

RESOLUTION NO. 95-68 DSB

**RESOLUTION OF THE GOVERNING BODY OF
THE THREE AFFILIATED TRIBES OF THE
FORT BERTHOLD RESERVATION**

WHEREAS, This Nation having accepted the Indian Reorganization Act of June 18, 1934 and the authority under said Act; and

WHEREAS, The Constitution of the Three Affiliated Tribes generally authorizes and empowers the Tribal Business Council to engage in activities on behalf of and in the interest of the welfare and benefit of the Tribes and of the enrolled members thereof; and

WHEREAS, There is a continued need for a donated Commodity Distribution Program on the Fort Berthold Reservation; and

WHEREAS, The Three Affiliated Tribes acknowledges the need for a Food and Nutrition Education Program; and

WHEREAS, Such a program would teach low-income families served by the Three Affiliated Tribes Food Distribution Program about food and nutrition. Such education would assist these families in acquiring knowledge, skills attitudes, and change behaviors necessary for a nutritionally sound diet; and contribute to their personal development and the improvement of their family diet and nutritional welfare; and

WHEREAS, The United States Department of Agriculture is proposing funding for the Three Affiliated Tribes Food Distribution Program to hire one part-time nutrition assistant trained by the Expanded Food and Nutrition Education Program of the North Dakota State University Extension Service, and

WHEREAS, This position will be called nutrition aides, they will make home visits, conduct cooking demonstrations, and provide other nutrition education services; and

THEREFORE, BE IT RESOLVED, That the Three Affiliated Tribes hereby support the establishment of a Food and Nutrition Education Program on the Fort Berthold Indian Reservation.

FORT BERTHOLD FOOD DISTRIBUTION PROPOSAL FOR NUTRITION EDUCATION

PREPARED BY:

Joe Henry, Fort Berthold Commodity Director
Delores Sand, Fort Berthold Expanded Food and Nutrition Program
Anita Rohde, Fort Berthold Extension Agent/EFNEP Supervisor

NUTRITION EDUCATION PLAN

* CRITERIA #1

Three Affiliated Tribal Council has passed a resolution in support of the Nutrition Education Plan. (see attached)

* CRITERIA #2

Technical resources and other agency partnerships obtained:

Fort Berthold Extension Service, Expanded Nutrition Education Program Assistant.
Fort Berthold Extension Service, Extension Agent/Food and Nutrition
NDSU Extension Service, Western EFNEP Supervisor
Mickey Leland Diabetes Prevention Center, IHS, Dietician
WIC Program,
Three Affiliated Tribes Nutritionist

(see letters attached)

*CRITERIA #3

OBJECTIVE ONE

To reach all Food Distribution Program on Indian Reservation(FDPIR)participants with food and nutrition information related to specific nutrition needs of Fort Berthold residents

OBJECTIVE TWO

To increase the awareness, knowledge, and skills needed by individuals and agencies staff to use Commodity Foods as a means to improve dietary patterns and nutritional knowledge on Fort Berthold

ACTIVITIES PLANNED TO CARRY OUT THESE OBJECTIVES:

Adult and youth classes using research-based information and curriculum taken from the NDSU Extension Service resources will be used.

Food Preparation Demonstrations will be given at local intertribal gatherings, Health Fairs and etc. that illustrate increasing use of fruits, vegetables, and whole grains, reducing the use of fat, sugar and salt in cooking.

Brochures will be furnished on distribution days with the purpose of furnishing an in-home reference for participant. This will contain food and nutrition related information presented in locally appropriate fashion. These will be obtained from a credible nutrition source or locally produced and reviewed by a licensed nutritionist or dietician.

Home visits will be available for participants who can best be reached in this fashion.

A collection of recipes used by the program assistant, submitted by individuals or agency staff will be used to make a publication containing nutritious, easy, inexpensive foods using Commodity Foods. Recipes of containing traditional foods and appealing to local cultural interests will be included.

CRITERIA #4

The designated staff person on Fort Berthold will be an EFNEP Assistant who is currently working half time. The EFNEP Assistant will work additional hours in support of the goals of the FDPIR Education Program

CRITERIA #5

The program assistant will receive specialized and ongoing training for this program from the NDSU Extension Service, Foods and Nutrition Dept.

CRITERIA #6

The objectives of this Nutrition Program will be marketed to FDPIR participants and communities by the following:

Displays at WIC service sites
Team teaching events by EFNEP and Diabetes Prevention
Displays and demonstrations at Health Fairs and local intertribal gatherings.
Media Releases

CRITERIA #7

The reporting system used by EFNEP will be adopted for use by the program.

CRITERIA #8

Evaluation of improved food practices will be done by using the EFNEP Behavioral Checklist.

Distribution record will be used to track the use of certain foods promoted by the Nutrition Education Program.

A checklist measuring the participants perception of the food package will be developed and administered to determine differences in acceptance of the food package before and after the package.

CRITERIA #9

Proposed Budget

A. Staff

One program assistant at 20 hrs/week at rate compensatory with the contractual agency's pay scale.

Salary	9,715.00
Fringe	2,428.42
travel	1,200.00
educational program materials	1,000.00

Justification

Estimate of salary is based on the amount the program assistant is currently receiving for 20 hrs. per week a 12 month employee of NDSU.

Estimate of Fringe is based on the fringe benefits offered by NDSU including health insurance, retirement, workmen's compensation, social security, FICA

Estimate of travel includes mileage reimbursement for travel to outlying districts/local travel/home visits/planning meetings. (Plan includes one trip to each district each month at \$.20 per mile as shown.

White Shield	120 mi.
Mandaree	70 mi.
Twin Buttes	210 mi.
Parshall	36 mi
New Town/Four Bears	164 mi
Subtotal	500 mi
times 12 months	6000 mi @ .20 = 1,200.00

Estimate of educational program materials includes cost of a free standing portable display to help market the Nutrition Program, paper, reproduction costs for brochures and recipe collection, and miscellaneous office supplies.

B. Training

Program Assistant will attend training with other PA's in ND FDPIR Nutrition Programs. Twenty four hours of training will be offered at the beginning of the program and 16 hours later in the program. Continuing training will be offered by way of employee newsletter, and phone conference.

C. Total Proposed Budget

For your information ---John Dasovik
For an 18 month proposal

Salary	14,572.50
Fringe	3643.13
Travel	1800.00
Educational Program Materials	1,200.00

CERTIFICATION

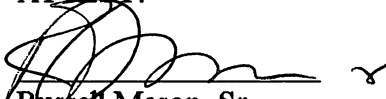
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I, the undersigned, as Secretary of the Tribal Business Council of the Three Affiliated Tribes of the Fort Berthold Reservation hereby certify that the Tribal Business Council is composed of 7 members of whom constitute a quorum, 6 were present at a *Special* meeting thereof duly called, noticed, convened, and held on the 27th day of *February* 1995; that the forgoing Resolution was duly adopted at such meeting by the affirmative vote of 5 member, 0 members opposed, 0 members abstained, 1 members not voting, and that said Resolution has not been rescinded or amended in anyway.

Dated this day 27th of *February* 1995.

Daylon Spotted Bear
Daylon Spotted Bear
Secretary, Tribal Business Council

ATTEST:


Russell Mason, Sr.
Chairman, Tribal Business Council