

RESOLUTION OF THE GOVERNING BODY OF  
THE THREE AFFILIATED TRIBES OF THE  
FORT BERTHOLD RESERVATION

- WHEREAS, This Nation having accepted the Indian Reorganization Act of June 18, 1934, and the authority under said Act; and
- WHEREAS, The Constitution of the Three Affiliated Tribes generally authorizes and empowers the Tribal Business Council to engage in activities on behalf of and in the interest of the welfare and benefit of the Tribes and of the enrolled members thereof; and
- WHEREAS, Article VI, Section 5 (d) of the Constitution of the Three Affiliated Tribes specifically authorizes and empowers the Tribal Business Council to negotiate with agencies of the United States Government on behalf of the Three Affiliated Tribes; and
- WHEREAS, The Administration of the Aging/Office of Human Development Services/U.S. Department of Health and Human Services (AOA/OHDS/DHHS/STATE) has invited the Three Affiliated Tribes to submit an application for financial assistance in the amount of \$13,125.00 for fiscal year 1991 and 1992; and
- NOW, THEREFORE, BE IT RESOLVED, that the Tribal Business Council of the Three Affiliated Tribes hereby formally approves and affirms 9% match of \$13,125.00 in the sum of \$1,181.00 for Title III for nutritious services for the Twin Buttes, White Shield and Parshall, North Dakota mealsites. All three communities located on the Fort Berthold Indian Reservation.



THREE AFFILIATED TRIBES • FORT BERTHOLD RESERVATION  
*Mandan, Hidatsa, and Arikara Tribes*

NEWTOWN AGING SERVICES  
P. O. Box 579 \* Newtown, North Dakota 58763  
(701) 627-4547

FORT BERTHOLD AGING-TITLE III  
NUTRITION PROGRAM--WHITE SHIELD MEALSITE

The Fort Berthold Aging administers a nutrition program for senior citizens Native Americans and non-Native Americans which is funded by Title III Older Americans Act, contributions of program participants and other donations. The following information is based on Title III regulations.

PURPOSE: To serve at congregate mealsites for the elderly. One nutritious meal on tuesdays and thursdays, which provides one third of the daily recommended dietary allowance for adults 60 and over.

WHEN: Tuesdays and thursdays of each month from 11:30 AM to 12:30 PM.

TO WHO: Any person 60 years old or over and spouse.

COST: Each meal costs the Fort Berthold Aging Title III approximately \$3.00. Seniors participating in the nutrition program have the privilege of making a donation for the service, but it is important for each individual to make a fair contribution by giving what they can afford.

A minimum contribution of \$1.50 per meal is encouraged.

GUESTS, UNDER AGE 60, ARE REQUIRED TO PAY THE FULL COST OF THE MEAL. (\$3.00).

SUGGESTED CONTRIBUTION SCHEDULE

<u>Monthly Income</u>	<u>Contribution/Meal</u>
\$350 - \$399	\$1.50 - \$2.00
\$400 - \$499	\$2.50 - \$3.00
\$500 and up	\$3.00

Volunteers: volunteers are needed---your assistance in any way of the following areas would be appreciated:

- setting tables
- serving food
- cleaning up
- washing dishes

- assisting those with limited mobility

**THREE AFFILIATED TRIBES HUMAN RESOURCE DEPARTMENT  
AGING SERVICES  
TITLE III FUNDING REQUEST**

The Three Affiliated Tribes created the Human Resources Department to meet the diverse needs of the residents of the Fort Berthold Indian Reservation.

The Fort Berthold Indian Reservation was established for the Arikara, Mandan, and Hidatsa tribes by the Fort Laramie Treaty of 1851. Located in central North Dakota, the reservation occupies sections of six counties: Mountrail, McLean, McKenzie, Dunn, Mercer, and Ward. The total area within the boundaries of the Reservation is approximately one million acres, of which, about half is held in trust status by the United States Federal Government. The topography of the west and south segments is rough grasslands and "badlands. This is primarily used for livestock production. The flat, rolling grasslands to the north, northeast, and east segments, contain areas of desirable cropland.

The original major Indian communities of Fort Berthold were inundated by the construction of the Garrison Dam on the Missouri River in the 1950's. While there are Indian families living throughout the Reservation, the majority live in the local communities of Mandaree, White Shield, Twin Buttes, and the incorporated towns of Parshall, and New Town. New Town is the location of the Tribal Administration Building, and the Bureau of Indian Affairs offices. The current resident population of the Fort Berthold Reservation is around 3,310 persons.

The Fort Berthold Reservation is divided into six political subdivisions, called segments. They are referred to as the Mandaree, New Town/Little Shell, Twin Buttes, White Shield, Four Bears, and Parshall/Lucky Mound segments. The six segments are separated by the Garrison Reservoir, (Lake Sakakawea), which covers 155,000 acres of land in the middle of the Reservation. The Twin Buttes segment is completely isolated from the main body of the Reservation. There is no bridge in the northwestern corner. The Mandaree and Four Bears segments are accessed to the rest of the Reservation by the Four Bears Bridge. (Attachments A and B)

In developing the Human Resources Department, and in the process of implementation, the distinct needs of the Older Americans were recognized, and thus the Aging Services component of the Human Resources Department was established.

To meet the nutrition requirements of the Older Americans, Aging Services, under the Three Affiliated Tribes Human Resources

Department, proposes to provide meal services to the outlying districts of the Fort Berthold Reservation. The services will be available to those people who are 60 years of age, their spouses, and other eligible persons who are not receiving adequate nutrition.

The Aging Services desires to open three new meal sites, to meet the needs of approximately 300 people. The meal sites will be centrally located, easily accessible, in clean, modern buildings.

The first of the three meal sites will be in Parshall, at the Parshall Community Center. The Center provides adequate space and facilities for meal preparation and serving. It is located in the center of the town.

The second of the proposed meal sites will be in the rural community of White Shield. White Shield has a relatively new community center, the Ralph Wells Memorial Complex. It too, has adequate space and facilities for meal preparation and serving. The center is located in a well accessed area of the White Shield community.

The third proposed meal site will be located in the Twin Buttes segment, the most remote segment of the Reservation. The community has a center with adequate space and facilities for a congregate meal site.

The aforementioned proposed meal sites do meet the needs of the functionally impaired. They are equipped with wheel chair ramps, guide rails, and appropriate restrooms.

The proposed meal sites intend to provide meals three days a week. The meals will be geared towards the diabetic diet, since diabetes is the greatest health problem among the people of Fort Berthold. The meals will also conform to the Meal Pattern, as diagramed by the Older Americans Act Regulations. Approved menus will be displayed on the community bulletin boards.

It is the intention of the Aging Services to utilize the Tribal Nutritionist/Dietician, to ascertain that the menus meet the guidelines as set forth previously. The staff will further include a certified foods service person for meal preparations at each site. This person will act as site manager. The current Aging Services Director will act as the Nutrition Project Director, as this person has met the qualifications in regards to fulfilling the needs of the Older Americans. Outreach work will be done, in part, by the Community Health Representatives. It will also be necessary to hire a Community Outreach Worker, to converge the needs of those individuals who do not require medical care. This person will, of necessity, be required to have a current driver's license, insurance, and training in the area of Human Services. For assistance in the sanitation requirements, and possible preparation aid at each of the proposed meal sites, the Aging Services plans to utilize the Tribal Work Experience Program (T.W.E.P.), and

J.T.P.A..

The three proposed meal sites are designed to meet the needs of people in areas where the median income is \$4,500. per year. It is believed that once the information on availability is made public on the Tribal radio station, KMHA, and in the Tribal newspaper, The MHA Times, those who are in need will avail themselves of the opportunity. The Community Outreach Worker will also make home visits to seek out those who meet eligibility requirements. Further referrals will be made by the Community Health Representatives. At the time of the referral, information concerning specific needs will be catalogued, to insure prevalent needs are met.

The opening of the meal sites will not only meet the physical health needs of the nutritionally deprived, but will contribute to good emotional health. The sites will provide the chance to socialize in a healthy, enjoyable, atmosphere.

The proposed meal sites will not provide meals to ineligible persons, implement unapproved substitutions, use home canned or preserved foods, or provide modified diets, without the services of the Tribal Nutritionist/Dietician.

C E R T I F I C A T I O N

I, the undersigned, as Secretary of the Tribal Business Council of the Three Affiliated Tribes of the Fort Berthold Reservation, hereby certify that the Tribal Business Council is composed of 7 members of whom 5 constitute a quorum, 7 were present at a Regular Meeting thereof duly called, noticed, convened, and held on the 12<sup>th</sup> day of December, 1991; that the foregoing Resolution was duly adopted at such Meeting by the affirmative vote of 6 members, 0 members opposed, 0 members abstained, 0 members not voting, and that said Resolution has not been rescinded or amended in any way.

Dated the 12<sup>th</sup> day of December, 1991.

John J. Rabbithead Jr  
Secretary, Tribal Business Council

ATTEST:

Willis S. Wilkins  
Chairman, Tribal Business Council