androdie, Fox said, are some of the staff who will be looking at problems and determining the best way to resolve the needs of the homeowner. The project will fix-up houses for elders and other community members in White Shield. The tribe gave each segment \$500,000 for housing repairs. The staff has not determined what the cut-off will be for each house, but they will look at problems and see how they can make the funding stretch to repair as many homes as possible.

If you need repairs to your house, you can call Larry Trujillo (701-743-4244) or Gloria Brennan (701 743-4145).

Housing for essential staff is nearly complete. For Law Enforcement, two new officers, Amos Ball and Martin New Holy, and will get houses. They will be at White Shield to provide protection and support for the community unless something major happens in another part of the reservation like the killings in New Town, Fox said.

Duane Bowen, is now the Game and Fish officer along with Charlie Wilkinson, but in emergency they will assist law enforcement.

So far there are 16 houses that need repair. Staff has completed two. There will be 18 rentals for critical areas like teachers, nurses and police officer at Awahu Village. There are 8 homes for ownership. There is also an 8-plex which will be located near the Elder Center and work will start on it soon.

Houses have been coming into community by semi and work continues in spite of the cold and hints of winter. ***Pictures of houses below.***





While driving through the Sesame Street's new housing area, staff could tell the builders on this project were dedicated. They didn't stop to take their jeans to the dryer in Garrison – just hung them in the sun on the new foundation. (picture above).

Future projects? They looking into a hotel casino and maybe a golf course.

FREE Certified Nurse Assistant Training available



In the Fort Berthold there is a tremendous need for people in the health careers, more specifically for elders, disabled and people who are living at home. The Next Steps Program will provide **Certified Nurse Assistant (CNA) Training, free of charge, with training located in New Town.**

The Next Steps program supports training as a CNA, then promotes and assists employment in this health career area. Employment can be found at

various locations such as: the local nursing home; home health care through the tribe such as the CHR office, or Northern Lights Aging

Services, or as an individual providing care to a family member in the home.

The criterion for eligibility for this program is: documentation of tribal enrollment; verification of low income with preference given to TANF participants; and verification

of acceptance into the training program. The Next Steps also requires a background check of all participants.

The Next Steps program is a federal grant program funded through the U.S. Department of Health and Human Services to the Candeska Cikana Community College in Fort Totten, North Dakota. Next Steps has subcontracted with the UND RAIN program to hire mentors at each reservation site to implement the training and to provide follow-up support services. The Next Steps program provides mentoring, tuition and fee assistance, books and equipment support, childcare assistance, transportation assistance and counseling and academic advisement.

Training is being planned for January and March of 2015. If you are considering CNA training, please remember you will need to be in classes for 2 weeks, 8 AM - 5 PM. We are planning to conduct the training in New Town.

If you have any questions please feel free to call Lizz YellowBird, the Fort Berthold Mentor at 701-317-6524, or you may visit the Next Steps office located at the old Minnetohe clinic, now tribal administrative office areas.

OBITUARIES



Estelle was born January 11, 1944, in Elbowoods, ND to John White Sr. and Florence Badger White. She was raised in Elbowoods and began her primary education at Like-A-Fishhook Village, Ft. Berthold District 1, and Elbowoods. When the Garrison Dam was built, the family relocated to White Shield. She attended the Zeigler School and the new White Shield School. She continued her education and received her Associates of Arts degree in Early Childhood Education at the Ft. Berthold Community College in New Town, ND.

She met Allan Hodges Sr., and they raised their family in Emmet, ND. She began her love of working with children at the Headstart Building. She was a stay-at-home mother to her children as well as providing care for many others in the community. When the kids got older, Estelle went back to work at the White Shield School, first as a Certified Speech Paraprofessional and then in the Special Education program.

Estelle's love, dedication and support to her children's education, music and sports will always be cherished. She was able to enjoy Graceland, Disney World and explore Alaska with her children and grandchildren. Her greatest accomplishment was becoming a grandma and great grandma.

Estelle's home was always open to friends and family. They always looked forward to 4th of July, Christmas, New Years and birthday parties. She would not let her guests leave without a cup of coffee and a home cooked meal. She would tell stories about square dancing on horses and her adventures on the wagon trains and snowmobile runs. Every school year, Estelle had a barbecue for all the new teachers. She greeted everyone with a warm, heartfelt smile and loved to laugh and joke. She would always bring out a game for all to enjoy, especially the banana and chocolate pudding game!! Her calligraphy was very well-known, but not as much as her love for the King, Elvis Presley.

Estelle is survived by her three sons: Allan Jr., of Douglas; Shannon, Emmet; and Edward (Karen), Garrison; two daughters: Luralynn Hodges, Emmet; and Sharon Hodges, Greely, Colorado; nine grandchildren: Dylan (Jeanelle) Hodges, Palmer, AK; Kiera and Quintin of Fargo; second family consisting of Sara (Jason) Erhardt, Bismarck; Cindy (Andy) Iglehart, Garrison; Robert Painte, Garrison; Sianna Conko and Christine Yellow Bird, both of Fargo.

Brothers: Gerald Sr., White Shield; Wendell, Twin Buttes; Edward of Parshall; Floyd, White Shield; and Elmer of Fargo. Sisters: Ljuanna, Winogene, Delilah and Jacqueline and Thomasine all of White Shield. Estelle was preceded in death by an infant daughter, Tina Marie Hodges; her parents; two brothers Theodore and John White Jr., and two sisters Sianna White and Rhoda Mountain.



Janice White Body, 65, (May 28, 1949 – October 26, 2014). She was a very generous person. On short trips, Janice insisted on purchasing new outfits with matching jewelry for her travelers, or a gift to remember. One of many of Janice's favorite things to do included reading her bible and sharing encouraging scriptures. Janice loved to dress to the "T" with eye-catching and dazzling outfits. Janice was very proud of her son's endeavors whether it was boxing, football, or track/field. Janice was also very proud of ALL her

grandson's accomplishments whether it was boxing matches, football, or basketball games. She always made time to attend. She valued most her family and friends. Janice lived to provide and always meet the needs of others before herself.

Janice is survived by her loving husband, and Wade; daughters; Sheryl White Body (Joe) of Minot; Eleanore (Willie) LaDue of Four Bears; Ellen White Body of Minot, ND; son, Titus Douglas (Tash) White Body of New Town ND; adopted sons, Todd McQuino of Minnesota and Keven McQuino of Minot, ND; sisters, June (Larry) Lockwood of Parshall, ND, Jerolyn (George) Longie of Ft Totten, ND; Barbara (Raymond) Youngbird, Jacqueline Lara, Judy Yessilth, Janis Freeman all of New Town, ND; one aunt, Mary Elk of New Town.

Janice has 24 grandchildren and 13 great-grandchildren. She had a grandson, Robert Driver of New Town.

Janice is preceded in death by both parents, Eleanor (Red Fox) and James Conklin, maternal grandparents, Frank and Gertrude Red Fox; paternal grandparents Ella and William Conklin Sr; sister, Virginia "Goody" Conklin; brother Titus Hall, daughter Barbara Ann White Body, sons James "Duck" White Body and Jason Conklin.



GRACE FLUTE, 85, White Shield, died Saturday in her home. Funeral was 11 a.m. Wednesday, November 5, 2014 at the Ralph Wells Memorial Complex, White Shield, ND. Interment was at the St Paul Episcopal Cemetery, White Shield.

Grave is survived by her family: Phyllis Pratt, Sioux Valley, Canada; Ramona (Don) Dickens, White Shield; Wayne Flute, White Shield and Ella (Rueben) Duran, Lincoln, ND.

Her daughters and nieces are: Jacqueline Weeda, OH; Susy Paulson, New Town; Alice Norbomm, CA; Althea Simpson, MT; Elaine Reyes, HI and many, many extended family members.

◀ Oct 2014							~ November 2014 ~							Dec 2014 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
												1								
2 Daylight Saving Time Ends		3		4 Election Day		5		6		7		8								
9		10 2 pm elders meeting with archetects for new building Women's Aux meeting 6 pm		11 Veterans' Day 11 am Veterans Ceremony, Meal and Pow Wow		12		13 TAT tribal council meeting – 10 am		14		15								
16		17		18		19		20 Great American Smokeout David Thank you dinner at noon elder center		21 Elders Thanksgiving and potluck		22								
23		24 Budget meeting		25		26		27 Thanksgiving Day		28		29								
30		<p>Notes: There will be Thanksgiving turkeys baskets for each household.</p> <p>Elders trip to Heritage Center and Prairie Knights Dec 17& 18.</p>																		



Amit Breuer – 11-3
Rhoda Star – 11-5
Fredman Everett - 11-7
Lulu LaCrouix - 11-15
Donnie Dickens - 11-27

More Veterans Day pictures – (L) Cedrick Wilkinson bringing in the flags and (R) ladies auxiliary members show off new shawls they made with emblem on back. Gerilyn Yellow Bird (with new auxiliary hat), Madonna Azure, President and Cheryl Danks, faithful member.



