## RESOLUTION OF THE GOVERNING BODY OF THE THREE AFFILIATED TRIBES OF THE FORT BERTHOLD RESERVATION

- WHEREAS, This nation having accepted the Indian Reorganization Act of June 18, 1934, and the authority under said Act; and
- WHEREAS, The Constitution of the Three Affiliated Tribes generally authorizes and empowers the Tribal Business Council to engage in activities on behalf of and in the interest of the welfare and benefit of the Tribes and of the enrolled members thereof; and
- WHEREAS, Representatives of the Tribal Health Programs of the Three Affiliated Tribes have proposed to the Tribal Business Council the establishment and implementation of a structured Physical Fitness Program in which interested employees of the Three Affiliated Tribes will have the opportunity to participate; and
- WHEREAS, The Tribal Business Council has been informed that a formal survey of Tribal employees has been conducted, wherein certain inquiries were made relative to the interest of the Tribal employees as to their prospective participation in the proposed program, and that said survey revealed a substantial amount of interest among Tribal employees in the proposed program; and
- WHEREAS, The Tribal Business Council has been further informed that the Tribal Health Programs have, in addition, performed a needs assessment relative to the proposed program, which needs assessment revealed the following factors: (1) the percentage of Tribal employees who are overweight is extremely high; (2) there exists a substantial lack of exercise facilities on the Fort Berthold Reservation; (3) there exists a high level of stress in the respective employment positions maintained by numerous Tribal employees; and (4) there exists a substantial lack of adequate nutritional knowledge among Tribal employees; and
- WHEREAS, The benefits which are anticipated to be enjoyed by Tribal employees from participation in the proposed program and by the Three Affiliated Tribes per-se are (1) a decrease in absenteeism among Tribal employees, (2) an increase in the quality and quantity of employment productivity, and (3) a decrease in the cost of employee medical benefits;

NOW, THEREFORE, BE IT RESOLVED, that the Tribal Business Council of the Three Affiliated Tribes hereby formally endorses the establishment and implementation of the Physical Fitness Program as proposed by the Tribal Health Programs of the Three Affiliated Tribes.

## CERTIFICATION

Dated this 29 day of Juneary, 1988.

Secretary, Tribal Business Council

ATTEST:

Chairman, Tribal Business Council