

West Segment News

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Editor: Lovina Fox

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Jack Frost Colors The Trees and Landscape in West Segment



Quotes For The Heart & Mind:

- "The most common way people give up their power is by thinking they don't have any". ~Alice Walker~
- "Either you run the day, or the day runs you". ~Jim Rohm
- "Two roads diverged in a wood, and I took the one less traveled by And that has made all the difference" ~Robert Frost~

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This photo was taken the day the storm was to begin. It was snowing outside and Jack Frost colored all the trees and bushes and made them look beautiful. Even though the trees and bushes look nice it isn't the same for our rural roads. The storm will set in with more snow which will make traveling on the roads very difficult. It is recommended that everyone stay home. Inside this months paper we have listed numbers from RTC incase of outages, and inside the West Segment News we have listed warming shelters for all of Fort Berthold. Our Christmas Festival for the Parade of Lights has also been rescheduled to Monday, December 19. This was all due to our upcoming storm which will cover the state of North Dakota. Inside this month's issue we looked back at 2022 with some but not all of the memories that were here in West Segment, I tried to get everything in this issue but it wasn't possible. On behalf of the West Segment News we wish everyone a Very Merry Christmas and a Healthy and blessed New Year as we welcome in 2023!

Councilwoman Turner-Long Fight Update



I would like to say Greetings, to all relatives and everyone far and near.

Before I begin this update, I would like to extend my deepest condolences to the family and relatives of Theola Fox on the loss of their loved one. Also to other segments who have lost their loved ones. The Holidays won't be the same for some of our relatives and families who recently lost their loved ones. All we can do is treasure the wonderful memories we have of them. Our prayers goes to all the family and relatives in mourning.

Now that winter is upon us, I would like to remind our elders to keep warm and if you need anything please feel free to call the office at 759-3377 and they will help you with your needs. Elders please remember that COVID is not gone, we recently had teachers and students who have COVID so the school let students out. So please if you are going to be in a crowd of people, wear your mask for your own safety, even though you are vaccinated it's better to be safe and than not safe at all.

For our West Segment community members we have a list of the services we provide for your convenience from our transportation dept. on page 17. Other services are provided by the Beautification Program you can see their services on page 21.

I am very grateful for all the positive happenings in our West Segment community. LeeAnna Nation and Roni Stiffarm are actively doing activities inside the gym at the Water Chief Hall. Basketball season is upon us now, I would like to wish our Mandaree Warriors a great upcoming season! I am also proud of our Mandaree students who made the honor roll for the first quarter keep the grades up and I do hope to see more students on the list for the next quarter. See names of students on page 18.



We hoped to have our Christmas events here in our community for our winter festivities but due to a state wide storm watch we had to reschedule. I am very appreciative and grateful to our West

Segment staff, they're truly a blessing, they work hard for us so we can all enjoy our gatherings and events. As you all know we already postponed our Christmas event it was changed to December 14th but due to the storm it is now rescheduled to Monday, December 19th.

We have a storm coming in so West Segment residents are advised to stay home during this storm. Tribal Roads Dept. and West Segment Transportation will clear the roads after the storm. We appreciate help from others but it causes drifts and makes it more difficult to get roads cleared this came from our Tribal Roads, Dan Hall.

Roads will be clear only after the storm passes. Please keep that in mind HWY 22 will not be open. Please get your supplies before the storm so you're not out driving in it.

We have emergency numbers here in our newspaper, such as the Fort Berthold Shelters listed for you on page 5. We have Emergency information for Utilities failure from RTC on page 6. These are in our newspaper for your information, please put them somewhere so you can call incase of an emergency.

Starting on page 7 you can see looking back at 2022. There are more to come in 2023. We have our new community center, our new rodeo grounds and our new clinic as well so we do have more to look forward to in 2023.

Again this Holiday Season I send each of you a very Merry Christmas and wish you all a Happy and Healthy New Year! Please be safe especially our elders if you are traveling do wear your mask. COVID-19 is still among us.

Elders take precautions when walking outdoors have someone help you so you don't fall down.

Gowids.



Information For West Segment Elders



Merry Christmas and Happy New Year to all our elders! Tis the season to be jolly this holiday season! Let us all make this New Year 2023 a happy and healthier year for all of us. Speaking of health, I came across some important health information for all of us to know about. It's from the Center of Disease Control. Its called (RSV) Respiratory syncytial virus. This virus is a contagious virus that is usually mild, but can severely affect the lungs and respiratory airways in older adults. While you may not have heard of it yet, RSV is not a new virus and may be more of a health concern than you think-even if you're healthy. And if you're aged 60 or older, you can get RSV. Learning about RSV you can be informed. Here are the symptoms of RSV can range from mild to severe and can last up to 2 weeks. RSV can cause severe symptoms in older adults.

RSV Symptoms may include: Fever, cough, sore throat, runny nose, congestion, headache and tiredness. The US Center for Disease Control and Prevention states that adults at highest risk for severe RSV infections include older adults, especially those 65 years and older, adults with chronic heart or lung disease, and adults with weakened immune system. Some ways you can help prevent RSV infection are: Wash your hands, keep you hands off your face, avoid close contact with sick people, cover you coughs and sneezes, clean and disinfect surfaces around you. I hope you read all this information and do your part to take care of your health.

Another service West Segment provides is light housekeeping, such as; vacuuming, sweeping, mopping and errand runs. To qualify for these benefits, you must be of age 60 and enrolled with the tribe. Please provide all your documents to me at least 7-12 days prior

for scheduling. Please be advised all checks will be mailed out to the vendor, I will pick up the appointment travel checks and deliver them to you. Merry Christmas!! & Happy New Year!! to all the elders. We look forward to a better prosperous and healthier new 2023. Remember elders if you are traveling please wear a mask and always have sanitizers on hand. COVID is still here. Be safe, enjoy your holidays with your families.



Happy Birthday Wishes to our December Elders:

- James Johnson
- Avallon Hale
- Ed Danks
- C.A. Wolf Eyes
- Garland Likes Eagle
- Ronald Brugh
- Rosie Johnson
- Bruce Fox Sr.
- Katherine Young Bear
- Lana Turner
- Florene Halvorson
- Donald Young Bird
- Frank White Owl

Happy Birthday with many blessings to you all!
Have a safe and happy holiday!

Sincerely,

Rosie Johnson, Elders Advocate

Work Number: 759-3377 ext. 226



For Your Information

Reminder From NHS College



REMINDERS

FOR APPLICATION AND DOCUMENT DEADLINES

FALL DEADLINES:
APPLICATIONS DUE BY
JULY 30

DOCUMENTS DUE BY:
AUGUST 10

SPRING DEADLINES
APPLICATIONS DUE BY
NOVEMBER 15

DOCUMENTS DUE BY:
DECEMBER 10

SUMMER DEADLINES
APPLICATIONS DUE BY
APRIL 30

DOCUMENTS DUE BY:
MAY 10

FOR MORE INFORMATION:
CONTACT OUR DIRECTOR OF
ADMISSIONS/RECRUITING

LACEY GLADUE
ADMISSIONS@NHSC.EDU
701-627-8049



Cash Award Recipient:

Any individual who earns or wins \$600 or more from a business in the same year must report those earnings to the IRS as taxable income. This may include cash prizes awarded at one or more events sponsored by West Segment Development Authority.

West Segment Development Authority is obliged to report any combined payments of US \$600 or more made during the tax year.

We appreciate your understanding.

Sincerely,

West Segment Development Authority



Severe Weather Warming Shelters on FBIR



FBIR & Surrounding Areas Warming Shelters



CURRENT AS OF 12/1/22

NEW TOWN

Northern Lights Wellness Center
Physical Address: 710 East Avenue, New Town, ND
Building Main Phone: 701-627-3456 (24/7 Security)

New Town High School
Physical Address: 300 Eagle Drive New Town, ND

Edwin Loe Elementary School
Physical Address: 206 2nd Ave. E New Town, ND

MHA Emergency Operations Center
Physical Address: 603 1st St. N New Town, ND
Building Main Phone: 701-627-7300

MHA Veterans Affairs Building
Physical Address: 1402 12th Street North New Town, ND

FOUR BEARS

Thomas Johnny Bird Memorial Building
Physical Address: Chief Dragswolf Village, New Town, ND
Building Main Phone: 701-627-8300 (24/7 Security)

PARSHALL

Red Hall
Physical Address: 315 2nd St. NW Parshall, ND
Building Main Phone: 701-862-3841 (24/7 Security)

SURROUNDING AREAS

WATFORD CITY

Watford City Civic Center
Physical Address: 213 3rd St. NE Watford City, ND
Building Main Phone: 701-444-2533
POC: Watford City Police Department 701-444-2400

GARRISON

Garrison City Hall
Physical Address: 1 West Central Garrison, ND
Building Main Phone: 701-463-2600
POC: 24 Hour Access-Door to Shelter is always open

MANDAREE

Emergency Response Center (Fire and EMS Station)
Physical Address: 6 1st Ave. NE Ridge Road, Mandaree, ND

New Mandaree K-12 School
Physical Address: 117 Warrior Way Mandaree, ND

TWIN BUTTES

Twin Buttes Fitness Recreation Center
Physical Address: 8040 7th Street NW Twin Buttes, ND

WHITE SHIELD

Public Safety Center
Physical Address: 401 Son of the Star Ave. White Shield, ND
Building Main Phone: 701-743-4000

New Ralph Wells, Jr. Community Center
Physical Address: 1104 Warrior Street White Shield, ND
Building Main Phone: 701-743-4637

HALLIDAY

Halliday K-12 School
Physical Address: 30 4th Street South Halliday, ND
Building Main Phone: 701-938-4391
POC: Dunn County Sherriff's Office 701-573-4449

For Emergencies: Call 911 or TATLE Dispatch at 701-627-3617

If it is determined that a Storm Shelter needs to be opened for the Public, TATLE Dispatch will be contacted and the Designated Shelter Point of Contact will be notified to open the shelter.

HAZARD: SEVERE WEATHER

MHA EMERGENCY OPERATIONS CENTER

Emergency Information For Utilities Outages

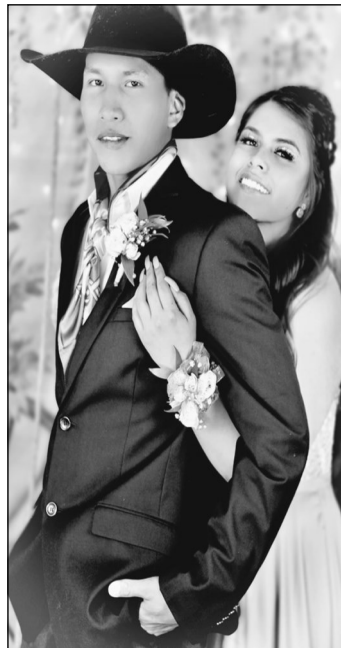
EMERGENCY INFORMATION FOR UTILITIES FAILURE-ELECTRIC RURAL ELECTRIC COOPERATIVES SERVICING FBIR AS OF 4/12/22

ELECTRIC COOP	CONTACT	FBIR SERVICE AREA
Mountrail-Williams Electric Cooperative	Main Office: 701-627-3550 Report Power Outage: 1-800-279-2667 Power Outage Map: https://www.mwec.com/outage-center Website: https://www.mwec.com/ Social Media: Facebook Page 'Mountrail-Williams Electric Cooperative'	NEW TOWN, SHELL CREEK
McKenzie Electric Cooperative Inc.	Main Office: 701-444-9288 Report Power Outage: 701-444-9288 or 1-800-584-9239 Website: https://www.mckenzieelectric.com/ Social Media: Facebook Page 'McKenzie Electric Cooperative, Inc.'	FOUR BEARS, MANDAREE
McLean Electric Cooperative, Inc.	Main Office: 701-463-6700 Report Power Outage: 1-800-263-4922 or 701-463-6700 Website: https://mcleanelectric.com/ Social Media: Facebook Page 'McLean Electric Cooperative, Inc.'	WHITE SHIELD, RURAL LUCKYMOUND
Roughrider Electric Cooperative Inc.	Main Office: 701-748-2293 Report Power Outage: 1-800-748-5533 Power Outage Map: https://roughriderelectric.com/outage-map Website: https://roughriderelectric.com/ Social Media: Facebook Page 'Roughrider Electric Cooperative, Inc.'	TWIN BUTTES, SOUTHERN MANDAREE
Ottertail Power Company	Main Office: 1-800-257-4044 Report Power Outage: 1-800-257-4044 or 218-739-8877 Power Outage Map: https://www.otpco.com/outages/ Website: https://www.otpco.com/ Social Media: Facebook Page 'Otter Tail Power Company'	PARSHALL

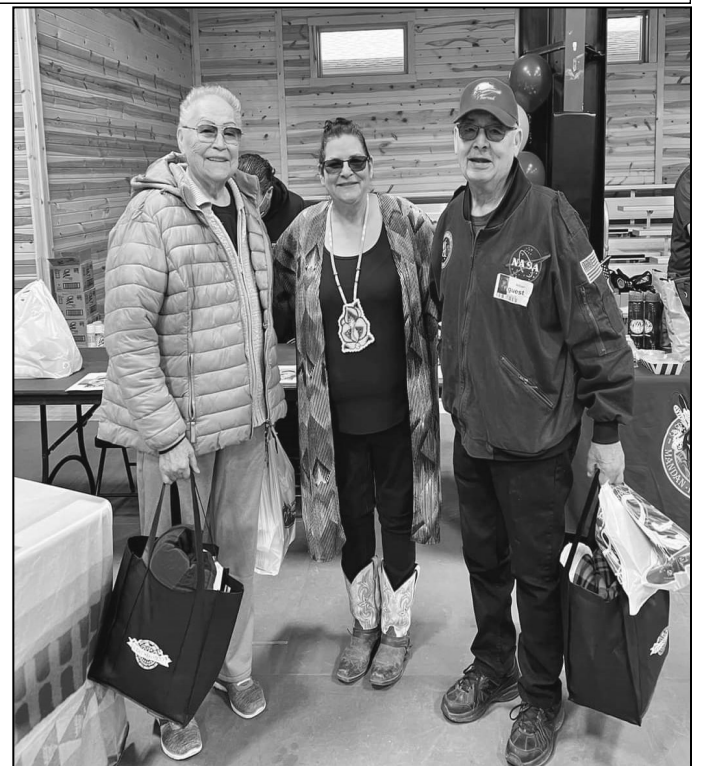
Looking Back at 2022



Pictured above is West Segment CEO Regina Yeahquo, Councilwoman Gladys Sherry Turner-Lone Fight and Arla Muzzy and Frankie Hall. Who stood in front of the new marque sign put up along side of the road on route 12. Bikes were given away during Easter, as you can see a picture of Councilwoman hugging one of the kids with their bike. Mandaree School Prom photos are; Skylar Newman and her date and Jewels Lone Fight and her date.



Many good things took place in 2022 as you can see we had a lot to celebrate. During this year, we got a new marque sign up in our community. We are very proud of Tessa Holds the Enemy Abbey as she holds Ms. Denver March Pow wow title. Our students celebrated with their prom and their beautiful graduation of students, you can see a photo of the new school. Councilwoman Sherry Gladys Turner-Lone Fight is pictured here with two of our elders Ethel and Bill Reeves at an elders gathering.



Looking Back at 2022



2022 Mandaree Senior Class



Little guys coached by Fred Hale all from Mandaree.



Blueblossom riders



The first photo is our 2022 Mandaree graduates, then we have the Little Warriors team. Jessi Vigen Blueblossom riders, girls elementary team, Warrior emblem that is in the new gym inside the new school. Pictured are the ones who planted the garden and kept it clean as you can see in the next photo their garden supplies. Pictured are elders enjoying bingo, Arline Charging, Gloria Fast Dog and Veronica Serdahl.

Looking Back at 2022



Councilwoman Gladys Sherry Turner-Lone Fight honored some community members and she also honored the Veterans. She gifted them each a star quilt. Below in the photos you can see at our Mandaree Hidatsa Celebration we honored our clans with colored tee shirts and a banner and all clan members danced in the grand entry with their clans. Pictured also are our Veterans who brought in the flags during the celebration. At the bottom you can see our Hay Draw café opened up.



Looking Back at 2022



Lindsey Fox Sepeta and Megan Danks posed for the Hay Draw Café. Pictured above is Co-CEO Bernadine Fredericks Mendez and West Segment Security Director James Johnson, who had the honor of blessing the rodeo grounds along side of Councilwoman Gladys Sherry Turner-Lone Fight. In the photos are LeeAnna Nation, Roni Stiffarm and Rosie Johnson who harvested the community garden and gave to the elders. Lloyd Vigen Rodeo Manager spoke to the crowd the day of the ground blessing. Other ground blessings took place for our new community center and our clinic. Pictured below are photos of our Halloween parade and truck and treat.



Looking back at 2022



Pictured above is West Segment CEO Regina Yeahquo, Store Manager-Dusty Jackson, Councilwoman Gladys Sherry Turner Lone Fight, Vivian Lone Fight and Co-CEO Bernadine Fredericks Mendez. All these women worked very hard to make this a reality. All proceeds will go to the outreach programs for the needs of the children and elders for the holidays so they can purchase whatever they need. So all the monies will go back to our people. So when you go to Minot stop by the Twice As Nice Thrift Store the address is listed on the sign above.



I apologize for not having the others photographed during the ground blessing. I had to get the paper to the publisher. This past year we have lost many community members, may we treasure the memories they gave us when they lived. We hope to make many more great memories to look back upon as we approach a new year of 2023! Let us all have positive minds and thoughts as we enter a new month and a new year 2023!

To all our readers of the West Segment News far & near. Merry Christmas!!! We wish you good health with many blessings in this New Year of 2023!! Thank you for being a good reader.



For Your Information



West Segment Covid-19 Testing

When: Monday-Friday

10am to 3pm daily

Where: East Entrance of

Water Chief Hall in Mandaree,
North Dakota

Everyone is welcome to come in
and get tested!

Open to Everyone!

For any questions, please call Shelby at
701.421.3461 Or Valerie 701.421.3462

Native Printing LLC IN Mandaree Is Open For All Your Printing Needs

Native Enrolled Member in the Mandaree Area:

We offer the following:

Embroidery

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DTG

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Phone: (701) 421-1027

Email: nativeprinting_nt@yahoo.com



Wolf Chief Store hours are as
follows:

Monday through Friday: 8:00
a.m. to 8:00 p.m.

On Saturday and Sundays the
Wolf Chief Store will open at
10:00 a.m. to 6:00p.m. 759-
3140

If you have any questions, or need some assistance
concerning the Wolf Chief Store, you may call the Wolf
Chief Store Manager/Michaela Bacon at 421-1365. She will
assist you in any way she can.

Mandaree Field Clinic Hours

Clinic is open Monday-Friday: 8:00am-
4:30pm: Closed for Lunch 12pm-1pm

FNP Lori Jepson: is in the Mandaree Clinic
on Monday, Tuesday, Thursday & Fridays

Every Wednesday: a Nurse will be at the
Clinic for immunizations only by
appointment.

Mandaree Clinic Pharmacy: is open
everyday during the week Monday-Friday
8:00am to 4:30pm

Mandaree Post Office Hours:

Monday-Friday: 12:00-4:00pm

Saturday: 11:00am- 1:00pm

St. Anthony's Catholic Church Schedule:

Saturday: 7:30 pm New Town

Sunday: 8:30am New Town

Sunday: 11:00am Mandaree



Breakfast daily: Monday
thru Friday from 8:00am-
2:00pm

Lunch daily: Monday thru
Friday: 11:00am-2:00pm.

Brunch: on Saturday and
Sunday from 11:00 to
2:00pm

Times and dates may change.

Café Manager: Lindsey Fox-Sepeta at 759-3140

For Your Information

2022-23 Mandaree Celebration Bingo



Attention Bingo

Players:

The Committee's Bingo fundraisers will be held every Sunday at 3:00pm at the Water Chief Hall. Bingo, lunch

sale, door prizes and baskets. This coming Sunday will be a Cash Bingo with the following Sunday a prize bingo. Please keep in mind our bingo fundraisers will automatically be cancelled due to wakes or bad weather. Thank you for your supporting you local celebration committee and have fun playing bingo!

2022 December Water Chief Hall Tentative Schedule



- December 1: Stacy Bear
- December 4th: Mandaree Celebration Bingo @ 3pm
- December 11th: Mandaree Celebration Bingo @ 3pm
- December 19th: Parade of Lights
- December 16th: MHA Elders Christmas Party @ Four Bears Casino (11:00am-2pm)
- December 20th: MHA Employee Christmas Party @ Four Bears Events Center
- December 21st: West Segment Community Christmas /Talent show/ Dinner @ 5:30pm
- December 22nd: West Segment Employee Xmas Party @11am
- December 24 & 25: Adrianna Young Bird
- December 30th: A.J. Phelan Memorial at 10am

If you have any questions, please feel free to contact Loretta Lone Bear @ 759-3377 or her cell: 421-5510.

*Please keep in mind that wake and funerals take precedence over all events.

Mandaree One Stop Winter Hours

Winter hours For One Stop Store:

Monday through Friday: 6:00am to 8:00pm.

If you have any questions, please don't hesitate to call Mandaree One Stop at 759-3609.

TWICE AS NICE THRIFT STORE
 1933 S. BROADWAY SUITE #3, MINOT, N.D.
 11 A.M - 6 P.M. 701-839-3645

Mandaree EMS Welcomes New Team Members

Photos & Captions Courtesy of Mandaree EMS



Shantel & her son Koleon.

My name is Shantel Fettig, I was born and raised here in Mandaree. I have one son, his name is Koleon. I Ranch with my dad and work as an EMT for the Mandaree EMS.

Being Able to work for and help my community and people has been one of the greatest blessings and opportunities I have been given.

I am truly honored to work with the amazing ambulance crew that we have here at Mandaree EMS.

Shantel Fettig a local resident . Shantel is working towards testing out for her EMT which she completed in July. She attended an EMT course in Arizona and successfully complete it. It was a very intense course, which she had to finish in two weeks. Normally it takes six months. welcome to the Mandaree EMS team.

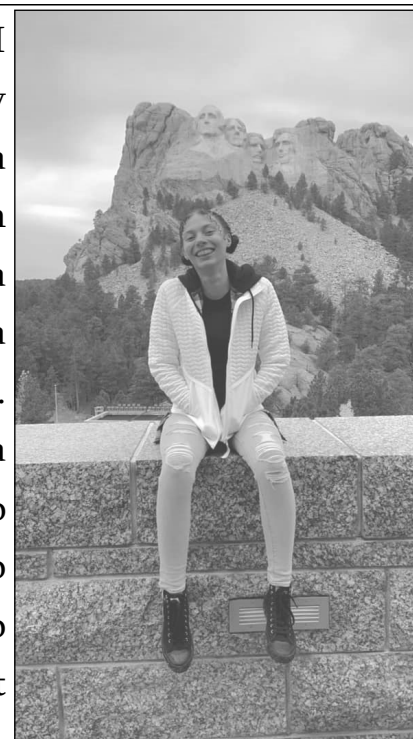


My name is Katarina Nyberg. I am fairly new to Mandaree EMS where I work as an EMT. I am a recent graduate from NDSU. I am also a busy mother to three. I aim to be of service to the community and am appreciative of the opportunity to learn and grow as an emergency care provider.

The newest member to the Mandaree EMS we welcome

her to our team!

My name is Jazmyn Gibson. I have been in Emergency Medical Services for about a year and a half, and have been part of Mandaree EMS for a little over a year, working as a CPR Driver and EMT student. Outside of work, I'm a mommy and a big sister to eight. I hope to continue to grow in this field, and to also continue being a helping part of this community for a while.



Mandaree EMS welcomes Jazmyn to the team.



My name is RaNae Seminole I have been an EMT for three years with Mandaree since the beginning. ReNae would like to further her career in the EMS world, her goal is to become a flight medic. She also is a great role model for the youth inspiring them to achieve their dreams. Mandaree EMS welcomes ReNae back.



My name is Jason Perry I've been in EMS and fire since 1999. I've served as the fire chief for a volunteer fire department and as an ambulance director for a volunteer EMS agency as well as County Fire Warden. I am currently working for you and as a paramedic and as director of the volunteer ambulance service.

Mandaree EMS welcomes Jason to the team.

Here are numbers incase of emergency: Jessica: 701-312-0727 Josie: 701-421-1732 Abel: 303-319-3451.

Please be mindful, these numbers are listed for EMERGENCY ONLY!

For Your Information

Article submitted by West Segment Hidatsa Housing Program

West Segment Hidatsa Housing Program



When the mercury dips and winter blows its freezing fury, your water pipes may be at risk for freezing. If water pipes freeze and rupture, the amount of water that can flood your home could cause extreme damage. A common precautionary measure

during subfreezing weather is to let the water trickle from faucets to prevent freezing pipes in the cold. Because the water within the pipes is moving, it is resistant to becoming frozen. This simple prevention tactic takes less than a minute but could save you from untold expense and cleanup effort.

Instructions:

- 1.) Find the pipes at risk for freezing. The taps and faucets nearest exterior walls lead to the pipes that could freeze and rupture during extreme cold weather.
- 2.) Turn both the hot and cold taps on so they produce the tiniest line of water trickling out of the tap before you go to bed at night.
- 3.) Open the cupboard doors under the sink to expose the pipes to warmer household air overnight.

Tips & Warnings:

If you have outdoor water sources, turn the water off at the source before freezing temperatures begin.

Disconnect hoses and drain them of water. Turn the outside spigot on to empty the water lines of standing water after you turn the water source off.



Fort Berthold Rural Water

Three Affiliated Tribes *308 4 Bears Complex New Town, ND 58763

Phone: 701.627.8185*Fax: 701.627.4303

Preventing And Thawing Frozen Water Services

1. Determine the location of the frozen pipe. This can be done by touching or by running your hand along accessible water pipes in the home while feeling for extremely cold spots. If a cold portion of pipe is encountered; thaw it gently, preferably using a hair dryer. **DO NOT** use a propane torch, as it could cause a rupture of the water line.
2. If you suspect the water line is about to freeze, check the temperature of the water. Do this at the location of where the water enters the home. If the temperature is close to freezing, run a substantial amount of water until the temperature increases. This could take some time. Showering and washing extra loads of laundry will put the extra water to good use.
3. If you choose to leave the water in the home trickling, be careful! Leaving the water running at a trickle can help prevent frozen water service lines. However, trickling water can sometimes lead to frozen sewer service lines. In the past, water and sewer lines were installed in close proximity of each other and often at the same depth. Trickling water in a sewer line can cool to the point of freezing if the sewer line is cold. This could lead to the sewer service freezing shut and causing a sewer backup.
4. If you chose to run the water at a trickle, it is advised to periodically turn the flow of water up to about a garden hose size stream for several minutes. The increased flow of water allows for a better exchange of heat between the water and water service line/ground and also allows the water to assist in heating the sewer system.
5. If having a freezing water issue is on a septic system, trickling water should be diverted away from the septic system. Septic systems have a limited capability to accept excess water in deep frost conditions. The trickling water could compromise the on-site septic system, leaving the customer with more problems and expense. If possible, use a hose to run the trickling water to an outside, acceptable area.

Continue on page. 16

For Your Information



Fort Berthold Rural Water

Three Affiliated Tribes *308 4 Bears Complex New Town, ND 58763

Phone: 701.627.8185*Fax: 701.627.4303

6. Electrically heating of water lines, using a welder, only works on metallic lines. It will not work if there is any plastic or pvc piping in the service line. Care should be taken, if using.

7. A welder, as they have been known to start fires in adjacent structures. It has also been found that the use of welders can increase the speed at which cast iron or ductile iron lines corrode.

8. If the water service lines does become frozen FBRW advises our users to open one or two faucets. This will allow the ice to have room to expand without damaging any other piping.

9. For manufactured homes on piers/blocks without a basement it is recommended that you install heat tape on the waterline coming into the home then wrap pipe insulation around the exposed pipe. These are commonly found at hardware stores.

10. There are companies throughout the state that have ability to thaw frozen services with a re-circulating thawing unit. If there is no one that offers this service in your area and you would like assistance, please contact us at (701) 627-8185. We will guide you through the processes of thawing our a froze up line and help you with contacting a contractor for assistance.

Thank you,

Joseph Silveria-Director
Office: (701) 627-8185
Cell: (701) 421-2502

December 2022 Christmas Holiday Events for West Segment



On December 19th: Starting with the Parade of Lights (everyone meets at the new Mandaree School parking lot at 6:30 pm.

December 21st: West Segment Community Christmas Dinner @ 5:30pm

Parade of Lights Categories & Prizes:

ATV And Horses:

- 1st place: \$700
- 2nd place: \$500
- 3rd place: \$400
- 4th place: \$300
- 5th place: \$200

Float/Vehicles:

- 1st place: \$1,000
- 2nd place: \$800
- 3rd place: \$700
- 4th place: \$600
- 5th place: 500

Headstart-12 grade classes will compete against each other, please have advisor sign up early with Events or on-site during parade line up. All participants can register early please contact the events department by calling Rayne Brown at (701) 421.4641 or Michaela Bacon at (701) 421.1365

- Keep in mind that W-9's must be signed to receive prize money.
- Not included the Parade of Lights and the snowman contest.



For Your Information

What's Going On?



Inflation, shipping delays, high gas prices, wars, political unrest, lawsuits, hurricanes, blizzards, droughts, earthquakes, wildfires, erupting volcanos, human trafficking, drug overdoses, excessive number of young deaths ... what's going on? Where is God? This is the time of the year when we are preparing for the celebration of the Birth of Jesus, the time when the Father sent

His Son into the world to let us know "God is with us." Emmanuel! (cf. Mt 1:23). Christmas is a time to see God with us everywhere: in Christmas trees, twinkling lights, wrapped presents, Christmas wreaths, manger scenes, church services, Christmas carols, Santa Clause, and elves. Shaking hands, bear hugs, mistletoe kisses, belly laughter, humble generosity, calming peace, soothing gentleness, tender kindness and genuine love for one another reveals Jesus with us. There is no room for Scrooge's gloominess. Yet for a lot of people this gloominess has a grip on them because the holidays remind them of who is not with them or what is going wrong in their life.

Jesus came into the world to rescue us from this gloominess. His entry into this world as a one celled embryo in the womb of a virgin who nine months later would be born in a stable and laid in a manger was the beginning of destroying worldly death, sickness and chaos, the cause of gloominess. When we focus on worldly turmoil and disasters, when we focus on what we are missing because our loved one is no longer with us, we miss seeing God in our midst. A conscious decision must be made to deliberately look for Jesus in everything, including the gloominess. Yes, Jesus died the horrible death on a cross but in three days he rose again. Jesus took something horrible and made it into something beautiful. Yes, our loved one has died but like Jesus our loved one will rise again. Yes, the gloominess from this world's chaos presses in on us but when we focus on what Jesus is going to do with it, how Jesus will transform it's ugliness into something beautiful, gloominess will go away, Jesus will become present, and Christmas will again be joyful.

Christmas should always remind us how much the Father loves us – He sent his Only Begotten Son to set us free from the kingdom of darkness.

This year, look closely at a nativity set. Ponder the baby

Jesus in the manger. Let the Father's plan for His Son to be born in a stable instead of a room at the inn inspire you to confidently trust God in everything. Let the joy of a newborn child born in a manger remind you that God always loves you and is with you right now. Let the Christmas story inspire you to know without a doubt God promises to be with you always, whether you are experiencing a rough time or a relatively painless time. Choose to focus on what He is doing *with* you right now. Choose to pay attention to what Jesus is doing *for* you right now. Choose to see *what's going on*. You will find what you are looking for.

Have a great day with Jesus Christ

Love & Prayers

Father Roger A. Synek

St. Anthony Catholic Church

New Town/Mandaree



List of Services From the West Segment Transportation Department

Submitted by Curtis Hall Sr., & Rhonda Hall

1. We take in work request orders from all our community members. Elders can call in and a work order will be filled out for them. Non-elders we ask that they come in and fill out a work order.
2. This time of the year winter storms are upon us. We kindly ask all our community members not to park on the streets as we are trying to plow them as best as we can.
3. We will sand and salt the streets and the icy intersections and where ever else needs to be sanded and salted.
4. We only haul water on Monday and Friday to families that live out in the country, who are not hooked into the rural water system. Water will be hauled whether its 40 below or 100 above. We haul junked or stalled vehicles if they are not claimed.

This month we have been working out very best at pushing snow and removing old vehicles out of yards for elders and the community. This month we helped Northern Integrity deliver generators to elders. If you have any requests regarding snow removal, please feel free to call the office at (701) 759-3058 or contact Rhonda Hall at (701)421-0547. at (701) 421-7907. We will do the best we can to help you. For Emergencies you can call Curtis Hall Sr.

Mandaree School News

Submitted by Mrs. Carolyn Bluestone Mandaree School Superintendent



Mandaree School Proudly Presents 2022-2023 1st Quarter High School Honor Roll

Grade 9:

Jocelyn Grady
Natie Mann

Grade 10:

Aiyona Johnson
Lewis Ten Fingers
Nancy Montclair
Roman Castro

Grade 11:

Ayla Hale
Breyson Bradfield
Dahu Xubba Beston
Theodore Lone Fight

Grade 12:

Brandee Rhae Mays
Elmer Flying Horse Jr.
Jewels Lone Fight
Rae Jean Young Bear
Tiana Lester

Congratulations to these students for achieving the 1st quarter honor roll!

Winter is Here!

The transportation Director would like to remind Parents/Guardians that students that are not dressed adequately for the weather will not be permitted to ride the bus.

Also, if Parents/Guardians bring students to school not dressed for the weather, they will be sent home to change.

ATTENDANCE REMINDER:

A reminder that for the fall semester a student is ineligible for sports if they have 5 or more absences in a class. They must pass 5 of 7 classes to participate.

SATURDAY ACADEMY

1ST AND 3RD SATURDAY OF THE MONTH

Must be here by 9am

Mandaree Public School Calendar

Mandaree Public School | 2022-2023 CALENDAR A | (4-Day FD: 8/16; S1: 12/21; S2: 5/18)

School Days = 0
4 Observed Day Off

Black Fridays are regular, required school days with all students expected to attend.

Gray Fridays are Enrichment/Tutoring days with school open for activities.

JULY '22						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JANUARY '23						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

School Days = 16
2 Winter Break
13 PD #5 all staff no school
16 M.L. King Day
27 Snow Day make-up
6,20 Enrichment/Tutoring

School Days = 12
8 & 9 New Staff PD no school
10 – 12 PD #1-3 all staff no school
15 Teacher Prep Day 6 hrs.
16 First Day of School
19,26 Friday Regular School Day

AUGUST '22						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY '23						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

School Days = 16
9 Parent Teacher Conf.
10 PD #6 all staff no school
17 Regular School Day
20 All Chiefs Day
24 No School Day

*BB District Hosts: 24,25,27

School Days = 17
5 No School - Labor Day
9 PD #4 all staff no school
13 Parent Teacher Conf.
2 Friday Regular School Day
16,23,30 Enrichment/Tutoring

SEPTEMBER '22						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MARCH '23						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

School Days = 18
9 End of Q3 (40)
3 Snow Day make-up

10, 17, 24, 31 Enrichment/Tutoring

School Days = 14
7 Friday Regular School Day
13 End Q1 (38)
17-21 No School – Fall Break
14, 28 Enrichment/Tutoring

OCTOBER '22						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL '23						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

School Days = 13
10 PTC Comp (No School)
7 Good Friday
14, 21 Friday Regular School Day
3-7 Spring Break
10 PTC Comp (No School)
13 Parent Teacher Conf.
28 Snow Day make-up

School Days = 17
11 Veterans' Day
18 Friday Regular School Day
23-25 Family Break
4 Enrichment/Tutoring

NOVEMBER '22						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY '23						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

School Days = 12
5, 12 Enrichment/Tutoring
18 Last Day of School
18 End of Q4 (37)
18 End of Sem. 2 (77)
18 End of Year (150)
19 Teacher Close Day 6 hrs.
20 Senior Graduation

29 Memorial Day

School Days = 13
1 Parent Teacher Conf
2 Enrichment/Tutoring
9 Friday Regular School Day
16 Snow Day make-up
21 End of Q2 (35)
21 End of Sem 1 (73)
22 PTC Comp (No School)
23-31 Winter Break

DECEMBER '22						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21		23	24
25	26	27	28	29	30	31

JUNE '23						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Mandaree School Warriors Schedule

Submitted by Elmer Flying Horse

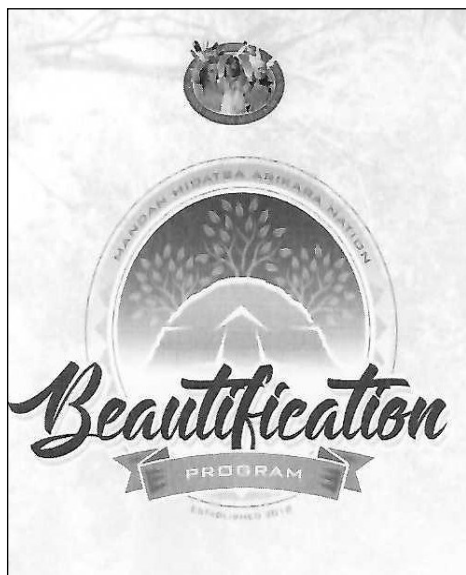
Warriors Basketball	Fri/Sat	12/9-10/2022	Dec. 9-10, 2022	TBD	At Billings Shoot Out	
Warriors Basketball	Friday	12/16/2022	December 16, 2022	New Town	At New Town	7pm *following Lady Warriors
Warriors Basketball	Saturday	12/17/2022	December 17, 2022	Solen	At Mandaree	7pm *following Lady Warriors
Warriors Basketball	Wed/Thurs	12/28-29/2022	Dec. 28-29, 2022	McLaughlin	At McLaughlin	TBD
Warriors Basketball	Thursday	1/12/2023	January 12, 2023	Powers Lake	At Mandaree	7pm *following Lady Warriors
Warriors Basketball	Friday	1/13/2023	January 13, 2023	Trenton	At Mandaree	7:30pm *following Lady Warriors
Warriors Basketball	Saturday	1/14/2023	January 14, 2023	TBD	At Ray Super Saturday	TBD
Warriors Basketball	Monday	1/16/2023	January 16, 2023	Alexander	At Mandaree	5:30pm
Warriors Basketball	Tuesday	1/17/2023	January 17, 2023	North Shore-Plaza	At Mandaree	7:30pm *following Lady Warriors
Warriors Basketball	Thursday	1/19/2023	January 19, 2023	Parshall	At Parshall	5:45pm
Warriors Basketball	Monday	1/23/2023	January 23, 2023	Killdeer	At Killdeer	6pm & 7:30pm CST
Warriors Basketball	Tuesday	1/24/2023	January 24, 2023	Max	At Mandaree	4:30pm & 6:15pm
Warriors Basketball	Saturday	1/28/2023	January 28, 2023	Berthold	At Berthold Bombers	TBD
Warriors Basketball	Friday	2/3/2023	February 3, 2023	White Shield	At White Shield	5:30 jv & 7pm V

Warriors Basketball	Tuesday	2/7/2023	February 7, 2023	Alexander	At Alexander	430 JH; 530 JV; 7 V
Warriors Basketball	DISTRICT TOURNAMENT			February 24, 25, 27, 2023	At Mandaree	
Warriors Basketball	REGIONAL TOURNAMENT			March 6, 7, 9, 2023		
Warriors Basketball	STATE TOURNAMENT			March 26, 27, 28, 2023		

Lady Warriors Basketball	Saturday	12/3/2022	December 3, 2022	Flasher	At McLean County Shoot Out	
Lady Warriors Basketball	Tuesday	12/6/2022	December 6, 2022	Alexander	At Mandaree	jv 430, jv 530, v7pm
Lady Warriors Basketball	Fri/Sat	12/9-10/2022	Dec. 9-10, 2022	TBD	At Billings Shoot Out	
Lady Warriors Basketball	Tuesday	12/13/2022	December 13, 2022	Williston-Trinity	At Williston	5:30 JH / 7pm V
Lady Warriors Basketball	Friday	12/16/2022	December 16, 2022	New Town	At New Town	6pm *Warriors to follow
Lady Warriors Basketball	Saturday	12/17/2022	December 17, 2022	Solen	At Mandaree	6pm *Warriors to follow
Lady Warriors Basketball	Tuesday	12/20/2022	December 20, 2022	Whiteshield	At Whiteshield	5pm JV & 7PM Varsity
Lady Warriors Basketball	Wed/Thurs	12/28-29/2022	Dec. 28-29, 2022	McLaughlin	At McLaughlin	TBD
Lady Warriors Basketball	Friday	1/6/2023	January 6, 2023	Standing Rock	At Standing Rock	TBD
Lady Warriors Basketball	Monday	1/9/2023	January 9, 2023	New England	At Mandaree	6pm CST
Lady Warriors Basketball	Thursday	1/12/2023	January 12, 2023	Powers Lake	At Mandaree	6pm *Warriors to follow
Lady Warriors Basketball	Friday	1/13/2023	January 13, 2023	Trenton	At Mandaree	6pm *Warriors to follow
Lady Warriors Basketball	Saturday	1/14/2023	January 14, 2023	TBD	At Ray Super Saturday	TBD
Lady Warriors Basketball	Tuesday	1/17/2023	January 17, 2023	North Shore-Plaza	At Mandaree	6pm *Warriors to follow
Lady Warriors Basketball	Monday	1/23/2023	January 23, 2023	Whiteshield	At Mandaree	5:30 JV & 7PM Varsity
Lady Warriors Basketball	Thursday	1/26/2023	January 26, 2023	Parshall	At Parshall	6pm
Lady Warriors Basketball	Saturday	1/28/2023	January 28, 2023	Berthold	At Berthold Bombers	TBD
Lady Warriors Basketball	Tuesday	1/31/2023	January 31, 2023	Alexander	At Alexander	5:45pm
Lady Warriors Basketball	DISTRICT TOURNAMENT			February 9, 10, 11, 2023		
Lady Warriors Basketball	REGIONAL TOURNAMENT			February 20, 21, 23, 2023		
Lady Warriors Basketball	STATE TOURNAMENT			March 2, 3, 4, 2023		

Beautification Program Mission & Services

Our Mission



Taking action to make MHA Nation a cleaner, greener, litter-free place to live., work and play.

The Beautification Program is dedicated to the simple idea that “beauty matters” A landscape littered with trash is anything but

beautiful.

The most important words in our mission statement are “taking action”. We focus on getting people involved and actively working to improve their communities through community cleanups and beautification projects. We also encourage local businesses and government leaders to take an active role in these efforts.

Once people see how their actions, efforts, and personal behaviors are helping to improve their communities, they feel empowered to do even more.

We thrive on collaboration with local segments, business leaders and residents that can help improve the health, cleanliness, and appearance of their own neighborhoods and communities. They just need a little guidance, and that’s where the Beautification Program can help.

For all scheduling and questions, please contact:

Hope Baker: 701-421-5474

Richard Hosie/Deputy Director: 701-421-4495

James H. Baker/Program Director: 701-421-7414

List of Services:

- **Snow removal & salt application** (driveways, porches and sidewalks)
- **Community Clean-up**
- **Tree Planting**
- **Home Weatherization:** includes plastic + lath on the outside of house windows (due to covid mitigation we are not offering plastic on the inside of house windows).
- **Smoke Alarm** installation and testing
- **Gutter Cleaning** services
- Furniture **Hauling & Moving** Services
- **Lawn Care Services:** includes mowing, weed whacking, landscaping and or general maintenance.
- **Trash Removal/Dump:** runs (No **HOUSEHOLD TRASH**, will take larger items or anything else to be thrown out),
- Major **Building Demolition** Projects (Reservation wide).
- **ND Adopt a Highway** Project.

Policies and Procedures:

Snow removal and lawn care services are restricted to elders, handicapped and single parent homes. All services rendered are by appointment only; must call and make contact for scheduling options. Program policy for snow removal, weather and road conditions permitting we will be in route withing a period of 24 hours of snowfall stopping.

Nueta Hidatsa Sahnish College News

Submitted by Frances (Buffy) White. NHSC Mandaree Liaison

- 1) We are now accepting applications for our Spring 2023 semester. Applications are due by November 15th and documents are due by December 10th. Apply now at www.nhsc.edu
- 2) NHSC officially offers a B.A. in Business Administration and Management now. We received approval from the Higher Learning Commission and we will begin to offer courses for the bachelor's program this coming Spring semester. Registration is now open for students that want to enroll in this program.
- 3) NHSC has been selected to host the 2023 AIHEC Basketball tournament. The tournament is for Tribal Colleges and Universities and will be held March 30-April 2. Check out our website to learn more information about the tournament - [Basketball Tournament - NHS College](#)
- 4) NHSC will be celebrating 50 years of impact in May 2023. We will be holding campus town hall events soon for community members, NHSC Alumni and others to attend to help with our planning process. Please watch the NHSC Facebook page and our website for updates on the community planning events.
- 5) **Fall 2022 graduation will be held on December 16th at 10:00am in the 4 Bears Casino Grand Ballroom.**
- 6) What's happening at NHSC? Check out a few of our upcoming events happening during November and December–
 - a. December 2nd - NHSC Men's and Women's basketball game away vs Sisseton
 - b. December 2nd – Donut forget about your Financial Aid Day – 9:00am-12:00pm
 - c. December 3rd - NHSC Men's and Women's basketball game away vs Sisseton
 - d. December 5th-9th – Fall Finals Week
 - e. December 7th - NHSC Men's and Women's basketball game away vs Bottineau
 - f. December 9th - NHSC Men's and Women's basketball game away vs FLBC
 - g. December 10th - NHSC Men's and Women's basketball game away vs FLBC
 - h. December 10th – NHSC Holiday Arts and Crafts fair
 - i. December 12th – Early Spring Registration – 9:00am-6:00pm
 - j. December 13th – Early Spring Registration – 9:00am-6:00pm
 - k. December 13th – NHSC College Talk Facebook live – 11:00am-12:00pm
 - l. December 16th – NHSC Fall Graduation – 10:00am – 4 Bears Casino Grand Ballroom
 - m. December 19th- January 3rd – Holiday Break - Campus closed
- 7) All Chiefs Society, sponsored by our Native American Studies department, is an organization that is not only open to NHSC students but it's opened to all community members as well. All Chiefs Society holds a meeting every Wednesday at the NHSC Cultural Center at 12:00 pm. For additional information, you can contact our Director of Native American Studies, Shannon Gillis at sgillis@nhsc.edu.
- 8) We have openings for our NAS and NACTEP cohorts for our upcoming Spring semester. Both cohorts are available for students that are registered for the Spring semester. For additional information on each cohort contact Iman Moore for NACTEP or Shannon Gillis for NAS, or you can also go to www.nhsc.edu/students/student-cohorts.
- 9) Did you know that recent Fort Berthold High School graduates can qualify to receive a tuition waiver if they attend NHSC during the first year after they've graduated High School? For more information, you can talk with our Students Accounts Coordinator, Sasha Sillitti at ssillitti@nhsc.edu

Nueta Hidatsa Sahnish College News

Submitted by Frances (Buffy) White. NHSC Mandaree Liaison

10) Are you interested in obtaining your GED? NHSC can help! Check out our website at www.nhsc.edu/degrees-certificates/ged/ for additional information. Or you can contact the following individuals:

- a. NHSC Main Campus – Betty Lockwood at 701-421-0034 blockw@nhsc.edu
- b. White Shield Liaison – Elissa “Elise” Argent at 701-743-4552 eargent@nhsc.edu
- c. Mandaree Liaison – Frances “Buffy” White at 701-759-3528 fwhite@nhsc.edu
- d. Parshall Liaison – Delrene “Susie” Simpson at 701-862-2106 dsimps@nhsc.edu

11) Are you a former NHSC or FBCC student and want to join our Alumni group? Reach out to our Alumni team at alumni@nhsc.edu for additional information.

12) Want to join the NHSC team? We have a number of jobs currently open and would love for you to join our team. Check out our www.nhsc.edu/jobs to apply.

- a. Computer Science Instructor
- b. Engineering Instructor
- c. Director of Sponsored Programs
- d. Library Assistant
- e. Tutor (English, Math, Science, Psychology and/or Computers)
- f. National Endowment for Humanities Rescue Intern

13) Interested in playing for the Storm Athletics program? Contact our Athletic Director Kyle DeCoteau @ kdecoteau@nhsc.edu. We have Athletic tuition waivers available on a first come, first serve basis. Contact Kyle early to sign with us and apply for your tuition waiver! We are accepting applications for our Spring 2023 semester.

- a. Basketball
- b. Golf
- c. Cross Country

Merry Christmas! Happy Holidays!
Have a safe and healthy 2023 New Year!



MHA Committee Members & Agenda Contacts

Cultural Committee:

Chair: Councilwoman Sherry Turner-Lone Fight

Member: Councilman Mervin Packineau

Member: Councilman Robert White

*Agenda Contact: West Segment Office

Economic Committee:

Chair: Councilman Robert White

Member: Councilwoman Sherry Turner-Lone Fight

Member: Councilwoman Monica Mayer

*Agenda Contact: Four Bear Segment Office

Education Committee:

Chair: Councilwoman Monica Mayer

Member: Councilwoman Sherry Turner-Lone Fight

Member: Councilman Robert White

*Agenda Contact: North Segment Office

Energy Committee:

Chair: Councilman Fred Fox

Member: Councilman Cory Spotted Bear

Member: Councilwoman Monica Mayer

*Agenda Contact: East Segment Office: 701-627-8248

Executive Committee:

Chair: Chairman Mark N. Fox

Member: Vice Chairman Cory Spotted Bear

Member: Executive Secretary Fred Fox

Member: Treasurer Mervin Packineau

*Agenda Contact: Chairman's Office: Stella Berquist

Health and Human Resource Committee:

Chair: Councilwoman Monica Mayer

Member: Councilman Fred Fox

Member: Councilman Robert White

*Agenda Contact: North Segment Office: Lexi Taft-Driver (701) 627-8103; email : ldriver@mhanation.com

Judicial Committee:

Chair: Councilwoman Monica Mayer

Member: Councilman Fred Fox

Member: Councilman Robert White

*Agenda Contact: North Segment Segment Office

Natural Resources Committee:

Chair: Councilman Cory Spotted Bear

Member: Councilman Fred Fox

Member: Councilwoman Monica Mayer

*Agenda Contact: South Segment Office

December Mandaree Meal Site Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MERRY CHRISTMAS 	REMINDER MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCTS	ANY QUESTIONS PLEASE FEEL FREE TO CONTACT MEAL SITE 759-3092	1 TUNA CASSEROLE MIXED VEGGIES BREAD ICE CREAM	2 OATMEAL HAM BOILED EGGS TOAST BANANA
5 NO MEALS	6 SPAGHETTI GREEN BEANS BREADSTICK PUDDING	7 CHICKEN WILD RICE SOUP BUTTER BISCUIT PEAR CUP	8 X-MAS DINNER ROAST BEEF BAKED POTATO STUFFING FRUIT SALAD AND CHEESECAKE	9 SAUSAGE PATTIES CUBED POTATO BOILED EGGS TROPICAL FRUIT
12 CHICKEN CORDON BLEU MASHED POTATO BROCCOLI ICE CREAM	13 CHEESE BURGER DELUXE PICKLES FRENCH FRIES COOKIE	14 BROCCOLI CHEESE SOUP HAM SANDWICH CRACKERS & SHERBET	15 SUB SANDWICHES PICKLES LETTUCE TOMATO CHIPS AND GRAPES	16 FRENCH TOAST SAUSAGE LINKS STRAWBERRIES YOGURT
19 GOULASH CARROTS BREAD AND SHERBET	20 NO MEALS EMPLOYEE XMAS PARTY	21 BEEF STEW BISCUITS CRACKERS PEACHES	22 PENNE CHICKEN ALFREDO BROCCOLI NORMANDY GARLIC TOAST & ORANGE	23 BISCUITS N GRAVY SAUSAGE LINKS BOILED EGGS BANANA
26 NO MEALS XMAS HOLIDAY	27 TUNA SALAD SANDWICH CARROT & CELERY STICKS CHIPS & FRUIT COCKTAIL	28 HAMBURGER SOUP GRILLED CHEESE SANDWICH PUDDING	29 PORK CHOPS RICE MUSHROOM GRAVY PEAS & APPLESAUCE	30 EGG SCRAMBLE WITH HAM HASHBROWN TOAST AND YOGURT

Update from the Mandaree Meal Site:

For the month of December:

We will be having 12 days of Christmas for the elders! Starting on December 7th Monday-Friday there will be a small gift for each elder on our delivery list and who stops by the elders building leading up to December 22nd which will be the last gift. Have a safe & Healthy Happy New Year 2023!!



Obituary

On March 22, 1957, Theola was born to Guy and Grace (Parshall) Fox, and that's when the world rejoiced! She was raised with the country lifestyle in Mandaree, ND, the youngest of fifteen children.

Theola graduated from Mandaree High School in 1974. (YAY! Go Mandaree Warriors!!!) She started her higher education at Denver, Colorado Barnes Business College for three years. She moved back to New Town and worked for the tribe and at Fort Berthold Housing Authority. From October 1992 to 1995 she started working for AMERIND Insurance in Washington, D.C. and was then transferred to Albuquerque, New Mexico. Within her twenty-one years in Albuquerque, Theola enjoyed her career and paved her way to become Director of Underwriting with six underwriters on her team. She relished in the southwest culture and atmosphere with her friends and family.

She continue forward with the University of Phoenix where she received her Associate of Arts in Business in 1999. In 2002, she received her Bachelor of Science Degree in Business Management.

In 2013, she retired from AMERIND and moved back to Mandaree, she then moved back to her home in New Town after it was remodeled. During her time of retirement, she enjoyed going to pow wows, playing bingo, attending birthday parties and gift giving; and of course, gambling at many different casinos. Another favorite past time was attending concerts, her last being Slipknot where she said she had a rocking exhilarating experience. Theola was a world traveler, from seeing kangaroos in Sydney, Australia to touching the ancient stones of the Roman Colosseum and Parthenon of Athens, Greece.

Theola adored her handsome son and granddaughters with all of her heart and soul. She loved and was loved by all of her family and friends. Theola touched the hearts of everyone she came in contact with, with her boisterous laugh and contagious smile.

Survived by, son Jude Fox, granddaughters; Rainy Rose, Jada Dawn and Jullysa. Brother; Dennis Fox (Sandra Fox); three sisters; Belinda Beston, C.A. Wolf Eyes, Arla Muzzy (Don Muzz); and all her nieces and nephews, grandchildren, great-grandchildren and great-great grandchildren.

Preceded in death by; mother and father; Grace and Guy Fox. Siblings; Guy Fox Jr, Wanda Sheppard, Esley Thorton Sr., Angus Fox, Anthony Rex Fox, Thornton Fox, Teresa Fox, Maynard Fox, Gerald Tex Fox, Dean P. Fox. Niece; Cheryl J. Fox, Nephews; Angus Jerome Sheppard, Anthony Shane Fox, DuWayne Fox, Christopher John Fox, Frank Schumacher, and her long time best friend and sister Rosaria Wicker.

Obituary

A Celebration of Life For Theola Francine Fox

March 22, 1957~November 10, 2022



Funeral Services:

The "Celebration of Life" with all her many friends and family will take place at the Water Chief Hall in Mandarac at 1:00 p.m.

The Church Service, Food, and donating will all take place at this time.

All who knew and loved her are invited to attend.

At a later date, per Theola's request, her ashes will then be spread on the land and at the pond where she grew up and loved.

She told her son that she was not meant to be kept in a box!!

There will be no public viewing.

(In honor of Theola Fox's request)

Officiating:

Pastor Phil Fox

Senior Pallbearer:

Doreen Charging



*Our Deepest
Sympathy*

On behalf of West Segment we extend our wishes of sympathy to the family and relatives of Thola Fox. Our prayers are with each and every one of you as you go through this time of sorrow. We extend our condolences to other families and relatives who lost loved

ones from our other segments.

From Councilwoman Gladys Sherry Turner-Lone Fight & Personnel.



The Holiday Season is upon us! From All of us here at West Segment we wish our relatives and families far and near "Merry Christmas" & A Safe & Healthy "Happy New Year"!!

From Councilwoman

Gladys Sherry Turner-Lone Fight & Personnel

Mandan Hidatsa Arikara Nation Healing & Hope

Narcan Demonstration and Distribution

Water Chief Hall Mandaree
N.D.
Monday, December 19, 2022
11am

All are welcome to attend and Prevent Opioid Overdose during the Holiday's.
It is a community fight.

If you or someone you know needs Narcan Training and Education, please attend.

Any Questions Please Contact: Angela Cummings
Healing & Hope Project/ Educator & Outreach
701-421-2185
acummings@mhanation.com



Happy Birthday Wishes to Our Elders!!



- James Johnson
- Avallon Hale
- Ed Danks
- C.A. Wolf Eyes
- Garland Likes
- Eagle
- Ronald Brugh
- Rosie Johnson
- Bruce Fox Sr.
- Katherine Young
- Bear
- Lana Turner
- Florence Halvorson
- Donald Young Bird

* Please forgive us if we forgot to mention your name, it was not done intentionally.