

Be strong.

THANK YOU FOR BEING NORTH DAKOTA SMART

Since the first case of COVID-19 was confirmed in North Dakota on March 11, we have learned much about this disease and about ourselves.

Over the past six weeks, I challenged all of us to let go of being "North Dakota tough" and embrace being "North Dakota smart," and you have answered the call. In every county, every tribal nation and every corner of our state, you have demonstrated the power of individual responsibility in slowing the spread of the coronavirus.

The vast majority of North Dakota's economy remained open through this crisis. Our success hinged on a low-mandate, high-compliance approach, and North Dakotans have done their part.

We encourage you to embrace the North Dakota Smart Restart plan as a roadmap to a better, safer and healthier tomorrow for employers, employees and customers alike. In the coming weeks, we will continue to visit with industry leaders to plan for reopenings in a smart and collaborative manner.

Despite our ongoing challenges, I remain optimistic that North Dakotans will draw upon our state's deeply engrained values of personal responsibility, common sense and caring for our fellow residents. We will move forward as one North Dakota – in liberty and union, now and forever, one and inseparable – and emerge stronger than ever.

Governor Doug Burgum

99%

of North Dakotans report they are social distancing

#6

best state for total tests per 100,000

#5

lowest state for % positives per test

#6

lowest state case fatality rate



ND Smart Restart led by more than **sixty volunteers** and **seven industry associations**



Smart protocols and guidance will allow phased reopening of **all North Dakota businesses**

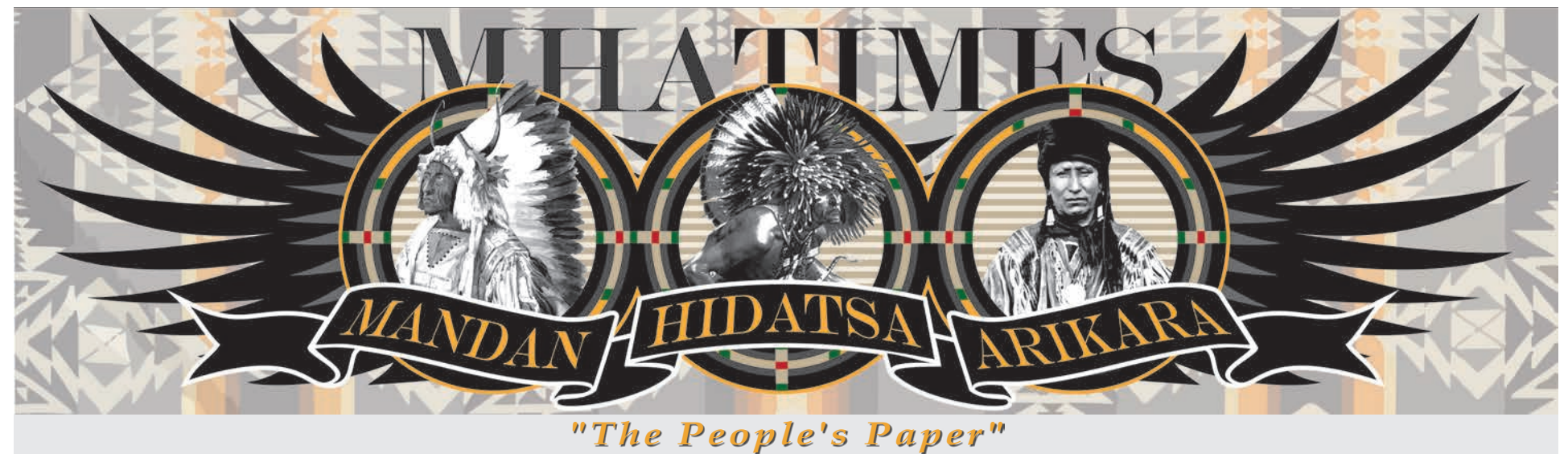
Use your mobile device to scan the QR Code or go to BeLegendary.link/NDSmartRestart for more information.

NORTH Dakota

Be Legendary.™



SCAN ME



"The Storm Is Not Over And There Are No Acceptable Losses"

Chairman Fox Says "The Storm Is Not Over And There Are No Acceptable Losses"

Submitted by Lisa Lone Fight

In his weekly radio address, Chairman Mark Fox discussed issues ranging from statistics on infection, to the tribes' position on lifting social distancing requirements.

THE CURVE

Fox said they will have reached thirty-thousand tests within the state of North Dakota with over eleven-hundred positive cases throughout the state, and twenty-seven currently hospitalized. The state mortality rate is approximately 2% with 23 current virus-related deaths within the state.

THE TRIBAL RESPONSE

Fox emphasized that the prompt response by the MHA Nation has led to a flattening of the curve. "We have approximately 32 confirmed cases right now, and we have administered 722 tests with the goal of administering one thousand tests as soon as we can so that we would have a better understanding of the prevalence of Covid-19 on Fort Berthold," the Chairman stated.

TRIBAL MEMBERS LOST TO THE VIRUS

Fox emphasized that while there were 0 deaths on the actual reservation, but that does not mean that the tribe has not suffered losses. Fox said, "We have had three enrolled members that have died from the virus, and of course we send our greatest empathy and heartfelt condolences to the families."

THE IMPORTANCE OF CONTINUED MITIGATION

Fox also emphasized the critical importance of maintaining mitigation. These measures include social distancing, wearing protective equipment, contact tracing, as well as the development of



infrastructure and support systems. Chairman Fox explained, "The Task Force itself continues to work very, very hard. Members have undergone training for contact tracing. They get trained with assistance from the state and other federal agencies to become prepared to help to properly record and follow up. That gives us an opportunity to get in touch with people so they can understand that they may have been exposed and maybe even contracted the virus."

FACILITIES AND SYSTEMS

"We're enhancing and making sure that our all our facilities are ready including our Call Center and our segment logistics. We have the Veteran Center as well as the former nursing home to use for isolation and quarantine. It's better to be prepared for the worst

from the: **CHAIRMAN'S Office**



Contact Tracing comes to the Reservation **Page 2**

Understanding Viruses **Page 2**



From the office of the Chairman

Contact Tracing comes to the Reservation

Submitted by Lisa Lone Fight

What do you get when you combine investigation methods with infectious disease epidemiology? You get a professional contact tracer. A job that very few had heard of six months ago and is expected to skyrocket in the next year. New York City alone is expected to hire over 17,000 contact tracers. Nationally there is expected to be a need for approximately 100,000 contact tracers.

MHA has already trained nine contact tracers in the past month. Grace Her Many Horses, Three Affiliated Tribes Police Captain, has gone through contact tracing training along with eight others from Elbowoods clinic and MHA's COVID-19 Task Force. Grace says that contact tracing combines the attention to detail and investigative skills that police work requires, along with the ability to relate to people. "People should understand that everything they say to

me is confidential. When it's reported to the state I only report statistics. I just give information like gender, age, etc." The contact tracers within our community are working tirelessly to minimize the spread of the virus and keep us safe.

While the job of contact tracer varies from region to region, there are certain things that all contact tracers have in common. First, understanding of the community and the specific group they are working with is imperative for a contact tracer to perform their duties to the best of their ability. In order to gain the trust of the people within that community, a contact tracer must have the right people skills and possess empathy in order to rightfully serve that community.

THE PROCEDURE

A contact tracers job can look a little bit like an episode of CSI. Details are critical, time is important and the ability

see CONTACT TRACING Pg 19



Understanding Viruses

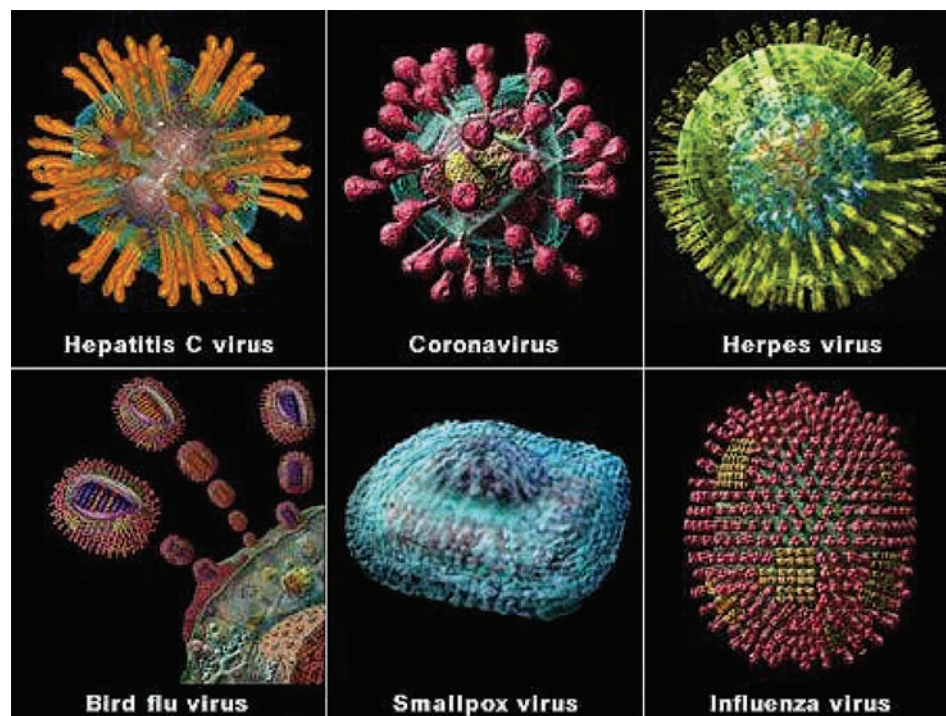
Submitted by Lisa Lone Fight

Nowadays, it is impossible to go about our daily life without touching on the subject of "the virus." We use the term "virus" in everyday jargon, but the COVID-19 virus is the protagonist these days. Hard to believe that just six months ago this was not the case. If someone said they had a virus we would often ask "Who gave it to you?" with the follow up of, "Will a penicillin shot take care of it?" In general, we were able to remain in the dark to the microscopic world of antigens (foreign invaders in the body) that laid in the trenches waiting for the right time to attack. In most cases, a trip to IHS with flu-like symptoms would send us on our merry way with a magical pill that seems to cure everything. The reality of the matter is that, when it comes to our understanding of the difference between viruses versus bacteria, most of us would undeniably place them under the same category. However, although both bacterial and viral infections result in similar symptoms, fever, cough, headaches, etc., they are as distinct from one another as boats versus cars. It is the microscopic differences between viruses and bacteria that health care providers have tried to communicate to society. Without getting into these microscopic details, the important point is viruses cannot be treated with antibiotics; antibiotics are specifically designed to treat bacteria. We know it would be foolish to use a car to cruise across the lake, similarly it would be pointless to use antibiotics to treat a virus. Viruses are quite different from bacteria; viruses are adaptive and cunning. A few quick facts about viruses.

1. Viruses are not actually considered alive. They do not have a cellular structure. They can't extract energy from any type of food. And when they are not within a host they are basically packets of biochemical information.
2. However viruses cannot really be considered non-living either because they reproduce and they evolve.
3. The scientific understanding of viruses is relatively recent. It was only in the last years of the 19th century that the term virus was used in a scientific context. It was only in the 20th century that viruses began to be understood.
4. When viruses infect us they can leave small chunks of their DNA in our genetic code. This doesn't happen often but is a major force in evolution.
5. Somewhere between 10 and 50% of the DNA in humans originally came from viruses. These infections left viral DNA in the human genome to be passed down from generation to generation.
6. We owe our ability to digest starch to viral DNA.
7. Soap and water are better at killing the coronavirus than hand sanitizer because soap destroys the fatty layer protecting the virus.
8. Viruses can infect other viruses.

9. You can avoid contracting most viruses by avoiding contact with them.
10. The destruction caused by COVID-19 is because it is a "novel" coronavirus meaning that humans have not yet developed direct biological defenses against it so we have to rely on social defenses like distancing.

So, although COVID-19 is an "invader" we have a much more complex relationship with viruses. Viruses are routinely used to save lives in genetic engineering and are the most abundant species on Earth. Scientists say we may develop an uneasy relationship with COVID-19, similar to the flu virus which visits us every year. Regardless, the most effective tool that we have for regulating our relationship with viruses is vaccination which is why the world is working to understand and develop one for COVID-19. In the meantime, it is imperative to stay home as viruses like to change and shift as they take new hosts, creating more challenges in our efforts to develop a vaccine. Remember to keep washing your hands while dancing to your favorite powwow jam and continue to support our local medical professionals and essential workers by staying home.



Contact tracing

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to reconstruct events into a recognizable picture is essential.

Initially, a contact tracer receives contact information from a medical professional. This professional certifies that a patient has COVID-19 virus. The contact tracer calls the patient and asks who the patient has been in contact with. They would begin tracing their contact with others such as traveling, funerals, shopping, banking, family events, work, etc.

Her Many Horses emphasizes that detail is crucial to tracking down the path of the virus. "When you're investigating, the more detail the better. You don't know what detail may prompt someone's memory or help them recall an interaction."

While listening to the individual the contact tracer is creating a contact map. This is a web of individuals who have interacted with the initial patient.

Unlike in CSI or police investigations however, people do not have to answer a contact tracer's questions. Communication is voluntary; however, it is usually explained to them that they are protecting their family and other community members. All of their responses are protected by HIPPA and other health privacy laws.

The contact tracer is particularly attentive to those individuals that might be at high risk or have underlying conditions like diabetes.

"People are usually very cooperative," Her Many Horses says, "because they understand that their information can help save lives. Maybe the details they give will save an elder or a child."

The comparison to CSI only goes so far though because the contact tracer is not just an investigator, they also provide a supportive function to those they contact. They do an assessment and determine whether an individual has the necessities to remain in the quarantine situation. If they don't, the contact tracer links them to the Task Force, groups and agencies that have resources that allow them to remain in their home.

Overall being a contact tracer is a fascinating and important job. It is part investigation, part social work and part data gathering. Contact tracers are a vital part of the COVID-19 response.



TRUSTED NEWS & INFORMATION

When You Need It Most

We count our blessings

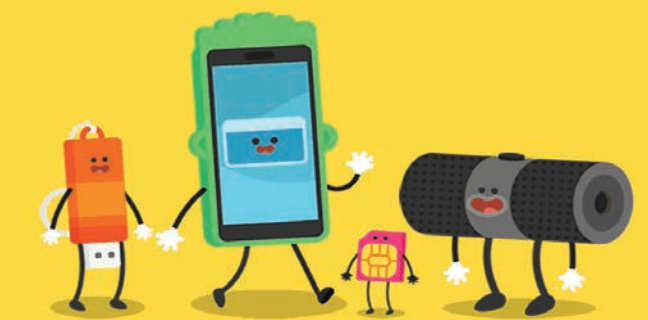
No one knows what the next days, weeks or months will bring, but during this time of uncertainty, your newspaper is even more grateful for the opportunity to disseminate quality and credible journalism to our local community and loyal readers.



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No Acceptable Losses

from page 1

and pray for the best, and that's what we've been doing," Fox stated.

GRADUAL INCREASE IN STAFFING

The Chairman also gave details about the tribal staffing plan. Fox said, "We have been at the very minimal essential level. Last week we've went up another level with the goal of about 20 percent of our workforce going back to work. We have typically a 1500 to 1600-member workforce. 20 percent of that is between 300 and 350 we have put back on the job, but of course we require at the same time wearing a face mask, use of sanitizers, and all the different things necessary to protect ourselves. We've been moving forward in phases with getting our government running again."

CHANGES WILL BE DRIVEN BY DATA. EARLY OPENING IS WORRISOME

"The real key here," says Fox " is we're in no rush. We want to make sure that we take baby steps getting back to our normal workforce. We want to be driven by data. We're going to be keeping a close eye on the data to see how if there will be any spikes or increases in positive case numbers. Me and all these other people that you see on CNN, and even the health officials in the state of North Dakota are very much concerned with the new opening that is going on."

THE CORONAVIRUS IS STILL HERE

Fox made a special point to emphasize the continued threat of the coronavirus. Chairman Fox discussed, "I want to make sure that it's understood that the coronavirus is still here. It is far from being over. It is not something that is coming and gone, and so we are basically listening to the data to see about these waves of infection and hospitalization. In the long term there will be these intermediary waves of impacts. Most of the experts are predicting that there will be at least a resurgence of the spread, and there will be a major second wave in the fall when we typically have flu season. These are things that we have to be on our toes to understand. The experts are telling us it's better, again, to be prepared for the worst and pray for the best, and we continue to make this part of our

philosophy and policy as we move forward."

WORKING WITH BUT NOT FOLLOWING THE STATE

Fox spent time discussing the relationship with the state of North Dakota. He emphasized that the tribe had different priorities and because of sovereignty was allowed to pursue them. He said, "I just want everybody out there in the listening public to know that we work very closely with the state. We have advocated since day one, even before they closed the schools, about protecting our young people, our children, and their families. Many of our children live in families with elders and a lot of people have underlying medical conditions, so we've been very vigilant about this issue to remind them of all the dangers that the pandemic presents uniquely to reservations. We have to be very careful no matter how the state wants to move, to protect our people to the best of our ability. We take the position that opening up the schools at this point in time it is not a good idea.

CHARTING OUR OWN COURSE MITIGATION REQUIREMENTS REMAIN IN EFFECT

Fox said, "The state announced their "smart restart," and their plan to reopen many sectors of this state. My basic message for all the people that reside on Fort Berthold and all our membership is that simply because the state of North Dakota makes a determination about reopening, and even though we rely on coordinating with the state, the bottom line is that the civil jurisdiction and regulation regarding our pandemic efforts remains with the tribe. It is our sovereign right to continue to enforce our mitigation, and those things have not been changed by our Tribal Business Council. The mitigation steps that our council took beginning way back on March 27th, all those steps that we took to mitigate including social distancing, curfew, disbandment, public quarantine, and isolation

requirements and the penalties put into civil law remain in effect. We took the bold step to say we're going to require stay at home, require to shelter, even though the state does not require that. The bottom line is, we've been at around 25 to 32 confirmed cases for a number of weeks now. I feel very good that the spread is not as rapid as many expected it to be, and I think a large part that if not nearly all of that has to do with us coming together supporting our mitigation efforts and doing what's necessary. We simply can't look around us and say well the parts of the nation and the state are opening up, and this storm has come and gone. It has not come and gone. It is still here. It's just as deadly and just as prevalent as it was five weeks ago. We can't make the mistake of just assuming like you see so many other people on the outside of the reservation doing. The most important thing is to protect our people.

WE ARE TRIBAL AND HAVE A RESPONSIBILITY TO PROTECT OURSELVES

We are different in Indian country all throughout the United States. We are tribal and we are concerned to protect all those vulnerable amongst us. It is our responsibility as a whole to demand protection for all these people that reside within our boundaries. We have a responsibility to protect ourselves. We

have to be smart about this, we have to be protective about this, we have to rely on our tribalism.

NO ACCEPTABLE LOSSES

"Being a military veteran," Fox said, "I see the United States sort of heading in that direction and North Dakota following suit towards, "acceptable losses." "They're basically saying, okay let's get back to what we were doing before, and the fact that a number of people are going to die becomes a part of that terminology of acceptable losses. We don't look at it that way, and we certainly aren't going to endorse that type of policy. We have a different view of what's acceptable. Protecting one is just as important as protecting ten, or fifteen, or twenty. We view it differently, and we're going to approach this differently. We're going to try to protect everybody and as many people as we can, and so our movements are going to be slower. They're going to be more deliberate, and we think is going to make the difference. We've been through this before. We've come through, but we've experienced what it's like to lose a large number of our people. We're not going to find ourselves in this position again, no matter what's going on in the outside. We have to protect our people."

FORT BERTHOLD RURAL WATER FY-2019 CONSUMER CONFIDENCE REPORT

Fort Berthold Rural Water has completed FY 2019 Consumer Confidence Reports for Community Water Treatment Systems located on Fort Berthold Indian Reservation. The purpose of the report is to inform you of the quality of drinking water that we provide. As surface water treatment plants, we monitor the water continually to assure compliance with the Safe Drinking Water Act.

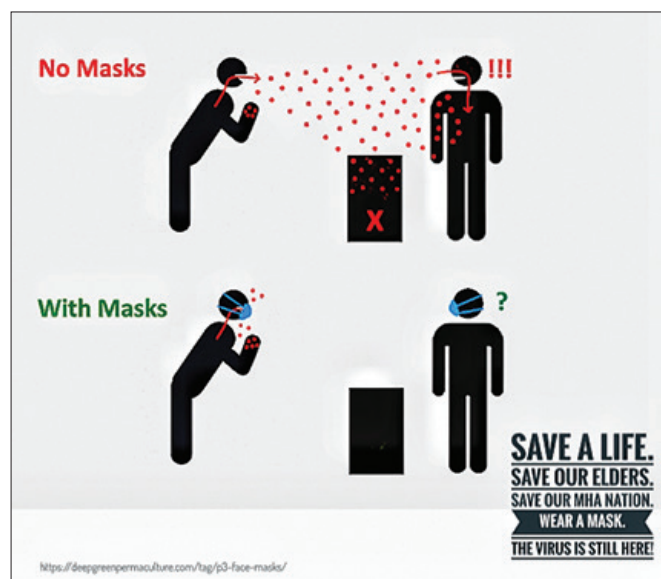
You can pick up copies of the report at the Fort Berthold Rural Water Office and copies have been posted at Community Centers, Clinics, Tribal Office, Enrollment, Gas Stations, and Casino.

A copy is also available on our website at:

www.mhanation.com/fort-berthold-rural-water

For those who would like a copy mailed to them or if there are any questions you may contact the Fort Berthold Rural Water Office at (701)-627-8185.

Fort Berthold Rural Water
308 4-Bears Complex
New Town, ND 58763
Fax: (701) 627-4303



Three Affiliated Tribes

Job Announcements for May 4, 2020

LAW ENFORCEMENT		
Telecommunications Officer	\$18-\$20hr	May 4, 2020 – May 15, 2020
Location: New Town, ND		
Lieutenant	\$37hr	May 4, 2020 – May 15, 2020
Location: New Town, ND		
Highway Safety Data Clerk	DOQ	May 4, 2020 – May 15, 2020
Location: New Town, ND		
Uniformed Detective	\$35hr	May 4, 2020 – May 29th, 2020
Location: New Town, ND		
Lead Telecommunications Officer	\$22hr	May 4, 2020 – May 29, 2020
Location: New Town, ND		
FBRW		
One Call Operator	DOQ	May 4, 2020 – May 15, 2020
Location: New Town, ND		
Distribution Operator	DOQ	May 4, 2020 – May 15, 2020
Location: New Town, ND		
Meter Reader	DOQ	May 4, 2020 – May 15, 2020
Location: New Town, ND		
Right Of Way Technician	DOQ	May 4, 2020 – May 15, 2020
Location: New Town, ND		
File Clerk	DOQ	May 4, 2020 – May 15, 2020
Location: New Town, ND		

The Human Resources Department is currently recruiting for the following positions.

If interested, please submit a job application, resume and credentials for the following positions.

For questions regarding the application process please call:

Human Resources Department

Tanya Fimbres – Staffing & Recruitment Officer

Phone:(701) 627 - 8212

Three Affiliated Tribes will not accept faxed applications



Yes WE'RE OPEN

Even if you are only doing business by phone or email right now, help people know you are still there for them.

Contact NDNA or your local newspaper to place an ad this size in all North Dakota newspapers for only \$700! (that's just \$8.14 per paper! Regions also available.)

TAT ELBOWOOD MEMORIAL HEALTH CENTER JOBS UPDATED 5/4/2020		
The TAT Elbowoods Memorial Health Center, Human Resource Department is currently recruiting for the following positions. (Please ask to see job descriptions or visit MHA Nation website: www.mhanation.com)		
Administration		
Pharmacy Business Manager	SDOQ/SDOE	May 4, 2020 – May 18, 2020
AO- Administrative Officer	SDOQ/DOE	May 4, 2020 – May 18, 2020
Accounts Payable Assistant (Part-Time)	SDOQ/DOE	May 4, 2020 – May 18, 2020
Behavioral Health		
Director	SDOQ/DOE	May 4, 2020 – May 18, 2020
Counselor (2)	SDOQ/DOE	May 4, 2020 – May 18, 2020
Business Office		
Collections Specialist/Financial Councilor	SDOQ/DOE	May 4, 2020 – May 18, 2020
Dental		
Dental Hygienist	SDOQ/DOE	May 4, 2020 – May 18, 2020
Environmental Health		
Environmental Health Technician	SDOQ/DOE	May 4, 2020 – May 18, 2020
Facilities		
Healthcare Safety Officer	SDOQ/DOE	May 4, 2020 – May 18, 2020
Field Clinics		
Registered Nurse-Mandaree	SDOQ/DOE	May 4, 2020 – May 18, 2020
Housekeeper/Security/Maintenance Twin Buttes	SDOQ/DOE	May 4, 2020 – May 18, 2020
H.I.M. (Medical Records)		
HIM Manager	SDOQ/DOE	May 4, 2020 – May 18, 2020
Coder	SDOQ/DOE	May 4, 2020 – May 18, 2020
HIPAA Compliance Officer	SDOQ/DOE	May 4, 2020 – May 18, 2020
Health Education		
Health Educator RN	SDOQ/SDOE	May 4, 2020 – May 18, 2020
Health Educator	SDOQ/DOE	May 4, 2020 – May 18, 2020
Health Education Technician	SDOQ/DOE	May 4, 2020 – May 18, 2020
Lab & Radiology		
Lab Manager	SDOQ/DOE	May 4, 2020 – May 18, 2020
Lab Technologist I	SDOQ/DOE	May 4, 2020 – May 18, 2020
Lab Technologist II	SDOQ/DOE	May 4, 2020 – May 18, 2020
Nursing		
Director of Nursing	SDOQ/DOE	May 4, 2020 – May 18, 2020
Registered Nurse (3)	SDOQ/DOE	May 4, 2020 – May 18, 2020
Specialty Nurse (RN)	SDOQ/DOE	May 4, 2020 – May 18, 2020
LPN	SDOQ/DOE	May 4, 2020 – May 18, 2020
Medical Support Assistant/CNA	SDOQ/DOE	May 4, 2020 – May 18, 2020
Optometry		
Optician	SDOQ/DOE	May 4, 2020 – May 18, 2020
Patient Services		
Medical Support Clerk (Part Time)	SDOQ/DOE	May 4, 2020 – May 18, 2020
White Shield, Parshall & Mandaree	SDOQ/DOE	May 4, 2020 – May 18, 2020
Patient Registration- Parshall (Full Time)	SDOQ/DOE	May 4, 2020 – May 18, 2020
Eligibility Coordinator	SDOQ/DOE	May 4, 2020 – May 18, 2020
Pharmacy		
Chief Pharmacist	SDOQ/DOE	May 4, 2020 – May 18, 2020
Pharmacy Tech	SDOQ/DOE	May 4, 2020 – May 18, 2020
Physical Therapy		
Physical Therapy Assistant	SDOQ/DOE	May 4, 2020 – May 18, 2020
Providers		
Psychiatrist	SDOQ/DOE	May 4, 2020 – May 18, 2020
Purchased & Referred Care		
PRC Specialist (2)	SDOQ/DOE	May 4, 2020 – May 18, 2020
PRC Generalist	SDOQ/DOE	May 4, 2020 – May 18, 2020
Quality Care		
Quality Care Specialist	SDOQ/DOE	May 4, 2020 – May 18, 2020
Telemedicine		
Telmedicine Coordinator	SDOQ/DOE	May 4, 2020 – May 18, 2020

Submit an MHA Nation Application for Employment with all requirements and supporting documentation (including official transcripts) to:

Human Resources
Three Affiliated Tribes
404 Frontage Road
New Town, ND 58763

Phone: (701) 627-8113 or (701) 627-8149
Fax: (701) 627-2960

IT IS THE RESPONSIBILITY OF THE APPLICANT TO PROVIDE SUFFICIENT INFORMATION TO PROVE QUALIFICATIONS FOR THREE AFFILIATED TRIBES HEALTH CARE CENTER POSITIONS.

Please Note: If requirements are not met, i.e. submissions of a resume in lieu of a Three Affiliated Tribes Health Care Center application, or not including a required certification or document, your application will not be reviewed and will be disqualified. Applications will not be returned and kept for Elbowoods Memorial Health Center records only. We do not accept copied, faxed, or scanned applications. Indian Preference Will Apply in accordance with Three Affiliated Tribes Health Care Center policy, priority in selection will be given to qualified applicants who provide proof of eligibility for "Indian Preference". Veterans Preference Will Apply in accordance with Three Affiliated Tribes Health Care Center policy, priority in selection will be given to qualified applicants who provide proof of eligibility for "Veterans Preference".