



JULY 2023 | VOLUME 2 | ISSUE 5

# Councilman Fred Fox's Greetings

*Greetings to all our Elders,  
Community Members and Relatives,*

I would like to send all my condolences to all the families that have lost loved ones this past month. Also, to the family members that have loved ones that our in the hospitals, our prayers and thoughts are with you. All our families here are very close and the generations before us were the pioneers in White Shield.

We are winding down the Summer season and Fall is right around the corner and we are starting to look at the start of the first day of school. With that said, we are having a Back to School Bash in conjunction with the White Shield School on Monday August 14th. We will be providing \$150 per student that are enrolled with White Shield School at the Back to School Bash. We will provide lunch and will be brining comedians Lil Mike and Funny Bone for the White Shield Students.

Disbursements will be distributed out August 9th this month. So far to date, the MHA Nation has distributed over \$450 million in disbursements and also distributed over \$60 million in Elder disbursements since 2008. The MHA Nation has four different Investment accounts. The First one is Goldman Sachs MHA Tribal JTAC - \$165,979,162; the Second one is Goldman Sachs MHA Economic Development Fund - \$44,537,294; the Third one is Goldman Sachs MHA Educational Trust Fund \$12,899,044; the last one is the MHA Nation People's Fund has \$867,853,699. This does not include the PL102-575 JTAC of \$142.9 million.



As summer is ending, we will be busy with projects in White Shield. I would like to have a Segment Update around the middle of September after United Tribes Pow-wow. These are very important projects for our community and the entire MHA Nation. The following is an overview of the White Shield Projects for FY 2023:

- Master Plan Community Infrastructure
- White Shield Restaurant
- White Shield Veterans Center
- White Shield Boys & Girls Club
- Ralph Wells Complex Restoration/ Renovation
- White Shield Daycare
- White Shield Satellite Casino
- White Shield Professional Housing

The end of August we will be hosting the Pawnee Tribe for the Annual Arikara/Pawnee Reunion. The dates are August 31st - September 3rd at the White Shield Pow-wow grounds. The activities have not all been confirmed but a draft includes:

- August 31 - Pawnee Tribe Arrives
- September 1- Breakfast; Tour of Interpretive Center, Earth Lodges and Pontoon rides in White Shield, and Hand Games
- August 2 - Breakfast; Pipe Ceremony; Lunch; Pow-wow
- August 3rd - Church Services

In conclusion I want again send prayers to the family members in our community that lost loved ones, and family members that are in the hospital and are fighting terminal illness. Nothing matters more than our family, everything else is second.

I hope everyone has a safe rest of the summer and make sure you make it out to Twin Buttes and Little Shell Pow-wow. No more pow wows for another year, so enjoy it well you can.

*Take care and God Bless,*

*Fred Fox*

White Shield East Segment Representative  
MHA Nation Executive Secretary

# A homecoming for veterans

*Housing units for veterans open up in White Shield*

BY JAMES C. FALCON  
james@nordaknorth.com

WHITE SHIELD — Services for veterans in the White Shield community grew last week with the grand opening of six housing units dedicated solely to veterans and their families.

At a ribbon-cutting ceremony held June 9, the construction of the homes just south of the continued development taking place in White Shield, is “a good thing for our veterans,” said Bernadette White Bear-Hall, director of veteran affairs in the East Segment.

MHA Nation tribal chairman Mark Fox echoed the sentiment that these residential units exemplify the dedication the tribe has to veterans.

“People say ‘You should do something for the veterans.’ That’s always a statement made by many,” Chairman Fox said. “I want to be able to stand here in front of you and say, ‘That’s what we do.’ We do a lot of things now for veterans. It’s a long time coming.”

Chairman Fox noted that services for veterans, including a new veterans center in White Shield (which White Bear Hall estimates will be completed by August), are ongoing in White Shield, as well as throughout the reservation. “Now, we have a model system,” Chairman Fox said. “If we do things right, there will be ten times more of them on Fort Berthold. Homes for veterans, in particular elders. We have a lot



Robert Hunter, director of Three Affiliated Tribes Veteran Affairs; East Segment Representative Fred Fox and tribal chairman Mark Fox cut the ribbon at one of six veteran housing units in White Shield last Friday morning. The housing units, which feature various degrees of accessibility, will be designated solely to veterans and their families. (James C. Falcon)

more work to do, but now we’ve got the base, a model, something to stem off of.”

While all the units have three bedrooms and two bathrooms and have the same layout, two of the units are fully Americans with Disabilities Act (ADA) compliant, two have some ADA features and the remaining two are not ADA compliant.

Rent is based on income, but it is capped at \$350 a month, White Bear-Hall noted. “We are not here to put a burden on a veteran,” she said. “Say a veteran gets out of boot camp, gets off their first enlistment and they come home and need to

get established, they need to get a job, they need to start saving money, they just had a little one.”

While under the management of Ree Lodge Housing, the rent acquired from the veteran housing will go back into it by means of helping to pay for maintenance.

Of the six units, two are already assigned; a “young family” and an elder will be the first residents of the units, said JoDell Fox, director of Ree Lodge Housing, adding that another unit may be filled within the week. Including the prospective residents, there are six on the applicant list, as well as three who verbally expressed an interest, she said.

Housing will be prioritized to White Shield veterans, veterans enrolled in the Three Affiliated Tribes, Native American veterans from any federally recognized tribe and then veterans, in that order.

“There are so many veterans that don’t have the opportunity to come back home or there are some veterans who don’t have the housing here,” said Fred Fox, a member of the MHA tribal council and representative for the East Segment. “I asked the chairman ‘Can you help me out on this? I really would like to do this.’”

For Representative Fox, this housing project is a personal thing.

After getting out of the Navy, he found himself coming home to find that he couldn’t find housing. The closest accommodation he could find was Garrison, which made his daily commute to college longer.

“It feels really good to have a place,” Representative Fox said. “If they don’t have a home, what good are we to honor our veterans?”



Callie Calhoun, the designer of the veteran apartments, demonstrates how a kitchen cabinet can be lowered, thus making it more accessible. Calhoun took input from East Segment veterans affairs director Bernadette White Bear-Hall and incorporated touches to suit the future residents. “When they get done, it’s not just a house. It’s a home,” Calhoun said.

# Young Hawk/Bear Post 253 Celebrate Memorial Day

Photo Credit: Karen Lone Fight





Photo Credit: Karen Lone Fight

# An Arikara Celebration for the books

BY JAMES C. FALCON  
james@nordaknorth.com

WHITE SHIELD — A little rain on Saturday evening didn't stop the Arikara Celebration from celebrating. Far from it, thanks to a new roof which was recently installed at the powwow arbor. Renovations at the arbor included tearing up the grass and replacing it with artificial turf. Early Friday afternoon before the celebration was in full swing, a design of windows on the new roof casted an intricate shade on the faux grass, installed to prevent powwow dancers from getting wet and dancing in unsavory and inclement weather conditions — such as the rainstorm which pelted White Shield Saturday evening. Before the celebration began — the first grand entry was at 7 p.m. Friday — rows of foldup chairs, many with their owners' names inked on the back, surround the arbor. Most vendors were just starting to set up that Friday afternoon, but some food vendors were already open for business. Around the periphery of the grounds, RVs, tents and teepees were scattered throughout; White Shield's population, even though temporary for the weekend, surely doubled at the least. By Saturday noon, the number of chairs around the powwow circle grew, as did the number of campers around the outside. As the 1 p.m. grand entry neared, dancers readied themselves as they got dressed in their regalia, braided their hair and put the finishing touches on their appearance. In all, the celebration boasted 19 registered drum groups, 15 visiting powwow royalty and 436 dancers representing 56 tribes from 17 states and five Canadian provinces.



Photo Credit: Karen Lone Fight



(Continued on Page 5)

**2023 ARIKARA CELEBRATION WINNERS**

**JR. MENS SO. STRAIGHT**

5th Cameron Soxie; 4th Amory Miller; 3rd Tyrin Lasley; 2nd Ipa Grey; 1st Maximus Sheka

**JR. MENS NO. TRADITIONAL**

5th Sidrick Baker, Jr.; 4th Ira High Elk; 3rd Vincent Fox; 2nd Malcom Murphy; 1st Jared Brown

**JR. MENS CHICKEN**

5th Charley Lewis; 4th Jeff Red Tomahawk; 3rd Marshall Poitra Cree; 2nd Marshall Rosales; 1st Rooster Top Sky

**JR. MENS FANCY**

5th Rylan Baker; 4th Cash Draper; 3rd Cactus Runsabove; 2nd Kasen Street; 1st Mabahi Baker

**JR. MENS GRASS**

5th Beau Grady, ND; 4th Darwin Goodwill; 3rd Anthony Moran; 2nd Ty Garreau; 1st Therien Paskemin

**JR. WOMEN JINGLE**

5th Yanabah Baker; 4th Amanda Goodwill; 3rd Ashleigh Bonaise; 2nd Neeta Killspotted ; 1st Prairie Rose Jack

**JR. WOMEN'S FANCY**

5th Symone Paskemin; 4th Natika Baker; 3rd Laryn Oakes; 2nd Dezi Tootoosis; 1st Sage Jack

**JR. WOMEN SO. BUCKSKIN/CLOTH**

5th Anna Spotted Wolf; 4th Kelly Walker; 3rd Rickielynn Hughes; 2nd Ashley Baker; 1st Amanda Moore

**JR. WOMEN'S NO. TRADITIONAL**

5th Sweetmedicine Finley; 4th Shaelynn Walks Over Ice; 3rd Kirsten Mandes; 2nd Lauren Good Day; 1st Carlie Nepoose

**SR. MENS GRASS**

5th Stewart Head; 4th J.C. Kills Spotted; 3rd Jeff Downing; 2nd Haga Cleveland ; 1st Randall Paskemin

**SR. MENS FANCY**

3rd Valdis Joe; 2nd Nick Demarce; 1st George Abeyta Sr.

**MENS CHICKEN**

5th Kenny Brown, Sr.; 4th Janye Bad Warrior; 3rd Bobby Badger; 2nd Taite Honadick; 1st Prinz Three Irons

**SR. MENS SO. STRAIGHT**

5th Francis Soxie; 4th Pius Spotted Horse Chief; 3rd Gary SA; 2nd Matthew Sheka, Sr.; 1st Everett Moore

**SR. MENS NO TRADITIONAL**

5th Steve Yellow Earrings; 4th Jerren Elk; 3rd Merril Ironhawk; 2nd Aron Abbey; 1st Richard Street

**SR. WOMEN'S FANCY**

5th Debbie Tosie; 4th Danielle Grey; 3rd Kellie LeBeau; 2nd Raenell Scott; 1st Bobbi Frederick

**SR. WOMEN'S JINGLE**

5th Lisa Ewack; 4th Dawn Wasinzi; 3rd Randi Gardypie; 2nd Tiny Rosales; 1st Fallon Jo Snow

**SR. WOMEN NO. TRADITIONAL**

5th Iris McKay; 4th Andrea Redman; 3rd Lynn Cuny; 2nd Randi Hart; 1st Lonna Street



Photo Credit: Karen Lone Fight



**SR. WOMEN SO. BUCKSKIN/CLOTH**

5th Phammie Little Sun; 4th Leah Vanhoy; 3rd Shane Eagle Speaker; 2nd Amanda Proctor; 1st April Draper

**GOLDEN AGE MEN GRASS**

4th Butch Gillette; 3rd Phillip Moosomin; 2nd Roy Morsette; 1st Daryl Bearstail

**GOLDEN AGE MEN FANCY**

3rd Stacy Makes Good; 2nd James Reeder; 1st Tommy Draper

**GOLDEN AGE MEN TRADITIONAL**

5th Keith Bear; 4th Wilson Roberts; 3rd Richard Parker; 2nd Greg Red Elk; 1st Donny McKay

**GOLDEN AGE WOMEN FANCY**

4th Judy Red Tomahawk; 3rd Shirley Reeder; 2nd Melinda Goodwill; 1st Grace Her Many Horses

**GOLDEN AGE WOMEN JINGLE**

1st Doreen Duncan

**GOLDEN AGE WOMEN TRADITIONAL**

5th Veronica Serdahl; 4th Edith Yazzie; 3rd Darlene Situran; 2nd Lora Draper; 1st Sharon Roberts

**TEEN BOYS FANCY**

5th Jazz Mousseau; 4th Kenneth Brown, Jr.; 3rd Shylo Leo Baker; 2nd Sheldon Scalplock III; 1st Pistol Bearstail

**TEEN BOYS GRASS**

5th Wyatt Baker; 4th Tanner Abbey; 3rd Jayceon Fog in the Morning; 2nd Thomas Bearstail III; 1st Cante Peters

**TEEN BOYS TRADITIONAL**

5th Jaxon End of Horn; 4th Brennon Wolf; 3rd Nehemiah Baker; 2nd Tyrell Elk; 1st Lawrence Ducheneaux

**TEEN GIRLS FANCY**

5th Lennyn Paskemin; 4th Shayla Yellowhair; 3rd Paloma Ruiz; 2nd Kianna Kingbird; 1st Neveah Jishie

**TEEN GIRLS JINGLE**

5th Lahlee LaBlanc; 4th Nartanne Caldwell; 3rd Sarai Tso; 2nd Taylor Jishie; 1st Serene Goodwill

**TEEN GIRLS TRADITIONAL**

5th Mahpiya Redman; 4th Tyree Ridge Bear; 3rd Dymond Totus; 2nd Chole Goodwill; 1st Shawntay Iron Horse

**JR. BOYS FANCY**

5th Ethan Jourdain; 4th Iinii Scalplock; 3rd Marlin Cleveland; 2nd Xavier Spoonhunter; 1st Demarcus Draper

**JR. BOYS GRASS**

5th Itoncha Goodwill; 4th Ahsini Abbey; 3rd Nate Robinson, Jr.; 2nd Ryder Johnson; 1st Keveon Kingbird

**JR. BOYS TRADITIONAL**

5th Hehaka Goodday Giago; 4th Berkeley Chaske; 3rd Easton Wolf; 2nd Aron Abbey; 1st Ovade Boyd

(Continued on Page 7)

*In Memory of*



**ZACHARY DAKOTA PFLIGER/YOUNGBIRD**  
(Holy Eagle)

Zachary Dakota Pfliger/Youngbird (Holy Eagle), was a curious personality, who had no boundaries between real life and his zest for Legend of Zelda, Anime culture (all things Anime), and his search for how God fits into his life, or should I say, how he fits into God's. He believed humor was the best medicine, in order for him to connect to family and friends. His connection to life and God was at the heart of his questions for his understanding of life.

Zachary was born in Springfield, Oregon, at McKenzie/Willamette Medical Center, on November 12, 1994, to Terence and Andrea Pfliger. He was diagnosed with Aspergers Syndrome, a few years later, through tests conducted. This type of Autism didn't stop Zachary from his search throughout his life, for the meaning of him, his connection to God. This new faith came about due to his strong support system of family and friends, to help him adjust to life. Zachary did accomplish two very important things in his short life. He did finish his requirements to obtain a diploma, through Bend High School's Coop Transition Program in 2013. In the Summer of 2022, with the love and support of his parents and siblings Zachary embarked on the difficulty of Disney Land, with a wheelchair as his only means of transportation through the park. You see, his cancer had advanced to the final stage, which left him very weak and unable to effectively walk. His dream was to complete a Lightsaber, from the Build-a-Lightsaber workshop, at the Star Wars attraction park. In closing, I would like to say that through all the crazy adventures, I experienced with Zachary. It was Zachary, who felt the most love for his heritage, for his Native American Traditions. He will be remembered, if not for his deep respect for his Ancestors.

Zachary and Jordan are survived by their parents, Terence Pfliger and Andrea Duke; siblings, Michaela, Alex, and Jaden Pfliger, Kayla and Samantha Duke. In addition to their brothers and sisters, they are mourned by their aunts and uncles, along with their many cousins and relatives of the MHA Nation, which they deserved to know more about, as they lived. Finally, I would like to thank all family members that donated their time and money, in helping me to get to this point, in celebrating these children's lives. I really couldn't have accomplished these plans without my amazing family.

*In Memory of*



**JORDEN NOAH PFLIGER/YOUNGBIRD**  
(Looking Elk)

Jorden Noah Pfliger/Youngbird (Looking Elk), passed away on February 23, 2023, from an unexpected, tragic circumstance. He was cut down so short in his youth. I want all of his family and friends to remember him as he was in this life. I want to always cherish his energy, his ability to generate positivity, and all of his ideas, to help in any way he could. I would also like to remember my son, the real man's man. Tough, but empathetic to all. My son would love his time in nature. He would go on hunting and fishing adventures throughout the year when he was old enough to handle weapons responsibly. But when he wasn't hunting or fishing, he had a real passion for big trucks. He had two special 4x4s, he would spend so much time modifying during his spare time after working and putting in a hard day's work, as a roofer apprentice. These hobbies and special skills were amplified all the more after he finished and graduated from Mountain View high school in Bend Oregon in the summer of 2018.

Jorden Pfliger was born on May 9, 2002, to parents Terence and Andrea Pfliger, at McKenzie/Willamette Medical Center, in Springfield, Oregon. Jorden was raised with a deep respect for family but was always getting into more and more difficult adventures around his environment (climbing trees, hiding from everyone, etc.). Such an energetic, young man, Jorden grew to respect all animals, wild, and domesticated types. He was always aware of what it meant to respect nature, as it was very apparent with the family pet, Cooter. A yellow lab that was treated with special affection, reserved for those of a special connection. I would also like to point out that his passion stretched out to metal smithing as well, beyond his love of animals. This all accumulated, and eventually brought him a love of guns and the love of collecting antique weapons. I like to think that all of my sons' endeavors were an outlet for the big, amazing world of nature.

Zachary and Jordan are survived by their parents, Terence Pfliger and Andrea Duke; siblings, Michaela, Alex, and Jaden Pfliger, Kayla and Samantha Duke. In addition to their brothers and sisters, they are mourned by their aunts and uncles, along with their many cousins and relatives of the MHA Nation, which they deserved to know more about, as they lived. Finally, I would like to thank all family members that donated their time and money, in helping me to get to this point, in celebrating these children's lives. I really couldn't have accomplished these plans without my amazing family.



### A powwow presentation

The family of World War I hero Tom Rogers were honored with a buff alo skull during the Arikara Celebration Friday. The skull was presented by East Segment councilman Fred Fox on behalf of Four Bears Councilman Robert White Jr. The skull will be displayed at the MHA Nation Veterans Center in New Town. (Logan Davis)

(Continued from Page 5)

#### JR. GIRLS FANCY

5th Steshuanu Goodday Decory; 4th Oravahn Phommahaxay; 3rd Okimaskwew Baker; 2nd Annabella Spoonhunter; 1st Maleya Jishie

#### JR. GIRLS JINGLE

5th Frankee Johnson; 4th Jayla Swallow; 3rd Kaireace Birdinground; 2nd Amia Goodwill; 1st Scarlett Scalplock III

#### JR. GIRLS TRADITIONAL

5th Catalina Shearer; 4th Libby Beard; 3rd Alexavia Holy Elk Face; 2nd Blakeley Chaske; 1st Brees Vanpelt

#### 2023 ARIKARA CELEBRATION SINGING CONTEST WINNERS

7th Bad Nation, SD; 6th Ft. Peck Sioux, MT; 5th Little Bear, MN; 4th Southern Style, UT; 3rd Blazing Bear, OK; 2nd Battle River, MN; 1st The Boyz, MN

## White Shield students model for Red Berry Woman

Post By: Red Berry Woman

The UNITY Dragonfly Collection is dropping 8/8/23 at 12:00pm CST  
 Pictured: White Shield UNITY members, Koya Bearstail, Sophie Landin, Chloe Bearstail-Fox and Aubree Everett of the Fort Berthold Indian Reservation.

Speical thank you to the White Shield School and our hair and make-up team, Shylah Demaray and Jenny Hale.

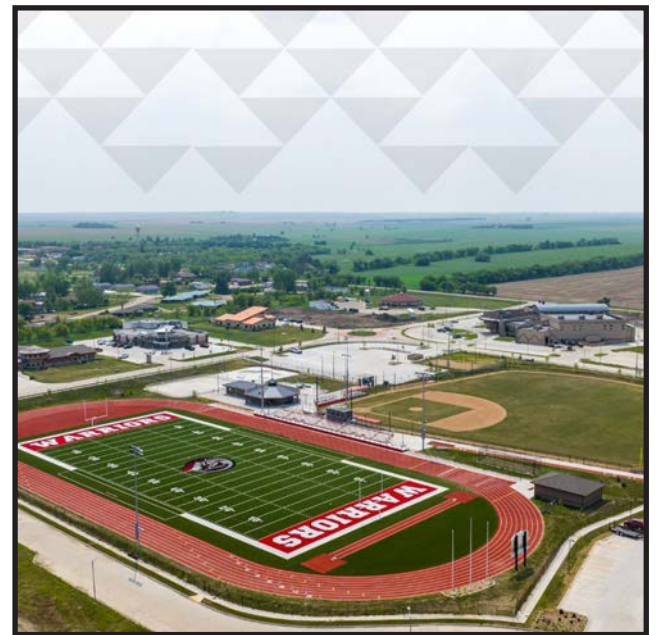
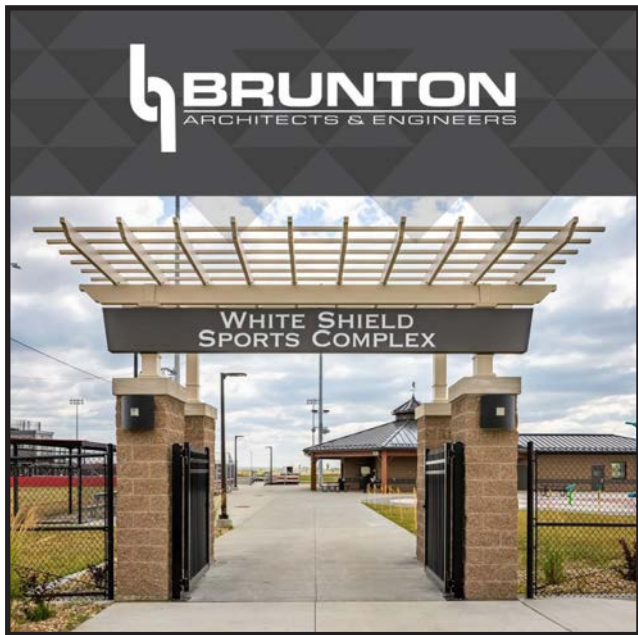


Photo Credit: Karen Lone Fight



# White Shield Sports Complex

Post by: Brunton Architects & Engineers



This massive, 10+ acre site is the brand new home of the White Shield Sports Complex. The complex houses multiple sports and recreation facilities, including: a football and baseball fields, with bleachers and a press box, an ice rink & warming house, concessions, an outdoor splash pad, (2) sand volleyball courts, basketball courts, a skate park, and a full spectrum of track and field elements. We are so happy to be a part of bringing this project to fruition!

Construction Start Date: May 2021  
Construction Completion: July 2022

Construction Manager at Risk: Scull Construction  
Architect: Brunton Architects & Engineers

**SAHNISH CINEMA**

Disney  
**HAUNTED MANSION**

**WEEKEND 1:**  
FRIDAY, JULY 28TH - 3:00 PM & 7:00 PM  
SATURDAY, JULY 29TH - 12:00 PM & 7:00 PM  
SUNDAY, JULY 30TH - 12:00 PM & 7:00 PM

**WEEKEND 2:**  
FRIDAY, AUGUST 4TH - 3:00 PM & 7:00 PM  
SATURDAY, AUGUST 5TH - 12:00 PM & 7:00 PM  
SUNDAY, AUGUST 6TH - 12:00 PM & 7:00 PM

**WEEKEND 3:**  
FRIDAY, AUGUST 11TH - 3:00 PM & 7:00 PM  
SATURDAY, AUGUST 12TH - 12:00 PM & 7:00 PM  
SUNDAY, AUGUST 13TH - 12:00 PM & 7:00 PM

**MOVIE ADMISSION:**  
ADULT \$10 YOUTH \$7  
SENIOR CITIZEN \$5  
3 AND UNDER IS FREE

POPCORN \$1 SODA \$2 & \$3  
CANDY \$2

**TSKAATIT LODGE**

**Coffee Shop Hours**

Monday	7:00am - 7:00pm
Tuesday	7:00am - 7:00pm
Wednesday	7:00am - 7:00pm
Thursday	7:00am - 7:00pm
Friday	7:00am - 7:00pm
Saturday	11:00am - 7:00pm
Sunday	11:00am - 7:00pm

(HRS & MENU SUBJECT TO CHANGE)

*Daily Food & Drink Specials*

WE ARE LOCATED  
IN THE NEW  
RALPH WELLS  
COMMUNITY  
CENTER  
BACK BETWEEN THE NUTRITION  
BAR & MOVIE THEATRE



# White Shield Clean Up Day



Photo Credit: Karen Lone Fight



# Recipe Corner

## Cinnamon Banana Pancakes

*This healthy recipe comes from NDSU Extension.*

### INGREDIENTS

- 2 large bananas, ripe to overripe
- 2 eggs
- 1 teaspoon cinnamon
- 1 teaspoon baking powder
- ½ cup skim milk or almond milk
- 1 cup whole-wheat flour
- Maple syrup or fruit to serve

### DIRECTIONS

In a bowl, add bananas. Lightly mash with a potato masher or a fork, but not too much. Leave small chunks of bananas to make fluffy pancakes. Add all remaining ingredients to banana mixture, mixing well. In a frying pan, cook pancakes over a medium-low heat. Use ½ cup of batter for each pancake and flip once edges get bubbly.

### NUTRITION INFORMATION

Makes four servings. Each serving has 190 calories, 3 g fat, 9 g protein, 35 g carbohydrate, 4 g fiber and 50 mg sodium.



# SPORTS SECTION

JULY 2023

## White Shield Basketball Fundamental and Skills Development



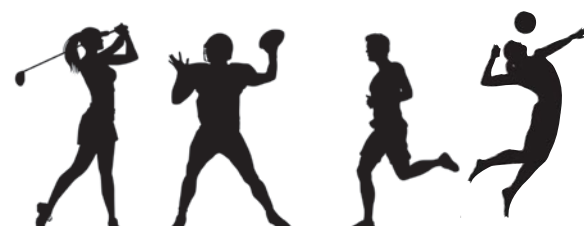
Photo Credit: Karen Lone Fight



## 2023 White Shield Fall Sports

*Opening Dates and Contact Info*

GIRLS GOLF: AUGUST 1 <sup>ST</sup> , 2023	
Girls Golf	Stacie Tsingine (928) 640-7729
JH/HS FOOTBALL: AUGUST 3 <sup>RD</sup> , 2023	
HS Football	Ed Basurto (701) 421-9510
JH Football	Mark Nolan (701) 421-2557
JH/HS X-COUNTRY: AUGUST 14 <sup>TH</sup> , 2023	
JH/HS X-Country	Megan Achtenburg (701) 421-0895
JH/HS VOLLEYBALL: AUGUST 14 <sup>TH</sup> , 2023	
HS Volleyball	Carrie Otto (701) 441-0234
JH Volleyball	Shelly Keplin (701) 278-1463



# SPORTS SECTION

JULY 2023

## Lil Warriors Basketball Camp

Photo Credit: Stacie Tsingine



The **White Shield East Segment** app is your community connection **at home and on the go.**

Available on the App Store

GET IT ON Google Play

Powered by Native REACH

**NEW HOURS**

**NEW HOURS will be followed**  
**NO EXCEPTIONS**

Monday - Friday 9:00 am to 5:00 pm  
Saturday 10:00 am to 3:00 pm  
Sunday **CLOSED**  
**ONLY APPOINTMENTS for Kenneling**

**EFFECTIVE IMMEDIATELY THERE WILL BE NO MORE EARLY DROP OFFS AND NO LATE PICK UPS.**

After 5:00pm **CLOSED** no Exceptions  
After 3:00 pm **CLOSED** no Exceptions

**PET GROOMING**

We provide grooming based on the weight of your pet.

- Bath & Blow Dry
- Cut/Trim Nails
- Eyes (staining)
- Ears (Cleaning & Hair removal)
- Sanitary Area

**KENNELING (LIMITED)**

We kennel dogs all sizes & Cats all sizes

- 1/2 day = 8 hours of Kenneling \$15.00
- Full day= 24 hour of Kenneling \$30.00
- 1st dog \$22.00 2nd dog

**REQUIREMENTS: KENNELING & GROOMING CERTIFICATION VACCINATIONS FROM VETERINARY**

**YOUR VET CAN EMAIL NISHUBAYKENNELS@GMAIL.COM**

- RABIES
- PARVO
- BORDETELLA

**MUST HAVE AN APPOINTMENT TO DROP YOUR PET OFF.**

**YOU ARE WELCOME TO TAKE A TOUR**  
Just give me a call.  
701-337-6333



# ARIKARA LANGUAGE CLASS

Every Tuesday | 5:00pm - 6:30pm  
Arikara Cultural Center, White Shield  
MHA Culture & Language Department

Join from computer or mobile:  
<https://iu.zoom.us/j/88526186916>  
Meeting ID: 885 2618 6916  
*Meal will be provided*

## WHITE SHIELD CHURCHES

### ARIKARA CONGREGATIONAL CHURCH

Worship & Sunday School: 10:00am  
Pastor Kathy Holmes

### SACRED HEART CATHOLIC CHURCH

Saturday Mass: 4:30pm  
Father Basil Atwell  
(701) 463-2327 (Parish Office)

## ARIKARA FITNESS & REC CENTER

### FITNESS MANAGERS

Megan Blacksmith  
701-421-0895  
meganblacksmith@mhanation.com

Mark Nolan  
701-421-2557  
mnolan@mhanation.com

### HOURS

Mon-Thur: 6AM-10PM  
Friday: 6AM-8PM  
Weekend: 8AM-10PM

## REC CENTER PRICES

\$3 for Children  
\$5 Adults 18+

Memberships  
\$30 Single/Month  
\$100 Family/3 Months

Golf Simulator  
\$10 Per Person

# HELP WANTED

**White  
Shield  
School**



- 1 Gifted/Talented Teacher
- Elementary Teachers

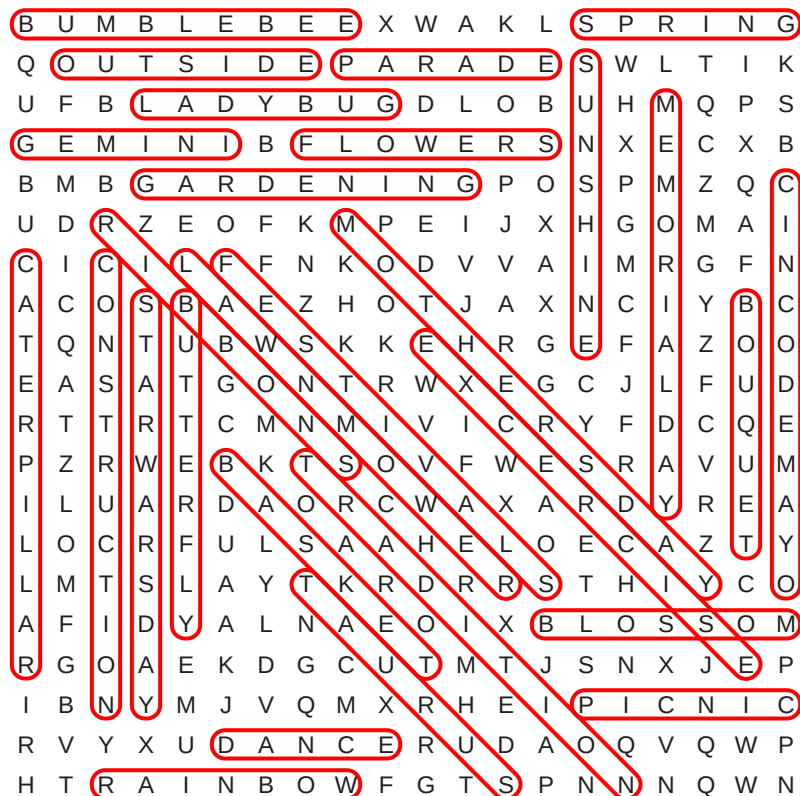
Applications and Background check forms can be found on our school website <https://www.white-shield.k12.nd.us/>

*Any questions please contact the business office at 701-743-2201.*

*White Shield Star*



## May Answers



**MHA EDUCATION GRANT PROGRAM**

**WE ARE NOW ACCEPTING FALL 2023 COLLEGE & BEYOND APPLICATIONS**

**How do I submit an application?**  
Scan the QR Code to:

- Submit one electronically through our application portal link
- Download and print an application and email us a PDF version once completed

**When is my Fall 2023 application due?** October 15, 2023

**I have questions, who do I contact?**  
Kayla Rhone, Grant Manager | krhone@mhanation.com  
Shannon Vivier, Grant Assistant | svivier@mhanation.com

(701) 751-2928 | 1321 Elbowoods Lane, Bismarck ND 58503  
[www.mhanation.com/mha-education-grant-program](http://www.mhanation.com/mha-education-grant-program)

## Ralph Wells Community Center Hours

WEEKDAYS		WEEKENDS	
ARIKARA FITNESS CENTER	6:00AM - 10:00PM	ARIKARA FITNESS CENTER	8:00AM - 10:00PM
ARIKARA NUTRITION	6:00AM - 5:00PM	ARIKARA NUTRITION	CLOSED
POOL	12:00PM - 8:00PM	POOL	12:00PM - 8:00PM
GYMNASIUM	6:00AM - 10:00PM	GYMNASIUM	8:00AM - 10:00PM
REC ROOM	10:00AM - 8:00PM	REC ROOM	10:00AM - 6:00PM
MOVIE THEATER	FRIDAY AT 7:00PM	MOVIE THEATER	10:00AM - 10:00PM

# WHITE SHIELD STAR WORD FIND

X E O Z K K E F E T T Y N I N U E R H E  
P F I R E W O R K S I D J S V W E W S K  
R I D E S C Q L Q V N A Q D Q J O P R D  
U W H A W W Y K J R Y M G R O V E B Q D  
F I H H C Q A T O A T P I U V H I M G M  
D F F I Z Y C K Q T O A Q M D F Y T C S  
I L X R T W U L W I T R T S S D C R A M  
N A S F Y E S Y N O S A K V G A O A R K  
D G P Y A B S I C N M D W E I N N D N E  
I R E D I M R H Z S H E N T V C T I I Y  
A A C Z V Q I E I W E H Y E E I E T V R  
N I I S P A G L A E S O P R A N S I A W  
T S A U T X D K Y D L N U A W G T O L T  
A I L M B T Z C Z T Z D L N A K X N N W  
C N S M R B X M L A I A Y S Y Y L A U L  
O G E E X K T F S T A T E F A I R L Q I  
S P I R H W C H A M P I O N S H I P B P  
B C O N C E R T Q U L E M O N A D E L L  
A R I K A R A C E L E B R A T I O N H P  
K Q O R J H L H Y X C A M P I N G W L U

ARIKARA CELEBRATION  
CAMPING  
CARNIVAL  
CHAMPIONSHIP  
CONCERT  
CONTEST  
DANCING

DRUMS  
FAMILY  
FIREWORKS  
FLAG RAISING  
FRYBREAD  
GIVEAWAY  
INDIAN TACO

LEMONADE  
PARADE  
RATIONS  
RIDES  
SPECIALS  
STATE FAIR  
SUMMER

TINY TOTS  
TRADITIONAL  
VETERANS  
WHITE SHIELD

<b>EAST SEGMENT ADMIN BUILDING (WHITE SHIELD)</b>		
Councilman Fred Fox	fredfox@mhanation.com	701-421-9355
Main Phone		701-743-4120
Main Fax Line		701-743-4155
David Blacksmith	dblacksmith@mhanation.com	701-421-6507
Jonelle Abe	jonelle@mhanation.com	701-421-8222
Nancy J. Fox	nancyfox@mhanation.com	701-421-5244
Angelica Roman	aroman@mhanation.com	701-743-4150
Gloria Brennan	gbrennan@mhanation.com	701-421-8534
Jenny Hale	ghale@mhanation.com	701-527-8466
Dewey Cisneros	dcisneros@mhanation.com	701-898-0360
Rebecca Kelly	rkelly@mhanation.com	701-337-6667
Jennifer Krueger	jkrueger@mhanation.com	701-460-9317
Felix Dickens	fdickens@mhanation.com	701-421-3062
Bearstar Perkins	bearstar@mhanation.com	701-421-9610
Karen Lone Fight	klonefight@mhanation.com	701-421-2699
<b>RECORDS OFFICE</b>		
Mike Stevens	msteve@mhanation.com	701-421-1968
Crystal Taylor	ctaylor@mhanation.com	
Byron Brady	bjbrady@mhanation.com	701-421-6097
<b>WHITE SHIELD SEGMENT OFFICE (NEW TOWN TRIBAL BUILDING)</b>		
Main Phone		701-627-8248
Main Fax Line		701-627-2093
Greta Hosie	gretahosie@mhanation.com	701-421-8286
Heather Bearstail-Dickens	hdickens@mhanation.com	701-421-1396
Morley Howling Wolf	mhowlingwolf@mhanation.com	701-421-1160
Pamula Esquibel	pesquibel@mhanation.com	701-421-4772
<b>REE LODGE HOUSING PROGRAM</b>		
JoDell Fox	jodellfox@mhanation.com	701-421-4922
Chris Everett	ceverett@mhanation.com	701-421-8680
Maxine Wilkinson	mwilkinson@mhanation.com	701-421-4150
<b>WHITE SHIELD COMPLEX</b>		
Main Phone		701-743-4244
Main Fax Line		701-743-4191
Gary Dickens	gdickens@mhanation.com	701-898-8946
Melissa Acosta	macosta@mhanation.com	701-421-2226
Darcy Krueger, Sr.	dkrueger@mhanation.com	701-421-5999
Darcy Krueger, Jr.	dkruegerjr@mhanation.com	701-832-1443
Matt Esquibel		701-498-2328
Elijah Carter	ecarter@mhanation.com	701-421-3018
<b>ARIKARA FITNESS &amp; NUTRITION</b>		
Main Phone		701-743-4637
Main Fax Line		701-743-4640
Megan Blacksmith	meganblacksmith@mhanation.com	701-460-6188
Mark Nolan	mnolan@mhanation.com	701-421-9156
Rebecca Bird	rebeccabird@mhanation.com	701-898-0318
Holly Felix	hprice@mhanation.com	701-421-0413
<b>TAT FITNESS &amp; RECREATION PROGRAM</b>		
Sheldon Rush	srush@mhanation.com	701-897-6441
<b>RALPH WELLS JR. COMMUNITY CENTER</b>		
Glenn LaCroix	glacroix@mhanation.com	701-421-7585
Harry LaCroix	hlacroix@mhanation.com	605-228-8974
Shay LaCroix	slacroix@mhanation.com	605-222-0534
<b>WHITE SHIELD CLINIC</b>		
Main Phone		701-743-4380
Main Fax Line		701-743-4504
Tele-Pharmacy		701-743-4163
Danielle Harris	danielle.harris@ihs.gov	701-627-7945
Cassidy Behles	cassidy.zook@ihs.gov	701-627-7945
Brittany Halsey	brittany.halsey@ihs.gov	701-627-7939
Shasta Mandan	smandan@mhanation.com	701-627-7940
Brenda Allard	ballarad@mhanation.com	701-627-7944
Doug Painte		701-421-2144
<b>WHITE SHIELD CULTURAL CENTER</b>		
Main Phone		701-743-4013
Main Fax Line		701-743-4986
Wambdi Waci	wwaci@mhanation.com	701-421-2458
John Malnourie	jmalnourie@mhanation.com	701-421-5413
Elk Looking Back Perkins	elookingback@mhanation.com	701-4211553
Tina Malnourie	tmalnourie@mhanation.com	701-421-0264

<b>NISHU LODGE (WHITE SHIELD ELDERS PROGRAM)</b>		
Main Phone		701-743-4050
Main Fax Line		701-743-4411
Helen Krueger	hkrueger@mhanation.com	701-898-8609
Jayden Whitebear-Cisneros	jcisneros@mhanation.com	701-421-2706
Glenn Bearstail	gbearstail@mhanation.com	701-897-1163
Debra LaCroix	debralacroix@mhanation.com	701-460-9289
<b>WHITE SHIELD ELDER MEAL SITE</b>		
Main Phone		701-743-4121
Lujuanna LaCroix		701-460-7824
Jackie Conners	jconners@mhanation.com	
Francine Conners	fconners@mhanation.com	
John LaCroix	jlacroix@mhanation.com	701-421-2092
Kristopher LaCroix	klacroix@mhanation.com	701-460-9305
<b>WHITE SHIELD VETERANS OFFICE (YOUNG HAWK/BEAR POST 253)</b>		
Bernadette White Bear-Hall	bwhitebear@mhanation.com	701-897-1392
<b>WHITE SHIELD DETENTION CENTER</b>		
Main Phone		701-743-4000
Main Fax Line		701-743-4093
Twila Hawkins	thawkins@mhanation.com	701-421-8188
Cody White Bear	cwhitebear@mhanation.com	701-421-5899
Alexandra Schwuchow	aschwuchow@mhanation.com	701-421-8188
Jazmyn Gibson		701-495-8954
Manuel Lucio, Sr.	mlucio@mhanation.com	701-421-2604
Tashena Sobotke	tsobotke@mhanation.com	701-421-8057
<b>WHITE SHIELD PUBLIC SAFETY BUILDING</b>		
Cody White Bear	cwhitebear@mhanation.com	701-421-5899
<b>TAT POLICE DEPARTMENT</b>		
Main Phone		701-627-3617
Main Fax Line		701-627-3113
Officer Mike Roy	mroy@mhanation.com	701-421-3685
Officer Duane Bowen	dbowen@mhanation.com	701-898-7264
<b>TAT FISH &amp; WILDLIFE</b>		
Main Phone		701-627-4760
Charles Wilkinson	cwilkinson@mhanation.com	701-898-0129
Jordan Yellow Bird	jyellowbird@mhanation.com	701-421-7464
<b>WHITE SHIELD AMBULANCE</b>		
Main Phone		701-743-0471
Main Fax Line		701-743-4472
<b>WHITE SHIELD ROADS DEPARTMENT</b>		
Main Phone		701-743-4311
Bruce Behles		701-897-1185
Morgan Felix		701-421-1958
Timothy White Bear		701-421-8409
Rick Hall		701-897-1326
<b>MHA NATION BEAUTIFICATION PROGRAM - WHITE SHIELD CREW</b>		
Blaine Starr	bstarr@mhanation.com	701-421-7603
Jeffrey Bearstail	jeffrebearstail@mhanation.com	701-421-7098
<b>WHITE SHIELD SECURITY</b>		
Jim Miller	jamesmiller@mhanation.com	701-421-1694
<b>WHITE SHIELD TRANSFER STATION (GARBAGE)</b>		
Main Phone		701-743-4282
Main Fax Line		701-743-4283
Donovan LaCroix	lacroixgenedonovan@gmail.com	
Dwight Howling Wolf	dhowlingwolf@mhanation.com	
<b>WHITE SHIELD WATER PLANT</b>		
Wes Fox	wesfox@mhanation.com	701-743-4293
<b>SAHNISH HEALING LODGE RESOURCES CENTER</b>		
Main Phone		701-743-4872
Main Fax Line		701-743-4878
Jessie Yellow Bird	jeyellowbird@mhanation.com	701-421-3044
Amy Bearstail	amybearstail@mhanation.com	701-421-3884
<b>LIHEAP PROGRAM</b>		
Main Phone		701-627-2364
Main Fax Line		701-627-2664
Holy Elk Voice Hall	holyelk@mhanation.com	701-421-2628
<b>1804 C-STORE</b>		
Main Phone		701-743-4022
Katherine Ross	katross@mhanation.com	701-421-6944
Alice Everett	aeverett@mhanation.com	701-743-4022



<b>MANY HANDED CHILDCARE CENTER</b>		
Main Phone		701-743-7258
April Bearstail	abearstail@mhanation.com	701-421-8233
Brandi Haycock	bhaycock@mhanation.com	701-421-9918
Amanda Caylor	acaylor@mhanation.com	701-421-1935
Treann Standing Alone	tstandingalone@mhanation.com	701-421-3008
Jasmine Lohnes		701-230-5279
<b>WHITE SHIELD BOYS &amp; GIRLS CLUB</b>		
Main Phone		701-743-4003
Main Fax Line		701-743-4030
<b>WHITE SHIELD LITTLE WARRIORS HEAD START</b>		
Main Phone		701-743-4373
Ardith Esquibel	aesquibel@mhanation.com	701-312-0649
Joy Bezpaletz	jbezpaletz@mhanation.com	701-460-0883
Alexia De La Cerda	adelacerda@mhanation.com	701-898-7918
<b>WHITE SHIELD SCHOOL</b>		
Main Phone		701-743-4350
Main Fax Line		701-743-4501
Donovan Dixon	donovan_dixon@hotmail.com	701-898-8876
<b>NUETA HIDATSA SAHNISH COLLEGE - WHITE SHIELD MENTOR SITE</b>		
Main Phone		701-743-4552
Main Fax Line		701-743-4126
<b>FORT BERTHOLD HOUSING (WHITE SHIELD PROGRAM)</b>		
Clemens Perkins	clem@fbha.org	701-421-1249
<b>ARIKARA GIFT SHOP</b>		
Wendy White	wendellyn.white@mhanation.com	701-421-5636
<b>REE RANCH</b>		
Jackie Whitecalfe	reeranch@outlook.com	701-661-0491
<b>WHITE SHIELD SATELLITE OFFICE (BISMARCK)</b>		
Main Phone		701-751-0456
Main Fax Line		701-751-1972
Sharissa Wells	slwells@mhanation.com	701-421-8985
Joelle Bearstail	jbearstail@mhanation.com	701-421-7294
Alyssa Howling Wolf	ahowlingwolf@mhanation.com	
McKenzie Howling Wolf		
Treann Standing Alone		

<b>BIA NEW TOWN</b>		
Main Phone		701-627-4707
Range		701-627-6532
<b>LEGAL SERVICES NEW TOWN</b>		
Main Phone		701-627-4719
Toll Free		1-877-639-8695
<b>TAT FINANCE</b>		
Main Phone		701-627-8224
Fax Line		701-627-2811
<b>TAT ENROLLMENT</b>		
Main Phone		701-627-4238
<b>TAT SOLID WASTE</b>		
Main Phone		701-627-2034
<b>ANIMAL CONTROL</b>		
Delia Blake		701-421-5214
Travis Jensen		701-421-8906
<b>SOCIAL SERVICES</b>		
Main Phone		701-627-8165
<b>477</b>		
Main Phone		701-627-4455
<b>GARRISON CENEX</b>		
Main Phone		701-463-2256
<b>GARRISON STATE BANK &amp; TRUST</b>		
Main Phone		701-463-2262
<b>MCLEAN ELECTRIC</b>		
Main Phone		701-463-2291
<b>DEPARTMENT OF TRANSPORTATION</b>		
Main Phone		701-627-2832
<b>RURAL WATER</b>		
Main Phone		701-627-8185
<b>ELBOWOODS HEALTH CENTER</b>		
Main Phone		701-627-4750
Fax Line		701-627-4496

**Happy Birthday to our Elders**

**July Birthdays**

Jacquelynn Connors (7/2)  
 Don Yellow Bird (7/7)  
 Wade Howard (7/8)  
 Richard White Bear (7/10)  
 Kimberly Dickens (7/11)  
 Carmen Fox (7/17)  
 Thomasine Felix (7/19)  
 Adolph Bell (7/20)  
 Ramona Dickens (7/28)  
 Wayne Flute (7/29)

**August Birthdays**

Bruce Nagel (8/4)  
 Jospheh Young Bird (8/5)  
 Lawrence Trujillo, Jr. (8/11)  
 Frank Felix, Sr. (8/14)  
 Clarinda Hosie (8/14)  
 Greta White Calfe (8/17)  
 Roberta Bear (8/21)  
 Kathryn White Bear (8/26)  
 Dennis Yellow Bird, Sr. (8/29)

*Apologies if we missed anyone  
 It was not our intention*

**THE WHITE SHIELD Star**

Please email stories and photos (with credit) to:  
**editor@whiteshieldstar.com**