RESOLUTION OF THE GOVERNING BODY OF THE THREE AFFILIATED TRIBES OF THE FORT BERTHOLD RESERVATION

- WHEREAS This Nation, having accepted the Indian Reorganization Act of June 18, 1934, and the authority under said Act; and
- WHEREAS The Constitution of the Three Affiliated Tribes generally authorizes and empowers the Tribal Business Council to engage in activities on behalf of and in the interest of the welfare and benefit of the Three Affiliated Tribes and of the enrolled members thereof; and
- WHEREAS Up to 30% of the pregnant northern plains Native American women will experience the risks of gestational diabetes mellitus (GDM) and the numbers are likely to increase because of poor screening protocol. (Welty, 1993). This disease causes mortality rates to double and can increase likelihood of preeclampsia and eclampsia, macrosomia, congenital anomalies and frequencies of cesarian section rates due to difficult birth. Furthermore these women are at risk for long-term obesity after delivery which further increases the chances of reoccurring diabetes for these women.
- WHEREAS Morning sickness is known to occur up to 80% of the time in pregnant women. Morning sickness late in pregnancy may result in more negative outcomes such as low birth weights, dehydration, increased gall stone formation and other possible detrimental effects. The frequency for Native American women experiencing morning sickness is unknown.
- WHEREAS Native American women who have had children are at risk for higher incidence of gallstones and gallbladder disease; and furthermore increased risk for gastrointestinal cancers such as pancreastic, gallbladder, and liver cancer.

 Gallstone disease is three times more prevalent in Native American women than other populations. Native American children as young as nine years old have undergone gallbladder surgery.
- WHEREAS The risks of gallbladder disease, gestational diabetes and morning sickness may be decreased through knowledge of good dietary practices.
- WHEREAS A study will be under taken by which approximately 75 consenting women from Fort Berthold who are defined within the above risk categories of gallbladder disease, gestational diabetes or morning sickness will be visited. A visit will include getting diet histories from these women. Women who are pregnant will complete questionnaires related to morning sickness and diabetes. The women at risk for gallbladder disease will also fill out questionnaires. A finger stick blood test will be done on all of the women to test for blood sugar and cholesterol. Visits will be coordinated through the WIC clinic or at a place of convenience for the women such as their home.

WHEREAS

This study will benefit all members of the Three Affiliated Tribes Fort Berthold Indian Reservation through increased knowledge for health care providers and individual tribal members of risks for diabetes, morning sickness and gallbladder stones. This study will provide information on eating healthy foods that may decrease risks for diabetes, morning sickness and gallbladder disease. The Three Affiliated Tribes will be pleased in knowing that information from this study will be published to benefit other northern plains Native American tribes and their health care providers.

WHEREAS

Marilyn YellowBird-Baker is a registered nurse and pursuing a Masters degree in Nursing at the University of North Dakota, and working on the above research project andgather information for her research thesis. Completion of thesis is one of the requirements for graduation with a Masters degree in Nursing. The thesis will be submitted as a partial requirement for the Master of Science degree in Nursing from UND for Marilyn YellowBird-Baker. Information from this research will also result in submission of manuscripts for publication in nursing or medical journals.

Now therefore be it resolved, that the tribal council would approve collection of information for the study by Marilyn YellowBird-Baker, RN; her advisor Glenda Lindseth, RN, Associate Professor, on behalf of the University of North Dakota (UND); and the National Institutes of Health (NIH). Be it further resolved that Marilyn YellowBird-Baker, RN, Graduate Assistant, and Glenda Lindseth, RN, Associate Professor on behalf of UND and the NIH will fully share the study information with the people of the Three Affiliated Tribes. In order to protect the people in the study, information will be shared as a group. This will protect tribal members so that individual names cannot be associated with health information from the actual tribal members.

I, the undersigned as Secretary of the Tribal Business Council of the Three Affiliated Tribes of the
Fort Berthold Reservation, hereby certify that the Tribal Business Council is composed of seven
(7) members, of whom five (5) constitute a quorum,
Meeting thereof duly called, noticed, convened and held on the day of
1996; that the foregoing Resolution was duly adopted at such meeting by the affirmative vote of
7 members. O members opposed, O members abstained, O members not
voting, and that the said Resolution has not been rescinded or amended in any way.
Dated this _ 22 ^{1d} day of November 1996.

Secretary, Tribal Business Council

ATTEST:

Chairman, Tribal Business Council